# IF YOU WOULD LIKE TO BE POPULAR.

Don't find fault.

Don't contradict people, even if you're sure you are right.

Don't be inquisitive about the affairs of even your most intimate friend.

Don't underrate anything because you don't possess it.

Don't believe that everybody else in the world is happier than you.

Don't conclude that you have never had any opportunities in your life.

Don't believe all the evil you hear.

Don't repeat gossip, even if it does interest a crowd.

Don't go untidy on the plea that everybody knows you.

Don't be rude to your inferiors in social position.

Don't over or under dress.

Don't express a positive opinion unless you perfectly understand what you are talking about.

Don't jeer at anybody's religious belief .- Sel.

#### HOW ALCOHOL WARMS.

A patient was arguing with his doctor on the necessity of his taking a stimulant. He urged that he was weak and needed it. Said he: "But, doctor, I must have some kind of stimulant. I am cold and it warms me."

"Precisely," came the doctor's crusty answer. "See here. This stick is cold," taking up a stick of wood from the box beside the hearth and tossing it into the fire. "Now it is warm, but is the stick benefited?"

The sick man watched the wood first send out little puffs of smoke and then burst into a flame and replied: "Of course not. It is burning itself."

"And so are you when you warm yourself with alcohol—you are literally burning up the delicate tissues of your stomach and brain."—Selected.

At the last it biteth like a serpent and stingeth like an adder.

Wine is a mocker, strong drink is raging, and whose is deceived thereby is not wise.

## International S. S. Bessons

(Adapted from the Westminster Ques. Book.)

### DAVID AND JONATHAN.

#### 15 Dec.

Les. 1 Sam, 20; 32-42. Gol. Text, Prov. 18-24. Mem. vs, 41 42. Catechism Q. 33-35.

Study the lesson help in the *Presbyterian* Record, and answer the following.

#### QUESTIONS.

Between the lessons.—Into whose presence was David brought after the death of Goliath? How did Saul receive him? Who became greatly attached to David? How did he show his love for David? What covenant did he make with him? How was Saul's hatred against David excited? How did he try to get rid of David? What command did he give to Jonathan and to all his servants? How was he led to withdraw this order? What again aroused his jealousy? What further attempt did he make? How did David escape? To whom did he go? What took place at Naioth? To whom did he go from Naioth? What took place during their interview? What is the title of this lesson? Golden Text? Lesson Plan? Time? Place? Recite the Memory verses. The Catechism.

1. Jonathan's Intercession, vs. 32-34.—What excuse did Jonathan give for David's absence from the king's table? vs. 27-29. How did Saul receive it? vs. 30, 31. How did Jonathan intercede for David? What effect had this on Saul? What did Jonathan then do? Why was he so angry and grieved? What king's son intercedes for us? How does his Father receive his intercessions?

II. David warned of his danger, vs. 35-40.

—Where did Jonathan go? Whom did he take with him? What did he tell the lad to do? What did he call out to the lad? What did David know by this? What did Jonathan then do? Why did he send the lad away?

III. The parting of the friends, vs. 41, 42.—What did David do when the lad was gone? How did he salute Jonathan? How did they show their love for one another? What did Jonathan say to David? How did the friends part? How does Jonathan's conduct illustrate the Golden Text? How has Christ shown his friendship for us? What should we do for him in return?

#### LIFE TEACHINGS.

1. We should seek our friends among the good and the true.

2. True friendship will endure through trial and danger.