north the property and making which the make

The Rose and Lily Dagger

"You would like to rest?"

"Silence!" cried the usher, as

wave of subdued exclamation stirred waye of subduct exclamation stiffed the court.
"You consented I am afraid I must ask why. Miss Delaine?" Gerald rose.
"I submit, my lord, that my friend

"It—it was something Captain Sherwin told me," was the almost inaudible reply. "About the prisoner'?" Her head drooped.

The lawyers gathered round the solicitors' table exchanged cager glances. In all their experience, they had not met with such a trial as this. It was evident to them that

this. It was evident to them that the sergeaint was groping in the dark, so to speak, and, like him, they waited with a nervous intensity for the next revelation.

"What was it that he told you?" asked the sergeant.

Gerald Locke rose, but at a sign from the judge fell back into his seat, casting a glance almost of reproach at the marquis. It said:

"Why did you not confide in me? See how I nm placed, see how she is placed, by your silence?"

arms. "Silence" cried the usher, as the

A hurried consultation took place

Better call your next witness, sergeant," he said gravely. The screent whispered hurriedly with Saunders, then:

Lady Blanche remained motion

"Lady Blanche Delaine!"

all concerned.

round haughtily

"I took a message."

"That message?"
"I did."

judge, leaning forward.

You got it from the servant?"

trying to speak as if he knew the name and all about the person who bore it. "She brought it from the servant, Bridget?"

"No. She invented it?"

"What you they are the servand of the servant. Bridget?"

"No. She invented it!" "What was that?" demanded the

cricd.

placed, by your silence!

I—I consented.

ing his

WOMAN'S PERFIDY # # #

No one interrupted her, though the powers of self-restraint, the anxiety his eyes.
"You did not expect to see Captain Sherwin?"
"I did not."
"What passed between you?"
Elaine closed her eyes for a moment Did you hear the marquis threat-

en Captain Sherwin?"
"No! No! No!
"Nor Captain Sherwin threaten

the marquis?"
"No; they parted quietly, quite peaceably."
"Now, Miss Delaine, when did you xt see Captain Sherwin?"
'At the Town Ball on the 3rd of

July."
"Dld you speak to him them?" sergeant glanced at his

brief.

"Miss Delaine, you were staying at Nairne Castle with your father at the time of the marder?" He spoke the word as softly and gently as he could, but all who could see her noticed the shudder that ran through her at the sound of it.

"You had retired, I presume, some time before the hour which has been calculated as that of the A moment's silence, then came the

The judge looked up from his Will you tell us where you were that time?"
'In the grounds?"

The answer, clear and distinct and

unfaltering, sent a thrill of ex-pectancy through the court. "In the grounds? At what-time?" "A few minutes after half-past

"In what portion of the grounds?"
"On the bridge."
A groan rose above the intense sil-

It proceeded from the poor

"My lord," he said, and he set his teeth and forced himself to speak with legal composure, "I ought to lose not a moment in stating that I am quite unprepared for this evidence of Miss Delaine's; and I submit, my lord, with all deference, that for her own sake, her own protection--"
The judge waved his hand and

"I was about to do what you suggest, Mr. Locke," he said, gravely.
Then he turned his keen, gray eyes on Elaine. 'Miss Delaine, you know —it is my duty to tell you—that you are not obliged to answer any ques-

tions which you think may in any way incriminate yourself. Do you un-

is put to me.

The crowd exchanged glances and murmurs of excitement and sympathy, and the usher cried "Silence." You were on the bridge at a little after half-past ten o'clock. Did you see any one there?"
"I did. Captain Sherwin."

The sergeant paused, to allow the murmur that arose to subside, and also to gain time for thought. That he was on the point of eliciting some important evidence was plain; but, cool and payetised lawyer as he was he hasticated.

You heard and understood what his lordship said to you just now, Miss Delaine?"

"Very good. Did you meet Captain therwin by appointment?" Elaine's face flushed for a moment,

and the pure eyes opened upon him with reproach and indignation.

"No. I was told that my servant, Bridget, was waiting for me—wanting to see me—at the bridge, and I went to see her."

"Who told you?"

Elaine hesitated for inst a second

"Who told you?"
Elaine hesitated for just a second.
"Lady Blanche Delaine," she said.
There was a slight stir behind her, and Lady Blanche was seen to half lies and then fall back.
To marquis looked in her direction firstly, then his given was seen.

tion fixedly, then his gaze return-ed to the beautiful face of his lost and notwithstanding all his

SAVED BARY'S LIFE.

Mrs. T. Brisson, Gold Rock, Ont., writes: "Baby's Own Tablets saved my little boy's life when there seemed no hope, and he is now a bright, rosy, healthy child. He suffered more than tongue can tell from obstinate constipation and medicine gave him no relief until I gave him Baby's Own Tablets. I would not be without the Tablets. would not be without the Tablets in the house, and I think they should be kept in every home where there are young or delicate child-

All the minor ills of childhood, such as indigestion, colic, stomach troubles, diarrhoea, worms, constiation, simple fevers, and colds are cromptly relieved and speedily cur-d through the use of these Tablets. They are guaranteed to contain no opiate and may be given with absolute safety to the youngest and most delicate child. Sold by all medicine dealers or sent post paid at 25 cents a box by writing The Dr. Williams' Medicine Co., BrockThe marquis fixed his penetrating eyes upon the proud face, and she could feel them upon her as if burning into hers.

"I did. The marquis."

"And he went after her, in search

"He did."
"Did you that night?" "No. I have not seen her since, until to-day."

"Did you see the marquis again that night?"

"No."

"Do you know anything of the murder?"

murder?"
"No," fell from her lips.
"Did you know the deceased?"
"No-elightly. I never saw him after the night of the ball."
The sergeant sat down. He had proved that Elaine and the captain were on the bridge, that the captain had induced Elaine to break off her engagement, and he had proved that the marquis had gone out into the grounds in search of her. Who could doubt that he had found her and Sherwin together, and in a fit of jealous fury had done the deed? He thought if Elaine had not fainted, he would have got her to admit that she had seen it committed! after the night of the ball."

The sergeant sat down. He had proved that Elaine and the captain were on the bridge, that the captain had induced Elaine to break off her engagement, and he had proved that the marquis had gone out into the grounds in search of her. Who could doubt that he had found her and Sherwin together, and in a fit of jealous fury had done the deed? He thought if Elaine had not fainted, he would have got her to admit that she had seen it committed!

Gerald Locke arose, the crowd breathed hard, and amid a solemn stillness he said:

"Why did Fanny Inchley bring you the message—the false message, as you conceive, Lady Blanche?"

She turned and looked at him haughtily, defiantly.

"Because——" She hesitated, and Gerald Locke raised his hand. For all his outward calm, it trembled.

"Lady Blanche, remember what you have sworn! The truth, the whole truth! Look at the prisoner—his life—may depend upon your answer! Now!"

Lady Blanche raised her eyes and shuddered as they met Lord Nairne's stern regard.

"I—I will tell all—I know," she said. "She gave me the message, because—because—' she bit her ilp till the blood started, and the red shame flooded her white face, "because we had agreed to prevent the marriage loying perfect health. During her ill-play had agreed to prevent the marriage loying perfect health. During her ill-play had agreed to prevent the marriage loying perfect health. During her ill-play had agreed to prevent the marriage loying perfect health. During her ill-play had agreed to prevent the marriage loying perfect health. During her ill-play had agreed to prevent the marriage loying perfect health. During her ill-play had agreed to prevent the marriage loying perfect health. During her ill-play had agreed to prevent the marriage loying perfect health. During her ill-play had agreed to prevent the marriage loying perfect health. During her ill-play had agreed to preve

"Not would like to rest;" saud the sergeant gently.
"No, no:" she faltered. "He spoke to me; he wished me to break off my engagement with Lord Nalrne. I—I refused at first; but—but at last

blood started, and the red shame flooded her white face, "because we had agreed to prevent the marriage of Lord Nairne and Elaine!"

The silence of amazement followed this confession. The marquis put his hand to his brow, and then let it fall Gerald Locke looked at her with

cannot put that question. It has nothing to do with the crime with which my client is charged."

The judge looked at him gravely, and slightly shook his head.

"I cannot interfere, Mr. Locke," flashing eyes.
"Let us understand clearly. You plotted with Fanny Inchley for the rupture of Lord Nairne's engagement. Why?" The sergeant repeated his ques-Her head did not droop, but the torture of shame revealed itself in The marquis leaned forward, hold-ng his breath, yet outwardly

her face.

"I will not press the question so far as you are concerned," said Gerald, significantly. "You were to benefit, we will not say how. But how was Fanny Inchley to derive profit? Did you bribe her?"

"Not' I gray her no money. I

"No! I gave her no money, I promised her none, came from the

romised ner none, came from the quivering lips.

"What, then, did you give or promise her? Take time, Lady Blanche.
The whole truth, remember."

"Mr. Locke!" murmured the judge.
Gerald turned his eager young face

derald turned his eager young face toward the bench.

"My lord, if I seem harsh with this witness, I crave pardon. But, my lord, in all humility I stand on the same platform with your lordship, with the jury. I believe my client innocent, and I want the truth!"

A hoarse cheer rose from the crowd; the usher shouted silence.
"Another such expression of feel-"Another such expression of feeling and I will have the court cleared," said the judge, sternly.

"Mr. Locke will have an oppor tunity of addressing the jury presently, and I really must ask him to wait," said the sergeant, sarcas-

placed, by your silence!"

If the marquis saw the glance he made no response to it, but kept his eyes fixed on the pale face that had grown deathly white.

The sergeant repeated his question. "What was it that he told you?"

Fixing opened her prached him as Elaine opened her parched lips as tically "What were you to give her for forward, and she sank into May's her share in this conspiracy?" asked Gerald.
Lady Blanche held the chair tightly.

"I will answer any question that sput to me."

Select Tend the usher, as the crowd shouted. "She's fainted."

The sergeant bit his lip, the judge looked down from his bench with pity beaming from his eyes; but who shall describe the look in the prisoner's face as he watched her being carried from the court?

Select Tend the usher, as the Lady Blanche held the chart eightly.

"I—promised to be her friend. She she wished to rise in the world, who shall describe the look in the prisoner's face as he watched her being carried from the court? She is half mad with ambition and vanity," she added, desperately.

"And, with your eves open, you enbetween the lawyers, and the word "adjournment" was heard, but the judge did not rise; he knew too well what the prolongation of the trial must mean to the prisoner and and, with your eyes open, you entered into this plot with a member of the marquis' household, to destroy his happiness and the lifelong happiness of—your cousin?" said Gerald.

The wretched woman's head drooped and her hand clinched.

"You suspected that a part of the plot was to be carried out that night, that M'ss Delaine was to be duped in some way? Answer,

Her lips formed the shameful "Yes."
"Did you know that she was to

"Did you know that she was to weet Captain Sherwin?"
"No. I swear it!"
"You knew nothing?"
"Nothing, nothing more. I—trusted less for a moment, then a policeman approached her, and with every eye fixed upon her, she felt her way down the steps to the place which Elaine had occupied.
"Lady Blanche," said the sergeant,

"Have you seen her since?"
Lady Blanche, in her abasement, writhed-no other word will describe the motion of the tall figure. after she had been sworn, "pruy sit down. You have heard what Miss Delane said. You are her cous-in. I theheve?" Her lips moved, but no sound came.

"What passed between you?" "She said—she knew nothing of— of what had occurred. She was in

"Speak up!" said someone in the crowd in a tone of suppressed excite-The rough comment seemed to act like the cut of a whip, and with a start she raised her head, and looked The sergeant rose, "My lord, I think we cannot have this

this—;"
Gerald Locke waved his hand.
"I am content, my lord. One more question and I have done. I leave the witness to the jury! Have you said one word of this to any one "She is my cousin!"
"Did you take her the message from er servant, Bridget?"
A tremor seemed to seize upon the all, proud woman, but she cast it off and looked haughtily before her. excepting your accomplice?"

Lady Blanche started as if she had

been stung at the word. "You knew that the marquis was "No. I got it from Fanny Inchley." As the name was spoken there was a stir at the back of the court, and some slight noise, but it was sternly

to be tried for his life, and said nothing?"
"Nothing." "Stay. Look round the court. Do you see your accomplice, Fanny Inchiey?" "Fanny Inchley," said the sergeant,

Blanche lifted her shame

Lady Blanche lifted her shame-weighted eyes. "Yes," she said.
Gerald Locke waved his hand to indicate that he had finished, and she looked round to see where she could go. She could not go out. She made toward the steps to regain her old pages. The people fell Saunders got close up to the sergeant as if to prompt him.

"Invented it! Why do you say that?
Do you know that there was no servant waiting there?"

"I know there was not."
Gerall Locks rose and his intest made toward the steps to regain her old place. The people fell away from her and left a narrow lane as if she were plague stricken. A policeman handel her up the steps, but as she drew near her seat in the corner, Lady Dorman and the other ladies arose, and, enowding together, drew back

Gerald Lock? rose, and his intent gaze was fixed upon Lady Blanche. and, crowding together, drew back from her "At any rate, you gave the message from Fanny Inchley?" questioned the sergeant. "Did Miss Delana "2" "Will my friend cali Fanny Inch ley, or leave her for me to examine? said Gerald, in a clear voice.
Saunders whispered to the ser geant, and he said quietly:
"I call Fanny Inchley." "She did.")
"Did you tell any one that she

MOTHERLY ADVICE ABOUT THE NATIVE HGG, and ill-nourished p'ge. truly, W. A. Clemons, Clerk.

WAS RESTORED TO HEALTH Had Suffered From Headaches, Dizz ness and Fainting Spells—Feared at one Time that Consumption Would Follow.

All the freshness of youth, the rosy cheeks and bright eyes of girthood, the charms of budding womanhood, are due to pure, rich blood and healthy nerves. When the face is pale and the eyes lack lustre, when there are headaches and backahes, shortness of breath and palpitation of the blood is seriously out 55

taken nine boxes she was again en-joying perfect health. During her ill-

ness her weight was reduced to ninety-five pounds, and while taking the pills it increased to one hundred and ten pounds. My advice to other mothers who have weak or ailing girls is to lose no time in giving them Williams' Pink Pills.

Nearly all the ills of life are due to bad blood, and they are cured by Dr. Williams' Pink Pills simply because these pills make new, rich blood, thus these pills make new, rich blood, thus bringing strength to every part of the body. That is the whole secret, and is the reason why these pills have cured after other medicines have failed. All medicine dealers sell these pills, but there are some who offer substitutes; see that the full name, "Dr. Williams' Pink Pills for Pale People," is printed on the wrapper around every box. If in doubt send direct to the Dr. Williams' Medicine Co., Brockville, Ont., and the cine Co., Brockville, Ont., and the pills will be sent by mail at 50 cents a box, or six boxes for \$2.50.

CHAPTER XXXVI.

There was no response for a moment, then there was a movement at the tack of the court, and a slight figure, neatly dressed, emerged from the crowd and stepped (into the witness-box, and instantly every eye was fixed on her.

It was a strange face, white as marble under its thick, light-red bein and a face with a strange ex-

marble under its thick, light-red hair, and a face with a strange ex-pression, or rather expressions. At one moment, the moment in which she felt herself the observed of all observers, a slight shade as of dread swept across her countenance; then, as if with an effort, she raised her as if with an effort, she raised her white lids and looked round defiantly and a second afterward the defiance seemed to be hidden behind a mask of cunning, and then the gray eyes wavered, faltered, and became absent and almost dreamy, as it she had forgotten where she was, forgotten the crowd and the cruel, pitilessly curious eyes staring at her.

from this singular abstraction

"Your name is Fanny Inchiey?"
"It is." "You have heard Lady Blanche's evidence. Is it true that you joined her in a conspiracy to break off the ongagement between—the prison or and Miss Delaine '?'

The sergeant paused. "Did the servant, Bridget, give yo

the nestvant, bridget, give you the message which you delivered to Lady Blanche?"

"She did not," came the answer, calmiy, almost indifferently.

"In fact, you arranged it?"

"I did."

You knew that Miss Delaine was being entrapped into meeting Cap-tain Sherwin at the bridge?"
"I did."

'In fact, you arranged it?"
"I did. I arranged it all,"

"You knew that he had proposed A singular look came into the

"No!"
"You did not?"
"I have told you—no!" she replied sharply, her lips tightening.
"Having delivered the message, and succeeded in inducing Miss Delaine to go to the bridge, where did you go?"
"To my room."

To my room." To bed? A second's hesitation, the gray eyes hid under the white lids, then came

"No, not to bed. I put a shawl round me and went out."
"I thought so," said the sergeant."
"To watch the result of your scheme.

"To waten the result of your scheme. Where did you go?"

"To the bridge," she replied slowly, her small hands resting on the
edge of the box, her eyes fixed not
on the sergeant, but, as it seemed,
on vacancy, as if she were recalling the scene she was about to describe. The crowd moved to and fro and

You went to the bridge. Did you Mr. Delaine and Captain Sher-(To be Continued.)

Trying to Stump the Pofessorr. Boston Transcript. -You see me queer the pro-

fessor. I'll make him own up there's one thing at least he doesn't know. Smarte (to professor) — Will you please tell me, Mr. Wyse, who was Cain's wife? Professor-Cain's wife. Mr. Smarte, was Adam's daughter-in-law.

How to Select the Most Productive Class.

FACTS FARMERS SHOULD KNOW. Department of Agriculture, Com-

missioner's Branch,

Ottawa, Oct. 1, 1903. Since the pork-packers are in losest touch with the British consumer, they are the most competent judges of the class of hogs requirand we find that they recommend the use of Yorkshires and Tamworths, as especially suitable for the production of bacon hogs, while Berkshires of the newest type, are also excellent. The other breeds are well adopted but. also excellent. The other breeds are init, as yet, so well adapted; but, as has been already stated, the breeders of these breeds are rapidly, bringing their pigs into line, and sows of these kinds when crossed with males of the more approved bacon type, produce good bacon ligs. These cross-bred pigs frequently make more economical gains than the pure breds. The Yorkshire and Tamworth-Berkshire and Tamworth-Berkshire the pure breds. The Yorkshire-Berkshire and Tamworth-Berkshire cross is especially popular. No breed or combination of breeds

has a monopoly of all the desirabl qualities in a pig. There are good and bad in all breeds, and bad and worse in some. It does not follow that because a hog is of any givon breeding, he is necessarily a good or a bad bacon. It is necessary, therefore, that the breeder of market hogs have a clear-cut conception of the ideal pig; then he will be in a consistent to make the best be in a position to make the best use of the materials at his disposal by judicious selection and careful

breeders of live stock that if breeders of live stock that it sire and dam be equally well bred, the former has the greater influence on the conformation and the latter on the nervous temperament and feed-ing qualities of the progeny. Whe-ther this be true or not, care should be taken in selecting the females of the herd to choose only those of a quiet, contented temperament. Few things are more exasperating than a roving, noisy, discontented sow; not only is she a continual menace not only is size it continuat menace to fences and gates, but she is cross at farrowing time, and is quite as likely as not to destroy half of her litter in some fit of nervous excitement. In addition to this, a sow of this description is seldom or never this description is seldom or never a good milker, and every stockman knows that the profit or loss on a batch of pigs is determined largely by the start they get in life during the first six or eight weeks. The milking qualities of the sow is a matter too often overlooked or ignored when selecting the females for a breeding herd. Many men seem to take it for granted that if they can get a sow to produce a large can get a sow to produce a large litter she will, as a matter of course, itter she will, as a matter of course, nourish them afterwards. This is a grave mistake. Sows vary in their milking propensities as widely as the cows in an unselected herd. Among pigs the ability to give a large flow of milk is more a family trait than a breed characteristic; that is to say, different families of the same breed differ more in this particular than do the different breeds, each considered as a whole. reeds, each considered as a whole

particular than to the stretch precise, each considered as a whole. It is, therefore, largely a matter of selection. A well-formed udder is, of course essential. There should not be fewer than twelve, better fourteen, well-developed, evenly-placed teats, extending well up to the fore legs. The sow should be large and roomy, with great length and depth of side; she must, however, be trim and neat in her outlines, showing no tendency to bagginess or flabbiness, and, though not wild or nervous, she must be active in her movements. A heavy, listless, in her movements. A neavy, listless, clumsy walk should not be tolerated in breeding stock of either sex; it indicates a lack of vital force; and animal with this characteristic

an animal with this characteristic is not likely to be so prepotent as one with a more active, sprightly temperament.

The brood sows should be selected families. A sow must The brood sows sound to select the from prolific families. A sow must raise a given number of pigs each year to pay expenses, and each additional pig represents a profit. There is, however, a limit to the number of pigs in a profitable litter; very the resultions are and to be week and large litters are apt to be weak and uneven in quality. Few sows can properly nourish more than fourteen

A Question of Age.

During the St. Andrew's Burghs election in Scotland, held recently, the Conservatives displayed a placard reading as follows: "The Liberal party refuses to aid in instituting an enquiry into a fiscal po-icy which is sixty years old." As the Corn Law passed in 1815 was practically a copy of the Corn Law passed in 1670. one would think that protection and not free trade should bear the stigma of being "old." How-ever, one is always learning.

HOLIDAYS BY **CO-OPERATION**

"A holiday! How can workingmen and their wives get one? Why, look at the cost!" Many a workingman has said that in despair, writes a difficult-nay, well-nigh impossiblefor a single workingman to manage it by himself, but if a number join ogether the case is entirely altered. Co-operation has achieved some plendid feats in the way of managing stores, and it is high time it is adapted to holiday-making. As a matter of fact, it has been so adapted among the Midlanders and North-erners, with wonderful success, sucamong the Midlanders and North-erners, with wonderful success, suc-cess that say splainly to Londoners, 'Go thou and do likewise!' The Co-operative Holiday's Association, the headquarters of which is at Hay-lield on the Cheshire borders, is only cleven years old, but last year 3,000 noliday makers availed themselves o holiday makers availed themselves of its privileges. One of the "guest houses," as they are called, has actually been bought by the mem-bers, and a lovely house it is, at the Ardenconnel, on the Garelock, Scot-land, accommodating 120 guests, Others are leased at Whitby, Hay-field, Upper Bangor, Portrush, North Ireland, Monmouth and Galway, while the last born of the family is at Rich-mond. There will be accommodation altogether for 500 members. are also temporary centres

are also temporary centres, fixed according to convenience during the summer vacation.

How did the movement arise? Weil How did the movement arise? Wei't began by Mr. Leonard, a Congregational minister at Coine, in Lancashire, taking out his Young Men's guild for annual holidays. The scheme got wind, it was organized under Mr. Leonard's direction, by a few public-spirited men like Dr. Paton, of Nottingham, and as it caught on the men themselves did the rest Voluntary workers are found to spend a fortnight in charge. The hostesses at each centre are voluntary, even at each centre are voluntary, even paying their own fares. The talks and lectures are given free, and the only paid staff are the manageresses and domestic helpers. A curious feaand domestic helpers. A curious fea-ture of the movement is that it has no servants. The helpers are all hollday makers, and come on with the distinct understanding that they are treated on an equality with the guests, and share in the excursions guests, and share in the excursions when there is time, besides receiving an honorarium of eight shillings per week while there. This plan has simply annihilated the servant difficulty. The manageresses are chosen in the same way. It is amazing to see how completely workers and guests are

completely workers and guests are at unison in one of these homes. Nothing could be easier for fifty or a hundred Londoon workingmen-to take a house for six weeks in the same way, forming a small guarntee fund as a preliminary, engage a manageress, get her to select helpers, and themselves undertake to become guests for a week. Why should no our great friendly societies or each of our clubs and every large firm oron our cluus and every large firm or-ganize its own holidays? It is not necessary that the employers should do this—self-help is the thing, and if the foremen of our large works would take the matter up, it is not difficult to forsee the time when great num to lorsee the time when great numbers of our working class will find a holiday within their reach. Their sisters might act as helpers, and the dignity of their labor sustained by the courtesy of their treatment. This is no mere chimera.—London Ebrontes.

large litters are apt to be weak and uneven in quality. Few sows can properly nourish more than fourteen pigs, and an even litter of from eight to twelve large, strong, lusty fellows sociand. Glasgow Savings Bank in the United Kingdom, and 58 of them are into twelve large, strong, lusty fellows sociand. Glasgow Savings Bank is much more profitable than a litter of sixteen or eighteen weak, flabby, of deposits.

Are You One of the Weak Ones?

Subject to Sinking Spells and Feelings of Languor, Depression and Weakness-You Can be Helped by

DR. CHASE'S NERVE FOOD

rom indigestion, steeplessness, first tability and general bodily weakness. At times, it may be, some of the cold-time vigor returns, but you no more than get your hopes aroused when the sinking spells only will you be able to feel the

aroused when the sinking spells come on again and you are as help-less and disheartened as ever.

Such symptoms point to lack of nourishment in the blood and an exhausted nervous system. You can get well if you will but restore the system by using Dr. Chase's Nerve Food. This great food cure forms now blood and an interest of the blood and an exhausted not spell from weakness of Dr. Chase's Nerve Food of the blood and an exhausted condition of the nerves form weakness of the blood and an exhausted condition of the nerves

Very many people feel much as you do. They do not like to confess that they are sick, but they are weak and languid, feel drowsy and depressed after meals, are easily tired and discouraged, suffer from indigestion, sleeplessness, irritability and general bodily weaks, at times, it may be, some of vears of helplessness and suffering

get well if you will but restore the system by using Dr. Chase's Nerve Food. This great food cure forms new blood and instils new force and energy into the wasted and depleted nerve cells. It makes you well in nature's way by supplying to the blood and nerves the very elements in which they are lacking.

The success of Dr. Chase's Nerve Food in curing all ailments arising from weakness of the blood and an exhausted condition of the nerves has been phenomenal. 50 cents a box, 6 boxes for \$2.50, at \$\cdot 11\$ dealors, or Edmanson, Bates & Co., Toronto. To protect you against imitations, the portrait and signature of Dr. A. W. Chase, the fam. very elements in which they are lacking.

These symptoms of which you complain are but a warning of every box.