

Children's Department.

For Jesus' Sake.

A little gift for Jesus' sake,
Unknown to ear or eye;
A little breath of kindness left
Adrift in passing by;
A smile reflected in some face;
A little worthy praise;
A touch upon some lonely hand
To sweeten many days;
Remembrance shown in little things,
Small favors scarcely seen;
A written word; a spoken word;
A flower heart midst some green;
A breath of incense daily given
In simple homely ways;
Because in man we see the Christ,
And noblest forms of praise.

True Men and True Women.

Boys are always aspiring to be young men, and girls are longing to be like their grown-up sisters. The secret is, that they think if they are older they will be entitled to have more freedom and privileges than now. But what queer notions they sometimes have of freedom. Liberty is not license, and added privileges should not lead to presumption. More freedom does not mean more freedom to do things that are wrong. Many boys think that as young men they will be manly if they smoke, or stay away from the Sunday-school, or play cards, and so on, but this has often been the first step in the downward path so many boys have trod. Many girls think that as young women, they can wear newer and gayer dresses, stay up late in the evenings, and attend the theatre and the ball-room. But how far below the ideal which God has placed before us in Christ Jesus. The manly man is the Christlike man, and the true woman is the one who has the Christlike spirit. Christ in us is the source of true manliness and womanliness. Let us accept Him and follow Him as the great example God has given us.

Delicious Drink

Horsford's Acid Phosphate.

with water and sugar only, makes a delicious, healthful and invigorating drink.

Allays the thirst, aids digestion, and relieves the lassitude so common in midsummer.

DR. M. H. HENRY, (New York, says:—
"When completely tired out by prolonged wakefulness and overwork, it is of the greatest value to me. As a beverage it possesses charms beyond anything I know of in the form of medicine."

Descriptive pamphlet free.

Sumford Chemical Works, Providence, R.I.

Beware of Substitutes and Imitations.

Photographic Views

OF THE
CONSECRATION OF
BISHOP DUMOULIN

ARE NOW READY

Price 40 Cents Each.

—ALSO—

Cabinet Size Photos

—OF—

Bishop DuMoulin in his Robes

50 CENTS EACH

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The above pictures are for sale at the offices of the

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Conscience In a Dog.

Bran, our big dog, showed himself conscience-stricken on one particular occasion. We were staying at Yarmouth, and Bran, who was allowed perfect liberty, was lost for one entire day! At night, just before the house was shut up, he made his appearance. Being met at the hall door, he was rebuked and his offered paw not taken.

His nightly resting-place was a cellar, where he had a comfortable straw couch provided for him, and his usual custom was to run down stairs immediately to his bed and supper; but on this evening he remained at the top of the stairs and cried and whined piteously. Presently my brother said, "You must come and make it up with Bran, or the poor fellow will cry there all night!" Accordingly we opened the door, and one by one shook Bran's paw in sign of forgiveness, whereupon he quietly walked down stairs, and after eating his supper with avidity, curled himself up on the straw and went to sleep.—Ellen Isabelle Tupper.

Free to Men.

Any man who is weak or nervous, can write to me in perfect confidence and receive free of charge, in a sealed letter valuable advice and information how to obtain a cure. Address with stamp F. G. Smith, P. O. Box 388, London Ont.

A Light to Walk By.

A hard-working missionary in Eastern Canada was travelling between his home and that of a parishioner.

Having to pass through a dark forest, he carried a lantern with him to show him the path. It was winter and a good deal of snow lay on the ground. As he was about to enter the forest he remembered that, as the snow was falling, the footprints of those who had passed along that way would be filled in, and he was a little anxious.

To his great joy he found fresh footprints showing that somebody had just gone before him. Had he been without the lantern he would not have seen the footprints and so would have had much difficulty in getting home. He afterwards found that the footprints were those of a friend who had gone before him to his own home.

Have we not in this simple, common incident a very helpful illustration of the fact that we can only see the footprints of the blessed Jesus when we carry the Bible—the Light unto our feet and the Lamp to our path—in our heart and in our hand?

If the young who set out in life to journey to their home in heaven, would only trust to the lantern of God's Holy Word and simply follow by its aid in the footprints left by the Saviour, how steadily would they journey and how safely would they go straight on to the heavenly Canaan!

False lights glitter on either side of the way, and many are led to destruction by their means; but to a faithful follower of Christ it is quite easy to tell the false from the true, the narrow way which leadeth unto life from the broad way which leadeth unto destruction.

The Bible not only testifies of Christ, but in a very real sense it leads us to Christ.

Are You Tired

All the time? This condition is a sure indication that your blood is not rich and nourishing as it ought to be and as it may be if you will take a few bottles of the great blood purifier, Hood's Sarsaparilla. Thousands write that Hood's Sarsaparilla has cured them of that tired feeling by giving them rich, red blood.

Hood's Pills act easily and promptly on the liver and bowels. Cure sick headache.

Are You Kind to Your Mother?

Who guarded you in health, and comforted you when ill? Who hung over your little bed when you were fretful, and put the cooling draught to your parched lips? Who taught you how to pray, and gently helped you how to read? Who has borne with your faults, and been kind and patient in your childish ways? Who loves you still, and who contrives and works and prays for you every day you live? Is it not your mother—your own mother? Now let me ask you, "Are you kind to your mother?"

Hood's Sarsaparilla purifies the blood, overcomes that tired feeling, creates an appetite, and gives refreshing sleep.

Sunshine.

"It takes clouds to make sunshine, and when the clouds are darkest we may the sooner expect the brightening."

X-Rays

Of severest trial and test prove in regard to Hood's Sarsaparilla

1st, Greatest Merit

Secured by a peculiar Combination, Proportion and Process unknown to others—which naturally and actually produces

2d, Greatest Cures

Shown by thousands of honest, voluntary testimonials—which naturally and actually produce

3d, Greatest Sales

According to the statements of druggists all over the country. In these three points Hood's Sarsaparilla is peculiar to itself.

Hood's Sarsaparilla

Is the best—It is the One True Blood Purifier.

Hood's Pills are the only pills to take with Hood's Sarsaparilla.

There are times in our lives when shadows are spread from horizon to horizon, when one drop would overbalance the cup of woe: times when life seems to be all night and we wonder if morning will ever come.

There are also times when we drink draughts from the fountain of life that throw sunshine into every crevice of our hearts and cause even our dull, monotonous round of cares and trials to appear as so many blessings in disguise.

There are happy, even-tempered people, who can always say, "It is the Lord, let Him do as seemeth Him good."

With them it is always day, for their sun never sets. Having yielded to the wooings of the Holy Spirit, and made their peace with God, sunshine springs up gorgeous in beauty, resplendent in glory.

Our happiness is very greatly in our own hands. It would be more than doubled if we would forget to worry about that which we cannot control and for which we are not held responsible. "Contentment with godliness is great gain." Our happiness would be quadrupled if we could attain to that state of grace where

Whichever way the wind doth blow,
My heart is glad to have it so;
And blow it east or blow it west,
The wind that blows, that wind is best.

If we would have more sunshine in our lives we must roll away the stone and let the Sun of Righteousness arise in our hearts with healing in His wings. He will lead us in a way we know not, and cause us to praise Him as long as we live. "There's a divinity that shapes our ends, rough hew them as we may."

That divinity does not force sunshine upon us in this world nor heaven in the world to come; rather,

We shape ourselves the joy or fear
Of which the coming life is made,
And fill our future's atmosphere
With sunshine or with shade.

Our Legacy.

Kitty was a good, conscientious Christian girl, but she had one habit that was very harmful to herself and very trying to her friends. It was the habit of fretting. She could seldom feel that the things in which she