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duty to supply. No argument is needed to enforce that duty: all acknowledge it. It ought to be observed. ver, that the intellectual want of a child is not satisfied by instruction branches of learning. It includes the harmonious culture of all the

benefited, and he surely cannot lose the smiles of approving Heaven.

Domestic Economy for Girls. The subject of this paper is one allowed to spend part of this time in

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all the mysteries of hemming, tucking, gathering, patching and darning, and therefore may very reasonably be

Hygiene in Schools.

The general opinion expressed in public health associations is that the need and teaching of Hygiene and the practice of physical exercise on a far more extended scale than at present should be brought into action and the subject given a more important place than heretofore. Speeches, papers, etc., predicate the idea that Canadian civilization and progress deepend upon the improvement of personal and public health and the strengthening of the national vitality. It will demand no more maturity and thought to understand the reasons of adequate clothing, the necessity of an erect position in standing and sitting, etc., than to comprehend geographical details. Great and un-



Delicious Cake and Pastry, Light Flaky Biscuit, Griddle Cakes, Palatable and Wholesome. No other baking powder does such work.

is rapidly recovering from the very severe illness from which he has been