

NEW EATING PLACE RULES.

Summary of the Regulations of the Canada Food Board Now in Force.

To Whom Applying.

Hotels; Restaurants; Cafeterias; Clubs; Dining Cars; Steamships; Boarding Houses and other places where meals are served to the number of 24 or more per day to persons other than members of the family or household of the proprietor.

To Whom not Applying.

Military camps, logging camps, lumber camps, mining camps, construction camps, fish curing camps and hospitals.

Meal Hours Defined.

Morning meal 5.30 a.m. to 10 a.m.

Mid-day meal 11.30 a.m. to 2.30 p.m.

Evening meal 6 p.m. to 9 p.m.

"Pork" is Defined.

Any part of the carcass of a hog whether fresh or cured, in any form is "pork" within the meaning of these regulations except feet, tongues, heads, hearts, livers, kidneys, lard, sausages, and other offal products.

Beef and Veal Defined.

"Beef and Veal" include any part of the carcass, fresh or cured, in any form except heads, tongues, hearts, livers, kidneys, tails, sweetbreads, suet, tallow, and other offal products.

Penalties for Infringement.

Fine from \$100 up to \$1,000 or imprisonment for term up to three months, or both fine and imprisonment. Fine to be paid to municipal or provincial treasurer depending on which authority secured conviction.

SUMMARY OF REGULATIONS.

Regulations about Meat.

1. Beef and veal may be served at evening meal only.
2. No beef and veal may be served on Wednesday or Friday.
3. Pork may be served at morning meal only on Sunday, Tuesday, and Thursday.
4. Pork may be served at noon meal only on Monday and Saturday.
5. Pork may not be served on Wednesday or Friday at any meal.

Wheat Food Regulations.

6. Not more than one ounce of wheat or product of wheat shall be served at the mid-day meal.
7. Substitutes shall be served whenever white bread is served.
8. No public eating house shall serve to any person more than 1 ounce of wheat bread, or

IN FORCE NOW.

These regulations came into force March 27 when they were gazetted.

Except regulations governing bakeries attached to public eating places, which came into force April 7,

And regulations regarding display of notice regarding food conservation which became compulsory on and after April 7.

After June 1, 1918, no person shall operate a public eating place without obtaining a license from the Canada Food Board.

any product made wholly or in part of wheat flour, between the hours of 10 a.m. and 11.30 a.m.; 2.30 p.m. and 6 p.m.; and 9 p.m. and 5.30 a.m. except under special license.

Sandwich Regulations.

9. Sandwiches made from wheat bread and pork, beef, or veal may only be served at railway lunch counters, but only at any time and at all times to bona fide travellers.

10. Public eating houses other than railway lunch counters shall not serve sandwiches during the mid-day meal.

11. Public eating houses shall not serve sandwiches filled with beef, veal, or pork during hours and on days that these meats are prohibited.

Bread and Standard Flour.

12. Bread shall not be placed on tables in public eating houses until the first course is served.

13. No more than 2 ounces of standard flour bread or rolls shall be served to one person.

14. No more than 2 ounces of any product made from standard flour shall be served to one person.

15. No more than 4 ounces of bread or other product made from bran, corn, oats, barley or other flour at any one meal to one person.

16. No bread less than 12 hours baked shall be served in public eating houses except in railway trains and steamships.

17. Bread as a garnish except under poached eggs is prohibited.

18. Wheat flour dumplings in pot pies, meat stews or soups are prohibited.

Bakery Regulations.

19. On and after April 7, 1918, no bakery operated in connection with a public eating place shall make wheat bread or rolls, pastry or other bakery products from wheat flour other than the standard flour or flour containing a higher percentage of extraction than standard, without written permission from the Canada Food Board.

20. In bakeries connected with public eating houses the regulations governing bakeries shall apply.