

Decayed, sore, unhealthy teeth and gums are not only a fruitful cause of indigestion, but often lead to serious stomach, throat and lung troubles.

The **FOUR LARGE BACK TEETH** which make their appearance at about six years of age belong to the permanent set, and should therefore be carefully preserved.

To preserve the teeth at their best, they should be carefully brushed with some suitable paste or powder (recommended by your dentist) before going to bed, taking no food of any kind after, also on rising in the morning, and better still after each meal. **CLEAN TEETH SELDOM DECAY.**

Brush all the teeth back and front, the inside as well as the outside surfaces. The brush should be rotated from the gums to the points so as to pass the bristles between the teeth.

A diseased mouth or decayed teeth detract from the appearance, affect the health, produce fetid breath, much suffering and a shorter life. The only object of the dental examination of school children is to prevent these evils.

We would further call your attention to the fact that the average number of the first permanent molar teeth present is only three. These teeth are the first of the permanent set to make their appearance, and through neglect are frequently lost, many of the parents indeed firmly believing that they will be replaced by others. This loss should if possible be prevented, since these teeth are the foundations upon which the whole permanent set are built, and their loss usually results in irregularities of the remainder with a consequent deformity of the face, and loss of function in the teeth themselves while owing to their crowded condition, decay becomes inevitable.

EXAMINATION NOTES.

As June is for the Province on the whole, the best school month in the year, the imperative closing of all the schools of the Province for vacation purposes cannot be authorized within the month.

The Provincial High School examinations cannot be held in June, for it would necessitate the closing of every school where the teacher would desire to go up for scholarship promotion. General vacation time is the only time for these examinations.

The Provincial High School examinations are not necessary for grading in the public schools, and are purely voluntary except for candidates for the teaching profession. Any pressure on pupils to take these examinations is totally unauthorized by the Education Department. It is a local rule where it exists for which local authority alone is responsible.

Candidates who happen to be a few points below a pass limit are very apt to think that by a little straining the examiner might equally well pass them. It should be remembered, however, that no one should be down near a "passing mark" which is placed far below the desirable standard as a technical limit. Candidates should be near the "100" mark, and never near the "pass mark." No one a little above a "pass mark" has anything more than a technical right to a pass—a right because of a necessary rule of action, not because of merit. The asking for re-examination when a candidate is a point too low has become such an expensive nuisance, each case involving several letters between the candidate, the Education Office, and the examiners, that the C. P. I. orders its discover-