

THE HOME

SUNDAY AFTERNOON WITH THE CHILDREN.

Fifty-two Sundays in the year offer excellent opportunities for moulding our children's lives and encouraging in them a love for the good and true. In after life they will carry with them memories of the well-spent, happy Sunday afternoons. We must always count upon the loving unselfishness of the mother for the profitability of the Sabbath, for, though Sabbath was ordained for a day of rest, it was also given us for special religious use. It is a good way for the mothers to plan a little during the week for the children's Sunday recreations, just as they do to see that the Sunday clothes are in order. Certain toys and books may be kept specially for that day. Then when the dinner has been disposed of the children may be allowed for a time the privilege of such play as the mother will see to be properly consistent with the day.

I would not deprive a little girl of a much-loved doll, as sometimes the mere suggestion that her dolly is ill it should be cared for quietly and given a small handkerchief to tie about its head and a tiny bottle for medicine the child will be kept quiet and happy, thus making things more comfortable for others.

BIBLE STORIES.

By the middle of the afternoon the children can generally be gathered round the mother for the Sunday treat, which will be stories from the Bible, best suited to their understanding. They can be taught to take a great interest in this sort of exercise by getting them to take part in it. Sometimes describe a character and let them guess who it represents. A story of a miracle may be told and the children may tell where it is to be found in the Old Testament or the New. Stories of the children of the Bible always find a sympathetic chord in the hearts of the little ones. Always be careful to rivet upon their minds a lesson of God's love for the good. Teach emphatically that the "eye of the Lord is in every place beholding the evil and the good," and that He does care how this particular day is spent. Children love nature, and many useful lessons may be taught in a quiet and interesting way. For instance, if it had been a rainy day, when the children feel like murmuring because they have not been able to go out, tell them of the wonders of a drop of water, of the good the rain does, of the desert dry countries where no rain falls, and how the people live there. They will soon, instead of having a feeling of discontent, be thankful for their own surroundings, and will be taught to realize that "God is in the shower as well as in the sunshine."

It is a snowstorm let them catch some flakes of snow on a black cloth and use a magnifying glass to show them the different beautiful shapes. If the weather be fine, a short walk in the orchard with the children may be made very enjoyable if in blossom time; draw their attention to the beautiful coloring of the various blossoms; notice the sweet song of the birds, and their varied plumage. The children will by a little encouragement along this line be able to detect the various specimens quite readily.

THE EVENING MEAL.

The Sunday evening tea should be simple and appetizing. The children will enjoy setting the table, if the weather be suitable, on the lawn or veranda. Then as night closes in and bedtime draws near call their attention to the stars "peeping forth with clear, calm eyes." Tell them the story of the star of Bethlehem; they will like to learn the beautiful passages of Scripture regarding that event. Thus the day will close with thoughts of that sacred theme, and the children will learn to look upon the Sabbath as the best day of the seven.

AT THE WINDOW.

"I sort of feel as if somebody might come in today, Nettie." Her daughter-in-law frowned. "Now don't you set your heart on it, mother!" she begged. "People don't call on each other in apartments as they do in places like Kensington. People don't like it." "She cowered back, ashamed of the thought in her heart—that she was glad mother could not get around this winter, also there was no knowing what acquaintances she might make."

"It is hard for mother of course," she confided to her husband that night, "the coming to a strange place and having the trouble with her hip at once. But I'm sure I do all I can. I can't go making calls for her."

"I thought mother seemed unusually bright tonight," Philip answered. "That's because she got to the window again. She amused herself all day watching people. Mother is easily interested, I'll say that for her. I believe she knows by sight everybody who passes, and has made up love affairs or families for all of them."

Then came a week when mother caught cold and had to go back to bed. The third day there was a ring at the bell, and Nettie, answering it found a young girl in black holding a couple of daffodils. "I hope I'm not intrusive," she stammered, "but I wanted to ask about the old lady at the window I've missed her so. She always waved good morning to me, and now that I am—alone—it grew to mean so much. I do hope she isn't sick." "She has a cold—it isn't serious," Nettie answered.

The girl's face brightened, and she put the daffodils into Nettie's hand. "Will you give them to her with my love. Tell her the girl with the music roll. I'm sure she'll know Nettie delivered the daffodils and the message. An hour later the bell rang again; this time it was a little lady with something in a saucer. "I beg your pardon," she said, "I've missed the old lady at the window. We live across the street and my little girl has struck up a friendship with her. Its absurd of course, but she insisted upon my bringing over a cake of maple sugar—her panacea for all woes."

Nettie carried in the maple sugar and put it beside the daffodils. Mother's sweet face was like a happy child's. Had she not known how dear and friendly the world was? Youth's Companion.

GIVE YOUR SUNSHINE TO THE LIVING. Give your sunshine to the living. Do not wait till they are dead. Oh, there's joy in constant giving. Human hearts are comforted. And the giver feels the sunshine of the heart's responsive smile. Knowing that another's pathway has been brightened all the while.

Give your blossoms to the living. Let them have their fragrance now. Ere their eyes are sealed in slumber. And like marble is their brow. Often for some loving token, Human hearts have seced and bled. Give your blossoms to the living. Do not wait till they are dead.

Give your sunshine to the lonely. Though they seem but cold and proud. Oft, perchance, some hidden sorrow Makes them shun the cheerful crowd. Give a loving word or token, Just a pressure of the hand. Let them know your heart is tender. Though you may not understand.

Give your heart's love to the fallen. Oh, they need the tenderest care! Though you see not their temptation. They must meet it everywhere. Oft a word, a smile, a handclasp, Gives the needed strength and cheer. Helps them in the bitter conflict. When the tempter lingers near.

largely to her youthful figure and beauty of face. Ever since she first came to England as the bride of the Prince of Wales she has carried out the simple diet and habits of her native Denmark, in spite, it is recorded, of the opposition of her royal mother-in-law, Queen Victoria, who would not believe that anyone could exist on such Spartan fare. The Queen-mother never allows herself to eat too heartily at any time. As a rule she prefers a small meal rather than a heavy one. On all occasions of fatigue, such as a drawing-room reception, for instance, she fortifies herself beforehand by sipping a glass of milk. This and orangeade, by the way, are her only beverages. Neither tea, coffee, chocolate, nor any kind of alcoholic liquor ever finds a way into the Queen-mother's dietary. Other products from the dairy besides milk are favorites with Queen Alexandra. Cream, butter, cheese, curds and buttermilk are all partaken of freely by her in turn. Her Majesty eats very little meat, and then only white meat. Fruit, vegetables and nuts take the place of more solid dishes. She avoids condiments, and even spices if very aromatic. Breakfast is a light meal, fruit, eggs and toast. Luncheon is usually a bird or fish dish, and some fresh cheese or honey, her favorite sweet. Tea in the afternoon is replaced by warm milk, and dinner at night is only a replica of the light midday luncheon on a slightly extended scale.—Food and Cookery.

They keep the whole system in the pink of condition. Their singular curative properties discovered by an Indian tribe—introduced to civilization nearly a century ago—compounded since 1857 in the Comstock Laboratories at Brockville, Ontario.

Dr. Morse's Indian Root Pills have a remarkable record for consistently curing constipation, biliousness and indigestion, purifying the blood, banishing headaches and clearing the skin. 25c. a box everywhere.

Pretty Wedding at Middleton. One of the prettiest weddings of the season took place on Wednesday, 5th, at high noon at the residence of Capt. and Mrs. J.H. Charlton, when Mr. Charlton's youngest daughter, Hazel Hurst Chute, was united in marriage to Vance LeRoy Roop, second son of Major and Mrs. Roop, of Springfield, N.S.

Why Hesitate? An Offer that Involves no Risk for Those Who Accept It. We are so positive our remedy will completely relieve constipation, no matter how chronic it may be, that we offer to furnish it free of all cost if it fails.

Cabinet Changes. OTTAWA, Aug. 4.—The Cabinet change foretold some time ago in connection with the retirement of Hon. L. P. Brodeur, Minister of Marine and Fisheries and of Naval Affairs, to take the position on the Supreme Court bench rendered vacant by the death of Justice Groulx, will take place next week.

Things Worth Knowing. When boiling old potatoes, add a little milk to the water and they will not turn black. Try cutting string beans across diagonally with scissors. They will cook more quickly. About the surest way to rid the house of ants is to wipe door sills, window sills and any other place where they may enter with spirits of turpentine.

They correct stomach disorders, assist digestion, and make life worth living again for the victim of dyspepsia. 50c. a box. If your druggist has not stocked them yet, send us 50c. and we will mail them. National Drug and Chemical Company of Canada, Limited, Montreal.

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BARGAIN WHITEWEAR SALE. 20 per cent. off All Ladies' Whitewear. Night Gowns. French Nightgowns, trimmed with tucks and embroidery, or embroidery and lace. .90. Cambric Nightgowns, trimmed with embroidery and lace, low neck, Sale price \$1.15.

Corset Covers. Lace-trimmed with Hamburg head ink, only .30. Trimmed with embroidery, lace and insertion .55. All-over embroidery Hamburg. Sale price .60.

White Skirts. A few white Skirts left, good value, from .60 to \$1.50. Princess Slip. Only one left, \$2.40 marked down to \$2.00. Blue Duck Skirts. Three only, formerly \$1.90 now only \$1.50.

Geo. S. Davies ROYAL BANK BUILDING. SOME PIANOS have many good features. MOST PIANOS have some good features. Courlay Pianos have all the good features known to modern musical science.

HAY FORK GOODS. For the next thirty days we are offering these goods at the following prices: Hay Carrier (Steel or wood truck) \$4.00. 25 Hay Forks 1.40. 31 " 1.50. Extra Strong Fork 2.10. Pulleys .35. Rope Hitch .25. Steel Track per foot .11.

BRIDGETOWN FOUNDRY CO. Ltd. BRIDGETOWN, N. S. IF YOU ARE A BUSINESS MAN OF ANY STANDING you need a typewriter. You may not be prepared to buy a new one but there is no reason why you should be without a writer when we can give you such good value in a RE-BUILT SECOND. Let's send you a price-list.

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FURNISHED COTTAGE to let. T. W. TEMPLEMAN. Port Lorne, July 3rd, 11. HOUSE AT BEAR RIVER. House, barn and outbuildings. Will rent house for summer to tourists, furnished if required. W. W. WADE.

Public Auction. 1897 A. No. 661. IN THE SUPREME COURT. Between JOHN BROWN, (since deceased) and M. C. MARSHALL, Plaintiff and Defendant. TO BE SOLD AT PUBLIC AUCTION on SATURDAY, the 26th day of AUGUST, at the hour of three o'clock in the afternoon, in Clarence, in the County of Annapolis, at the dwelling-house on the hereinafter described premises, under and by virtue of an assignment under "The Collection Act" made by M. C. Marshall, the defendant herein, under the decision on appeal, of the Honorable Sir Charles Townsend, Chief Justice, to Bessie H. Kerr and Katie Brown, Executrices of the estate of John Brown, the plaintiff herein, now deceased, in trust for the payment of the amount due on the Judgment obtained by the plaintiff herein—said assignment bears date the 18th day of July, 1911.

ALL OTHER GOODS in this line at reduced prices. We will pay freight on all orders of \$4.00 if cash is sent with order.

ROSS A. BISHOP. FRUIT BASKETS. We are now ready to supply our old customers and also new ones with STRAWBERRY BOXES, CRATES and everything in the Fruit Basket line. Place your orders early and insure a supply.

D. W. MURRAY. HANTSPOUR, N. S.

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BANKS & WILLIAMS Commission Merchants Fruits and Produce. 78-8 Bedford Row, fronting on Market Square HALIFAX, N. S. SOLICIT CONSIGNMENTS of all kinds of FARM PRODUCE. EXCELLENT STORAGE FACILITIES. LONG EXPERIENCE AT THE BUSINESS. PROMPT RETURNS. MARKET QUOTATIONS FURNISHED ON APPLICATION.

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Fine Watchmaking. My Watch Repairs during the past year have given good satisfaction. As the proof of the pudding is in the eating, so it is with watch repairs. The kind that lasts is the cheapest in the end. You will find my prices reasonable when you consider the quality of the work.

ROSS A. BISHOP. FRUIT BASKETS. We are now ready to supply our old customers and also new ones with STRAWBERRY BOXES, CRATES and everything in the Fruit Basket line. Place your orders early and insure a supply.

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