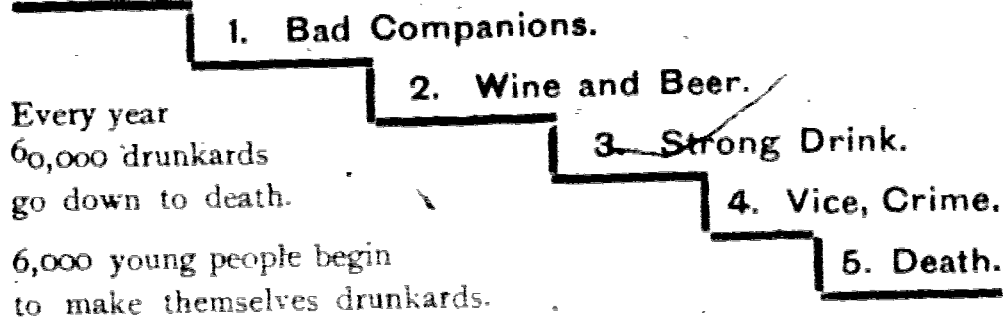


FIVE STEPS TO RUIN.



Wine is a M OCKER
Strong Drink is a M U R D E R E R .

Or this from the *Sunday School Times* :—

SOWING THE SEED

OF

HEALTH
LONG LIFE

MAN'S FAVOR
GOD'S BLESSING

Do men gather grapes of thorns? or good grain from wild oats?

Ten Minutes Normal Drill

Based on the text-book, "The Sabbath School Teacher's Handbook; or, The Principles and Practice of Teaching, with special reference to the Sabbath School," and prepared by Principal Kirkland of the Toronto Normal School.

PRINCIPLES OF MEMORIZING. * (Continued.)

The following is a brief summary of the principles of memorizing:—

1. A complete and accurate knowledge of the thing to be memorized.
- (4) Make the subject to be committed as attractive as possible. Excite pleasurable feelings at the time in connection with the object of acquisition.
- (5) Point out the need, present or prospective, to the learner.
- (6) Keep the thought before the mind as long as possible. Put the subject before mind again and again, so that a deepening impression may be made.