

## A WOMAN'S PROBLEM

In the looking-glass a woman often sees wrinkles, hollow circles under eyes, "crow's feet," all because she did not turn to the right remedy when worn down with those troubles which are distinctly feminine. Backache, headache, pains, lassitude, nervousness and drains upon vitality—bring untold suffering to womanhood and the face shows it. The nervous system and the entire womanly make-up feels the tonic effects of

### DR. PIERCE'S FAVORITE PRESCRIPTION.

It allays and subdues nervous excitability, irritability, nervous exhaustion, and other distressing symptoms commonly attendant upon functional and organic diseases of the feminine organs. It induces refreshing sleep and relieves mental anxiety and despondency. Known everywhere and for over 40 years as the standard remedy for the diseases of women. Your dealer in medicines sells it in liquid or sugar-coated tablet form; or you can send 50 one-cent stamps for a trial box of Dr. Pierce's Favorite Prescription tablets. Address Dr. R. V. Pierce, Invalids' Hotel and Surgical Institute, Buffalo, N. Y.

**DR. PIERCE'S PLEASANT PELLETS REGULATE AND INVIGORATE STOMACH, LIVER AND BOWELS. SUGAR-COATED TINY GRANULES.**

## CANADIAN PACIFIC

### EXCURSIONS To Manitoba, Saskatchewan, Alberta

**HOMESEEEKERS**  
Low Round Trip Rates each Tuesday, March to October inclusive  
**Winnipeg and Return - \$35.00**  
**Edmonton and Return - \$43.00**  
Other points in proportion  
Return Limit two months.

**SETTLERS**  
For settlers traveling with live stock and effects.  
**SPECIAL TRAINS**  
Will leave Toronto Each TUESDAY MARCH AND APRIL 10.20 p.m.  
Settlers and families without live stock should use  
**REGULAR TRAINS**  
Leaving Toronto 10.20 p.m. Daily Through Colonist and Tourist Sleepers  
**COLONIST CARS ON ALL TRAINS**  
No charge for Berths

**Tourist Sleeping Cars**  
on all excursions. Comfortable berths; fully equipped with bedding, can be secured at moderate rates through local agent.

**Home Seekers' Trains Leave Toronto 10.20 p.m. during March, April, September and October, and at 2 p.m. and 10.20 p.m. during May, June, July and August.**  
Through Trains Toronto to Winnipeg and West

Full particulars from any C.P.R. Agent or write M. G. Murphy, District Passenger Agent, Toronto

## Watford Flour Mills

We have the following brands of Flour always in stock and can give you close prices on any quantity.

SUNRISE, First Patent from Manitoba wheat	do	do
FIVE ROSE	do	do
ROYAL HOUSEHOLD	do	do
HORTON	do	do
HARVEST QUEEN, 2nd Pat. from Man. wheat	do	do
GOLD DUST	do	do
RED ROSE, High Grade Blended Flour		
NEW ERA, Special Pastry Flour		

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

### C. B. MATTHEWS & SON.

MILLERS AND FEED MERCHANTS

## TRENOUTH & CO.

DEALERS IN  
Flour, Oat Meal, Corn Meal, Wheat Kernels, Flaked Wheat and Barley. All Kinds of Feed, Grain, Seeds and Poultry Food

We carry the following makes of Flour, which are giving the BEST OF SATISFACTION:

Five Roses, Harvest Queen, Mitchell's Best,  
All made from MANITOBA WHEAT.

Mitchell's Pride of the West, a Blended Flour.  
Lambert & Son's Gold Dust, a Blended Flour.  
Mustard & Sons Eldorado, a Blended Flour.  
Pastry Flour, Low Grade Flour, Bran and Shorts  
made by the above named millers and at close prices.

## MONEY SAVED

By Bringing Your Contract to  
**Watford's Planing Mills**

**Roofings-**  
1 CAR 3X HASTINGS SHINGLES  
1 CAR 4X " "  
1 CAR 5X " "

On the Way Leave your Order at once.

### PEDLAR METAL GOODS

Make Sure You Get **Pedlar**. The Pedlar Firm have been making Metal Goods for Over Half a Century. They make the Best Shingles that science and civilization can produce. A LARGE STOCK ON HAND.

Corrugated Iron Metal Ceilings Metal Walls

**COAL:** DOMESTIC LUMP, FOR SUGAR MAKING, \$5.50 PER TON. NUT, PEA, STOVE AND EGG COAL.

Established 1870 **GEO. CHAMBERS.**

Guide-Advocate Ads. are Business Bringers.

### The Critic

My father says the paper that he reads ain't put up right. He finds a lot of fault, he does perusin' it at night. He says there ain't a single thing in it worth while to read, and that it doesn't print the kind of stuff the people need. He tosses it aside and says it's strictly "on the bum." But you ought to hear him holler when the paper doesn't come. He reads about the weddin' and he snorts like all git out. He reads the social doin's with a most derisive shout; He says they make the papers for the wimmen folks alone. He'll read about the parties and he'll fume and fret and grone; He says of information it don't contain a crumb, but you ought to hear him holler when the paper doesn't come. He's always the first to grab it and reads it plumb clean through. He doesn't miss an item, nor a want ad—that is true. He says: "They don't know what we want, them dern newspaper guys; I'm going to take a day sometime, and go and put 'em wise. Sometimes it seems as though they must be deaf and blind and dumb." But you ought to hear him holler when the paper doesn't come.

### What The Farmer's Wife Owes to Herself

In the current issue of Farm and Fireside, appears the following: "The farmer's wife owes it to herself to have as many labor-saving devices as can possibly be afforded. It is no worse for her husband to hoe corn by hand, when he can get a proper tool for \$5, than it is for her to bend over a rubbing-board when a washing machine can be had for the same amount. Every dollar put into helpful household machinery means many dollars saved in doctor's bills. Such things are not expensive, nor do they need replacing often. For example, a food-chopper costs less than a dollar and will last for years; yet how many women still waste time and break their backs over an old chopping-bowl. It does not take \$25 to fit up a kitchen with nearly every little helpful device needed, and every farmer's wife should feel it her duty to have all these strength and time-saving articles within her reach. In the multiplicity of daily tasks, the time for reading and study seems often badly lacking. But it should be found, no matter what else has to go. Ten minutes with a good book will give food for uplifting thought all day. Drudgery ceases to be such if hurrying steps keep time to a noble sentence. A favorite book—in an oilcloth jacket, if the binding be choice—is perfectly safe in the kitchen cupboard, and many a precious minute can be snatched while the potatoes are cooking, or baby is being rocked to sleep. "It seems an extravagant thing to say that the welfare of the nation depends most largely upon the wives and mothers of the farms. But it will be seen to be strictly true. Without the farms the country could not exist; and without brainy, energetic farmers what would become of the farms? "So in summing up the duties women owe to themselves we are stating their obligations in an ethical and economical sense, and find that there is really no selfishness when woman considers herself first."

### Fact and Fancy

Many women are outspoken, few out-talked. Camphor makes furs fade. A girl loves to be called dove-like, but hates to be told that she is pigtoothed. The dahlia is named after its inventor, Professor Dahl, of Stockholm; the wisteria after the Philadelphia Wister family, who introduced it into America. He who courts in jest is apt to find, later on, that he cannot jest in court. Japan has 500 earthquakes a year. The secret of fame is civility to reporters. Before the introduction of child-labor laws, children of three or four years worked in mills and brick-yards from five in the morning till nine at night. A cynic is a man, who, when a lost umbrella is returned to him, declares that this is a reflection on its quality. America spends a hundred times more on drink than on education. A Manayunk bachelor says that the reason why old maids are so anxious to go to heaven is because marriages are made there.

### Spare the Robins

(From the Windsor Record.)  
Teachers and parents can accommodate a real service to the city and their country by instructing the children to spare the robins.

The robin and its nestlings are perfect gormandizers when it comes to making a meal of bugs and caterpillars—the enemies of mankind. The fledglings eat one and two-fifths times their own weight of worms and insects each day. No wonder men speak of these little birds as "worth their weight in gold."

No bird is more welcome in the spring and summer than robin red-breast. Robbing the nest, breaking the eggs, and killing the young birds make cruel sport and cause us all to suffer from a lack of economic wisdom that permits heartless destruction of our own songster friends of the thrush family.

### Sarna Farmer Perished in Blizzard

Sarna, March 28.—John Harkins, aged 65, a farmer residing on the Lake Shore road, lost his way in the heavy snowstorm which raged through this district on Wednesday night and his body was found in the snow near the council house on the Indian reserve last evening by Detective Acton. The old man's horse and buggy, in which he had left home to drive to Sarna, were found tied to the fence of the council house. It was feared at first that Mr. Harkins had been the victim of foul play, but the authorities now believe that he simply lost his way in the storm, and after wandering about helplessly in the dark was overcome by the cold and perished.

No search was made until he did not return home. His son, George, then notified the police, and with the detective started the search which resulted in the body being found.

### A Smile or Two

There is a grave yard in Ireland at the entrance of which is a notice: "Only those living in the parish buried in this graveyard."

Bobby was saying his prayers in a very low voice. "I can't hear you, dear," his mother whispered. "I wasn't talking to you," replied Bobby, firmly.—Harper's Magazine.

The lady litigant had paid out good money to clerks and bailiffs till she was nervous about it. "Who is that?" she whispered to her lawyer, as a new functionary put in an appearance. "That? That's the crier," the lawyer replied.

"Goodness! Can't I do my own crying and save the fees?"—Judge.

A North Dakota farmer roused the new farm hand from slumber in the hay mow promptly at 3 a.m.

"You can slip down and cut that little patch of oats before breakfast," he ordered.

"Are they wild oats?" sleepily inquired the hired man. "Wild? Why, no, they are tame oats." "Well, if they're tame, maybe I can slip up on them in daylight."

A fat German with big beads of perspiration streaming down his face, was darting in and out among the aisles of a big departmental store.

His excited actions attracted the attention of all the salespeople, and they hardly knew what to make of it. A husky young man of the clothing department walked up and asked: "Are you looking for something in men's clothing?" "No, you slob," he roared, "I'm looking for something in vimmin's clothing. I can't find my wife!"

An ideal hubby is one who never breaks any of the promises made before marriage.

An optimist is a man who does not care what happens so long as it does not happen to him. A pessimist is a man who has lived for a long time with an optimist. The best things in this world can be defined only by a description of their result. No man can tell me what the sunshine is except by pointing out what it does. A formal visit should last twenty minutes at least, and half an hour is not too long if one is interested. If there is no clock in the room some guess can be made. All first calls should be returned within a month of the time they are made.

### Dr. Morse's Indian Root Pills

are just the right medicine for the children. When they are constipated—when their kidneys are out of order—when over-indulgence in some favorite food gives them indigestion—Dr. Morse's Indian Root Pills will quickly and surely put them right. Purely vegetable, they neither sicken, weaken or gripe, like harsh purgatives. Guard your children's health by always keeping a box of Dr. Morse's Indian Root Pills in the house. They are

**Keep the Children Well**

### Whooping Cough

SPASMODIC CROUP ASTHMA COUGHS BRONCHITIS CATARRH COLDS

## Vapo-Cresolene

ESTABLISHED 1876  
A simple, safe and effective treatment for bronchial troubles, avoiding drugs. Vapo-Cresolene stops the paroxysms of Whooping Cough and relieves Spasmodic Croup at once. It is a B.O.M. to sufferers from Asthma. The aloe carrying the antiseptic vapor, inhaled with every breath, soothes the inflamed throat and stops the cough, assuring peaceful nights. It is invaluable to mothers with young children. Send postal for descriptive booklet.

**ALL DRUGGISTS**  
TRICRESOLENE ANTISEPTIC THROAT TABLETS for the inflamed throat. They are simple, effective and antiseptic. Of your druggist or from us, Inc. in stamps.  
Vapo-Cresolene Co. 62 Cortland St., N.Y. Learning Miles Building Montreal, Can. 5

### MEDICAL.

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Watford, Ont.

OFFICE—Main St., next door to Merchants Bank, Residence—Front street, one block east from Main street

**R. G. KELLY, M.D.**  
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OFFICE—Over Thompson's Confectionery, MAIN ST., Watford.  
At Queen's Hotel, Arkona, 1st and 3rd Thursdays of each month.

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GRADUATE of the Royal College of Dental Surgeons, of Ontario, and of the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crowns and Bridge Work. Office—Over Dr. Kelly's Surgery, MAIN STREET, WATFORD.

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**J. MCGILLICUDDY**  
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HONOR GRADUATE ONTARIO VETERINARY College, Dentistry a Speciality. All diseases of domestic Animals treated on scientific principles. Office—One door south of the Guide-Advocate office. Residence—Main Street, one door north of Dr. Brandon's office.

### GRAND TRUNK RAILWAY SYSTEM

TIME TABLE.  
Trains leave Watford Station as follows

GOING WEST	
Accommodation, 27	8.44 a.m.
Accommodation, 29	2.45 a.m.
Chicago Express, 5	9.27 p.m.
GOING EAST	
Ontario Limited, 46	7.46 a.m.
Accommodation, 28	12.35 p.m.
New York Express, 2	3.00 p.m.
Accommodation, 30	5.18 p.m.

C. VALI, Agent Watford

### STAGE LINES.

**WATFORD AND WARWICK STAGE LEAVES**  
Watford Village every morning except Sunday, leaving Watford at 11.30 a.m., returning leaves Watford at 5.45 p.m. Passengers and freight conveyed on reasonable terms.—G. BARNES, Prop.

**WATFORD AND ARKONA STAGE LEAVES**  
Arkona at 7.45 a.m., Watford at 3.15 p.m., returning leaves Watford at 3.45 p.m., Passengers and freight conveyed on reasonable terms.—WILLIAM EVANS Prop.

### OUR CLUBBING LIST.

THE GUIDE-ADVOCATE AND

Family Herald and Weekly Star with premium	\$1 85
Weekly Mail Empire with premium	1 85
Weekly Farmers Sun	1 85
Weekly London Free Press	1 85
Weekly London Advertiser	1 65
Weekly Globe	1 85
Northern Messenger	1 40
Weekly Montreal Witness	1 85
Hamilton Spectator	1 85
Weekly Farmer's Advocate	2 35
Daily News	2 50
Daily Star	2 50
Daily World	4 00
Mail and Empire	4 00
Morning London Free Press	4 00
Evening London Free Press	3 00
Daily London Advertiser	3 00