THE WHITE RIBBON.

"For God and Home and Native Land."

Conducted by the Ladies of the W. C. T. U.

OFFICERS.

President—Mrs R. V. Jones.
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Narcotics—Mrs Vaughn.
Health and Heredity—Mrs Trotter.
Mother's Meetings—Mrs Hemeon.
The Girls' Friendly Society—Mrs Davison.

...Next meeting in Temperance Hall Thursday, Nov. 19th, at 3.30 P. M. The meetings are always open to any who wish to become members.

What Belgium Is Doing in Temperance Education.

The *School Physiology Journal*, is a monthly periodical, published at Boston and edited by Mrs Mary H. Hunt. It is devoted to the subject of Temperance teaching in the public schools, and has for its motto: "If we save the children to-day, we shall have saved the nation." A recent number contains an article translated from the *International Monthly*, published at Leipsic, Aug. 1896. It gives some idea of the spread of the "American Educational Method for the Prevention of Intemperance," as the people of other countries call the compulsory temperance education movement which owes its origin to Mrs Mary H. Hunt. Through her efforts all but four of the states in the Union have enacted laws requiring scientific temperance teaching in the public schools. Canada has also listened to her voice, and enacted similar laws, and her influence has extended to several of the European governments, notably France, England, Russia and Belgium.

The extracts which follow are from the article above referred to:

"Of all the measures which have been undertaken in Belgium for resisting alcoholism, the attempt to warn and shield the youths in school against the danger is surely the most important. The initiative for these efforts emanated from the Belgian Unions who had set themselves to resist alcoholism. Such Unions formed rapidly in many communities, and their number is on the increase. The last official report of December 31, 1895, gave the following cheerful picture:

Of 3,940 public schools and private schools receiving state aid, 47 per cent had a Temperance Union. Of the 104,015 boys, aged at least eleven years, who attended these schools, 32 84 per cent belonged to a Union. At that date, 64,344 pupils (boys) of the public primary schools had taken the required pledge.

Besides these Unions, whose financia support the present Minister of Public Instruction, Mr Schollaert, has warmly recommended to the public in a recent circular, it appears there is instruction in the fundamentals of hygiene, which (study) was declared by law Sept. 1895, to be mandatory for all primary schools. Instruction as to spirituous liquors naturally takes an important place here, and through the publication of a book for teachers on this subject, is to be carried still farther. Moreover, the teachers are requested, even in the course of other lessons, to seek fitting opportunities for impressing upon the children the nature and effects of alcoholic drinks.

Even in girls' schools, henceforth teaching in regard to the alcohol question, based upon scientific and ethical facts, will be introduced.

The pledge now requires abstinence from distilled liquors till the twentieth year, but on the other hand, names only moderation in connection with beer and wine.

One question seems to us of vital importance in attaining a suitable result from the work commenced: that is, the extension of this pledge to include all spirituous liquors without exception. Not from fanaticism, but for good reasons, we believe that this half pledge should be displaced by the foundation principle of total abstinence.

It has recently become known that acute physicians everywhere of late years are opposed to the use of all kinds of spirituous drinks by immature persons, as injurious and dangerous. It is also well to consider that the physicians who speak of this have in mind, for the most part, not brandy at all, but especially beer and wine.

For these reasons I am of opinion that the Belgian School Unions will as soon as practicable pass to the stage of total abstinence. One might look at the matter less seriously if brandy were the only drink under consideration, but the Belgians show a strong inclination for beer; hence the extreme need of including beer in the pledge.

But we must ask first of all, what these Unions are to accomplish. It seems to me the results will be two-fold, regarded even from a hygienic standpoint. First it will preserve in the children their healthy instinct, their natural aversion to all alcoholic drinks. . . . . Another object which will be attained by these young people's Unions seems to me still more important: the children will see and experience for themselves the fact that without any spirituous drinks one may live contentedly and perform his duty. The impression as to the favorable effects of spirituous drinks, the idea that they are indispensable, will never be irradicated until the youths are brought up in total abstinence.

That these Unions will meet with strong opposition, and may, at first retrogade, is highly probable. But it is not the majorities who decide. Five thousand children brought up to the principle of total abstinence, allowed to taste no spirituous liquors, and taught to accept this naturally and as a matter of course, are more mighty in the struggle against the drink habit than fifty thousand who, even if they drink no strong liquors, take beer and wine, and look upon the same as (though possibly a little dangerous) yet agreeable, wholesome, and desirable.

It is evident that such a change as we wish to see brought about is possible only with the aid of co-workers, and the active example of total abstinence among adults, particularly teachers. For such an alcoholized land as Belgium, a stately host of abstemious teachers and educators would indeed be a great good fortune, and by no means one of the least gains which the country would derive from such a reform."—*Translated for the Journal.*

SUFFERED FOR YEARS.

The Experience of Mr Grant Day, of Harrowsmith.

He Suffered Much From Rheumatism Especially During Spring and Autumn—Following a Neighbor's Advice Brought About a Cure.

From the Kingston Whig.

One who has been released from years of suffering is always grateful to the person or the medicine that has been the medium of release. It is therefore safe to say that one of the most thankful men in the vicinity of Harrowsmith is Mr Grant Day, who for years past has been a sufferer from rheumatism, but has now been released from its thraldom. To a reporter Mr Day told his experience substantially as follows: "I have been a sufferer from rheumatism for upwards of twenty-five years. It usually attacked me worst in spring and fall, and at times the pain I endured was intense, making it difficult for me to obtain rest at night. From my hips down to my feet every joint and every muscle appeared to be affected, and the pains appeared to chase one another until I was at times nearly wild, and mind you this was my condition for upwards of twenty-five years. During that period I tried many remedies, and while I obtained temporary relief from some, I could get nothing in the way of permanent benefit. But last year the pains did not come back, and they have not returned since, and this is the way it came about. One day while telling my neighbor, Mr W. C. Switzer, how badly I was feeling, he said: 'Get half a dozen boxes of Dr Williams' Pink Pills and use them according to directions, and you will find they will do just what they are advertised to do—cure you. I know this from experience in my own family.' Well I got the pills and used them, and the rheumatism has been driven out of my system, and last winter and spring for the first time in more than twenty years I was entirely free from my old enemy. But there is one thing more Dr Williams' Pink Pills did for me, and which astonishes me a little. Over forty years ago I had a severe earache, and used a liquid preparation in the hope of getting relief. It nearly ruined my hearing, and for all the years since I have been partially deaf. After I took the Pink Pills my hearing came back, and my ear is now all right. My wife and sister have also found much benefit from Pink Pills when run down by overwork, and it is safe to say that they will always be found in our house."

Dr Williams' Pink Pills strike at the root of the disease, driving it from the system and restoring the patient to health and strength. In cases of paralysis, spinal troubles, locomotor ataxia, sciatica, rheumatism, erysipelas, scrofulous troubles, etc., these pills are superior to all other treatment. They are also a specific for the troubles which make the lives of so many women a burden, and speedily restore the rich glow of health to pale and sallow cheeks. Men broken down by overwork, worry or excesses, will find in Pink Pills a certain cure. Sold by all dealers or sent by mail postpaid, at 50c. a box, or six boxes for $2.50, by addressing the Dr Williams' Medicine Company, Brockville, Ont., or Schenectady, N. Y. Beware of imitations and substitutes alleged to be "just as good."

The True Christian.

Christian love is not the dream of a philosopher sitting in his study and benevolently wishing the world were better than it is, congratulating himself, perhaps, all the time on the superiority shown by himself over less amiable natures. Injure one of these beaming sons of good humor and he bears malice—deep, unrelenting and refuses to forgive. But give us the man who, instead of retiring to some small, select society or association, where his own opinions shall be reflected, can mix with men where his sympathies are unmet and his tastes are jarred and his views are traversed at every turn, and still can be just and gentle and forbearing. Give us the man who can be insulted and not retaliate; meet rudeness and still be courteous; the man who, like the Apostle Paul; buffeted and disliked, can yet be generous and make allowances.

A wicked, witty prodigal returned, and in his old manner, accosted his father, "Well, governor, I've come back. Are you going to kill the fatted calf?"

But the gentle old man was a match for him, and said, "No, my son; I think I'll let you live."

Minards Liniment Lumberman's Friend.

Ask your grocer for

Windsor Salt

For Table and Dairy, Purest and Best

A Month of Dread

TO ALL RHEUMATIC SUFFERERS.

Paine's Celery Compound a Priceless Blessing for Suffering Humanity.

November, with its variable weather, is a month of terror and torture for all rheumatic sufferers.

At this time, a remedy that has power to eradicate the cause of rheumatism from the system is indeed a priceless blessing. Such a remedy, for all forms of rheumatism, will be found in Paine's Celery Compound.

In thousands of cases Paine's Celery Compound has produced marvellous cures. Even in the longest standing and nearly incurable cases the great medicine has given wonderful and magical results.

If you are a sufferer, delay not a moment; procure Paine's Celery Compound and test its powers. If you are vainly trying to effect a cure with other medicines, throw them aside and use the medicine that it now curing your friends and neighbors.

Mrs J. Vince, Barrie, Ont., after vain attempts to effect a cure with the ordinary medicines of the day, used Paine's Celery Compound with truly blessed results. She writes thus:

"I am happy to say that I have taken Paine's Celery Compound with great results. I had sciatica so badly that I could not turn in bed or walk without help; and for a period of three weeks was helplessly laid up and suffered pain that at times was unbearable.

"I tried many medicines, but all in vain. I was afterwards recommended to try Paine's Celery Compound. I used six bottles and am entirely cured, and enjoy good health. I take great pleasure in recommending the valuable medicine that cured me."

Economy in Hauling Loads.

In a talk on good roads A. J. Johnson, a civil engineer who has done some very effective work in road construction in New Jersey, gave the following reasons why good roads should be constructed:

"It has been proved that on sandy roads 30 bushels of grain are a load for two horses; on so-called pike roads 50 bushels are the maximum load; on macadam roads 100 bushels, and on the best grades of telford roads 200 bushels can be carried. If these figures are correct, and there is no reason to question them, they furnish an impressive argument for the improvement of roads—an argument, moreover, which ought to appeal most forcibly to farmers, whose interest in the question has thus far been rather sluggish. The agitation for good roads accomplished little so long as it was discussed from a speculative point of view. People who read appeals on the subject agreed with them in theory, perhaps, but they saw no reason why they should personally do anything in the matter. But there are other practical arguments in favor of good roads that also appeal strongly to the farmer. It is said that certain New Jersey canneries pay two cents less a basket for tomatoes that have been hauled over rubble roads, because they are injured by the jolting they receive."—*Wisconsin Agriculturist.*

False Statements Made to Reap Large Profits.

Diamond Dyes Hold the Fort Everywhere.

The false statements, "just as good as the 'Diamond,'" "Put up same as the Diamond Dyes," used by many dealers in order to sell worthless and crude dyes, are sufficient to stamp them as mean and dishonorable. Such men are capable of any form of business dishonesty.

The common dyes are offered to you simply because the dealer makes a far greater profit out of them than he can from the sale of Diamond Dyes.

Ladies, you who buy these common dyes are the sufferers; the dealer pockets your money, leaving you to chagrin, loss and disappointment.

The experiences of long years point to the Diamond Dyes as first and best. With them your work is well and quickly done, and you derive a satisfaction that you have saved time and money. Use only the "Diamond" beware of the *just as good* kind.

Man's Bitterest Enemy.

"Sin is always man's bitterest enemy," writes Dwight L. Moody, in "Mr Moody's Bible Class," in the November *Ladies' Home Journal.* "It separates him from his Maker. It separates him from his fellow-beings. No position is too high for sin to debase; no place so hallowed but it seeks to corrupt; no home so sacred but it seeks to destroy. "Sin, like holiness, is a mighty leveler," says a distinguished divine. And what may be the cause of the thousands of suicides which have occurred during the past year if it is not a loathing of self? It is sin, then, that makes a man loathe himself. It is sin which makes man's life become a burden from which he so often seeks to free himself by his own hand."

We Want to Know.

Not a Single Reply to Our Question—Not a Failure to Cure—A Half-Million Users of Dodd's Kidney Pills Satisfied.

TORONTO, Nov. 2 (Special)—Without a single reply, for over two years we have advertised this question:—"Does anyone, anywhere, know of any case wherein Dodd's Kidney Pills have failed to cure any kidney disease, at any stage?

We estimate that a half million people must have joined in using the two and a half million boxes already sold in Canada; and yet not a single complaint,—not one failure to cure.

Now reader here's one for you:—Do you know of a death from kidney disease, or of heart failure, the victim having used Dodd's Kidney Pills?

The ingenious reasoning of children is sometimes very amusing.

The Philadelphia *American* gives the following:

"Elsie," said the mother, "I understand you took a second helping of pudding at Mrs Brown's to-day."

"So I did, mamma."

"Do you think that was right, Elsie?"

"Yes. You often told me not to contradict and Mrs Brown said, 'I know Elsie, you will have a second helping of pudding,' and I couldn't contradict her could I?"

DODD'S KIDNEY PILLS

QUERY ?

Do you know of a case wherein DODD'S KIDNEY PILLS fail'd to cure any kidney ailment? If so, we want to know it. Over a million boxes sold without a single complaint

THE DODDS MEDICINE CO. LTD. TORONTO

ROBERT STANFORD,

LADIES' AND GENTLEMEN'S

Fine Tailoring.

154 and 156 HOLLIS STREET,

Halifax, N. S.

☞ My ladies' department is under the supervision of Mr Edward Dirmer, late cutter with Vorbornick, of Paris.

Nov. 29th, '95. 1 yr

Fruit Trees for Sale!

—AT—

Weston Nursery, Kings Co., N. S.

(BERWICK R. R. STATION.)

I have for sale a good stock of trees for planting, comprising Ben Davis, Spy, Blenheim Pippin, Fallowater, Nonesuch, Wagner, Pewaka, Banks Red Gravenstein, and the common Gravenstein, and Moores' Arctic Plum—fruited.

Persons ordering direct from the Nursery will get this stock at first cost—saving agent's profits.

ISAAC SHAW, PROPRIETOR.

"BELL"

PIANOS * AND * ORGANS.

We have a large stock of the above instruments, in the latest styles, which we are selling at about one-third less than is usually asked around the country for these instruments. Don't fail to write for prices to

THE W. H. JOHNSON CO., LTD.

157 GRANVILLE ST., - HALIFAX, N. S.

WE DO NOT CLAIM TO SELL

House Finish, Doors, Sashes, Blinds, etc.

more cheaply than our competitors, but we do claim to use better Stock, and give you better value.

☞ Write for Catalogue.

HALEY BROS., & CO.,

ST. JOHN, N. B.

☞ F. W. WOODMAN, Wolfville, is our Agent.

MONUMENTS

In Red and Grey Polished Granite and Marble.

Strictly first-class Work.

GRIFFIN & KELTIE,

323 BARRINGTON ST., HALIFAX. 33

THE SLATER SHOE

"The Craft of St. Crispin."

—A pictured history of the Shoe from the 3rd century to date. Full of foot facts about leather, shoe ruin and longevity, tricks of the last, foot forming influences, styles and colors of latest shoes, etc.

Copy free from agents or makers of

"The Slater Shoe."

MAKERS MONTREAL

For sale by C. H. Borden, sole agent for Wolfville.

No Need to Muffle Up

when your clothing is interlined with **Fibre Chamois.** It offers an *all weather* protection that can't be equalled. Neither wind, frost, rain or sleet will penetrate it when you use the Rigby Waterproofed line and yet it is so light that it adds no noticeable weight to a suit. Its non-conducting qualities make it the most perfect and healthful warmth giver that can be had and every one should ensure their winter comfort by seeing that it is put in all ordered clothing or by finding the **Fibre Chamois label** on any ready to wear suits they may purchase.

Selling now for 25 cts. a yard.

Granby Rubbers

Modelled each year to fit all the latest shoe shapes. Extra thick ball and heel.

Honestly made of pure Rubber. Thin, Light, Elastic, Stylish, Durable.

Sold everywhere. They Wear like Iron.

DR. E. N. PAYZANT

Will continue the practice of Dentistry as formerly, at his residence near the station, Wolfville. Appointments can be made by letter or at residence. Special fees on lower sets of teeth.

March 20th, 1895. 29

W. W. HOWELL & CO.,

121 LOWER WATER ST.,

Halifax, - N. S.

Mechanical Engineers, Machinists, Builders of Marine, Stationary and Hoisting Simple and Compound Engines. Mill and Mining Machinery. Steamship Repairs. 30

1896-1897. THE 1896 1887.

Yarmouth Steamship Co.

(LIMITED)

2 TRIPS A WEEK!

The Shortest and Most Direct Route between Nova Scotia and the United States.

THE QUICKEST TIME,

15 to 17 hours between Yarmouth and Boston!

Commencing Nov. 4th.

STEEL STEAMER

"BOSTON,"

UNTIL further notice, will leave Yarmouth for Boston every

Wed. and Sat. Ev'ng

after the arrival of the Express train from Halifax. Returning, leave Lewis' wharf, Boston, at 12 noon, every TUESDAY and FRIDAY, making close connections at Yarmouth with Dominion Atlantic Ry. and Coach Lines for all parts of Nova Scotia.

This is the fastest steamer plying between Nova Scotia and the United States and forms the most pleasing route between above points, combining safety comfort and speed.

Regular mail carried on steamer. Tickets sold to all points in Canada, via Central Vermont or Canadian Pacific Ry., and to New York via Fall River Line, Stonington Line, New York, Haven & Hartford and Boston and Albany R. R.

For all other information apply to Dominion Atlantic, I. C., and Central Railway Agents or to

W. A. CHASE, Secretary and Treas. L. E. BAKER, Manager.

Yarmouth, Nov. 1st, 1896.

NOTICE.

Having secured the Shop recently occupied by Mr W. Regan, I am now in a position to supply the public with all Goods in my line;

Custom Boots & Shoes.

Men's Women's and Children's Boots and Shoes made to order.

Repairing neatly and promptly done.

Thanking the public for past favors, and by close attention to business I hope to receive a fair share of patronage.

E. B. SHAW.

☞ Terms strictly cash on delivery of work.

Ho! Bicyclists.

We deal in best grades of Bicycles and sell on favorable terms. Call or write us for prices, etc.

When your Wheel Needs Repairs . .

you will need our help. We do all kinds of repairing thoroughly and correctly.

WE GUARANTEE SATISFACTION!

Make a note of this.

Hantsport Bicycle Co.

Hantsport, Aug. 20th, 1896.

Commencing July 13 & 14

LEWIS RICE & CO'S.

PHOTO STUDIO AT WOLFVILLE

will be open for business

Every Monday & Tuesday.

We thank you all for the many favors of the past and trust that our work will continue to merit your approbation, also that the new time-table will be found even more convenient than the old.

Yours sincerely,

45 Lewis Rice & Co.

JOHN W. WALLACE,

BARRISTER-AT-LAW,

NOTARY, CONVEYANCER, ETC

Also General Agent for FIRE and LIFE INSURANCE.

WOLFVILLE, N. S.

W. J. Balcom

has secured an Auctioneer's license and is prepared to sell all kinds of Real and Personal Property at a moderate rate.

Scraps for Odd Moments.

The burglar climbed over the office partition. It is well to be on the safe side, he said. Then he began work on the vault.

Take off your overcoat and hang it up. It's as safe here as in a court.

That's not so safe. I lost a suit in court to-day.

Keep Minards Liniment in the House.

Schoolmaster—Now, boys, supposing that the goddesses Diana, Venus, and Juno were to appear before you, what would you do with this apple?"

"Please, sir, I'd eat it before they asked for it."

Minards Liniment is used by Physicians.

Miss Culture—What do you think of Henry George's single tax idea?

Miss Gussington—Well, I see no reason why he should not tax single men, but I don't think he ought to tax single women—it isn't our fault.

Tourist in Oklahoma—I understand that Polecat Pete barely escaped from the mob last night.

Alkali Ike—Wal, not exactly borely. He had about half a coat of tar and feathers on when he got away.

Ask for Minards and take no other.

Boy (who has been patiently watching the strange angler for about an hour)—You ain't caught anything yet have you?

Stranger—No, not yet, my boy.

Boy—There wasn't any water in that pond until it rained last night.

If your hair is thinning and fading, use Ayer's Hair Vigor. It restores color and vitality.

There is no mincing things any longer, began the landlady, as a preliminary to demanding a settlement.

From which I may infer then, said the young man, that we are to be treated with no more hash at breakfast, and made his escape before she could recover.

If afflicted with scalp diseases, hair falling out, and premature baldness, do not use grease or alcoholic preparations, but apply Hall's Hair Renewer.

"My son," said Farmer Goshley, "what is it that causes the rotary motion of the earth?"

"I'm sure I don't know, father."

"My son, come to my arms. You have been six months at college and there is one thing you are sure you don't know!"

Mother (at a party)—Why did you allow young Saphead to kiss you in the conservatory?

Daughter—Why, ma!

Mother—Oh, you needn't 'why ma,' me. One side of his nose is powdered, and one side of yours isn't, and the people have noticed it.

Prison Visitor—My friend, you ought not to complain; you are here to satisfy the demands of justice.

Prisoner—Not much I am; for months my creditors kept urging me to raise money, and then when I raised a check they put me in the jug. I'm blamed if I can see how you call that justice.

"Turn the rascals out"—the familiar party-cry—may be applied to microbes as well as to men. The germs of disease that lurk in the blood are "turned out" by Ayer's Sarsaparilla as effectually as the old postmasters are displaced by a new administration.

The Senior Partner—I guess we will have to give up trying to get that money from Sharpe.

The Junior Partner—Really?

It looks that way. His office is in the second story of his place, you know, and he threw our collector out of the window, where the man fell through an awning, you remember.

Yes.

Now he sends in a claim for the damage to the awning.

I was cured of painful Goitre by MINARD'S LINIMENT.

Chatham, Ont. BYARD MCMULLIN.

I was cured of Inflammation by MINARD'S LINIMENT.

Walsh, Ont. MRS W. W. JOHNSON.

I was cured of Facial Neuralgia by MINARD'S LINIMENT.

Parkdale, Ont. J. H. BAILEY.

Yes, said the old man, addressing his young visitor, I am proud of my girls and would like to see them comfortably married, and as I have made a little money they will not go to their husbands penniless. There's Mary, 25 years old, and a real good girl. I shall give her $5000 when she marries. Then comes Bet, who won't see 35 again, and I shall give her $10,000; and the man who takes Eliza, who is 40, will have $15,000 with her.

The young man reflected a moment or so, and then inquired: You haven't one about 60, have you?

WHEN RUN DOWN GET BUILT UP.

That's our advice to every weakly, sickly, ailing woman and girl, and there's nothing equal to INDIAN WOMAN'S BALM for purifying the blood, toning up the nerves and building up the health.

Fred. H. Christie,

Painter and Paper Hanger.

Best attention given to Work Entrusted to us.

☞ Orders left at the store of G. H Wallace will be promptly attended to. 37

PATRONAGE SOLICITED.