

LOW SPIRITS.

F. W. FABER.

Fever, and fret, and aimless stir,
And disappointed strife,
All chafing unsuccessful things,
Make up the sum of life.



Rents are due
to wash-day, unless you wash
with Pearline. It's the washing
in the old way with soap and
rub, rub, that makes the holes
in your clothes.

one pint thin cream brought to the
boiling point. Thicken with one teaspoon-
ful flour blended with a little milk; season
to taste, and strain through the colander
into the soup tureen.

The best cold meats are roast beef,
veal, sparerib, boiled ham, tongue, and
chicken or turkey. Cold boiled mutton
is a painful affair, and any kind of mince
or stew should be fresh from the fire.

Perhaps fresh fruit is the very best
dessert in hot weather, but there are many
others that may be prepared with little
labor over the cook-stove.

A delicious sauce reconciles me to the
plainest dessert, such as cold bread pud-
ding, rice or some other cereal. A half
cupful of butter, a large cupful of pow-
dered sugar and a half cupful of straw-
berries, thoroughly beaten together, will
make the most plebeian of puddings to the
satisfaction of the lords of creation.

What Does It Mean?
"100 Doses One Dollar" means simply
that Hood's Sarsaparilla is the most
economical medicine to buy, because it
gives more for the money than any other
preparation.

Lives from hand to mouth—The den-
tist.
A Canadian Favorite.
The season of green fruits and summer
drinks is the time when the worst forms
of cholera morbus, diarrhoea, and bowel
complaints prevail.

Perry Davis' PAIN-KILLER
STRIKES THE ROOT OF THE DISEASE
Is used both internally and externally.

YOUTH'S DEPARTMENT.

THE BUTCHER BIRD.

Says a California horticulturist: "The
butcher bird is the most sagacious and
at the same time the most cruel of birds.
A pair will follow you while ploughing
and if you overturn a rat's nest they will
immediately pounce upon the wretched
creatures, kill them and drag them away
and spike them in the sharp thorns of an
orange tree to be devoured at leisure.

FIGHT WITH A LEOPARD.
A wounded leopard is an ugly antag-
onist, as two unfortunate African farmers
recently found. They were returning
from a hunt, when they roused a leopard
in a mountain ravine and immediately
gave chase.

THE RUSSIAN COSSACKS.
Gen. Kostanda, Governor of Moscow,
last week permitted the representatives
of some Paris journals to visit the bar-
racks of Chadynskoi, which are occupied
by a regiment of Cossacks of the Don.

UNPRECEDENTED ATTRACTION I
OVER A MILLION DISTRIBUTED.
Louisiana State Lottery Company
Incorporated by the Legislature for Educational and
Charitable purposes, its franchise made a part
of the present State Constitution, in 1879, by an
overwhelming popular vote.

GRAND MONTHLY DRAWING.
WILL TAKE PLACE
At the Academy of Music, New Orleans,
TUESDAY, July 14, 1891.
CAPITAL PRIZE, \$300,000
100,000 Numbers in the Wheel.

LIST OF PRIZES.
1 PRIZE OF 200,000 francs..... \$200,000
1 PRIZE OF 100,000 francs..... 100,000
1 PRIZE OF 50,000 francs..... 50,000
1 PRIZE OF 25,000 francs..... 25,000
2 PRIZES OF 10,000 francs..... 20,000
5 PRIZES OF 5,000 francs..... 25,000
25 PRIZES OF 2,000 francs..... 50,000
100 PRIZES OF 500 francs..... 50,000
200 PRIZES OF 200 francs..... 40,000
500 PRIZES OF 100 francs..... 50,000

AGENTS WANTED EVERYWHERE.
IMPORTANT.
Send Money by Express at our Expense
in Sums not less than Five Dollars,
on which we will pay all charges, and we prepay Ex-
press Charges on TICKETS and LISTEN OF PRIZES for-
warded to correspondents.

DIRECTLY TO THE SPOT.
INSTANTANEOUS IN ITS ACTION.
For CRAMPS, CHILLS, COLIC,
DIARRHOEA, DYSENTERY,
CHOLERA MORBUS,
and all BOWEL COMPLAINTS,
NO REMEDY EQUALS
THE PAIN-KILLER.
In Canadian Cholera and Bowel
Complaints its effect is magical,
it cures in a very short time.

good), to which the double row of Cos-
sacks replied, "Rady starata, vachery,
esokoblagorodie!" ("We will do still bet-
ter yet, your lordship!"). And the squall
passed off.

HINTS TO GIRLS.
From the Monthly Calendar of the
Sacred Heart parish, Worcester:
Girls, remember that your mission in
life is a beautiful one, that of angels of
the home.

Remember that the beauty of soul
shines through the bodily frame. Good-
ness, innocence and piety are "beauty
spots" of character.

Remember that gaudy dresses can never
take the place of purity of soul.
Remember that the best way to enjoy
life is under the protection of the good
God and your mother.

Remember that it is not wealth that
makes a lady; one becomes a lady by
good manners.

Remember that you should never be
afraid to use your good manners; they
will never wear out.

Remember that gentleness is a test of
good breeding; boldness and rudeness
should never appear in your character.

Remember to have your home in good
order whether visitors are expected or
not.

THE HOTTEST CITY ON EARTH.
The Arabian city which is indiscrimi-
nately known as Maskat, or Muscat,
is reputed to be one of the hottest places
on the face of the earth, the thermometer
seldom recording less than ninety degrees
in the shade. It is the chief town of the
kingdom of Oman, in Arabia, and lies
upon the coast of the Indian Ocean, in a
hollow, under cliffs 400 or 500 feet high,
which entirely shut it in from a view of
the sea. It has an excellent harbor, and
is favorably situated as a centre for the

commerce of eastern Arabia. Its popula-
tion, including that of Muttra, three
miles distant, and the intervening vil-
lages, is variously estimated at from
25,000 to 80,000. The cove of Muscat,
the harbor is called, is an inlet of the
sea, about three-quarters of a mile long,
with half that width. The appearance
of the town is not prepossessing. Its
streets are narrow, filthy and crowded.
The people, mostly Mohammedans, are
quiet, easy-going people, who have never
had the push or industry to make much
headway in the world. Epidemic fevers
are common. In the town are cathedral
ruins, the Sultan's palace, dirty bazaars,
and rows of houses many of which have
fallen into decay.

UBIQUE.
Hail to our Celtic brethren, wherever
they may be,
In the far woods of Oregon, or o'er the
Atlantic sea—
Whether they guard the banner of St.
George in Indian vales,
Or spread beneath the nightless North
experimental sails.

One in name and in fame
Are the sea-divided Gaels.
—T. D. M'GEE.

Distrustful People
Make an exception in favor of Dr.
Fowler's Extract of Wild Strawberry.
Its known virtues as a cure for diarrhoea,
dysentery, cholera morbus and all bowel
complaints cause all who use it to regard
it as the most reliable and effectual
remedy obtainable.

The seamy side of life is the outside.
The seamy side is the inside.

No one knows better than those who
have used Carter's Little Liver Pills what
relief they have given when taken for
dyspepsia, dizziness, pain in the side,
constipation, and disordered stomach.

Do you keep it in the house?
ALLEN'S LUNG BALSAM.
NO BETTER REMEDY FOR
COUGHS, COLDS, CROUP, CONSUMPTION, &c.

PISO'S CURE FOR
THE BEST COUGH MEDICINE.
SOLD BY DRUGGISTS EVERYWHERE.
CONSUMPTION.

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Heating by Hot Water a Specialty.

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the beautiful

Weber, Decker, Vose and Hale
PIANOS.

Fine specimens of which can be seen in the
stores,

No. 228 ST. JAMES STREET.

It is a fact not generally known to our
readers that this Company sells beautiful new Up-
right Pianos at \$225. They have also a large
number of

Second-hand Pianos at from \$50 upwards.

Our readers should call and examine the stock
and prices at N. Y. PIANO CO'S stores.

French Patent Medicines
MESSRS LAVIOLETTE & NELSON

Have just received their autumn importation
of French Specialties and Perfumes, and in-
vite the public to visit their establishment.

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(Corner of ST. GABRIEL.)
JOB PRINTING of every description
done at THE TRUE WITNESS Office.

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GREAT REMEDY
FOR PAIN

RHEUMATISM,
Neuralgia, Sciatica,
Lumbago, Backache,
Headache,

Toothache,
Sore Throat,
Frost Bites, Sprains,
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Sold by Druggists and Dealers everywhere
Fifty Cents a bottle. Directions in
11 Languages.

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Canadian Depot: Toronto, Ont.

Richelieu & Ontario Navigation Co'y.
1891—SEASON—1891.

The following steamers will run as under and
call at the usual intermediate ports:—
To QUEBEC—Steamers QUEBEC and CAN-
ADA will leave Montreal daily (Sundays ex-
cepted) at 7 a.m.

To TORONTO—Commencing Monday 1st
June, leave daily, Sundays excepted, at 10 a.m.,
from Lachine at 12:30 p.m., from Coteau Land-
ing at 6:30 p.m.

To the SAGUENAY—Now leave Quebec
every Tuesday and Friday at 7:30 a.m., and
from Saguenay to Lachine September four times
a week—Tuesdays, Wednesdays, Fridays and
Saturdays.

To CORNWALL—Steamer BOHEMIAN
every Tuesday and Friday at 7:30 a.m., and
from Cornwall to Montreal at 12:30 p.m.

To THREE RIVERS—Every Wednesday
and Friday at 7 a.m.

To CHAMBLAY—Every Tuesday and Friday
at 7 a.m.

To BOUCHERVILLE, VALENBES,
VERCHERES and BOUTE LA PISLE—
Daily (Sundays excepted) for Steamer
TERREBONNE at 3:30 p.m. Saturdays at
2:30 p.m.

LONGUEUIL FERRY—From Longueuil
to Montreal every subsequent hour. From
Montreal commencing at 6:30 a.m. Last trip
8:30 p.m. See time table.

To LA PRAIRIE—From Montreal, on
25th May to 31st August, on Mondays, Wed-
nesdays, Thursdays and Saturdays. From
La Prairie—5:30 a.m., 1:30 and 5:30 p.m. From
Montreal 6:30 a.m., 12 noon, 4 and 6:15 p.m. On
Tuesdays and Fridays from La Prairie, 5, 8,
10, 30 a.m., 1:30 and 5:30 p.m. From Montreal
6, 8, 12 noon, 4 and 6:15 p.m. On Sundays and
holidays, from La Prairie, 7, 9, 15 a.m. and 5
p.m. From Montreal, 8 a.m., 2 and 6 p.m.

EXCURSIONS—Commencing Saturday,
May 2nd, by Steamer Terrebonne, every Satur-
day at 2:30 p.m., for Vercheres, and Sundays at
7 a.m. for Contrecoeur returning same evening
at about 8 p.m.

For all information apply at Company's
Ticket Office, Richelieu Pier, Windsor Hotel,
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lators,

and all kinds of Brass and Iron Goods for
Plumbers, Gasfitters, etc.

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CORNER OF
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HOLLOWAY'S PILLS.
This Great Household Medicine
ranks amongst the leading
necessaries of Life.

These famous Pills purify the BLOOD and set
wonderfully at work on the STOMACH, LIVER,
KIDNEYS and BOWEL, giving tone, energy and vigor
to these great MAIN SPRINGS OF LIFE. They are con-
stantly recommended as a never-failing remedy in all
cases where the constitution, from whatever cause, has
become impaired or weakened. They are wonderfully
effective in all ailments of the bowels, and are the only
of all ages and as a GENERAL FAMILY MEDICINE, are
unsurpassed.

Holloway's Ointment.
Its Searching and Healing properties are known
throughout the world for the cure of
Bad Legs, Bad Breasts, Old
Wounds, Sores and Ulcers

This is an invaluable remedy. It is especially rubbed on
the neck and chest, as a salt rub to break up the
throat, diphtheria, bronchitis, coughs, colds, and
even ASTHMA. For glandular swellings, Abscesses
Piles, Fistulas

Gout, Rheumatism,
and every kind of SKIN DISEASE, it has never been
known to fail.
The Pills and Ointment are manufactured only at
133 OXFORD STREET, LONDON.

and are sold by all vendors of medicines throughout the
civilized world, with directions for use in almost every
language.

The Trade Marks of these medicines are registered in
Ottawa. Hence, anyone through the British Em-
pire who may keep the American counterfeits for
sale will be prosecuted.

Purchasers should look to the Label of
the Pots and Boxes. If the address is not 133
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