

GE OF CHEER FOR TIRED WOMEN

DO. BUTLER FINDS RELIEF
DODD'S KIDNEY PILLS.

My wife who was weak, nervous and suffering from backache, tells her suffering sisters to become well.

ville, N.B., April 28. (Special) a message of cheer that Mrs. Butler, wife of a well-known living near here sends to the servants, run-down women of

trouble was brought on by backache. Mrs. Butler states, "For years I suffered from pain in the back, was always tired and nervous, head ached, and I had dark under my eyes, which were puffed and swollen. I had flashes and floating specks before my eyes, and was generally in a run-down condition.

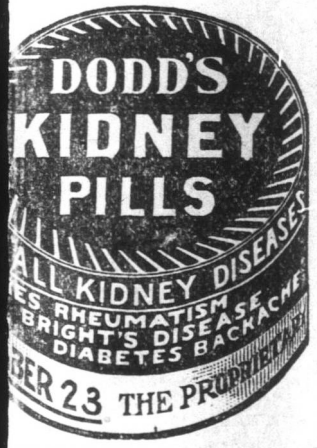
was feeling very bad when I took Dodd's Kidney Pills, and only say I found relief at

all who are suffering from the back I recommend Dodd's Kidney Pills. They will find relief, health of the women of Canada on their kidneys. If the kidneys are right all else will be right. Kidneys are wrong, sickness, nervousness, must ensue. Dodd's Kidney Pills always make the kidneys

alive to the inexperienced eye, a vision of muddled up cotton, when one looks at the lovely lace, it is to transform the threads into a marvellous combination of

McLean's Loss.

A. H. Murray yesterday had a loss of the loss of the schooner. She left Louisbourg on a cargo of coal for A. H. Murray on Friday and came south to the ice, but becoming becalmed, she was dragged into the current when the ice came, she was crushed and began to sink. The pumps could not keep her free, and Capt. Remby had to abandon her. Provisioning was hauled over the ice after a long and tedious search, and getting to open water, and after a long and tedious search, the schooner was a fine one for about \$10,000, but was sunk for \$5,500.



iver Still Frozen.

Friday the S. S. Samara from America to Campbellton, Green into St. George's it being late to proceed through the ice. She reports three other steamers the Gulf near St. Paul's Island have been lost. The St. George is still frozen and no ships get beyond St. Paul's Island. The ship, coming to Shea & Co., the first ship down the River, and if at all possible will be lost next week.

NING AT THE COVE.—A few of the herring were made in the Cove and Broad Cove.

Neuritic neumatism

to work or sleep—Six years of suffering—Cured by DR. A. W. CHASE'S NERVE FOOD.

Dr. E. H. Jr., Clarence Creek, Ont., writes: "My nervous system was run down to such an extent that I suffered a great deal from the nerves and sciatic pain, and at times was like one who could not work, was unable to sleep, and had no appetite. I seemed to build up my system by the use of Dr. Chase's Nerve Food. After having used about a box of this medicine I feel a great deal of work, have a good sleep every night. I have tried of experiments to turn to Dr. A. W. Chase's Nerve Food knowing that persistent use is bound to be rewarded with beneficial results. But you get the genuine, bearing portrait of A. W. Chase, M. D., on the box. Write for free copy of Dr. Chase's Recipes."

ROYAL Baking Powder Economy

The manufacturers of Royal Baking Powder have always declined to produce a cheap baking powder at the sacrifice of quality.

Royal Baking Powder is made from pure grape cream of tartar, and is the embodiment of all the excellence possible to be attained in the highest class baking powder.

Royal Baking Powder costs only a fair price, and is more economical at its price than any other leavening agent, because of the superlative quality and absolute wholesomeness of the food it makes.

Mixtures made in imitation of baking powders, but containing alum, are frequently distributed from door to door, or given away in grocery stores. Such mixtures are dangerous to use in food. In England, France, Germany and some sections of the United States their sale is prohibited by law. Alum is a dangerous mineral acid, and all physicians condemn baking powders containing it.

The label of alum baking powders must show the ingredients.
READ THE LABEL

The Evening Chit-Chat By RUTH CAMERON



The cynic of our circle had recently bought himself a horse. The cynic admits that he is not so good a judge of horses as he is—or thinks he is—of men, and as the purchase represented the fulfillment of a long cherished and lifelong ambition, the cynic was anxious, delightfully, humbly, just-like-the-rest-of-us anxious to see how his horse would turn out.

She went beautifully for two or three days. We were all duly called upon to admire her fine points, her small head and feet, her glossy coat, her broad chest, her excellent knee action.

The cynic was happy. So happy that he almost forgot he was a cynic. So happy that he even forgave when she stally passed over the fine points and said she'd rather have a horse with less knee action and more of a mane and tail.

And then one morning the beloved animal was not taken for her daily trot.

The cynic came back from the stable thoroughly remembering his character of cynic.

"The horse is gone bad," he explained. "Her front legs are all stiff. The stable people don't seem to know what the matter. They say she probably will be all right in a few days, but I can't get anything real definite out of them. All they'll do is squint at her legs and look wise. I'll bet the animal goes lame for good, just my luck."

Of course we all promptly tried to cheer him up—even Molly graciously joined in the assurances that of course the horse would be better in a day or two.

And then the author-man's wife came in and heard the news.

"Well, now isn't that queer?" she

glanced—yes, "glanced" is the proper word. "Do you know my father had a horse, once that did just like that. She went splendidly for a day or two after he bought her, and then went stiff all of a sudden and was never good for anything again. The veterinarian said she had something the matter with her feet in the first place, and that something must have been injected into them to make her go all right for a day or two. Father kept her for awhile and then sold her to a tin peddler for fifty dollars. And he paid three hundred and fifty for that horse. Your horse makes me think of her a lot, too, in her knee action and the way her feet are shaped. Now isn't that funny?"

The lady—who-always-knows-something came in just about then and reinforced our assurances that the horse would surely be all right in a day or two, and that the case the author-man's wife had told about was different in a great many ways, but the cynic was beyond reach of optimism.

Sweet of the author-man's wife, wasn't it?

And of all her kind who always have a dimly suggestive story of a trouble, the cynic was most of all. And she did most disastrously.

You fall and hurt your knee a bit and the doctor orders you to bed for a day or two, and they promptly remember that "Aunt Eliza, who fell very much the way you did, was in bed eighteen weeks and in dreadful pain most of the time."

Your maid acts strangely, and they promptly recall how "Mrs. S.'s maid did things just like that, and she turned out to be an ether fiend and set the house afire in one of her crazy spells."

You find—but why multiply examples?

Everybody knows the type. Everybody suffers from it at one time or another.

And everybody—I fancy—has much the same opinion of it.

Ruth Cameron

DOLO SHOE POLISH

Needs just a daub, a rub, and you have a lasting and easily revived shine. Polo comes in the BIG box. At all grocers and shoe stores.

"Good for Leather—Stands the Weather"

Notes From Gambo.

The chop is now over and the men have returned from the woods after a good season's work. The weather conditions of the past winter were such as to greatly facilitate lumbering operations—just the right quantity of snow and frost.

Quite a number of men are employed here by Messrs. G. M. Strong, J. M. Curran and M. Gibbons. Between the three firms there must have been 300 men engaged in logging during the winter months. The past week there was quite a stir at Gambo and a lot of money was put in circulation. Messrs. M. E. Martin and N. Smith did a rushing trade for their firms. There will be a lull now for a couple of weeks, and then the driving begins, followed by the whirling of the mill saw.

On Easter Monday night there was a fancy fair, held in the R. C. School Hall here for the purpose of raising funds to renovate and decorate the interior of the new church erected by Rev. Dr. Whelan in 1905. A committee of the Altar Society composed of Mesdames M. J. Curran, P. J. Cashin, Misses Gillis, Harrington, Dooley and Kelly had charge of affairs. The result of their combined efforts, together with the patronage of their many friends, showed itself in the handsome sum of \$350. They now take the opportunity of thanking all those who by their generous donations and willing help contributed so much to the financial success of their sale of work. These ladies also held a very enjoyable entertainment at Xmas whereby they raised a hundred dollars, which was expended in making the large school more commodious. This it would appear that our R. C. friends are very enthusiastic over church and school affairs.

The Rev. M. P. Finn arrived here by Thursday night's express on an Easter visit to his people, staying over Sunday. At Mass Sunday morning and at evening service he preached very plain and direct sermons, with which the people were apparently pleased. We are anxious for more frequent visits from Fr. Finn, in fact we should prefer to have him reside right here amongst us. He returned to Whitbourne yesterday.

CORRESPONDENT,
Gambo, April 25th, 1911.

I consider MINARD'S LINIMENT the BEST Liniment in use. I got my foot badly jammed lately. I bathed it well with MINARD'S LINIMENT, and it was as well as ever next day.

Yours very truly,
T. G. McMULLEN.

Household Notes.

In putting lace insertion into tub dresses in such a way as to bear a strain, as in attaching a flounce to a skirt, or in the yoke or waist, I cut strips of bobbinet a little wider than the insertion and place it under the lace. This strengthens the lace without spoiling its beauty, and adds much to the wearing quality of the gowns. Baked bananas are sometimes used as a vegetable. Peel and cut in half, lengthwise. Divide in large. To each banana allow a tablespoonful of sugar, two tablespoonfuls of water, a teaspoonful each of lemon juice and melted butter and a pinch of salt. Put slices in shallow casserole and bake slowly for half an hour, keeping them well basted.

When you wish to do tucking on a fine garment by hand it is easiest to fold them first with the machine; adjust trimmer to the correct size; then adjust the stitch. Remove the thread from the needle and stitch your tucks exactly as though you were using thread; thus your tucks are nicely marked and the hand sewing can follow the holes pierced by the needle.

In making all covers having drawers at the top and waistline, stitch the shoulder straps to the upper edge of the back. In the front, fasten these of the garment on the under side with a small safety-pin, or a button and buttonhole. This is to be undone when laundering and the cover opens out flat and is as easily ironed as a handkerchief.

When I fry doughnuts I have a pan of boiling water on the stove and when I take a doughnut from the hot fat I dip it for an instant in the boiling water. All the surplus fat is removed and I have a brown, crisp doughnut that anyone can eat without ill-effects. When the water is cold I remove the fat from the surface to use again and you would be surprised to see the quantity that rises.

With the care of the refrigerator the thought must always come that butter and milk take on the flavors of all that they come in contact with, and should be kept in the ice chamber alone and covered carefully at that. The cream cheeses are susceptible to strong flavors, and have to be carefully protected. Wrapping in paraffine paper is often an effective protection for delicate food from strong odors.

Some people do not care to sleep

BRANDRAM-HENDERSON, ENGLISH PAINT

—That's The Paint
For Me
—The Paint With The Guarantee

This good, reliable paint bears the guarantee of Brandram-Henderson Limited.

This guarantee says that the white pigment forming the base of Brandram-Henderson "ENGLISH" Paint is 70% Brandram's B. B. Genuine White Lead and 30% Pure White Zinc—100% pure.

I know just what I'm getting when I buy "ENGLISH" Paint.

BOWRING BROS. LIMITED,
ST. JOHN'S

with their bedroom windows open in winter for fear of catching cold. The following plan works splendidly: Procure a piece of wood an inch or two in thickness and exactly the length of the bottom ledge of the window frame. Raise the lower sash, insert the wood, then press the sash down. This allows a current of air to pass through the room without causing a draught.

Flushing our waterpipe with hot water has saved us many plumbers' bills, besides the inconvenience of being without water for several weeks at a time during zero weather. First close the shut-off in the cellar. Then open the faucet to let the water run back. At the same time hold under the faucet a dipper of boiling water, submerging the mouth of the faucet. As the pipe empties, the hot water is sucked in and runs the length of the pipe, heating it all the way and melting the frost and ice.

by senior boys and girls.

Recitation—"When Mandy starts to wash," by Jas. Aylward.

Song—"In Happy Moments," by Angela Cashin.

Dialogue—"Signing the Pledge," by school boys.

Exercise—"Days of the Week," by school girls.

Dialogue—"Ghost of Crooked Lane," by senior boys and girls.

Song—"Gipsy's Warning," by Annie Chafe.

Song—"Swanee River," by John J. Brien.

Recitation—"Since Maw Joined the Club," by Lucy Cashin.

Song—"My Old Kentucky Home," by Annie Brien.

Recitation—"A Mixed Order," by Leo Chafe.

Song—"Annie of the Vale," by Stella Chafe.

Song—"Old Black Joe," by Jas. J. Chafe.



Entertainment at Cape Broyle.

Under the distinguished patronage of Rev. Fr. Rawlins and Hon. M. P. Cashin, on Easter Monday night one of the most pleasing events ever witnessed here was enjoyed by a large number of people. Those who took part in the performance must certainly feel pleased at the appreciation shown, as it was declared by all present to be the most successful ever held here. The affair was held in the new school and the building was packed. A brilliant rendition was given of a very enjoyable performance. Following is the programme: Opening Address.

Song—"Jingle Bells," by school girls (7).

Dialogue—"A Changed Housewife,"

Recitation—"Take things as you find them," by Angela Cashin.

Dialogue—"A Disturbed Old Man," by senior boys.

Song—"Red Wing," by seniors.

Recitation—"The Shadow on the Blind," by John J. Brien.

Song—"By the Sad Sea Wave," by a family (Chafes).

Chorus—"God Save the King," by the whole troupe.

Address.

Mr. Jas. C. Chafe, R. C. teacher, undertook the management of the concert. Those who took part in the work, and whose names do not appear on the programme, were Misses A. Dalton, B. Scully, M. Furlong, B. Keefe, B. Leahy, M. Duggan, K. Dalton, Mr. J. T. Brien, Masters M. J. Brien, W. Brien and Jos. Martin, all

Song—"Jingle Bells," by school girls (7).

Dialogue—"A Changed Housewife,"

Jas. Rice and Rd. Dalton, Mr. J.

No Man is Stronger Than His Stomach

A strong man is strong all over. No man can be strong who is suffering from weak stomach with indigestion, or from some other disease of the stomach and its associated organs, which impairs digestion and nutrition. For when the stomach is weak or diseased there is a loss of the nutrition strength. When a man "doesn't feel just right," when he doesn't sleep well, has an uncomfortable feeling in the stomach after eating, is languid, nervous, irritable and despondent, he is losing the nutrition needed to make strength.

Such a man should use Dr. Pierce's Golden Medical Discovery. It cures diseases of the stomach and other organs of digestion and nutrition. It enriches the blood, invigorates the liver, strengthens the kidneys, nourishes the nerves, and gives health and strength to the whole body.

You can't afford to accept a secret nostrum as a substitute for this non-alcoholic medicine or noisy composition, not even though the urgent dealer may thereby make a little bigger profit. Ingredients printed on wrapper.



Chafe delivered a short address at the opening, and at the close took occasion to refer to the object to which the funds would be devoted, namely, for the benefit of the school, and to thank those who kindly aided him in his work, also his associates on the stage for their hearty co-operation.

Rev. Mr. Rawlins then came on the platform to express his pleasure on being able to attend, as he had not been feeling well for the past week, and sincerely thanked those present for their patronage and congratulated the performers on the excellence of their work.

He was followed by Hon. M. P. Cashin, who referred to the zealous efforts of Fr. Rawlins in his parish work, and particularly congratulated him on the excellent school he had erected through the work of his people, and to which this was his (Hon. M. P.'s) first visit. He expressed his pleasure at witnessing such an enjoyable programme, as it had been the first occasion of its kind during his time here. He also congratulated the troupe, and remarked that for the success achieved it certainly must have been a lot of work and that much credit was due the teachers.

Cheers were then called for Rev. Fr. Rawlins and Hon. Mr. Cashin and were responded to in a stirring manner.

Refreshments were served after the performance and the light fantastic was tripped until 5 o'clock Tuesday morning.

The programme was repeated Thursday night and despite the weather conditions a good audience was present. The proceeds amounted to a very handsome sum, being little short of one hundred dollars.

SEEN AND HEARD.
Cape Broyle, April 25, 1911.

Notes From Wabana.

OUR IRON ISLE.

The bazaar in aid of the R. C. Church held at the Mines' Hall last week proved a great success. The energetic pastor, Rev. J. J. McGrath, was present and opened the bazaar, which ran for a whole week. To the ladies who managed the tables great praise is due, especially to the Misses Lawton, Egan, Shannahan (2), O'Brien, and Mesdames Steed, Delaney, Kent and Egan. Everything peculiar to a "fair" of this kind was in evidence, not omitting the dance, which all seemed to thoroughly enjoy after the Lenten season.

Rev. J. J. McGrath paid a visit to the metropolis last week.

Mrs. J. J. Miller returned this week from a prolonged visit to the city.

Mr. D. Trapnell, of the D. I. & S. Co. staff, spent the week end in St. John's.

The many friends of Mr. A. McDonald welcome him back again to Wabana. Mr. McDonald is very popular here, having been underground manager with the Dominion Co. for many years.

The Nova Scotia Co. were the first "to set the ball rolling" this year, and last week despatched the first cargo of ore for this year by their new 12,000 ton ore boat, the s.s. Telus, which sailed for Philadelphia.

The Themis, a sister ship of same capacity, is shortly due here.

It is freely rumoured here that a new mine, under the management of Mr. J. E. Grant, will start at Lance Cove this summer. If so, Wabana will indeed not alone be a great but a wonderful stronghold of iron ore.

Mr. W. Coughlan, who worked here last summer, has again returned to Wabana, this time to work at Lance Cove.

The new ore boats chartered by the D. I. & S. Co. will shortly be along, when the season's work of that vast concern will begin in earnest. These boats will ply between Wabana and Sydney, and ought to carry to the Cape Breton shores about 35,000 tons a week of Wabana's "red hematite."

The pupils of the various colleges, including Masters Jackman, Costigan, Carbage, Basha, Dwyer and others, who spent Easter at home, returned on Monday to St. John's.

The Holy Week festivities at the R. C. Church were fittingly celebrated here. Rev. Fr. McGrath conducted all the services. On Easter Sunday "Missa Cantata" was sung, and at the offertory the "Ave Maria" was sung by Miss N. Jackman, her splendid rich voice filling the spacious church.

The new route to Bell Island via Kelligrews will prove good when the stormy weather abates. At present the old route via the Cove is the surest, though the roads to the Cove from St. John's, we understand, were never in such a bad condition as at present.

Miss Minnie Murphy goes to St. to complete her studies.

Mr. R. Burnham is the latest to accept a position on the Iron Isle.

We welcome Mr. J. F. Burke back again from Sydney. Mr. Burke looks well after his stay in Cape Breton.

SPECIAL CORRESPONDENT:
Wabana, April 25, 1911.

Electric Restorer for Men
Phosphonal restores every nerve in the body to its proper condition. It restores vitality. Premature decay and all sexual weakness averted at once. Phosphonal will make you a new man. Price at a box, or two at \$5. Mailed to any address. The Scottell Drug Co., St. Catharines, Ont.

Evening Telegram Fashion Plates.

The Home Dressmaker should keep a Catalogue Scrap Book of our Pattern Cuts. These will be found very useful to refer to from time to time.

8917—A Dainty House Sack.
Ladies Dressing Sack With Peplum and Two Styles of Sleeve.



Dressing sacks are always desirable and a necessary adjunct to a woman who likes a comfortable garment for wear about the house. The design here shown may be finished with a round or sailor collar and bishop or flowing sleeves as preferred. The skirt piece or peplum is cut circular and joined to the sack with the belt. Lawn, dimity, organdy, crepe or chamois will be suitable for this model, and silk or flannel are equally appropriate. White dotted swiss with edging of French Val will be very dainty and effective. The Pattern is cut in 6 sizes: 32, 34, 36, 38, 40 and 42 inches bust measure. It requires 3 yards of 44 inch material for the 36 inch size. A pattern of this illustration mailed to any address on receipt of 10c. in silver or stamps.

Suitable materials for any of these patterns can be procured from AYRES & SONS, Ltd. Samples on request. Mention pattern number. Mail orders promptly attended to.

8905—A COMFORTABLE PLAY SUIT.
Child's Rompers with Bloomer Skirt Portion.



Galatea, gingham, chambray, seersucker, linen or percale may be used for this design. The waist is cut with body and sleeve in one, and is gathered at the neck edge and waistline. The bloomers are cut circular and look very much like a shirt when worn. For girls this model is especially desirable. The pattern is cut in four sizes: 2, 4, 6, 8 years. It requires 2 1/2 yards of 36 inch material for the 4 year size.

A pattern of this illustration mailed to any address on receipt of 10c. in silver or stamps.

PATTERN COUPON.
Please send the above-mentioned pattern as per directions given below.

No.

Size.

Name.

Address in full:—

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