the physical, intellectual, emotional, and moral condition of man as an individual, or of men in communities, that may not come within the scope of its investigations. The destruction or avoidance of causes of disease is but a part of its objects—it is at least equally concerned with the means of making a man better fitted to resist these causes. "That kind of health," says Montesquieu, "which can be preserved only by a careful and constant regulation of diet is but a tedious disease." Disease, like health, is a vague term, including widely different and often very complex conditions, processes, and results, which must be observed, classified, and described in such a way that different men, widely separated in space and time, may know that they are seeing the same things, and thus may have the benefit of each other's experience.

In its scientific aspects, then—those which relate to definite and precise knowledge—hygiene rests largely on physiology and pathology, the third leg of the tripod being formed by vital statistics; while in its practical aspects it must rest on chemistry, physics, and the data of sociology and politics.

At any given time, therefore, its scope and practical value must depend largely upon the breadth and the solidity of the foundations which these various branches of science can provide for it. The opinions of the medical faculty of Paris as to the causes of the "black death," and the advice which they gave as to the means for lessening the "great mortality," absurd and preposterous as they now appear to us, were yet fully in accord with the knowledge and opinions of the time.

At the beginning of this century, physicians did not distinguish with any certainty between typhoid, typhus, and malarial fevers, or between consumption and various other chronic diseases of the lungs, and until this was done investigations into the causes of these affections were necessarily almost fruitless.

When, however, a clue is once given to the student of causes, he may be able, by detecting differences in these causes, to call the attention of the pathologist to differences in the results, and thus the bacteriologist, by proving specific differences in micro-organisms, all of which produce fever, suppuration, etc., induces closer study of details of cases by physicians, and the recognition of new and more clearly defined groups of symptoms and results, or, in other words, of new diseases.

We live in an age of specialization. Progress in science, as a whole, depends upon special progress in each of its branches. Our present knowledge of physiology depends largely upon the perfection of electrical methods. Pathology and pathological bacteriology are now waiting for increase of knowledge in organic chemistry. The law of evolution applies to this as it does to modern industrial progress.

The physician deals with sick men, and his first question is, What is the matter with this person? That is, what group of symptoms does he present, and to what derangement of his mechanism are these due? The hygienist deals with two sets of problems—the first relating to men who are not sick, and how their health and vital existence power are to be not only preserved, but improved and strengthened; the second relating to sick houses, feverish blocks or wards, infected localities, where the first questions to be solved are: What are the causes of this condition of things? How have they found entrance? Are they still acting?

In the investigation of causes he must consider not only the immediate or exciting, but also the remote or predisposing; not only those which are preventable, but those which, with our present knowledge, are unpreventable; and thus it is that heredity, race, local meteorology, occupation, and many other circumstances must be studied by him, as well as the effects of food, clothing, habitation, poisons, and viruses.

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The recent advances in our knowledge as to the action of certain micro-organisms in the production of disease in animals and man have been largely made by laboratory methods, and indicate clearly that the study of bacteria and microzoa, and of their development, products, and effects, must be an essential part of the work of a hygienic laboratory, which should provide the peculiar arrangements and apparatus which are required for this sort of work. In fact, several so-called hygienic laboratories are simply bacteriological laboratories, the interest in this particular branch of investigation