

THE HOME  
THE WORLD

## NEWS OF SPECIAL INTEREST

THE MOVIES  
THE PLAYERSHere are Related Facts and Fancies Concerning the  
Activities of Individuals and Organizations, the  
Home, Fashions and Other Matters.

## LANCASTER RED-CROSS.

The semi-quarterly meeting of the Lancaster Red Cross was held Monday evening at the Provincial Hospital and was largely attended. A number of reports were submitted and all were very encouraging.

October 8 there have been shipped 286 hospital shorts, thirteen helpless shirts, 150 suits of pyjamas, 404 handkerchiefs, twenty-three quilts, six bath robes, six pairs slippers, sixty crocheted neckties and 1,862 pairs of hand-knitted socks.

The juniors have ready for shipment 504 compresses, 168 small pads, 180 large pads, two rolls gauze, thirty-three neckties and thirty-three fitted comfort bags made during the six months. These bags contain every comfort a man could possibly require.

The treasurer reported \$2,214.30 raised this year—\$1,858.94 by the seniors and \$355.36 by the juniors. Collections amounted to \$997.98, and donations to \$536.36.

Mrs. Smith reported a donation of \$56.15 received from the employees of A. and B. elevators, which amount goes towards the support of a prisoner of war maintained by the circle.

Mrs. Scott reported \$50 donated by the C. P. R. and shipping employees of West St. John.

Mrs. Murray Long delighted the company with several songs, after which refreshments were served.

**Soldiers' Comfort Association.**

The Centenary church parlors of the S. C. A. held their regular monthly meeting at which Mrs. McKeown presided. A new secretary was appointed for the rooms to take the place of Miss Nora Stewart who resigns on April 14th. Miss Marion Belyea will be the secretary after that date. The annual meeting will be held on May 9th.

The treasurer reports donations including the \$2,000 grant from city and county of St. John, \$2,155.14. Mrs. Kelly reported that \$1,150 had been spent this month for wool and the splendid total of 3,005 pairs of socks handed in from association wool.

The packing committee report forty-six cases shipped since March 15th. Shipments were held up for some time. East St. John, Miss Margee president, reported 101 pairs of socks and cash on hand \$15.50. West St. John, Mrs. P. Gregory, states that they have

sent 112 individual parcels, valued at \$3.00 each. The Alexander Circle have sent fifty parcels. Mrs. Harrison president. Thirty pairs of socks was the total of the Harmony Circle. Mrs. Grass president. From Gagetown came seventy-two pairs of socks and \$4.00, per Miss Bulvey. Brookville sent thirty-seven pairs of socks and \$25.00 to the wool fund. Mrs. Smart reported for this branch which has done fine work. Large shipments of comforts and socks came from Chipman, while Perth contributed ninety pairs of socks. St. Stephen, Yarmouth, Campbellton, Hampton and Sussex have all sent in good supplies. The number of socks received is most gratifying as it is known how necessary they are for the comfort and well-being of our men.

One of the newest sport coats which goes by the name of sweater, for we have thought of nothing else that is better, is made of a Paisley shawl with a high wrapped collar of brown velvet, and pockets and hem faced with brown velvet. The loose sash, knotted at the side is of the Paisley, finished with deep fringe.

**Spots on painted walls come off—easily—when you use**

**Old Dutch**

**Cleaner**

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Your dealer has a supply of fresh Sunkist Oranges every day. These are the uniformly good oranges. Order a dozen today.

**Sunkist**  
Uniformly Good  
Oranges  
California Fruit Growers Exchange

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A Good Sort of Man? Know I reckon of all the folks that I've known.

From Beersheba right down 'n' Dan. The one that I allus have cottoned the most.

Was the commonest sort of a man—The commonest sort with a hand hard as horn.

And a heart in his vest that would swell With thankfulness when you would ask how he was:

"I thanky, I'm to'able well."

You'll find him. I reckon, wherever 'e go.

Wherever 'e happen 't stray—Wherever there's room for the bloe-soms 't blow.

An' space for his feelin's 't play: An' allus, no odds what the weather may be.

He has the same story 't tell—The same hullsoms grasp of your hand when he says:

"I thanky, I'm to'able well."

There's times when I've knowned that his asthmy was worse.

An' roomatiz bothered him, too—When trouble was tagin' unreason'ly close.

An' mebbe his interest was due; But law, when you'd ask him how things stood alone.

There was nothin' 't hint it or tell That things wasn't right, in the grasp of his hand.

An' his "Thanky, I'm to'able well."

In the cheer of his words an' the warmth of his hand 't allus was meant—A sermon, I thought—a sermon that The Gospel of pure content:

No blues was no blue nor sorrows so deep But somehow he seemed to dispel.

An' here's my respects an' my love to the men.

Who allus are "to'able well."

—John D. Wells in Woman's World for April.

**FAITH**

Faith is one of the most elastic of words, and has been used to mean everything from a mild optimism to a bitter fanaticism. What does it really mean? Let us avoid all theology and mysticism and catch phrases, and see if we cannot put our thoughts into terms of common sense and human experience.

Faith is simply an attitude of mind. It is a point of view. It is the relation in which we stand toward a person or an idea.

There are in the world forces of goodness. Every person has some goodness-power. And when we have faith in a man we mean that we are able to see and appreciate this in him.

What we get out of life and out of our fellow-beings depends upon our faith. Without faith husband and wife certainly cannot be happy. Without faith in your children you cannot be of much help to them, nor can they have much faith for you. A household without faith is decidedly a wretched and most unpleasant place.

Likewise there must be faith between you and your business associates, your friends and all with whom you come in contact. To live in an air of distrust and suspicion is intolerable.

This faith is not a natural gift that some people have and others not. It is not a thing over which we have no control. It is a habit anyone can form. It is entirely under the management of the will, and if you have it you have only yourself to blame.

And it is a curious but infallible law of psychology that people respond to what you think of them. Expect your child to be naughty, and it makes him naughty. Think of a man as brutal, and it brutalizes him. Believe a woman is high-minded and pure, and it tends to make her precisely that kind of a woman.

This attitude-power in us is vastly more effective than we are prone to imagine. We create our world. Our environment is the shadow of our selves. A soul that lives in faith as a spider spins its web out of the juices of its own body.

This is not nonsense, nor mysticism, nor fancy. It is psychology. The faith attitude in you puts you subtly

**Alkali in Soap Bad For the Hair**

Soap should be used very carefully, if you want to keep your hair looking its best. Don't use soaps and prepared shampoos that contain too much alkali. This dries the scalp, makes the hair brittle, and ruins it.

The best thing for steady use is just ordinary mild soap, and it's better than the most expensive soap or anything else you can use.

One or two teaspoonfuls will cleanse the hair and scalp thoroughly. Simply moisten the hair with water and rub it in. It makes an abundance of rich, creamy lather, which rinses out easily, removing every particle of dust, dirt, dandruff and excessive oil. The hair dries quickly and evenly, and it leaves the scalp soft, and the hair fine and silky, bright, lustrous, and easy to manage.

You can get unsifted coconut oil at any pharmacy. It's very cheap, and a few ounces will supply every member of the family for months.

**Mothersilk's Seaside Remedy**

Officially adopted by Steamship Companies for fresh and salt water—endorses highest authorities—used by travelers the One Dependable Preventative of Nausea.

Contains no cocaine, morphine, opium, chloral, or any other dangerous or addictive drug. Sold by leading druggists. 50c box enough for 24 hours. \$1.00 box for ocean voyage.

A copy of Mothersilk's Travel Book sent upon request, without charge.

**Mothersilk Remedy Company**  
DETROIT, MICHIGAN.

Also at 19 St. Bridge Street, London; Montreal, New York, Paris, Milan.

## PLES.

You will find relief in Zam-Buk! It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? All Druggists and Stores—see box.

**Zam-Buk**

Into such relation with the universe that it becomes a part of it.

Faith is simply co-operating with the universe—Woman's World for April.

**MAKING A NATION OF ORPHAN TOTS.**

London, April 11.—An American Belgian relief worker returned from the scene of active administration of relief to the Belgians in the occupied portion of their country brings a new and heartrending version of the deportations which have been carried on in Belgium by the German occupants.

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