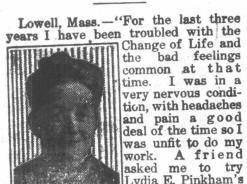
WOMEN OF MIDDLE AGE

Mrs. Quinn's Experience Ought to Help You Over the Critical Period.



the bad feelings common at that time. I was in a very nervous condition, with headaches and pain a good deal of the time so I was unfit to do my work. A friend asked me to try Lydia E. Pinkham's egetable Compound, which I did,

and it has helped me in every way. am not nearly so nervous, no headache or pain. I must say that Lydia E. Pinkham's Vegetable Compound is the best remedy any sick woman can take."

—Mrs. MARGARET QUINN, Rear 259 Worthen St., Lowell, Mass.

Other warning symptoms are a sense of suffocation, hot flashes, headaches, backaches, dread of impending timidity, sounds in the ears, palpito of the heart, sparks before the irregularities, constipation, variable appetite, weakness, inquictu

If you need special advice, writ-the Lydia E. Pinkham Medicia Co (confidential), Lynn, Mass.



Kendall's Spavin Cure



Dr. B. J. KEMDALL CO. nosburg Falls, Vt. U.S.A.

INSPIRATION OF WEST

A Glance at Grossing the Prairies in the Early Eightles

Traversing the prairies in the early eighties, particularly a trip from Winnipeg to Edmanton, is vividly described by E. L. S., who says in part: After spending a night at the Hudson's Bay fort at Carleton, as guests of the Hon. Lawrence Clarke, and having dined at the home of Mr. Rae, the indian agent, we started along the north side of the Saskatchewan River towards Battleford. The trail lay back from the wooded banks and when, owing to a storm, we did not make the ing to a storm, we did not make the camping ground we turned for shelter into what was known as the Green Bluff. Space was limited so we did not pitch the tents, but after clearing the snow from the ground spread them lat and made our beds on top of them with our feet towards the huge camp fire of green wood. That was a severe winter and it would be hard the one who had never been a prairie or one who had never been a prairie mweller to understand how cosy we As we lay there listening to crackie of the fire and gazing at studded heavens I fell asleep with lines of the child's classic runwinkle little star, how I wonder what winkle little star, how I wonder what you are." Nothing else seemed to fit the occasion so well. I remember hearing my father say that one of the transfer recitations he had ever heard was given by the Honorable David Laird, who was at the time returning the taying completed his term as ileutenant-governor of the Northwest languages as they travelled across the Salt Plains one night slowly folwing the flat sleighs drawn by tired pomies; the moon shone brightly and invelods of stars twinkled down on them; then the governor broke forth with the words of the good old hymn:

The spacious firmament on high; With all the blue ethereal sky, And spangled heavens, a shining

Not a member of the party spoke until its close. Travelling of the boundless prairies, blue sky about and spotless snow beneath, seemed to impress one with the purity of the thing in its created state; and the from the haunts of man a companies ship with things ethereal welled up almost unconsciously.

CANADIAN FLAX STRAW

Useful as Basis for Paper Industry, Expert Finds

The Canadian Pacific Railway Company have not waited for the Government's Comimssioner Arthur D. Little, a paper mill chemist of Boston, to investigate the problem of making paper from flax straw. He has demonstrated the feasibility of this special industry in a preliminary report to the company. He shows that straw board can be made cheaply, and that a sort of straw lumber, suitable for walls and partitions in houses might be produced at a price as low as \$5 or \$6 a ton. He is not enthusiastic as to the manufacture of linen, for the reasons already mentioned, which are appreciated by those who have had the longest experience in this industry, but as a paper-making material flax fibre has without doubt a great future.

Samples Mr. Little has sent to United States paper mills-which produce fine linen papers, including paper specially made for printing bank notes -have been very favorably reported on, and these manufacturers are prepared to follow up these experiments. The strength, quality and color of these samples are very satisfactory, and it may be added that prices for such fine papers range from \$150 to \$200 a ton, while in normal times, before the war, the prices were from \$100 to \$140 or more per ton.

Given favorable transportation rates the utilization of flax straw in the Canadian West would not only mean a new source of income for the prairie farmers, where for the last thirty years there has been a lamentable loss but it would mean a new series of native industries based on the products of these farms and giving a new and wide range and variety to the paper export trade, which it could not attain in any other way.

ENGLISH IN THE WEST

Baskatchewan Member Would Make Change in Qualifications

F. C. Tate, Lumsden, Sask., raised the question in the Saskatchewan Legislature that all persons before they were qualified to hold office in the rural municipality should have a reading and writing knowledge of the English language. He pointed out that he did not wish to stop anyone from holding office, but in order that be of the most value to the people whom they would represent he considered that such know-ledge was necessary. Hon. A. J. Cal-der replied explaining that should such action be taken a very large such action be taken a very large section of the foreign-speaking population of the province would be disfranchised. In some places a very large proportion of the adult population were not able to speak the English language. They were British subjects he pointed out and he did not think that they should be barred against holding office. Past experience with such conditions had been foundall right, and to instance this he told of one rural council with which he was personally acquainted, where the was personally acquainted, where the reeve was a Ruthenian, and the rest of the councillors of foreign birth. The secretary of the council was, however, perfectly competent to carry on his duties and instruct the council in the matters in connection with the municipal act or other questions. No change was made.

Garden Salads

Grow your own salads in the back garden, says Sidney Johnston of the Ontario Department of Agriculture. The salad crop group includes leaf, head and cross lettuce, spinach, onions, radishes, endive, Swiss chard, parsley, and cultivated dandelions.

Western farmers are urged to form social centres in rural districts.

With the Fingers! Says Corns Lift Out Without Any Pain

Sore corns, hard corns, soft corns or any kind of a corn can shortly be lifted right out with the fingers if you will apply directly upon the corn a few drops of freezone, says a Cincinnati authority.

It is claimed that at small cost one can get a quarter of an ounce of freez-one at any drug store, which is sufficient to rid one's feet of every corn or callus without pain or soreness or the danger of infection.

This new drug is an ether compound, and while sticky, dries the moment it is applied and does not inflame or even irritate the surrounding tissue.

This announcement will interest many women here, for it is said that the present high-heel footwear is putting corns on practically every

They are staunch, light-weight working shoes for spring, summer and fall. Your dealer will likely have them; if not, write us, giving his name and address.

John Palmer Company, Limited, Fredericton, N.B., Canada 29

TWO LONG YEARS HE SUFFERED

tion of Dunerin County had decreased

3.047 in recent years owing to the

exodus from the rural communities.

Mr. Bell thought the problem largely an economic one, due to small re-

turns, bad roads, the lure of the city,

and the lure of the West. There was

a lack of business methods and of

credit. He thought it time farmers

had a banking system of their own.

Mr. Bell painted a glowing picture

of the future of rural life under reformed conditions. He regarded the

consolidated school, with the teach-

er's residence, gymna'sium, manual

training, household science and a

school garden, as the educational sys-

tem which would transform rural life.

He also advocated intensive farming.

HANGMAN'S OPINION

Radcliffe of Canada Thought Himself

a Great Murgerer

In 1912 Radcliffe, previously the of-

ficial hangman of Canada, was "con-

verted" under evangelistic influences.

The son of an English clergyman, he

officiated during his term of office at

132 hangings. Crazed by the vision

of the souls he had hurled into etern-

ity, Radcliffe declared, "I will go to

hell sure, and to terrible punishment,

for I am two hundred times a mur-

derer but I won't kill another man. I

believe the Almighty will visit the

Reckless Shooting

When field shooting in a settled

community, never fire a shot within

less than forty rods of a house, or of

people at work in the field. That ex-

press permission may have been given

to shoot where you wished is all the

more reason why the rights of the

generous proprietor should be carefully guarded. For the same reason

keep out of stock pastures and away

from teams; half the ill-will of farm-

ers towards hunters is engendered by

reckless shooting that might do dam-

Prohibitive Courses

and daughters of farmers in this

country can ever expect to take a

course in one of the recognized agri-

cultural colleges! Increasing agricul-

How small a proportion of the sons

the State."

"Fruit-a-tives" Made Him Feel As If Walking On Air

ORILLIA, ONT., Nov. 28th. 1914. "For over two years, I was troubled with Constipation, Drowsiness, Lack of Appetite and Headaches. One day I saw your sign which read "Fruit-a-tives make you feel like walking on air." This appealed to me, so I decided to try a box. In a very short time, I began to feel better, and now I feel fine. I have a good appetite, relish everything I eat, and the Headaches are gone entirely. I recommend this pleasant fruit medicine to all my friends".

DAN McLEAN. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruita-tives Limited, Ottawa.

Christian nations with dire calamity DON'T NEGLECT FRESH AIR if they don't stop 'aking the lives of their fellows, no matter how heinous the crime. Murderers should be allowed to live as long as possible and work out their salvation on behalf of

Little Things Not Omitted From Care Vast Organization

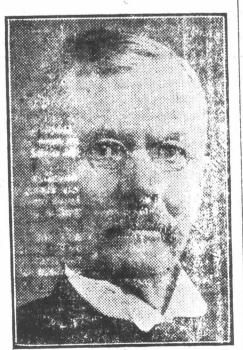
It has been demonstrated that the value of good railway material rescued from scrap amounts to about two dollars per ton, while proper sorting and classifying increases the net selling value of the scrap by another two dollars per ton, the saving thus made amounting to a large sum of money. The Grand Trunk Railway System pays careful attention to the work of salvaging the many tons of discarded material produced on a railway operating many thousands of miles of line. Central scrap yards have been established, where the sorting of this material is carried out. Forty thousand tons of scrap are examined each year and this work is done under expert supervision, so that full value is obtained for the metal and other commodities sold, while a large amount of material is reclaimed and returned for use.

The Grand Trunk buys each year approximately one million dellars tural education must come through metal shrinks in value by usage, but every pound that can be possibly salvaged is returned to the foundry and has a high cash value. Rails with battered ends are re-sawed, used bolts are re-threaded and the couplings of air-brake signal and steam-heat hose are repaired. The Grand Trunk has in actual use each day about 85,000 pieces of air and steam hose, representing, with the necessary fittings, an investment of \$200,000. The perishable part of the hose must be replaced at frequent intervals, but under the system of reclamation the various couplings are used over and

DEPLORES RURAL DECAY

Fifty-four Deserted Homes in One On tario Country Point

Rev. J. R. Bell of Laurel, Ont., provoked a keen controversy by his address on farm and village conditions in Ontario at a conference on Rural Life and Work, at the Ontario Agricultural College. He asserted that within the boundaries of his own parish there were 54 vacant homes which five years previously were oc-cupied by large families. He declared that the villages were being deserted. Village craft was decaying, blacksmiths and other village tradesmen



REV. J. R. BELL

were passing away, and the deserted blacksmith shop is a too common feature in village life. The popula-

BY OUR BLOOD WE LIVE

If you tire easily, are subject to cold hands or feet-if you catch colds readily or have rheumatic pains-your blood or circulation is probably at fault and you need

OF THE PUREST COD LIVER OIL

which is nature's easily-assimilated food, to inc your red corpuscles and charge the blood with the sustaining richness. Scott's creates warmth to Cheew off colds and gives resistance to prevent sickness. Always Insist on SCOTT'S. Every Druggist has it. SCOTT & BOWNE, Toronto, Ont.

J. W. Wilson and W. C. Forest ed an audit of the finances of

of Windsor were in the village Manitoba, which was done so successfully that an employe of the The firm of Price, Warehouse firm was engaged as the Compet-& Co., chartered accountants of roller of Manitoba. A new sys-Montreal, has been retained by tem of bookkeeping, recommendprovincial government to ed by the firm, was adopted. An make a thorough audit of the fin- audit of the finances of the Provances of the province. This is ince of British Columbia was the firm which recently conduct- made by the same firm lately.



"I Owe My Life To Gin Pills"

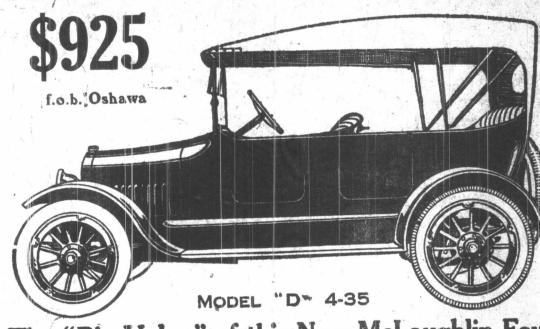
Every one who has suffered from Kidney and Bladder trouble should read this letter from a gentleman in Port

Midway:

"I was once a terrible sufferer with Kidney and Bladder troubles and at times got so bad that I would lose the use of my legs. I could not go away from home without someone with me. My son advised me to take Gin Pills and after taking the first two or three doses I got relief. two or three doses I got relief I continued to take them unti

50c, a box, or 6 boxes for \$2.50 at all Druggists, or a free sample will be sent on request to NATIONAL DRUG & CHEMICAL CO. OF CANADA. LIMITED O. OF CANADA, LIMITED
Toronto, Ont.
U. S. Address—NA-DRU-CO, Inc.
202 Main St., Buffalo, N.Y.

The New 1917 McLaughlin-Buick Four



The "Big Value" of this New McLaughlin Four is the talk of Canadian Motorists.

McLaughlin Buick Valve in Head ENGINE 35 HORSE POWER

106 INCH WHEEL BASE

4 INCH TIRES

DELCO STARTING & LIGHTING

GENUINE LEATHER UPHOLSTERING

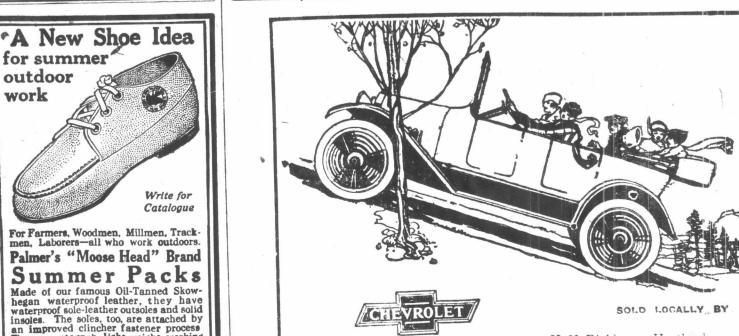
FULL "U" DOORS-EXTRA WIDE TONNEAU SEAT 48 INCHES WIDE The New McLaughlin Four is powered high in proportion to its weight, which is under 2100 pounds. This gives you all the speed you want with enough reserve power to take the hills on high gear.

The car was designed to be an efficient, economical, easy running and easy riding automobile for the man who does not care to invest in a six-cylinder model and it fulfils all these functions admirably. The specifications alone are sufficient evidence to the man who knows mount values. Read them and compare them by point with other makes of carried the state of carried and compare them.

under \$1000.00. We already have many orders for model and our output for 1917 is fixed demand will doubtless be greater than supply, but orders will be filled in some

THE ME LAUGHLIN

OSHAWA, ONTARIO.
For sale by H. H. HATFIELD, Hartland



H. N. Dickinson, Hartland Over three hundred dealers through-F. L. Tompkins, E. Florenceville out Canada sell Chevrolet parts and give service to Chevrolet owners

The New Series

UNRIVALLED AS A HILL CLIMBER The power furnished by the valve-in-head motor enables the driver of a Chevrolet to take on high gear, hills which

The Chevrolet delivers maximum power to the rear axle which accounts for the gasoline economy and hill climbing

Own a Chevrolet and enjoy the thrill of passing the other \$695 f. o. b. Oshawa, Roadster \$680, including electric lights

and starter, speedometer, oil indicator light equipment, non skid tires on rear wheels, etc. Chevrolet Motor Co. of Canada, Limited OSHAWA, ONTARIO

Western Service and Distributing Branch, REGINA, SASK.