ARE USUALLY THE RESULT OF IM PERFECT WORKING OF THE KID NEYS-THESE CAN ONLY BE RESTOR ED TO THEIR NORMAL CONDITION BY A FAIR USE OF DR. WILLIAMS' PIN PILLS.

Mr. Albert Mintie, of Woodstock, Ont., now engaged in the insurance business, is well-known in that city and surrounding country. Some three years ago Mr. Mintie was living at South River, Parry Sound District, and while there was attacked with severe pains in the back. At first he paid but little attention to them, thinking that the trouble would pass away, but as it did not he consulted a local physician, and was told that his kidneys were affected. Medicine was prescribed but beyond a trifling alleviation of the pain it had no effect, In addition to the pain in the back Mr. Mintie was troubled with headaches and a feeling of lassitude. He was forced to quit work, and while in this condition, weak and despondent, he decided to try Dr. Williams' Pink Pills. He purchased a half dozen boxes and was not disappointed with the result. Before they were all used Mr. Mintie was feeling almost as well as ever he had done. The pain in his back had almost disappeared, the headaches were gone, and he felt greatly improved in strength. Two more boxes completed the cure, and he returned to work hale and hearty as ever. Mr. Mintie asserts that his return to health is due entirely to Dr. Williams' Pink Pills, and he still occasionally uses a box if he feels in any way "out of sorts."

The kidneys, like other organs of the body are dependent upon rich, red blood and strong nerves for healthy action, and it is because Dr. Williams' Pink Pills supply these conditions that they cure kidney troubles, as well as other ills which have their origin in watery blood, or a shattered nervous system. Sold by all dealers or sent postpaid at 50c a box or six boxes for \$2 50 by addressing Dr. Williams Medicine Co., Brockville, Ont. If you value your health do not take a substitute

Effective-"Ever try electricity for your rheumatism, Uncle Josh?" "Should say I did, I was struck by lightnin' two dif ferent times, an' my rheumatism seemed ter thrive under it."

Kidney Burdens

VANISH UNDER THE FREATMENT OF THAT GREATEST OF KIDNEY SPECIFICS, SOUTH AMERICAN KIDNEY CURE. Mrs. W. S. Bissett, 62 Cameron St.

Toronto, was troubled with severe pains in the small of the back which doctors said was caused by kidney trouble, and which produced intense suffering at times. She used many remedies without any lasting benefit until she tried the South American Kidney Cure. A few doses proved a wonderful benefit, and after taking three bottles all traces of the trouble were gone. Sold by Ern. A. Caughell and J. E. Richards.

"Didn't you say that Mr. Skinnickel's honesty was proverbial?" asked the young man with a worried look. "Yes," answered the skeptical person. "You see. I don't believe you can put any faith in half these proverbs when it really comes to a pinch.'

Johnny-Papa, what is a bicycle face? that stands off the butcher, the grocer, and the landlord till the wheel is paid for.

Lady Loves Beauty.

DR. AGNEW'S GINTMENT STOPS SKIN BLEM-ISHES—LEAVES IT LILY WHITE AND HEALTHY

Skin diseases of every nature, from the merest pimple on the flesh to the most distressing eczema, salt rheum and tetter, are quickly, pleasantly cured by Dr. Agnew's Ointment. In diseases where outward applications make a cure Dr. Agnew's Ointment never fails. One application gives instant relief. Ern. A. Caughell and J. E Richards.

"Your paper this morning reported me as being dead," said the caller. "I don't know you, sir," replied the editor with dignity. "How do I know that you are not?"

Shell the Enemy of Health and Happiness .- ls the stomach sour? Is there distress after eating? Is your appetite waning? Do you get dizzy! Have you nausea? Frequent sick headaches?-forerunners of a general break-up. Dr. Von Stan's Pineapple Tablets dispel all these distressing symptoms. aid the digestive organs, cure the incipient or the chronic cases. 35 cents. Sold by J. E. Richards and E. A. Caughell.

"Does your new bicycle suit fit you well, "Oh, splendidly! I can hardly move or breathe in it."

He-Don't you remember? It was just before the war- Miss Pasay (angrily)-Sir! (Sweetly.) Oh !-aw-you mean the

No Worm Medicine acts so nicely as Miller's Worm Powders. No physic required. Sold by J. E. Richards.

NEWS TOPICS OF A WEEK.

Important Events in Few Words For Busy Readers.

The Busy World's Happenings Carefully Compiled and Put Into Handy and Attractive Shape For the Readers of Our Paper-A Solid Hour's Enjoyment in Paragraphed Information.

MARINE MATTERS

The Germanic was successfully raised on Wednesday. The White Star Liner had been sunk at her New York dock for about ten days.

The steamship Gaspesia of the new Canadian line has moved since last re-ports and it is now thought she may get clear of the ice.

RAILROAD RUMBLINGS.

The total assets of the Niagara Gorge Route are about \$1,125,000 and the liabilities about \$1,140,000.

The earnings of the Grand Trunk Railway system, 15th to 21st February, 1899, \$451,427; 1898, \$411,644; increase, \$39,-The Baltimore & Ohio Railway has

put on a new style of sleepers, the rates for which are 50 per cent. below the ordinary Pullman car prices.

FOR MEN OF WAR.

The American flag has been raised over the Island of Cebu, east of the Island of

Negros.

The Sultan of Turkey has just contracted with M. Boudarewsky, the great Russian horse-breeder, for the supply of 45,000 cavalry horses.

President Zelaya's army under Generals Saenz and Irenco Estrada has captured Chili Mountain and Agua Calientes, thus virtually terminating Nicaragua, revolution.

THE BUSINESS WORLD.

The recently burned down rubber fac-ory at Port Dalhousie is to be rebuilt. R. W. Begley, tinsmith, etc., Smith's falls, has made an assignment. Liabilias made an assignment. Liabili-said to be about \$3,000; assets

about \$2,500.

Articles of incorporation have been filed by the New York Electric Vehicle Transportation Co., with authorized capital of \$25,000,000. The company is empowered to acquire and manufacture, buy and sell vehicles of all kinds to be operated by electricity compressed air case. and self venezies of an kinds to be operated by electricity, compressed air, gas, oil and other means of motive power, also to acquire franchises for the operating of these vehicles to carry passenger, and freight of all descriptions.

THE FIRE RECORD.

The Presbyterian Church at Minnedosa Man., was burned down Sunday evening The machine shops of the Dobbie & Stuart Foundry at Thorold, Ont., were destroyed by fire after midnight on Sunday, Loss on building and machines day. Loss on about \$10,000.

The Minneapolis, Minn., Tribune building was totally destroyed by fire, with The Century building adjoining. The Journal-Times building was also on five but was saved. fire, but was saved.

Grieve's flax mill, which has been operated for the past two years by the Harriston Flax Mill Cupany, Limited, was burnt Saturday evening, together with the balance of the season's crop.

SUICIDES.

William Rowland, a laborer, about 50 years old, committed suicide at Port Hope on Saturday night by taking laudanum. Deceased leaves a wife and two sons and a daughter.

As shown by the autopsy, Mrs. Sarah Tefft, who shot herself in her home in Fordham, N.Y. on Feb. 6 and died Tuesday morning, lived over 14 days with a bullet practically in her heart The prize fighter, "Bill" Poole, who was shot in 1856, lived nine days with a sim

Miss Ella Byers, a woman of 35 years ommitted suicide in Toronto on Friday by remaining in front of a Grand Trunk train instead of stepping off the track. On her body was found this note: "357 King street west. Forgive me. Dad." She resided with her mother at 361 King west, and the other address was that of her sister. She left other notes which threw some light on her intentions, but her people refuse them for publication.

CRIME AND CRIMINALS.

A Toronto revenue officer seized a large quantity of smuggled eigars and tobacco in a house in the Township of Nepean on Wednesday afternoon. It is said three noted smugglers are interested, the busi-ness having been carried on for six or eight months.

Judgment in the case of Adele vor Webeneau and Victor and Herman Bal derhausen, charged with conspiracy to defraud the Merchants' Fire Insurance Company of Toronto, was handed out at Berlin on Friday morning. Judge Chis-holm sentenced each of the accused to two months in gaol.

Archibald McKay Macdonald of Wau-bashene has been apprehended at Sarnia just as he was about to cross the line. The charge upon which Macdonald was arrested was laid by his employers, Messrs. James Scott & Co., lumber dealers, at Waubashene, and it charges him with stealing the sum of \$585. Macdonald was bookkeeper for the firm.

Headache

Is often a warning that the liver is torpid or inactive. More serious troubles may follow. For a prompt, efficient cure of Headache and all liver troubles, take

Hood's Pills

While they rouse the liver, restore full, regular action of the bowels, they do not gripe or pain, do not irritate or inflame the internal organs, but have a positive tonic effect. 25c. at all druggists or by mail of C. I. Hood & Co., Lowell, Mass.

ACCES TO A MARKET TO

from paralysis of body and brain, caused by a violent attack of la grippe. He leaves a wife, five sons and one daughter. Baron de Reuter is dead at Nice. Paul Julius de Reuter, Baron of the Duchy of Saxe-Coburg and Gotha, director and founder of Reuter's Telegram Company, was born at Cassel, Hesse-Nassau, on July 21, 1816. From 1849, as the various July 21, 1816. From 1849, as the various telegraph lines were opened, Baron de Reuter worked them into his great news agency and in 1851, when the cable was laid between England and France, he transferred his chief office to London.

L. A. Congdon, senior member of the ware firm of Congdon & Marshall, Dunnville, Ont., died Saturday morning from pneumonia. Deceased was Grand Registrar of the Grand Lodge of Canada, A.F. & A.M., and was also a past officer of the Grand R. A. Chapter. Mr. Congdon was 39 years old, and at the time of his death was a member of the County Council. He was an ex-reeye of the town. A widow and three sons survive him

PURELY PERSONAL.

Madame Evanturel, wife of Speaker Evanturel, is seriously ill. Mr. W. T. R. Preston sails from Bos-ton for England next Wednesday.

John McFarlane, one of the Hillsburg burglar suspects, has been discharged at

Hon. J. D. Cameron, Attorney-General of Manitoba, left Toronto for Winnipeg on Thursday. Mr. Petersen of fast Atlantic fame is staying with Mr. William McKenzie of the Street Railway, Toronto.

The legal machinery has been set in motion to procure for the former street musician the title and estate to the Pou-

W. R. Dick, secretary of the Kingston Reform Association, has been appointed bursar of Rockwood Hospital for the In-sane, vice William Anglin, retired. Mme. Patti is spending her third honeymoon in Rome. There was a tre-

mendous rush for tickets for ert at which she sang last night.

Clotilda H. Pike of Toronto got an order from a Detroit court, in which she is suing for a divorce from her husband, W. R. Pike, for \$163 of \$563 she asked to bring 35 witnesses to Detroit from Toronto. Mr. Pike is already paying \$9 a week temporary alignmy. ronto. Mr. Pike is aireau week temporary alimony. Mr. William Turnbull, barrister, of Galt, has been notified by the Deputy

Postmaster-General of his appointment to the Galt Postoffice, made vacant by Tom Cowan's death. Turnbull will accept the

CASUALTIES.

George Holzer, a roofer, fell 175 feet om a scaffold in Buffalo and was in-

riom a scannia in Bulhato and was instantly killed Saturday.

Percy Kerrigan, an S-year-old boy of Toronto, was killed on Friday by being run over by a wagon belonging to James Maunder, blacksmith.

Little Hyman Silverstein, the Toronto newsboy known as "New Yorker," while walking on the ice on the bay on Sunday evening, fell through and was drowned fore assistance could be got.



DR. CHASE VISITING THE SICK.

Raised from a Bed of Sickness.

Dr. Chase's Catarrh Cure and Kidney-Liver Pills Combined for Perfect Health-An Interesting Cure After Long Suffering.

Simcoe, Jan. 18th, 1897. Messrs. Edmanson, Bates, and Co., To-

with stealing the sum of \$585. Macdonald was bookkeeper for the firm.

James R. Sutherland, the woman beater convicted in Boston on Saturday afternoon of manslaughter, in causing the death of his mistress, Josephine Augusta Conwell, alias Blanche Ryan, alias Mrs. Sutherland, was sentenced by Judge Haskell to the State Prison for not less than 12 nor more than 15 years at hard labor. Sutherland has a wife residing in Halifax.

THE DEAD.

James Lacey, said to be the son of a wealthy hardware merchant of Montreal, was shot and instantly killed in the Coeur d'Alene gambling rooms at Spokane, Wash., on Saturday.

Mrs. Augustine Croteau, over 80 years of age, slept her life away at Sherbrooke, Quebec. She fell asleep a week ago and never fully awoke. The case is remarkable. The old lady retired as usual, and no illness was apparent at the time. Born in the County Claire, 1797; 50 years a Canadian. Such is the record of the late Mrs. Mary Maroney, whose death occurred at Toronto on Saturday night. In spite of her 102 years, she was well preserved and retained the use of all her faculties to the last.

Edward E. Harris, general manager of the Standard Gas & Oil Company of Essex County, died on Thursday merning at the 2g of 32, at Kingsville,

Saturday afternoon John Scott, Hamilton, had his left arm frightfully crushed by a machine in the Ontario Rolling Mills, and at the haspital the injured arm was amputated at the elbow.

Thursday morning Driver Delagran of t. Catharines, a member of the Welland

Thursday morning Driver Delagran of St. Catharines, a member of the Welland Field Battery, taking a short course in "A" Field Battery, had the misfortune to break an arm by falling off a horse in the riding school.

Peter Dore of Ancaster met with a serious accident on Friday afternoon. He was attending a steam chopper and his right arm was caught in the cutting box. Before he could remove it the knives had almost chopped off his arm below the elbow.

Oats for Australia.

Guelph, Feb. 27.—James Hewer, seeds-man, shipped to Sydney, Australia, this week a quantity of the famous Poland white oats, which were grown by David Robinson, Erin, and are considered by experts to be the best grown.

THE STRAIN HAS INCREASED

Strong Tension Between Great Britain and France.

Their Relations Not Growing Any Better -The Muscat Incident Explained-Both Sides of the Story Told-The Queen's Name Hissed in a Theatre at Nice-Other Insults Offered to the British-Cable News.

London, Feb. 27.—There has been a at temporary halt, for some unknown rea-son, in Lord Salisbury's negotiations with Ambassador Cambon for the settle-ment of the disputes between England and France. There have been no conferences between these two diplomats dur-ing the last week, although the Muscat incident led to an exchange of communi-cations between the foreign offices of the

cations between the foreign offices of the two countries.

The French declare that they had no notion of obtaining a strip of territory in the Province of Oman, on the Persian Gulf, but only a coal depot for the benefit of trade. The English action in foreing the Sultan of Oman to refuse the French request was neither correct nor polite to France, so the diplomats across the channel assert. Coming on the heels of the Sultan of Sul the channel assert. Coming on the heels of the Shanghal affair, it tends to prove to the Parisian mind persistent ill-will of Great Britain toward France.

On the other hand, the English diplomats assert that France, by secret intrigue, purchased from the Sultan of Oman a coaling station, and the agreement did not forbid it being fortified. The sum of the whole matter is, however, that the Anglo-French strain has seriously in-

Following the recent hissing of the Queen's name in a variety theatre at Nice, another incident has occurred there tending to show French hostility. At the Battle of the Flowers in Nice, the Union Jack and American flag were displayed together upon one of the carriage. Along the Promenade Anglais this was loudly

A wagon filled with French soldiers A wagon mea with French solders coming abreast of this carriage, another insult was offered to the English and American flags. The officers drew themselves up, stood at attention, and ceased throwing flowers until the carriage had

passed.

If the Queen decides not to go to Nice this spring there will be an exodus of English and Americans from the Riviera.

TWO HURRY-UP MESSAGES. In One of Them Gen. Otis Says Philippine Situation Is Critical-Wash-

ington Is Anxious. Colombo, Island of Ceylon, Feb. 27.—
The United States transport Grant, which sailed from New York for Manila on Jan. 19 with troops, under command of Major-General Henry W. Lawton, on board, arrived here yesterday. General Lawton received a cablegram from Major-General Otis, in charge of the American military forces in the Philippines, saying: "Situation critical. Your early arrival necessary." He also received from General Corbin, U. S. Adjutant-General, a cable urging him to hurry. General Lawton ordered his officers to buy supplies, regardless of expense, and the transport is taking on coal and water hurriedly. She will try to reach Manila without further stop. Colombo, Island of Cevlon, Feb. 27.-

Rebel Demonstration at Manila. Manila, Feb. 27 .- Saturday night the ebels concentrated in such numbers near the Chinese centetery that General McArthur anticipated an attack and asked for reinforcements. Two companies of the 23rd Regulars were sent to Caloocan and a battery of the 20th Regulars to the cemetery at about midnight, but the expected attack was not made, the rebels, after making a great noise with bugle calls and vells of "Viva Independencia" and "Mucho Malo Americano," and firing volleys, disappeared in the woods.

Killing Them One by One.

Manila, Feb. 27.—All was quiet yester-day afternoon inside and outside of Manila, except near Caloocan, where the Filipino sharpshooters continue to annoy the American troops at a comparatively close range. One man of the 20th Kansas Volunteers was killed in Ariquina Villande and the comparative was heard last night and age, which was burned last night, and four were wounded in the skirmish—one of the Idaho, one of the Minnesota and two of the Pennsylvania Volunteer regi-

Madrid, Feb. 27.—An official despatch from Manila says: "The situation here is very serious. The foreign warships are disembarking troops. General Rios will leave Manila and go to Zamboanga, Island of Mindanao.

Washington Getting Anxious.

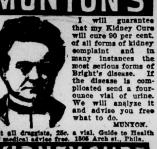
New York, Feb. 27.—A Washington despatch to The Herald yesterday says: "With the arrival of the German cruiser Kaiserin Augusta at Manila to-day and the reports of the filibustering expeditions from Japan in the Interests of Aguinaldo, there is a well-defined suspicion in the public mind here that the 'political reasons' of Admiral Dewey for desiring the oregon must be interpreted in the broadest sense—that her presence is desired as much for the moral effect in preventing foreign interference as in bringing the insurgents to terms.

"The anxiety of the efficials has reached and acceptance of the officials has reached and the officials has reached acceptance of the officials has reached as the official of the official of the officials has reached as the official of the official of

success.

Yours, truly,
MRS. ANN CHURCHILL, Sr.

"The anxiety of the efficials has reached such a point that there is no further doubt that Rear-Admiral Dewey will be asked to submit an explanation."



Refreshing Sleep COMES WHEN Milburn's Heart and Nerve Pills

ARE USED.

Miss Margaret Brown, 627 Colborne St., London, Ont., says:—"My mother has been afflicted with nervousness and general debility for a long time. She suffered a great deal with insomnia, and found it almost impossible to sleep.
"I went to W. T. Strong's drug store and got a box of Milburn's Heart and Nerve Pills, which she took, and derived so much benefit from them that I bought another box for her. They have done her a wonderful lot of good, making her nervous system much stronger, giving her restful sleep, and removing many other restful sleep, and removing many other symptoms which previously distressed her.

her.
"I can truly say that these pills are a
great remedy for any one suffering from
weak nerves, general debility, sleeplessness or heart trouble."

Milburn's Heart and Nerve Pills are 50e. a box or 3 for \$1.25, at all druggists.

Q00000-----00000Q A QUICK CURE FOR COUGHS and COLDS Pyny-Pectoral THROAT AND LUNG AFFECTIONS Large Bottles, 25 cents.

DAVIS & LAWRENCE CO., Limited,
Prop's. Perry Davis' Pain Killer.
New York Montreal DAVIS & LAWRENCE CO., Limited, Prop's. Perry Davis' Pain Killer. New York Montreal

B.B.B. Makes Rich Red

The Best Remedy for Spring Weather Weakness.

Blood. The Blood is the very essence of life. As it courses through the system it carries with it, if pure and rich, nutrition to every cell in the body. If impure, it spreads disease. If thin and watery, it fails to nourish, hence we have weakness, debility and decay.

It is the wonderful power B.B.B. has in purifying impure blood, making thin, watery blood rich and red, that is at the bottom of its marvellous success in curing

Those who are pale, thin, weak, troubled with blotches, pimples or eruptions of any kind should take B.B.B.

It makes the pale cheek rosy, the skin clear and smooth, and infuses new energy into weak, worn, run down, shattered

Skin "I beg to state I have used Burdock Blood Bitters for impure blood, pimples on the face, &c., and derived great benefit from it. My skin is now very clear and free from all eruptions. I only used four bottles of My skill is now very all eruptions. I only used four bottles of the B.B.B. and can strongly recommend it to any person suffering from impurities in the blood or eruptions of the skin."

MRS. G. B. HELMORE,

Compare Bridge, B.C. Spence's Bridge, B.C.

Spring. spring now for some years, to purify my blood and keep my system in good order, and can honestly say that I do not know of its equal anywhere." Mrs. Aggie Barnes, Lunenburg, N.S.

To Cure RHEUMATISM

Bristol's SARSAPARILLA

IT IS
PROMPT
RELIABLE
AND NEVER FAILS.

IT WILL MAKE YOU WELL

Ask your Druggist or Dealer for it BRISTOL'S SARSAPARILLA

GRAND TRUNK RAILWAY GOING BAST. GOING MAST. GOING WEST

SXPPESS. 6.56 a. m. | EXPESS. 112.58 p. m. | Mixed. 4.55 n. m. | Express. 12.58 p. m. | Express. 3.38 p. m. CE NAIRN, Town Agent.

Travellers' Guide.

WABASH RAILWAY.

GOING WEST.

Through cars for Chicago, St. Louis, Kansas City, New York and Boston. Rates of fare and all information will be cheerfully furnished by any agent, or

J. SIMPSON, Local Agent.

J. A. RICHARDSON,
District Pass'r Agent, Toronto and St. Thomas.
C. S. CRANE, General Passenger Agent, St. Louis . Bruce Nairn, Town Agent

MICHIGAN CENTRAL

"The Niagara Falls Route." Central Standard Time. In effect Nev. 21st, 1897, GOING EAST. GOING WEST

O. W. Ruggles, Gen Pass icket gt., Chicago Jehn G. Laven Canadian Pass Agent, Toronto Robert Middleton Agent at Avimer.

Assessment System-Mutual Principle

Mutual Reserve Fund Life Ass'n.

FREEHOLD BUILDING Toronto, October 14th, 1896.

I am authorized to announce that in future payment of all death claims in the Dominion of Canada will be made by check in Ontario Bank, Toronto ; or the Molsons Bank, Montreal, thus making the Mutua Reserve practically a home company.

W. J MCMURTRY, Manager for Ontario

A. A. Leslie

Issuer Marriage Licenses

MURRAY'S BANK

OR HIS PRIVATE ROOMS AT THE KENNEDY CENTRAL HOTEL...,

CENT FOR **ÆTNA**

AND OTHER FIRE INSURANCE

50 YEARS' EXPERIENCE TRADE MARKS
DESIGNS
COPYRIGHTS &C.
Anyone sending a sketch and description may
quickly ascertain our opinion free whether an
invention is probably patentable. Communications strictly condidential. Handbook on Patents
sent free. Oldest agency for securing patents.
Patents taken through Munn & Co. receive
special notice, without charge, in the

Scientific American. dsomely illustrated weekly. Largest dron of any scientific journal. Terms, \$3 a four months, \$1. Sold by all newsdealers. MUNN & CO. 361 Broadway, New York Branch Office, 625 F St., Washington, D. C.

TOR SALE-4% acres, with 1% storey house and sair sized barn, on east side of John Street, south, just outside the corporation of the Town of Avimer. This is an estate, and is offered cheap, as it must be sold. Apuly to C. O. LEARN, Brown House Block, Aylmer, Ont.

FOR SALE OR EXCHANGE—100 acres, being to Bayham, 75 acres cleared and free from stumps. All the necessary farm buildings frair repair, orchard 150 trees; 24 miles to Vienna Station. Price, 33,000, small payment down; balance on easy terms of payment. For further particulars, apply to C O. LEARN, Real Estate Broker, Brown House Block Aylmer

OR SALE OR EXCHANGE — 104 acres of good land, with four farm buildings, being parts of lots seven and eight. in the find concession of Bayham, about two miles from Port Burwell, near a first-class cheese and butter factory, convenient to school, church, blacksmith shop, post office, etc. Fine orchard of choice fruit. For further particulars, apply to C. O. LEARN, Real Estate Broker, Brown House Block, Aylmer, Ont. OR SALE OR EXCHANGE—135 acres of choice sandy and clay loam; soil well

1 · CH BALE UR EXCHANGE—135 acres of choice savoy and chy loam; soil well tiled, comfortable farm buildings, good orchard, farm well watered both for stock and house use being parts of Lots 5 & 6, in the 2nd concession of Maishide. Will sell cheap, or will exchange for a larger farm, and pay the difference. Apply C. O. LEARN, Real Estate Broker, Brown House Block, Aylmer, Ont. HOR SALE OR EXCHANGE -50 acres of In choice clay loam land, all cleared, good brick house and good out-buildings, situated in a good locality, 7½ miles north-west from St. Thomas, near the Village of Shedden, being the south-east quarter of lot 20, con: S. Township of Southwold. Will sell reasonable; or will exchange for a farm of from 75 to 100 acres, somewhere in the vicinity of Aylmer. Apply to C. O. LEARN, Real Extate Broker, Brown House Block, Aylmer, Ont.

Resides its u

bage has acqu tion from the cooked it is n beef and cabba er, as it is gen wholesome and waste of food v ad The rich i meat has been has, have been salt water, and diminished by ligent cook is er part of its thus thrown a pot of liquor. cooked in its ra have been exti and indigestibl been a palatab vegetable if i

cooked.

This represe cookery. The sligent cook is meat, while sh vegetables in these coarse j digestible pulp understood, th cessful cooking tables is mast like corn or gr in flavor tha blanching, but but others, lik and notably al There are fev pious than a sauce. Take

head of white

quarters, afte

green leaves. the head and kettle of boili for ten minute skimmer and I cool. After t so noticeable i appears. Wh chop it fine, sea per, and add t of butter, mix spoonful of fl Let the cabba three-quarters serve. Such a dish such a dish piece of fresh tables till it gi es a dinner the meat has l ly saved by br tion of stock—

by this m which the me

the gravy. A

every way sup method of boil

parts of the b parts of the be water.

Another dair which to cook Cut out the he a medium-size the outer greehead into at water for ten I up yery caref. up very carefi Let it cool. cabbage with it tie it up carefi will not come into a braisin carrot, a smal the oven or on covered, for or ionally. Serv

A simple rei syrup of ipeca teaspoonful eve to be any hoa oil and heated the chest, wit flannel over it often give rel quently renew always be take to draughts, o fresh cold ma

medicine is g

CHIL

induced by thi cine administe the patient draughts, or a ture. A simple throat may of the nose and to il. If this is fallow or simt. tallow or simp drops of camp answer the sa a cold, give thing food at its The system is tated condition pletely rallied stimulating for EGGL

The nutritio to the cuisine cooks are unav en be dispense improved the Fancher. The had been away "I never ate ery panc kes as she used thre

use eggs in y

as light as fea "No, I would