

THE LATE NICHOLAS CONROY, ESQ.

Within a week of the death of the lamented Judge Pope, Prince Edward Island has lost another of her prominent public men, in the person of Nicholas Conroy, Esq., whose portrait we to-day present to our readers.

We clip from the *Daily Examiner*, of Charlottetown, of the 14th ult., the following notice of the deceased gentleman:

Again the mournful task is ours to announce the death of one greatly respected and beloved in this community—one whose name has been long intimately and honorably connected with the public affairs of this Province. We learn that Nicholas Conroy, Esq., died at his residence in Tignish at 7 o'clock last evening. The affection of the brain which developed itself a few months ago, gradually overpowered him. He retreated to his home, was seized with paralysis, accompanied by deep sleep; and so passed away to his rest.

Nicholas Conroy was the youngest son of the late Thomas Conroy. He was born at Rathdowney, in the Barony Forth, Wexford, Ireland, in the year 1816. There he passed his early years and received his education. He came to the Island in 1835 and took up his abode at Tignish at a time when the westward country was one dense forest. He applied himself diligently, and soon became well known and greatly respected. In 1851 he married Catherine, daughter of the late John McDonald, and niece of His Lordship the Bishop of Charlottetown. In 1841 he was made a Justice of the Peace; and in 1845 was elected a representative of the First District of Prince County in the Island Legislature. With some interruptions, he retained his seat, until, a few months ago, he accepted the office of Registrar of Deeds for the Province. He was twice High Sheriff for Prince County; acted as Sergeant-at-Arms in the House of Assembly during a term of the Legislature, and was, for a short time, a member of the present Government.

He was a man of large heart, warm affections and generous sentiments. Though continually engaged in political conflicts, though often called upon to exercise his magisterial authority, he had no enemies; and he died as a Christian, in the midst of his weeping family, at peace with all the world.

A QUEER HOUSE.—An eccentric Englishman has recently built a house in the Quarter Tivoli for the residence of himself, his wife, and eight children, which is the talk of all Paris. It is circular, and has neither door nor window ex-

OUR CANADIAN PORTRAIT GALLERY.



No. 326.—THE LATE NICHOLAS CONROY OF P. E. ISLAND.

ternally. The approach to it is from the ground floor on to the roof by means of a ladder, which is moved up and down by machinery similar to that of a draw-bridge. There is only one floor, and that contains eighteen apartments, more or less small in dimension, looking into the centre, which is lighted from above by glazed cupola. One stove for all these rooms is in the middle, and in the summer its place is to be occupied by an exquisite parterre of flowers. A circular balcony, open to all the apartments, surrounds this space. The motive of this oddity is, of course, only known to the author of it, but everybody can see that two points are gained by it—immunity from the taxes on doors and windows, and a perfect preventative of any attempt at burglary.

ADVICE TO PROFESSIONAL MEN.—To professional men, men of business, and indeed, all who are engaged in pursuits requiring more or less severe mental work, coupled with more or less confinement, exercise is, of course, *conditio sine qua non* of the recreation to be recommended. This fact is so obvious that I need not dwell upon it further than to make one remark. This is to warn all such persons that their feelings are no safe guide as to the amount of muscular exercise that is requisite for maintaining full and sustained health. By habitual neglect of sufficient exercise the system may, and does, accommodate itself to such neglect; so that not only may the desire for exercise cease to be a fair measure of its need, but positive exhaustion may attend a much less amount of exercise than is necessary to long continuance of sound health. However strong and well, therefore, a man may feel notwithstanding his neglect of exercise, he ought to remember that he is playing a most dangerous game, and that sooner or later his sin will find him out—either in the form of dyspepsia, liver, kidney, or other disease, which so surely creep upon the offender against nature's laws of health. According to Dr. Parkes, the amount of exercise that a healthy man ought to take without fatigue is at the least that which is required for raising 150 foot-tons per diem. This, in mere walking, would, in the case of a man of ordinary weight, be represented by a walk of between eight and nine miles along level ground, or one mile up a tolerably steep hill; but it is desirable that the requisite amount of exercise should be obtained without throwing all the work upon one set of muscles. For this reason walking ought to be varied with rowing, riding, active games, and, where practicable, hunting or shooting, which, to those who are fond of sport, constitute the most perfect form of recreative exercise.



MONTREAL.—THE OLD LIME-KILN WHICH FORMERLY STOOD ON LOGAN'S FARM.