

of infinite love and compassion he says :
 "Come unto me all ye that are weary, and
 heavy laden, and I will give you rest."

VI. SUGGESTIVE STEPS IN TEACHING THE
 LESSON.

1. Begin with the Golden Text. Who is speaking? Jesus. What does He say? One difficulty in getting the children to enter into, and appreciate this text, is that they have not felt weary and heavy laden, and if we cannot find a place in their child experience where we can touch their lives, we will miss our opportunity.

2. Who has ever tried to be good and couldn't? Suppose we put the question to the children thus. If we try, and try, and try, to be good, can we? Can we keep our tempers? Can we be gentle, and patient, and loving, and kind, if we try hard?

It is just here, that one of the greatest mistakes in our teaching work takes place. We teach the children to try, try, try, to be good. What we ought to teach is, that if we try never so hard, we cannot be good.

Jesus is not a helper, He is a Saviour. If we come to Him, and place the care and management of our lives in his hands, He will give us rest, He will do it all. To illustrate :

One day standing on a platform, which was about two feet above the ground, a child not much higher than the platform said: "Will you help me up?" I put my hands under her arms, and lifted her on to the platform alongside of me. I did not help her. I did it ALL. She did nothing but allow me.

It is in this sense the Saviour is a helper. He does it ALL. The child did not hinder me, she did not resist me, she did not run away from me, she allowed me to do it for her. She knew I was strong enough, she knew I was willing, and she trusted me to do it.

So, for us, Christ is a Saviour, not a helper. "Not of works, lest any man should boast." Our salvation is the "gift of God." He will

take our temper away, and make us patient, loving, and kind, if we come to Him.

We must give the management of the life to God, and He will give us rest.

This is the Gospel. This is the Sunday School Teacher's truest work. Let us aim to teach this to-day. How? If we can get the child to see that it is only thus, that he be kept from sin, we are bringing to him the Gospel.

3. Come to whom? Jesus. Why? Because He is a Saviour.

4. Come to Jesus, when?

(a) Those that seek me early, shall find Me.

(b) All the day long, live beside Him. Some of us come to Him only in the morning,

in the evening, but we should come every hour. Move the hands of the clock, and emphasize the idea of being alongside the Saviour all the day.

5. Come to Jesus. We find out about Him, where? In the Bible, but we know Him in our hearts when love, and joy, and peace is there.

6. Be like Him. Learn of Jesus. What is He like? Meek and lowly of heart. He allowed His Father to manage His life, to do as He pleased with Him. Was meek and lowly of heart. So should we be.

The result is rest, or in the child's language, *happiness*.