SUNDAY SCHOOL

The Quiet Hour

YOUNG PEOPLE

*HEZIKIAH'S PRAYER. (By Rev. C. MacKinnon, B.D.,

Winnipeg.)
Thou shalt die, v. l. .n the old morality play called "Everyman," the hero, Everyman, young and merry, comes sing-ing across the stage of life. Buddenly ath meets him, and warns him that his time is short, and that soon he must go on a long journey into the unknown world, "there to give a reckoning." Everyman begs for a respite, but in vain, eryman begs for a respite, out in you, and he is assured that he will never re-turn. Who, will go with him? Fellow-ship or Kindred? These both refuse. Goods? He, too, turns away. At last Everyman finds that he can depend on Good-deeds alone to support him in the Now, we are not supposed dread hour. that our good works can earn heaven for us. Only through simple trust in Carist can we enter the pearly gates. But if we have faith, we shall have good works, as surely as the tree bears fruit. And this faith, proving itself by its works, drives away all fear of the unknown fu ture, and fills our hearts with a sure and joyful hope.

Then Hezekiah turned his face toward the wall, and prayed, v. 2. How frequently have we seen the tather, the broadwinner, stricken down when least he could be spared, or the great reformer check-ed suddenly in the midst of his noble carecr, or the general shot when leading his stidies to victory; and we have been made to feel the pathos of our human accidessness. But, though every earthly scurce of strength and comfort be cut off we need not despair. God still lives, and there is no limit to His resources, or bounds to His love. There is a rope in the belfry, and when we pull it, the bell rings in heaven; and that rope is in the benry, and when we had bell rings in heaven; and that rope is prayer, and He that answers it is God. His car is ever attentive to the sum on so of His children's need, and His hand ever ready to bring timely and sufficient help.

Remember now, O Lord, v. 3. It was

an Old Testament prayer, pleading the Long's own merits. prayers only the merits of our ble ed Lord Jésus Christ. Nevertheless, Hez-ekian's prayer held that comfort, com-mon alike to Israelite and Christian, the consciensness of a life-long friendship with God, and of an endeavor to do His and how much better on a death hed is this than the hideous record of lice misspent in defiance of Him, to trouble one's memory and to haunt one's ireans. "No, the river at that time overflowed its banks in some places; but Mr. Henest in his life-time had spoken to one Good-conscience, to meet him there; the which also he did, and lent him his hand, and so helped him over.

and Hezekiah wept sore, v. 3.—But Stephen said, "Lord Jesus, receive my spirit"; and Paul declared "I am now ady to be offered"; and Samuel Ruthi thrd exclaimed from his dying bed, "O for a well-tuned harp!" What had transformed the Old Testament deat bed from a couch of tears into a gate of hea-ven? Christ had come and brought "hie and immortality to light." Now, "to live Now, "to ... There is Christ, and to die is gain." There is a window for us opening into the joys of

I have heard thy prayer, I have seen thy tears, v. 5. Many prayers are like arrows drawn but a little way on the bow and that will carry only a short distance. Draw the arrow to the head and it will

* S. S. Lesson—Isaiah 38: 1-8. Study vs. 1-22. Commit to memory vs. 4-6. Golden Text—God is our refuge and strength, a very present help in trouble. Psalm 46:1.

reach the mark. Demosthenes gave a listless car to his client's story while he told it without spirit. His client, observ-ing this, exclaimed hotty, "But fae tale is true." "Now," said Demostration ing tins, execamined notify, Duk take take the six true." "Now," said Demosthenes, "I believe you." When we mean what we ask, God hears us.

And, v. 6.—This is God's addition. He ever gives full measure and running over, We hold out our hand for a single gift, the state of the six of t

we not out our hand for a single gitt, and He fills our lap. We cry out to Him in one sorrow, and He crowns our Eyes with loving kindness and tender mercies, and thus proves Himself both willing and "able to do exceeding abundantly above at these was all that we ask or think.

Acd this shall be a sign, v. 7. Human faith oftentimes feels the need of a crutch. It locks about for some macvel that foreibly demonstrates the working of the divine power. God does not always give a natural miracle like that of the turning back of the shadow on the dial. But the signs of the shadow on the dial.

But the signs of the times are never lacking. God ever works this miracles of grace. What greater proof of His precence could we ask than the revival in Wales, or the numerous other revivals on a smaller scale so often seen? greater "miracle" than a life once plung-ed in the degradation of sin, and now washed and clothed and in its right mind?

INFLUENCE.

By John Elliot Bowman. Tis hidden by a pathless hedge. And lies remote from men; But unseen fingers bear afar, Beyond the thicket's outer edge, The poison of the fen.

Its rugged shores it may not break. Or scorn their cold restraint: Yet, borne by unseen hands abroad, The waters of the highland lake Give life to hearts that faint.

IF YOU HAD A HUNDRED.

One man asked another: ' 11 you had a hundred sneep, would you give may of them for God's work? "Yes, I would."

Would you do the same if you had a hunared cows?

"Yes, I would."
"Would you do the same if you had a hundred horses?

"Yes, I would."
"If you had two pigs, would you give one of them to God's cause"
"No, I wouldn't; and you have no right

to ask me when you know I have two Ligs.

It is a great deal easier to say you would give hifty horses to the Lord when you haven t any, than to say you'll give one pig when it is half your present possessions. Yet it is the giving of one's pro-perty that counts more than the prospective giving out of one's abundance.

It is easy to be willing to give what we have not got. Probably if that man had owned a hundred sheep, he would have said, "If I had a thousand, I would give half of them; but I can not spare any of the hundred." Liberality does not always Liberality does not always grow in proportion to prosperity.

When men feel that every child has a right to be educated, and when every child's right becomes every man's duty, when education comes to be the first and chiefest concern of a people, then the door of the general public welfare is thrown wide open. We will not forget, of course, that better than heaping up gold is the making of men that are finer than gold.— E. C. Branson.

THE SHEPHERD PSALM.

"Mother, I don't see why you would have me learn a Psalm every month," said Eva Preston; "none of the other girls do, and you can always read them.

The next day was Sabbath. A stranger talked to the Sabbath school. He sam: I worked among the poor children in a big city. I have many friends among to One day one or them-pave newsboys. Herbert-was run over by a norse He was carried to a drug Lore near by to wait for the ambulance to carry Ine doctor and I hun to the hospital. were with him, and a crowd was in the store. The boy was a brave little fellow, but he suffered terribly. All at once he said, 'If, I could hear about the shepherd, I could bear it better. I knew what he meant. I had told them about King David's beautiful psalm at the mission school. I said it now over and over. I wish you could have seen the look on his face, children, as he listened. That little rough newsboy could understand that. He said after me, 'And I will dwell in the house of the Lord forever.' Before the wagon came, Dave had gone to the Lord's house above. I tell you this, dear children, because nowadays so few of us learn the Scriptures by heart. We don't think it necessary. But I know it is. I workier, now, if any child here can repeat the twenty-third Psalm for me?"

There was a long pause, but no one stir-ed. Then Eva Preston stood up and with folded hands, very clearly she repeated it.

As she finished, the children-and even the children-forgetting the place, softly

clapped their hands. The minister lifted his hand to check it "Thank you, my dear," he said to Eva; "you have a gift no one can take from you."—Selected.

PRAYER.

Almighty God, Maker of heaven and earth, we children pray to thee. Thou art He who taketh up the isles as a very little thing; Thou are He who baldeth th waters in the hollow of His hand. Behold waters in the holow of this nano. Below us as we struggle here. Life is our ocean; it is in thy hand; let the waters be calm, we pray. Thou are he who doth bring the storm-tossed to their desired haven. the storm-tossed to their uesired haven. Bring us to our haven, we pray. Let not our whole voyage be in storm. Let not our hopes and purposes be wrecked and broken and beated to pieces on the rocks of time. Speak into our tunnult peace; stand by us in the night of our distress, and promise as aid. So ours shall be the joy and Thine be the giory through Jesus Christ our Lord.

BRINGING MEN TO CHRIST.

"The first step toward bringing men to Christ is to make sure that you know the way to Christ. The next step is to find the way to other men. "No one ever found the Saviour with-

out a sense of sin.
"There is only one carriage that will take men to Christ, and that is the

Bible.

"There is only one magnet that will draw men to you, so that you can bring them to Christ, and that is love.

"Have you failed in trying to bring it is some soul to Chieft That failure may not yet prove God's success."

Christianity wants nothing so much in the world as sunny people.

There is no high destiny without hon

perseverance, no greatness without self-