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When women who are between the ages of forty-five and fifty-five are beset with such annoying symptoms as nervousness, irritability, melancholis and heat flashes, which produce headsches, dizziness, or a sense of suffocation, they should take Lydia E. Pinkham's Vegetable Compound. It is especially adapted to help women through this crisis. It is prepared from roots and herbs and contains no harmful drugs or narcotics.

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TIME TABLE

Trains leave Watford station as follows : GOING WEST

GOING EAST
Ontario Limited, 80...7.48 a.m.
Chicago Express, 6....11.22 a.m.
Express 2.50 p.m.
Accommodation, 112...5.38 p.m.
(a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago.

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WATFORD . ONTAR!

GOOD WORK PROMPT ATTENTION REASONABLE PRICES ESTIMATES FURNISHED *

RESIDENCE ST CLAIR ST. will be made.

tertane her for that

Saturday-Pa spent most of the whole entire day figgering out a rout with better roads on witch to go nome on. And I 2nd the motion. Went to a pitcher show where a girl is getting drounded and it was so real I wanted to run down the isle and jump in the water and save her

rom a watery death. Sunday—Was invited out to din-ner today and got a swell feed. Axially they was so much on the table that they was bearly room for pa to put his elbows on but he managed

to get along sum way.

Monday—Went out in the woods with Cuzzen Clarence to hunt nuts and sum ole man got smart and ast if he brot me along for a Decoy.

Teusday—We are going to have Co. today. They are a ole maid witch has come down here to get Rid of her Roomatism and her Maiden name. Here is luck.

Wensday—well we got started and made a hundred and 30 miles on are short cut home. We are at Paducca tonite and it is raneing and pa is pritty blue over the prospecks as they tell him the roads will be to muddy to travel on tomorrow morn-

ing.
Thirsday—Got lost tonite on the rong road and finely we seen a sine board and pa got out and clumb up and struck about a doz. matches so he cud read what it sed. And it sed. This Farm For Sail Cheap. Had to back track 70 miles today on acct. of pa's short cut. I gess ma will never get done razzing him for being so wise. 2 blowouts and that is doing pritty good. All of are immedate family went to bed singing the national air Home Sweet Home.

Friday-Mr. Gillems brother has got a new baby at his house witch is a boy and it is the 9th child in the happy little family. They have went and named him John. His pa says that as far as he knows they arent any of the children ben named John here tofore in the past.

Saterday-I was asting Pug Stevens how cum he was such a fighter been on good terms for ove a wk. now. And he sed he had to ware curls and a neckty till he was 8 yrs. old and that will lern any 1 to e a fighter if he has got any red blooded American inside of him.

Sunday—When I cums home from Sunday skool today ma ast me what was the lesson about and I enformed her it was about Ruth and Naomi Pa overheard a little of are conver sation and he pipes up and wants to no what team is Naomi playing on.

Monday—Pa got back a story he had sent to the editor of a magazine today. He rote a letter to the editor and sed to him. I think you will find this is a good plot. And the editor rites back that it was more like a Conspiracy. Pa remarked that it seems like lots of women get marryed just to have a good excuse to get a Devorce. Or practice shooting.

Teusday—When ma left this evning to go away she left a dose of Castor oil for me to take before I go to bed. I took it—to the door & pored it in the back yd. Caster oil is all rite in its place. Witch is any place in witch I am not at.

Wensday—pa dremp las nite he had clumb sum more of them terrible hills and fell out of bed and layed quiet. Finely he sed to ma Its a wander you woodent look to see weather a fellow is hurt and ma sed Well I diddent hear you cuss so I cuddent tell weather the fall was harmless or

Thirsday-Pa has been sick al day of Delirious and etc and ma & me had a hard time wakeing him up this evring to get him to take his sleeping medicine. Mr. Gillem says they are lots of fokes dont no they a backbone till they go to a Chiropractice Dr.

FOREST

Workmen have been busy during the past week, putting a new roof on St. Christopher's R. C. church. The old roof has done thirty year's ser-SATISFACTION GUARANTEED vice, the church having been built in 1893, the year of the corner stone incident. Interior improvements also

By Ross Farquhar

Friday—well I am enjoying are visit down in Tenasee very hugely.

I get to do a lots of things I cuddent do at home because ma dussent want to appear mean wile we are among strangers. Today I seen 2 men haveing a fite and a lady witch happened to cum past remarked. How very discusting. Personly I wander what she expecks for nothing. I thot it was a pretty good one. And Demsy and Furpo wont cum here and entertaine her for that



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Mr. John E. Guilderson of Parrsboro, N.S. writes: "I suffered badly
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by doctors in Amherst—and here at
home—but the Rheumatism came
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