

gradually up to normal, the patient lost in weight as she gained in health, and menstruation appeared regularly.

CASE 8.—Nora R., 14 years, healthy in appearance but neurasthenic; no trouble with menstruation, except at this time she became more nervous and developed a rapid pulse and some swelling of the thyroid gland. For this incipient exophthalmic goitre she was kept in bed with a cold pack over the thyroid at the menstrual period, and was given Pepto-Mangan (Gude) steadily for six months in dessertspoonful doses. She has been quite well and free from the symptoms mentioned for over a year.

In conclusion the writer would like to emphasize the peculiar physiologic efficacy of Pepto-Mangan (Gude) in aiding young girls to a normal womanhood, when the crisis of puberty is complicated with any defect in blood-making and nutrition. Its action is prompt and pleasant, and the clinical benefits derived from its use are readily apparent to all concerned. In curable cases it is as nearly specific as any combination of drugs could be.

SOME REMARKS ON CATARRH.

By GEO. HOWARD THOMPSON, M.D., St. Louis, Mo.,

Professor of Materia Medica and Therapeutics in the St. Louis College of Physicians and Surgeons.

In the past year I have been weaned away from the many varieties of tablets and powders which have been foisted upon a patient and indulgent profession for their use in treating the various forms of nasal catarrh. The tablets were generally soluble only in warm water, and had nothing to recommend them as superior to Dobell's solution. The powders used for insufflation generally caused irritation and sneezing, a thing to be avoided in acute forms of rhinitis. I have always been partial to the alkaline mixtures, in which respect the profession at large are probably with me. The best representative of this class, in my opinion, is Glyco-Thymoline, an antiseptic of claret color, pleasant taste, alkaline reaction and non-irritating to raw or mucous surfaces. I have found it a pleasant mouth wash, an effective gargle in pharyngitis and an ideal preparation for the cure of acute and chronic rhinitis. In these conditions Glyco-Thymoline will be found to produce the desired result. It seldom fails to cure acute pharyngitis in two days when gargled in full strength or diluted not weaker than 25 per cent. In acute rhinitis it has produced best results when in solution not stronger than 20 per cent. In chronic rhinitis I have used as strong as 50 per cent. solution, gradually increasing the