

The Music Club Recital.  
Story of a Woman's Work  
in American Tenements.

## EXCELLENT RECITAL OF THE MUSIC CLUB

Members Listen to Some Good  
Music—Mrs. Beck  
Sings.

The excellence of the recital given by the Women's Music Club was again attested to by a large number of members who were present at the Beethoven-Schumann concert yesterday afternoon. Mrs. Dockstader arranged the program for the afternoon, and to her great credit is due, for each selection was, in itself, a musical treat. Mrs. Beck's German songs were most exquisitely rendered, and she was obliged to respond with an encore. The violin solo by Miss Eggleston was also an especially pleasing number. Considerable disappointment was felt at the omission of the third selection, which was to have been a concerto in C minor by Mr. Harry Wisner, of Petroska, and Mr. Thomas Martin, of this city. Owing to a delayed train, Mr. Wisner could not make connections with London.

Following is the program given:  
1. Piano Quartette.  
Symphony No. 1.....Beethoven  
(1) Audante  
(2) Schmett  
(3) Allegro Vivace  
Mrs. Jordon, Miss Irene Burns, Miss A. Burwell, Miss M. Raymond.  
2. Violin Solo.....Beethoven  
Miss Florence Eggleston.  
3. Songs—(a) Die Lotosblume  
(b) Du Bist Wie eine Blume  
(c) Widmung.....Schumann  
Mrs. Beck.

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A pound of dynamite will "raise" more than ten pounds of gunpowder. A White Swan Yeast cake will "raise" more bread than any other yeast cake. It is strength, not size, that counts. Send for free sample. White Swan Spices & Cereal Co., Ltd., Toronto.

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**Famous "Pint of Cough Syrup" Recipe**  
No Better Remedy at Any Price.  
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Make a plain syrup by mixing two cups of granulated sugar and one cup of warm water and stir for two minutes. Put 2½ ounces of pure Pine (fifty cents' worth) in a 16-ounce bottle, and fill it up with the Sugar Syrup. This gives you a family supply of the best cough syrup at a saving of \$2. It never spoils. Take a teaspoonful every one, two or three hours.  
The effectiveness of this simple remedy is surprising. It seems to take hold instantly, and will usually stop the most obstinate cough in 24 hours. It tones up the throat, soothes the inflamed membrane, and is just laxative enough to be helpful in a cough, and has a pleasing taste. Also excellent for bronchial trouble, throat tickle, sore lungs and asthma, and an unequalled remedy for whooping cough and croup.  
This recipe for making cough syrup with Pinex and Sugar Syrup (or strained honey) is a prime favorite in thousands of homes in the United States and Canada. The plan has been imitated, though never successfully. If you try it, use only genuine Pinex, which is the most valuable concentrated compound of Norway white pine extract, and is rich in gualacal and all the natural healing pine elements. Other preparations will not work in this recipe.  
A guarantee of absolute satisfaction, or money promptly refunded, goes with this recipe. Your druggist has Pinex, or will get it for you. If not, send to The Pinex Co., Toronto, Ont.

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THERE IS JUST ONE PURE HYGIENIC  
**Old Dutch Cleanser**  
CLEANSER THAT IS SAFE TO USE  
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Full directions, and many  
uses on large Sifter-Can IO  
REMOVES FINGER MARKS.

Sweet oil will remove finger marks from varnished furniture. Kerosene is best to use on waxed or oiled furniture.  
Heated Carriages.  
Closed, heated carriages for all occasions. Palace Livery, Phone 838, Ross & Boss, proprietors.

# WHAT EVERY WOMAN WANTS TO KNOW

Local Council of Women.  
Daily Menu and Recipes.  
A Column For Children.

Wed Go Wrong, Too, If We Lived in  
the Slums, Says Mrs. Bacon,  
Sweep 'em Away!



MRS. ALBION FELLOWS BACON.

There are other ways of killing a hard-working man than by hitting him over the head with an ax!  
"Housing him in a windowless tenement room in the crowded slum district is one other way of 'murdering' him," says Mrs. Albion Fellows Bacon, the little woman of Evansville, Ind., who has earned a deserved fame through her remarkable work for housing reforms.  
"Also," she adds, "more slum women are sent to consumptive graves than are slain by poison."  
And the children in the congested districts, what about them?  
"The most pitiful victim of modern life is not the slum child who dies," answers Mrs. Bacon, "but the slum child who lives. Every time a baby dies the nation loses a prospective citizen, but in every slum child who lives the nation has a probable consumptive and criminal."  
During the past several years, Mrs. Bacon has personally conducted a campaign of education against bad housing conditions in large and small cities. She has tried to point out to the landlord who collects rent "from the poor people herded together in unhealthy, insanitary tenements in unhealthy blood money, and that society, which not only allows, but forces the

## THE CHILDREN'S HOUR

**THE TWINS' QUARREL.**  
Dolly and Daisy were twins, but even twins quarrel sometimes, and one summer's day, when they were having a picnic in the meadow, they got very cross about who should have the largest piece of cake. At last Daisy took the basket with both the bits of cake, and ran away as fast as she could.  
Dolly followed her sister a long way, even scrambling through the hedge into the next field, where they were forbidden to go, straight on till they came near quite a wide stream. Here Daisy stood and hesitated, while Dolly peeped at her from behind a tree, and longed to "make up" so that she might share this exciting adventure.  
Daisy looked a long time at the stepping-stones. They were very slippery. Then she stretched out her right foot very carefully, and got on to the first stone, then on to the next, till she got quite bold. By the time she reached the middle, Dolly was so excited that she called out, "Oh, let me come, too, Daisy!"  
Alas! the middle stone was a very slippery one, and at the sound of her twin's voice, Daisy gave a great start, and slipped off, splash into the water. Dolly reached home at last, with water squeaking in their shoes and dripping from their clothes. As to the cake, the minnows ate it all up.

**PUSSY'S MISTAKES.**  
Dolly's teacher one day gave all a writing test. Of all the girls in Dolly's class Dolly wrote the best.  
Dolly's mother said to her, "As you are so good at writing, write a letter for me. I'll give you a pretty prize."  
Dolly told her little puss, "I must learn to write. Pussy purred, though she did not understand it quite.  
Dolly placed her best school pen in her puss's paw.  
"Very neat, indeed," she said, "For a Persian kit."  
When 'twas finished mother stopped. Her work to look at it.  
"Very neat, indeed," she said, "For a Persian kit."  
"But, my dear, one thing is plain—Don't mind it if I tell. Little puss has learned Her spellings very well!"

**RIDDLES.**  
What has a mouth and never speaks, and a bed and never sleeps?  
A—A river.  
Why are potatoes and corn like the Pharisees of the Bible?  
A—Because they have eyes and "see not" and ears and "hear not."  
Up and down, up and down, touching neither earth nor sun. What is it?  
A—A pump handle.  
What is the best time to study the book of nature?  
A—When autumn is turning the leaves.

## THIS IS A CANADIAN DAY IN HISTORY

**JANUARY NINTH.**  
On January 9th, 1899, Jonathan Sewell, who had just been appointed chief justice, became speaker of the Legislative Council of Lower Canada. Born in 1766, in the "old family mansion" at Cambridge, Massachusetts, and educated at Bristol Grammar School in England, he was of notable Loyalist stock. He went with his father to New Brunswick, studied law, and was called to the bar in Quebec in 1799. Henceforth his rise was rapid, but he awoke the enmity of the Assembly, which in 1814 impeached him for "exercising malicious influence over the Governor" and "subverting the constitution." The Governor, Sir George Prevost, incurred the wrath of the Assembly by taking up Sewell's case, but the chief justice was quite able to defend himself. He went to England to plead his own case and was reinstated. Later, efforts were made to "revive the impeachments," but he was accorded compensation for the ill-treatment he had received. He was chief justice for about thirty years, and an excellent one, for though his tongue was sarcastic and his temper stern, he is said to have had great self-command. In 1814 he published "A Plea for the Federation of the British Provinces." He died at Quebec in 1839.

## The Birthday Calendar



**IF THIS IS YOUR BIRTHDAY**  
You are warned to be careful of fire or accident and to keep a steady watch on your affairs. You are in danger of blaming others for something which is your own fault.  
Those born today will be prone to give way to temper. This weakness should be wisely corrected when they are very young, lest they grow up irresponsibly useless. If their wills are strengthened to control their temper they will have power to conquer all difficulties and will attain great heights.

## COUNCIL OF WOMEN SANCTION WORK OF ROYAL COL. INSTITUTE

Knowledge of the Institute To  
Be Spread Across Canada  
by Mrs. Boomer.

Readers of this page will remember the visit to London last summer of Mr. J. R. Boose, secretary of the Royal Colonial Institute, of London, England. Mr. Boose was touring Canada in the interests of the Institute, whose work for the past 45 years has been an effort to promote closer relations between Britain and the colonies.  
During Mr. Boose's visit to London, he addressed the local Council of Women, and they placed themselves on record as being desirous of aiding the Institute in every way possible. At a recent meeting of the executive of the National Council of Women in Hamilton, Mrs. Boomer, the energetic president of the London Council, who has for years had the interest of the Institute very much in her heart, obtained permission to send an earnest letter to every Council in the Dominion, setting forth the aims of the Royal Colonial Institute, and urging that the individual councils advance the work of the organization in each district.  
In this connection a letter has been received this week by Mrs. Boomer from Miss Pelly, lady-in-waiting to Her Royal Highness, the Duchess of Connaught, honorary president of the National Council of Women. Miss Pelly writes: "Her Royal Highness, the Duchess of Connaught, asks me to say how deeply interested she is in your letter proposing a closer union between the Royal Colonial Institute in London, England, and the National Council of Women in Canada. Her Royal Highness feels that any co-operation between two such influential bodies, working for such similar aims, ought to result in much good, both to the empire and its people. Wishing you every success in your undertaking."  
(Signed) EVELYN PELLY.  
Mrs. Boomer is now waiting to hear from the National Council, before sending her message to the individual local councils.

## Daily Menu

**BREAKFAST.**  
Apple Sauce, Broiled Bacon.  
Hot Rolls, Coffee.  
**DINNER.**  
Boiled Halibut, Parsley Sauce.  
Boiled Potatoes, Beet Relish.  
Boston Pudding, Coffee.  
**SUPPER.**  
Stuffed Potatoes, Cookies.  
Lettuce with Dressing, Tea or Milk.  
The London Advertiser.

**SEASONABLE RECIPES.**  
Boston Pudding.  
Warm one heaping teaspoonful of butter and beat into it the yolks of 3 eggs, then add 3 tablespoonfuls of sugar and grated rind of 2 lemons; then 3 teaspoonfuls of flour, the strained juice of 2 lemons and 1 cupful of boiling water, stirring all the time. Beat the basin containing the mixture in a large saucepan with boiling water to come half way up the basin, and let this water boil gently until the flour is cooked, keep the mixture very carefully stirred, dredge a pudding dish, line the inside with pastry about an eighth of an inch thick. Trim and ornament the edges and prick the bottom of the pudding with a fork; this will prevent it from rising up in bits. Pour in the mixture and bake in the oven until the pastry is crisp and nicely browned. When it is cooked a meringue can be heaped roughly over the filling, although this is not essential. To make the meringue, whip the whites of the eggs to a very stiff froth, add 3 tablespoonfuls of sugar and beat till stiff and use. Put the pudding in the oven and leave it there until the meringue is crisp and a very delicate brown and serve at once.

**Creamed Carrots.**  
Use 3 good-sized carrots for 4 persons. Scrape or pare them and cut in small, narrow pieces. Put a teaspoonful of rendered beef suet in a pot, add a little onion juice, put in carrots, and cook for five minutes, but not brown, pour in boiling water to cover, season with a half teaspoonful of salt, a dash of pepper and 1 teaspoonful of sugar. Let the carrots boil rather slowly for about 15 minutes, then add a little boiling water to replenish. When carrots are done, thicken with the liquid about them with 1½ teaspoonfuls of flour mixed carefully with 3-4 of a cup of milk. Pour this in with carrots and milk, and stir carefully. Or drain the carrots and cook a few minutes in a white sauce. The liquid about them may then be used in a meat or vegetable soup.

**Spiced Roast Mutton.**  
Take any cut of young mutton suitable for roasting and prepare as follows: Rub well with a teaspoonful of salt, an even teaspoonful of pepper and place in an iron baking pan with six whole cloves, one dozen whole allspice, three tablespoonfuls of sugar, a third of a pint of vinegar and two thirds of a pint of water. Cover with another pan and bake in a moderate oven until half an hour before serving; then increase the oven heat and let it brown quickly. Baste often and add a little more water if needed.

**Oatmeal Macarons.**  
Two tablespoonfuls butter, one cup sugar, two eggs, two and one-half teaspoonbaking powder, one-fourth teaspoon salt, one-fourth teaspoon vanilla. Cream butter and half of the sugar and stir in beaten yolks. Now add rest of sugar, add baking powder to oatmeal and mix thoroughly. Then stir this into the butter and sugar mixture. Add vanilla and fold in the well-beaten whites of eggs. Drop from a teaspoon on a buttered pan. Bake until a delicate brown.

**SPON RETARDS COOKING.**  
You may not believe it, but a spoon left in anything cooking retards progress, as it is a conductor of heat, before applying second.

## Problems of the Fair Sex Solved by Cynthia Grey

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn as they are received. No letters can be answered privately.]

**Write Superintendent.**  
St. Marys Reader: The institution you mention is not a free one, but I do not know the cost of treatment. No doubt the prices vary according to the attention given. Why not write to the superintendent and receive full information?

**His Birthday.**  
Dear Miss Grey: Kindly publish the birthday calendar for July 21, 1912, and oblige, yours truly,  
CANNITE.

A—Do not attempt too much, or trouble will surely follow. A journey, which you contemplate will be doubtful, and may cause some interests of yours to suffer.  
Those born today will be too thoughtful, self and sensitive, and will consider themselves abused when treated as they deserve. They will be intelligent enough to remedy these faults when they are made to realize them, and to see themselves as they really are.

**George's Title.**  
Dear Miss Grey: Will you please print the price of the book called Red Pepper Buns?  
2. What is the King's full name?  
ZED.

A.—The price is a dollar and twenty cents.

2. His Majesty, King George's name is George Frederick Ernest Albert.

**A Euche Party.**

Dear Miss Grey: Please answer the following questions:  
1. How to word an invitation to a progressive euche party?  
2. If refreshments are served, should they be served at the small tables or at one large table?  
3. What should be served?

A NEW READER.  
A.—1. The best plan is to buy the regular "At Home" cards, fill in the vacant spaces, putting the name of the host and hostess above "At Home," and the words "Progressive euche" at the lower left corner of the card.  
2. It is easier to serve them at the small tables, using small tea cloth on each table.  
3. You might have chicken patties, thin sandwiches or finger rolls, salted almonds, chocolates, ice cream, small cakes, coffee and lemonade.

**A "Mother's Match."**  
Dear Miss Grey: I am 20 and engaged to a man ten years my senior. One of our mothers' matches and I do not love him at all. I have had many young men friends, but none of them. This man loves me dearly. But, O Miss Grey, a man has come into my life lately and we know that we love each other. He has urged me to tell all to my mother. But it would break her heart and my fiancée's, too. What shall I do?  
K. S.  
A.—It certainly would be most un-faithful to the man if you did not love him. I would advise you to tell your mother everything and be guided by her advice in the matter. I am sure she will help you in every possible way and have every sympathy for you.

## Colds "Go Hard" With the Aged

**BY A PHYSICIAN.**  
Old people have comparatively little need of fearing typhoid fever, diphtheria or consumption. COLDS and PNEUMONIA are their chief disease enemies.

The three main groups of the disease of the old, in the order of their importance, are as follows: First, disease of the heart and blood vessels; second, pneumonia, bronchitis and colds; third, diseases of the kidneys.  
The reason the old should fear colds is not so much because they are especially subject to them as because they "go hard" with them when they catch them.  
Their heart muscles, like all their other muscles, are weak. When the lungs get cold and there is the extra work of pushing blood through the hardened tissue, the load is too great for the flabby heart muscle.

**Anti-Cold Rules.**  
To prevent cold the old should DRESS WARMLY. Their feet and hands get cold more readily than when they were younger, because the circulation is not so good.  
They should keep out of hot places. But if they are well protected and are not too hot, the fresh air they can get, providing they do not become chilled through.  
They must keep away from people with colds.  
They should make every effort to cure the slightest cold, and often simple remedies will suffice if taken in time.  
They should take particular pains to keep the digestive organs in good order.

## Feminine Frills

Shirtwaists are to have a wider vogue than ever before.  
Bulgarian waists embroidered in cross stitch will be the correct thing. Touches of color will appear on most of the white waists for dressy wear, usually by iridescent buttons.  
Ruching, soft and pleasing, will be much used for trimming for neck and sleeves.  
The new collars go high up in the back, and are very low in front, often just a mere band or frill of lace.  
Voile, ratine and crepe are the favored materials.  
Wash silks, and crepe de chine are to have a tremendous vogue.

**AID FOR CHILBLAINS.**  
Put the feet into cold water which you have already mixed with salt or kerosene oil. Be sure to dry the feet thoroughly after each bathing. Heat is bad for the feet when a person is suffering with chilblains. So is wool. Paint painful surfaces with iodine twice, allowing first coat to dry well before applying second.

## Drygoods, Carpets, Millinery, Ready-to-Wear

## Week-End Sales

Many special values in reliable wanted merchandise, specially priced. All new goods.

## A Clearance of Misses' and Children's Coats

About 100 Coats to be cleared out Friday and Saturday. All new goods, but we won't carry stock over. Come early. Every Coat is reduced.

\$16.00 Coats for... \$10.50  
\$12.00 Coats for... \$7.50  
\$10.00 Coats for... \$6.50  
\$7.00 Coats for... \$4.50  
\$5.00 Coats for... \$3.50  
\$4.50 Coats for... \$2.99

## Dress Goods Sale

MANY EXTRAORDINARY VALUES.

50c yard Red Cashmere... 39¢  
75c yard Whipcords, in myrtle and navy... 55¢  
\$1.00 yard Armures, in navy, gray, reseda, black... 73¢  
\$1.25 Satin Duchess Cloth, nine shades; black, navy, Copenhagen, tan, brown, reseda, gray, etc.  
\$1.75 Tweed Suitings... \$1.10  
\$1.25 Tweed Suitings... 75¢  
75c 54-inch Suitings... 50¢

## Ladies' Silk Hose \$1.10

A complete line of these fine All Silk Stockings, wide garter top, double heel, sole and toe; lemon, pink, sky, mauve, white, tan, champagne, gold and black. On sale, per pair... \$1.10

## 16-Button Kid Gloves \$2.00

Fine guaranteed quality Kid Gloves, 4 domes at wrist. Full 16-button length. All sizes... \$2.00

EVERY WOMAN'S COAT IN THIS STORE IS REDUCED. BUY NOW.

## Nothing Extra

You pay no more for the P. L. and O. unparalleled service. Our prices are most reasonable. So you may just as well be certain about your Prescriptions and Drugs. We ask you to test our work.

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464 Dundas St. Phone 1429.

## French Kiddies Wear Aprons

French children wear many aprons, which is not always true of American children, but so picturesque are some of the new designs, which are being used for these chic French garments that even the most supercilious American child might be proud to own such fascinating things. Colored linen and red embroidery. This apron has a top part, which is crossed in front like a fichu, the ends being carried around to the back, where they are crossed and tied like a sash.  
A rose linen apron is trimmed with needlework in large dots and scallopes. This apron has a bertha edged with the dots and scallopes, and the lower edge of the garment is also trimmed with them.  
The designs are both striking and novel and a great deal of hand work is expended on these aprons. They completely cover the frocks, usually excepting the arms and the back of the skirts, where they do not always come together.  
One of the most picturesque of the new apron designs is of three parts, so that there are two parts to bring together under the arms.  
Another apron is made of pale blue linen, with trimmings of blue, yellow and red embroidery. This apron has a top part, which is crossed in front like a fichu, the ends being carried around to the back, where they are crossed and tied like a sash.  
A rose linen apron is trimmed with needlework in large dots and scallopes. This apron has a bertha edged with the dots and scallopes, and the lower edge of the garment is also trimmed with them.

## CHEAP BLANKETS.

When an Ecuador Indian wants a blanket he hunts up a demajagua tree and cuts from it a 5 of 6-foot section of the peculiarly soft, thick bark. This is dampened and beaten until the flexibility of the sheet is much increased. The rough, gray exterior is next peeled off and the sheet dried in the sun. The result is a blanket, soft, light and fairly warm, of an attractive

## The Martin-Orme and Its Age

With use, the ten-year-old MARTIN-ORME is a better instrument than a new one. Only first-class material is used, and every piece of wood in it is "mellow." A MARTIN-ORME sounding-board is constructed on the principle of a violin. You know the higher value and superior tone of an old violin—well, the same is true of a MARTIN-ORME Piano, because of its "violiniform" construction.

Owners of MARTIN-ORME Pianos know as time goes on that they couldn't have made a better purchase.

**Callaghan's**  
613 Wellington Street  
Northeast Corner of Victoria Park.