THE INDUSTRIAL **GROWTH OF ONTARIO BABY'S OWN TABLETS**

POSSESSES NEARLY HALF WEALTH OF CANADA.

Raw Material and Fine Transportation Facilities Aid to Rapid Development.

Ontario is the richest province of Canada. Of the Dominion's wealth, estimated at \$2,801,000,000 for the year just past, Ontario's share was \$1,267. 000,000. Consistent with the remainder of the Dominion, agriculture as serts its superiority over other lines of activity and maintains the premier place in provincial assets. Ontario is however, the first industrial province of Canada, considerably more than fifty per cent. of the product of the

Dominion's manufacturing plants being attributable to this province.

At the end of the year 1918 out of a total of \$3,034,310,915 invested in industry in Canada, the sum of \$1,508,-011,435 was held by Ontario corporations and manufacturing companies The 15,365 plants in the province had that year a production of \$1,809,067,-001, utilizing material valued at \$1. 008,824,704. A total of 333,936 persons were employed, drawing wages salaries aggregating \$261,160,214.
If the twenty most important

centres of the Dominion, as reported by the government Bureau of Statis-tics, fourteen are located in the Pro-vince of Ontario: Toronto, Hamilton. Ottawa, London, Kitchener, Brantford, Peterborough, Galt, Buelph, Welland, St. Catharines, Sarnia, Stratford and Windsor. Toronto comes second only to Montreal in industrial importance 2,835 establishments employing 106,128 persons, with a capitalization of \$302.945.178 and a production of \$506,429,283. Hamilton, with 685 establishments, a capitalization of \$31. Source—A given name. is the third manufacturing city of the

ominion.

A Distributing Centre for the West.
Ontario is the manufacturing and enough, it is not met with at any comdistributing area to a large extent, for the expansive field of the great Cana- of either Mac" or "O'." dian West and its findustrial activities

It is the name born originally by a cover a wide latitude, practically every certain sept of the Clan MacKintosh, necessity of town or rural settlement which later divided fato-two septs, the being supplied. The agricultural in- first or senior line eventually losing plement industry is therefore natural ownership of the lands originally oc plement industry is therefore naturally an important one and accounts for a capitalization of more than \$77,000.

000. This is, however, exceeded by the pulp and paper industry, in which Ontario is proving herself a serious rival of Quebec with an investment of nearly \$100,000,000. The wealthy forests of the province are reflected in the importance of the lumber industry. the importance of the lumber industry in which more than \$46,000,000 is invested, whilst many smaller allied just prior to 1400 A.D. trades help to swell the aggregate of For several centuric works dependent in the first instance upon forest growth. his descendants and the branch of the

Flour milling has reached important Clan MacKintosh which they led. 600,000 engaged in activals with over \$40. ing the industry. Several cities and towns have virtually secured a monopoly of the Canadian automobile Racial Origin—English. trade, many of the plants operating be ing branches of United States organizations, and in all over \$50,000,000 is invested in this manufacture.

Ship and boat building is of moment on the inland waters of the province and this industry accounts for more than \$31,000,000 in the provincial capitalization. Electrical apparatus manufacture accounts for another \$25,-000,000. Clothing, textiles, and boots and shoes are all important in this province. More than \$10,000,000 is en gaged in each of the industries, cotton textiles, men's wear and boots and shoes, whilst in hosiery and knit goods nearly \$27,000,000 is invested. Also worthy of mention are Ontario's 23 rubber plants, its \$8 canning factories and its 22 packing plants with 4 abat

All Facilities for Industrial Growth growth. These have already given her the ascendency in Canada in this regard, a position which she easily maintains in her rapid expansion, an augury of tremendous future manu-facturing importance. She possesses within her confines a wealth of raw material and fine transportation facilities of economic operation, for import and export. Her industrial growth is aided in a powerful way by her possession of enormous water powers, for which the Hydro-Electric Commissio of Ontario acts in the capacity of trustee for the people in the matter of their development, supplying electric current for lighting and power pur-

The rate at which Ontario is expanding as an industrial area may be gauged from the fact that in the year 1920 the City of Toronto, its first centre, received the addition of twenty-eight large new industries, whilst twenty-five settled at Hamilton, next in manufacturing importance. These covered many lines of manufacture many of which were entirely new to the province. A notable teature of the province's expansion has been the large number of plants operated by United States capital and the estab Hishment in so many cases of branch houses of United States firms. In the city of Toronto alone, there are 175 United States branch industrial plants

Lungs in a perfectly healthy state are very rare, according to the curator of a Parisian medical institute.

SPEAKS HIGHLY OF

Once a mother has used Baby's Own ways pleased to speak highly of them to other mothers. She knows the good they have done her children and they have done her children and realizes that her experience should be of benefit to others. Concerning the Tablets Mrs. Fred Murphy, Charlotte-town, P.E.I., writes: "I have used Baby's Own Tablets for the past eight months for my baby. I cannot speak too highly of them for they have been of great assistance to me in my first rience of motherhood.' Baby's n Tablets are a mild but thorough and may be given to even the newborn babe with perfect safety. They are sold by medicine declers or direct at 25 cts. a box from The Dr. Williams' Medicine Co., Brockville, Ont.

China's New Alphabet.

The new phonetic aiphabet for China has proved a success. In 1912 the National Educational Conference recommended a Chinese alphabet of thirty-nine characters, of which there were twenty-four so-called initials, three medials and twelve finals. By 1915 schools to teach the phonetic symbols had been established as an experiment; lately all the normal schools have given special courses in the subject, and this year all the pro-vinces are learning the new system and putting it into use.

20,000 Oranges on Tree. A single orange tree of average size

Shaw does not look like a Highland

For several centuries the castle

to-pick the occupation from which this group of family names has been

knowledge to know that originally the words "lead" and "load" had very similar meanings. We use the verb

its most usual meaning was that of

became a surname.

The reason is that the

Racial Origin-Scottish.

Surnames and Their Origin

Words of Wisdom

The bigger the bubble, the loude

he curriculum of every college.

The finest people in the world are those we know least about. Be sure your bravery is not mere

foolishness Man is like a fountain pen; useful as long as there is something in him.
If we always said what we meant,

we wouldn't say anything. Put yourself on a paying business

If you've just got over some sick ness, give the details to the squirrels the woods and get it off your chest.

If your feet are not strong enough to carry you-ride.

Wishes wear out with your clothes. Fame oftlines goes shabby. The greatest faith is faith in your

Feed your body, your soul will

Study character—your own first. Before reforming the community,

dead.

ou won't be interrupted.

If you let the little things worry you.

you'll be doing him a good turn.

You can't win unless you take a

Worry is a cloud that darkens your day; a bright thought is the sunshine that drives it away.

Melons were first found in Asia.

So, if you bear any of the family

cialized in the serice of some particu

CHICHESTER

name is a matter easily and obviously

explained. In its first use as such it was descriptive of the locality in

was descriptive of the locality in which the individual lived. There is

a place of this name in England, and

bors would come to regard the name

would be dropped, and the individual

did elsewhere, as virtual fortresses

"Cissa" was the son of "Aella." who

Racial Origin—English.

Source-A locality.

A WOMAN'S HEALTH **NEEDS GREAT CARE**

When the Blood Becomes Watery a Breakdown Follows

Every woman's health is dependent upon the condition of her blood. How many women suffer with headache, pain in the back, poor appetite, weak digestion, a constant feeling of wear ness, palpitation of the heart, short ness of breath, pallor and nervous-ness? Of course all these symptoms may not be present—the more there the worse the condition of the blood, and the more necessary that you should begin to enrich it without delay. Dr. Williams' Pink Pills are a splendid blood-building tonic. Every dose helps to make better blood which goes to every part of the body and brings new health to weak, despon dent people. Dr. Williams' Pink Pills are valuable to all women but they are particularly useful to girls of school Before retorning the state of t nor beauty without red blood which gives brightness to the eyes and color to the cheeks and lips. Dr. Williams what are you going to do with the big things?

Tell your friend you haven't got it—

E. Veniotte, West Northfield, N.S., who says: "For several" years I was in a Put your troubles on the dumb bad state of health. I was pale and nervous, my appetite was poor, and suffered from weakness, headaches and a feeling of oppression. I got so nervous that I was afraid to stay in the house alone. All this time I was taking medicine, but it only did not help me, but I was growing weaker. Finally I decided to try Dr. Williams' Pink Pills, and after using six boxes I felt much better. I had a better appetite, slept better and felt stronger However, I continued taking the pills couple of months longer now I am feeling as well as ever I did. I give all the credit to Dr. Williams' Pink Pills, and hope that my experinames in this group you may be rea-sonably sure that in the dim distant ence may be of benefit to some other

past one or more of your ancestors filled a position in the economic life You can get Dr. Williams' Pink Pills of the community as a bearer of bur- through any dealer in medicine or by mail at 50 cents a box or six boxes for day. He may have been either a bear-er of loads himself, or an employer of such men, and more than likely spe-\$2.50 from The Dr. Williams' Medi-cine Co., Brockville, Ont.

The Set of the Sail.

Bob was in one of his periodical fits of depression. The world had been running smoothly for some time, but now the pendulum was swinging the The use of Chichester as a family

Everything seems to be against me these days, Uncle Jim," he grumbled. "Nothing goes my way any more. I'm going to quit—that's all. What headway can a fellow make when every thing in the world is against himnaturally persons migrating from Chi-chester to other sections came to be "Humph." said Un

chester to other sections came to be known in their new neighborhoods as "Humph," said Uncle Jim meditatively. "I didn't know that you and "John of Chichester" or "Robert of Napoleon Chichester," as the case might be.
Then, in the course of time, neight was about had so much in commo Bob. He felt that way, too, when he was about seventeen. But what puzbors would come to regard the name as merely distinguishing the individual, and its meaning as indicating the place from which he had come several was such a different person on sea and ost in on land."

years before would not be foremost in their minds. Hence the "of," or its equivalent in the Norman tongue, Bob looked puzzled. "Different on sea and on land? How? What's the joke, Uncle Jim?"

"suffer a sea change Into something rich and strange bination of the Saxon given name of meaning of the word itself has changed "Cissa," and the Latin word "cas-since the medieval period in which it trum." which means "camp" or "mili-"I've been at the shore with you three summers, and I've been out in your little sailboat more times than I ecame a surname. tary station." The Romans, in the It's not exactly a piece of practical period before the Saxon invasion, can count, but never once have I heard built their camps in England, as they you say you couldn't get anywhere be-cause the wind or the tide was against similar meanings. We use the verb They were structures which letted, and which remained in existence longing the way." But in medieval times after the Romans had withdrawn. you. As I remember, you used to go to Pine Cove pretty often last summer

when the wind was dead wrong."

There was a twinkle in Uncle Jim's eyes, for the visits to Pine Cove had

sail right he can take advantage of the wind, whichever way it blows from You know that as well as I do, Uncle

"And then you say you aren't different on sea and on land," said Uncle Jim thoughtfully. "Well, I was go-ing to read you a lecture on the uses "Whet lieve you." wind and go where you please. Well, now you go right out and apply that idea on dry land, and see if you don't make port with a good care?" make port with a good cargo."

Bob nodded, and a dawning smile came over his face. "Master Robert Sheffield," he said. "seventeen years "my out from Babyhood, bound for Success and the Future. Aye, aye, sir!'

The Mighty Universe.

Would you like to know how large the stellar universe is? In the opinion of astronomers it is one million light years in diameter, and, since light travels 186,000 miles in a second, that means that it is about 5,869,713,600,-000,000,000—almost six quintillion—miles from one side of the universe to the other. More than a million solar systems the size of our own could be placed end to end without bridging the space. How many such systems the universe could contain we refuse to

Elephants have been known to live

BITS OF HUMOR FROM HERE & THERE

His Bookmark

"How far have you studied, John-y?" inquired the teacher. "Just as far as the book is dirty,

All for Nothing

Mother-"I've tried so hard to make ou a good child, Margaret, and yet in pite of all my efforts you are still rude and naughty." Margaret (deeply moved)-"What

Skeptical Tommy

"But, Tommy," said his mothe didn't your conscience tell you that ou were doing wrong?"
"Yes," replied Tommy: "but I don't elleve everything I hear."

The Age of Worry

There is a time in the life of every girl when-but this illustrates it. "How old is Gladys now?" Mrs. "Gladys is just at the age where her

He Knew.

The tramp shambled after the smartly-dressed man carrying a pros-

erous-looking bag.
"Give us a couple of coppers, guv'or!" he pleaded. "Just somethin to get some bread. Think wot it is ter be friendless, despised, 'ated by all..."

My head ached until I felt like it would burst and I was so nervous I trembled like a leaf. When I got up "Shut up, you fool!" said the man with the bag. "I'm an income tax col." it me mornings, I was so weak and with the bag. "I'm an income tax col." it may be a like a leaf. When I got up in the mornings, I was so weak and with the bag. "I'm an income tax col." it may be a like the morning and like the part all over.

He Could Sec.

"No! You cannot expect the jury to elieve that," said the lawyer. "Do you really mean to say that although the night was pitch dark, and you were at the end of the train, you saw ceased fail from the other? Now me, how far do you really think you can see at night?"
"Oh, about a millon miles, I reckon,"

retorted the witness. "I can see the moon-how far's that?"

Trying to Oblige.

Mother was teaching five-year-old obby geography. She had come to the Sahara Desert. "Now, say it-Sahara," she prompted him. "Hara," replied Bobby.

"No, not Hara-Sahara, don't you see?" said mother patiently

That kept up for some time until finally Bobby, worn out, exclaimed, 'Well, mother, didn't I say Hara?"

Grace's Grammar.

Grace met her uncle in the street ne day. He asked her whether she was going out with a picnic party from

"No," replied Grace, "I ain't going."
"My dear," said her uncle, "you
must not say, 'I ain't going.' You Bob looked puzzled. "Different on must say, 'I am not going.' " And he as and on land? How? What's the proceeded to give her a little lesson in grammar: "You are not going. He "No joke. Just plain facts. As is not going. We are not going. They are not going. Now, can you say all that?"

"Course I can," responded Grace, Cheerily. "There ain't nobody going.

A Real Sky-Scraper. The conversation had changed from e thing to another, finishing up with

high buildings.

The American thought he had them all beaten when he said there was a building in New York so high that it took a person at least twenty-four hours to get to the top. "Sure," said Pat, "there's a little

eyes, for the visits to Pine Cove in the been a family joke. There had been a building I was working on some time very pretty reason for those visits. But Bob loftly ignored everything except Saturday morning about 11 o'clock Saturday morning about 11 o'clock "A good sailor doesn't have to sail with the wind or the tide," he explained. "If a man knows how to set his on Monday morning the thing hit me on the top of the head."

> Making Matters Worse "I can't keep visitors from coming o," said the office-boy, dejectedly. "When I say you're out they won't be lieve me. They all say they must see

of adversity, but I don't need to.
You've put it into—shall I say a sea
shell? If you know how to see your
what they all say. Be firm: See?'

"Impossible," said William

"But I'm his wife," persisted the "That's what they all say," said the

MONEY ORDERS It is always safe to send a Dominion Express Money Order. Five dollars costs three cents. High Intensity of Light.

High intensity of light is provided by a new arc lamp for motion picture projectors that has its positive carbon in a horizontal position with its crater end pointing at the lens.

Old Theatres in London.
London still contains two buildings that witnessed the performance of Shakespeare's plays during Shake-speare's life—the Middle Temple Hall and the hall of Gray's Inn .

Ask for Minard's and take no other.

Tanlac Accomplishes Remarkable Results In Geo. H. Nickel's Case

Prominent Wisconsin Man Says Tanlac Promptly Relieved Him of Bad Case of Stomach Trouble of Six Months' Standing—Gains 27 Pounds and Feels Fine As A Fiddle.

It is an unquestionable fact that Tanlac is now being more widely en-dorsed by well known men and women than any other medicine on the Ameri can market. One of the latest to tes tify is George H. Nickels, well known lecturer, residing at 227 Wells St., Milwaukee, Wisconsin.

"Tanlac has not only completely re-stored my health, but I have actually gained 27 pounds in weight," said Mr. Nickels in referring to the remarkable benefits he had derived from the medi-

"For something over six months, my mother is afraid she will get married stomach was very badly disordered. I and Gladys is afraid she will not." suffered terribly from Indigestion and suffered terribly from Indigestion and Dyspepsia. At times I would be in great distress and I would invariably experience an uncomfortable bloated feeling for hours after eating. I had no appetite scarcely and the little ate would often make me deathly sick. dizzy, I couldn't trust myself to walk around and I just hurt all over.

Tanlac has brought about a wonderful change in my condition for I am only too glad to tall others about the now enjoying the very best of health.
My appetite is splendid. I relish my has no equal. Everything agrees with me perfectly. The nervousness, head- everywhere.

Changed.

When I was nine I was content
If my father gave Me a copper cent

Year youngster who Thinks nothing less Than a dime will do.

A cherry tree, at Sittingbourne Kent, which still bears fruit, was planted in the reign of Henry VIII.

A Health Saving REMINDER:

vait until you get sick-USE



COARSE SALT LAND SALT

Bulk Carlots TORONTO SALT WORKS C. J. CLIFF - TORONTO

SLOAN'S RELIEVES **NEURALGIC ACHES**

POR forty years Sloan's Liniment has been the quickest relief for neuralgia, sciatica and rheuma-tism, tired muscles, lame backs, sprains and strains, aches and pains.

Keep Sloan's handy and apply freely, without rubbing, at the first twinge. It eases and brings comfort surely and readily. You'll find it clean and non-skin-staining. Sloan's Liniment is pain's enemy.
Ask your neighbor.
At all druggists—35c, 70c, \$1.40.

Liniment (Paint

ASPIRIN

"Bayer" is only Genuine



Warning! It's criminal to take a chance on any substitute for genuine "Bayer Tablets of Aspirin" prescribed physicians for twenty-one years and proved safe by millions. Unless you see the name "Bayer" on package or on tablets you are not getting Aspirin at all. In every Bayer package are directions for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve tablets cost few cents. Druggists also sell larger packages. Made in Canada. Aspirin is the trade mark (registered in Cana-da), of Bayer Manufacture of Mono-aceticacidester of Salicylicacid.



GEORGE H. NICKELS

I never have an ache or pain. I am

Tanlac is sold by leading druggists

The Best Servants.

keep six honest serving men (They taught me all I know.) Their names are What and Why and When, And How and Where and Who

Minard's Liniment Lumberman's Friend







Smear any signs of pimples, redness or minutes before bathing. Finally dust on a few grains of the exquisitely perfumed Cuticura Talcum, it takes the place of other perfumes for the skin.

AVOID PAIN

This One Tells How Sho Was Benefited by Taking Lydia E. Pinkham's Vegetable Compound.

Regina, Sask.—"For two years I suffered from periodic pains and nausea so I was unable to get around. My mother had me take Lydia E. Pinkham's Vegetable Compound, and I am much better and able to go about all the time, which I could not do before. I recommend Vegetable Compound to my friends if I know they suffer the same way, and you may publish my letter if it will help any one, as I hope it will."—Miss Z. (2) BLACKWELL, 2078 Cover race, Regina, Sast

Biackwell, 2018 Cover riace, Regina, Sast If every girl who suffers as Miss Blackwell did, or from irregularities, painful periods, backache, sideache, dragging down pains, inflammation or ulceratien would only give this famous root and herb remedy a trial they would soon and relief from such suffering.

It hardly seems possible that there is a woman in this country who will continue to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial after all the evidence that is continually being published, proving beyond contradiction that this grand old medicine has relieved more suffering among women than any other medicine in the world.

For special advice women are asked to write the Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of forty years experience is at your service.



You need more than, three guesses or his sons would bear as their surname simply Chichester.

The place name, however, is a com-

This is the start of a better day

There's satisfying comfort and cheer in a breakfast cup of Postum, and there's no disturb-ing element to irritate nerves or digestion and leave mental energy lagging before the day is

Thousands of former tea and coffee users have found that Postum meets every demand for a delicious table beverage, and brings steadier nerves, clearer mind—better health. As many cups as you like with any meal-

no after-regrets. Postum comes in two forms: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Coreal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes.

"There's a Reason" for Postum

Sold by all grocers