LECTURE By Dr. Carolyn Geisel.

(Continued from page 2)

finger nails? heart and lung trouble. If the so hard to put down the high cost writer of this question is here, I of living. would advise her to see a doctor. matter with her, but is better to suffers from Obesity? (b) Wi be sure, these may also indicate cold water increase Obesity? over-work or over-worry.

mittant heart?

(A.). Yes. Ask your own doctor just how much exercise you can, in your case, safely take.

(Q.). What is the cause of excessive perspiration in the Axilla, which is under the arm?

it, as it is absolutely necessary for ulants. the body to throw out its poison. A little boracic acid, would help to instead of cold water, how hot prevent any disagreeable odor.

(Q.). Are Kellog's toasted Corn Flakes a valuable food?

(A.). Yes. (Although you know I am not getting paid to advertise arteries be cured? Kellog's goods). They have been thoroughly crubbed, until clean; makes them so palatable.

Flakes, but if I am correctly informed, they cost from ten to fifteen cents a package. Easily for one cent you can get a pound of corn. Why do you spend your (O.). What causes, and what is money on patent corn flakes, when the remedy for, small dents on the you can prepare it ever so much cheaper at home, by yourself or (A.). Those sometimes indicate your servants; when we are trying

(Q.). Is it harmful to drink There may not be anything the much cold water, when a person

(A.). No. You should take (Q.). Are violent exercises in- about two and a half quarts of jurious to a person with an inter- water every day. (b) Just slight-

> (Q.). Is chocolate taken as a beverage wholesome?

(A.). Most-certainly, as it contains oil, and should always be used in preference to tea or coffee, as those contain no nourish-(A.). Nothing can be done for ment whatever, they are only stim-

> (Q.). When hot water is taken should it be?

(A.). As hot as you can take it

(Do not burn your mouth).

(A.). Yes, if taken in time.

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· 000 germs. The germs multiply valence of Tuberculosis. (O.). Can inflammation of the at the rate of 1,800 in twenty-four

Persons suffering from Tuberhours, and thrive in the darkness, culosis should take a variety of dirt, and dampness. Therefore, food, and eat as much of it as pos-(Q.). What is the cause, and let the direct sunshine in, open the sible. (I shall have to be gross to then toasted until crisp which what is the cure of Consumption? windows, take away the curtains, explain my meaning). You have (A.). We cannot have Con-land keep every place scrupulous- to just "Stow it." Next, they I wonder why we use so much sumption without having the ly clean. The people in parts of must rest, lie out in the open air, of this patent food, that the world germs. One expectoration by a this Island live too exclusively on wrapped in blankets, and just do turns out, every year. I never person suffering from this dis- tea and white bread, which ac- nothing but rest, and keep out of bought Kellog's Toasted Corn ease, results in distribution of 18,- counts in a measure for the pre- doors as much as possible.

Thanking you again for this wonderful audience, and your patience in listening to me, thank you again. I thank you.

Many Americans Die in France

Germans Hate the Foreign Legion Worse Than They do the British—In One Charge Only 180 Survived Out of 1000

Paris. Oct. 9.-Americans in the Foreign Legion who dissappeared and the battle inChampagne are Edmond C. C. Genet of New York, a grandson of Govenor Clinton and Paul Kavelka, both of the second batta lion of the First Regiment; Lieuten ant Charles Sweeney, formerly o West Point; Jack Casey, formerly New York newspaper artist; Robert Soubrian of New York; Frank Musgrave, of New Orleans, Bob Scanlon, a negro puglist; Fredrick Zinn of Battle Creek, James Dowd, of Brooklyn, Frederick Capdeville, of New York, Dave King, of Providence, Alan S. Egar of New York, and Elow Nelson of Milwaukee, all of the second battalion of the second Regi-

Wounded in hospital are D. W Choran, South Dakota, seriously in the back of the head; Charles Trinkard of New York, with two bullets in the right shoulder, and Dr game hunter and artic explorer, formerly attached to the American Ambulance, who has a shattered leg

All are of the First Regiment Dr. Wheelar was brought here by the American Ambulance, a special permit being granted owing to his previous connections with it. When he was wounded he injected morphine with which as a physician he was liberally supplied, into himself, and then crawled seven kilometers to the rear, pausing to inject morphine into

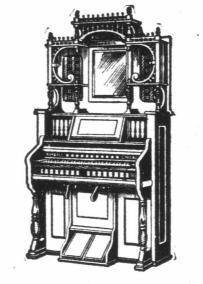
many badly wounded men. On Sept. 20 both regiments of the egion were brought to Champagn All citizens of the allied nations then had an opportunity to join their own armies or regular French regiments. The rest were merged into a single regiment of two battalions, 4,000 strong, the merger being completed

The regiment was then ordered to the front line of trenches on the left tury I have practised Dentistry in centre, where the Germans immed- Newfoundland, and to-day there fatly shouted: "We know you, For- are many thousands perfectly eign Legion. If you attack we will satisfied with my services. get you this time."

The Germans hate the Foreign at first, the very best obtainable, Legion worse than they do the Brit- but the fee has been reduced to

The Legion was held until Sept. 20. t then led the assault on the German second line. The troops melted under the terific fire, but rushed an apparently impregnable position and captured a fortified wood in the rear. old ones repaired, consult Only 180 men survived of the second battalion of the old First Regiment. (A French battalion consists of 1,-

The last man Dr. Wheelar saw alive was the commandant, who was jnel4,m,w,f,eod talking with him and a Captain, When the latter was killed Dr. ADVERTISE IN THE Wheelar was wounded.



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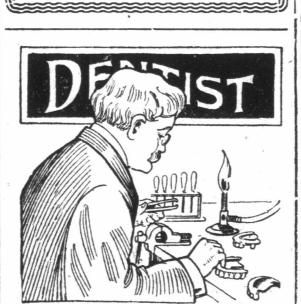
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