

RED ROSE TEA

And because you like good things you'll like Red Rose.

How the Envelope Was Invented.

A stationer of Brighton, England, took a fancy for dressing his show-rooms gradually from the largest to the smallest size in use; and to finish his pyramids off nicely, he cut cards to bring them to a point. Taking these cards for miniature note-paper, lady customers were continually wanting some of "that lovely little paper," and the stationer found it advantageous to cut paper to the desired pattern. As there was no space for addressing the notelets after they were folded, he, after much thought, invented the envelope, which is out by the aid of metal plates made for the purpose. The sale increased so rapidly that he was unable to produce the envelopes fast enough; so he commissioned a fosen houses to make them for him, and thus set going an important branch of the manufacturing stationery trade.

A HAPPY CHILDHOOD A MATTER OF HEALTH

Let Baby's Own Tablets Keep Your Children Well.

Little children very quickly get out of sorts. By prompt treatment they can usually just as quickly be set right again. Most of their troubles arise in the first place from the stomach or bowels; that is why a good cleaning-out is the first thing prescribed by the doctor. Formerly castor oil was the means used to bring this about; now-days Baby's Own Tablets do the same work, but without trouble to the parent or discomfort to the little one. Children take Baby's Own Tablets happily because there is no nasty taste and because no gripping after-pains follow their use.

As a specific for childhood indigestion, vomiting, constipation, colic, colds, teething pains, etc., there is nothing to equal Baby's Own Tablets. They never do harm and always do good. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Drive Slowly at Bridges. Automobiles should drive slowly at bridges and at culverts. A bad rut in the road may throw the machine against the structure.

For Plowing Alfalfa
FAMOUS FLEURY PLOWS
No. 21 and "DANDY"
With Tinkler Patent Wheels
HAVE NO EQUAL
See the nearest Fleury Dealer
J. FLEURY'S SONS, Aurora, Ont.

Take a REAL HOLIDAY this FALL!

Go to Europe! It's your slack season here in Canada, but in England, the social season, with all its life and amusements, is just getting into its stride. The lights of London are beckoning—the theatres and shops offer a diversity of interests and pleasures.

Plan now to make the crossing on a Cunard or Anchor-Donaldson Canadian Service Cabin Class Steamer. You will find the trip itself a most enjoyable experience. Sailing from Montreal means a thousand miles of sheltered river travel before you come to the open sea which is crossed in a few delightful days.

Ask your steamship agent about the St. Lawrence route to Europe, or write—
THE ROBERT REFORM CO., LIMITED
Montreal Toronto Halifax Quebec
St. John, N.B.
CUNARD ANCHOR-DONALDSON CANADIAN SERVICE

A Regular Rainbow.

"Look at them suds!" said Mrs. O'Day. Arms akimbo in prideful way—Mrs. O'Day, turned sixty-five, The steadiest washer still alive, Her fingers knobby, her hands past hope From scalding water and turpentine soap, A crook in her back and a sag in her side. "Look at them suds!" she cried. "Forty-five years I've washed," mused she, "But prettier bubbles I've yet to see. Gold and lavender, green and blue, An' little bright sparkles specklin' through— Just like jewelry. Bless my heart, It do beat all how them colors start— A sheet or a sock or a towel to scrub, And a rainbow right in me tub!"

She shook her gray hair out of her eyes And peered at the marvel wonder-wise, Iridescent with glint and gleam, Beauty broke through the mist of steam. "A regular rainbow, sure enough; You'd think spring water was magic stuff. I'm proud o' them suds, I'm free to say," Sang Mrs. O'Day. —Nancy Byrd Turner, in Youths' Companion.

When Fog Swings Up the Canyon.

As I came down the mountain In the dancing Month of May I met a magic runner With yards and yards of spray. He brought it from the whitecaps Winging the ocean blue And hurried to the hillside To whisper to the dew.

He swung along the canyon Flying his silvery sail; It ran in swirls before him It ribboned every trail. It draped the mountain lilac With a misty net and fine, It threw a chiffon larlet Atop a mighty pine;

And then as if by magic Three clouds with sails of gray Drifted along the tree-tops To lose themselves in spray. And all about was music Hushed to a muted spell Of whirring wings and warbling calls And a far-off, sweet-toned bell.

I have never lost the beauty Nor the music of that day When I came down the mountain In the dancing Month of May. —Caroline West.

Only one passenger was killed by accidents to trains on railways in Great Britain during 1925.

Striking while the iron is hot is all right, but too many men strike when the head is hot.



Saves \$24 A Year

Cooking experts figure that the SMP Enamelled Ware Roaster will save the average Canadian family fully \$24.00 a year in meat bills. The secret is, it roasts the meat with very little shrinkage. Also, it makes cheap cuts taste like the best ones. You place the roast in the roaster, put on the cover; the roaster does the rest. No basting required. Every roast is perfectly cooked. The cover fits close, so that cooking odors cannot escape. Grease can't splatter out, which means a sweet clean oven. Prices range from 85c. to \$3.50 each, depending on size and finish—and don't forget the saving of \$24.00 yearly.

SMP Enamelled Ware ROASTERS

The Evening Bell.

A thousand multicolored lights The evening pours upon the land; And red into the heavens beam The un-rays, like a fire brand.

Like unto dark and dreamy eyes Mysterious ponds gleam here and there. Pirflies through the garden fly, And crickets' songs sound everywhere.

Like silver gleams the heather sand; The tumble bees hum through the dell. Serenely over to rolling land, Is heard a faintly ringing bell.

—Hans Benzman. Translated from the German by E. M. Cordson.

WHEN YOUNG GIRLS GROW PALE AND THIN

Dr. Williams' Pink Pills Should be Taken to Enrich the Blood.

When girls grow weak, pale and thin, parents should not neglect these symptoms; to do so means danger. The girl in her teens cannot develop into robust womanhood without an abundant supply of rich, red blood in her veins. It is the lack of this that is the great trouble with nine girls out of ten. Dr. Williams' Pink Pills have achieved world-wide fame for their remarkable blood-making properties. In these pills there is vigorous health, with glowing cheeks and sparkling eyes for every weak, pale girl. The value of the pills in cases of this kind is shown by the statement of Mrs. Winnifred Rutty, Barton Street, Wexford, Hamilton, Ont., who says:—"About two years ago my oldest girl got into very bad health. I took her to a doctor who advised having her tonsils removed, saying this was the seat of the trouble. We had them removed, but it did not help her, and she seemed to have absorbed so much poison from the trouble that she did not pick up at all. She could neither eat nor sleep, and what food she did take did not digest. Then she developed a cough that kept her awake at night, and went down in weight to 95 pounds. A neighbor said to me, 'You have tried so many things why not try Dr. Williams' Pink Pills?' I got some and before she finished the second box she began to show improvement. She continued the use of the pills for some time and is now in the pink of condition, able to work and play, and eat and sleep with all her old-time vigor. These statements can be verified by neighbors who watched her restored from ill health to perfect health."

If your medicine dealer does not keep these pills, you can get them by mail at 60c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

An Essential Profession.

There used to be a saying that "let a boy play the fiddle and he would all ways be out at the elbow." That was a long time ago and would have then only applied to the rural districts. Nowadays, music is regarded as one of the most essential of the professions and, while not yet among the most lucrative, it offers a decent living to the earnest student who is ready to provide of his talents and ambitions that which the public desires and needs. Music can no longer be dismissed as trifling or unnecessary.

Occupational Diseases: A Rapid Reference Manual.

Occupational disease constitutes an enormous problem in modern industrial life. In addition to dangerous trades where special precautions are essential to safeguard the life of the workers, there are many others where substances of lesser danger are in use and are causing minor disabilities. In many cases the connection between cause and effect is not obvious, and it is only accumulated experience which can give the clue to the occupational origin of symptoms and disease among the workers. It is in order to pool such experience that progressive countries interested in preventing industrial sickness compile lists showing occupational poisons, the industries using them, the mode of entrance into the body, and the symptoms to be expected. While much of the material in such lists is of international application, the experience of each country varies according to differences in industrial processes and raw materials available. Thus it is useful for each country to have its own list. For this reason the Department of Health of Ontario has just issued a small booklet entitled "Occupational Diseases: A Rapid Reference Manual," which contains general information on occupational disease and a correlated list of industries and poisons; a comparative study of legislation in Ontario and elsewhere is included. While the booklet is issued primarily for the use of physicians, it can be obtained by others especially interested in disease traceable to industry, on application to the Division of Industrial Hygiene, Department of Health of Ontario, Spadina House, Toronto.

Sham Trials Amuse Japanese. In many Japanese cities at present the people are finding their amusement in attending sham trials which are being held in the way of rehearsal for the jury system, which is about to be introduced in Japan.

Rub your scalp with Minard's Liniment

Swimming Tanks.

Swimming is more than a healthful exercise. It is a pastime enjoyed by people of all ages, and at this time of year, the swimming tank is called upon to take the place of the "Ole swimmin' hole." Before the indoor swimming season begins, it is well for us to consider one or two points regarding the health aspect of this excellent exercise.

We heard the other day of a small boy who was suffering from inflammation of the ear. He is a very enthusiastic member of the swimming crowd, and the doctor, after investigating, declared he got the germ which caused the ear trouble while swimming.

For the sake of others, then, we will resolve to stay away from the tank until we are free from germs which will cause sore ears, sore eyes, bad colds, or any other disease. And we all know that the water can only be kept clean if each and every bather takes a shower bath, that is, an actual cleansing bath before he enters the tank.

Because the swimming tank means so much to the people of Ontario, the Provincial Dept. of Health wishes to ensure that it will be a healthful rather than a harmful recreation, and have drawn up regulations which, if enforced, will mean that the tank water is at all times as safe as drinking water.

Will you help in this good work by doing your part in carrying out the rules; they are not a hardship but a necessity if your own health is not to suffer.

1. Be conscientious in regard to your shower before stepping into the tank. "The effective cleansing of the person of all bathers before entering the pool is compulsory," declares one of the regulations.

2. Get a medical certificate before using the tank. Is your tank operated according to government standards of safety?

Aunt's Handicap. "Why did the moon beam?" the young man asked his aunt. She said she did not know. "Because," said he, "the clouds broke." The old lady declared emphatically that she could not see the joke. "You can't see it?" he cried. "Why, it's so plain I should have thought you couldn't help seeing it!" "I'm sorry, my dear, but I can't," the old lady assured him. "Unfortunately, I've come out without my spectacles."

All in the Point of View. Mistress—"Bridget, it always seems to me that the sternest mistresses get the best cooks." Cook—"Ah, go on wid your blarney."

Perfect Protection With Every Roll
PRINCE EDWARD BRAND
FOX WIRE
Every roll of Prince Edward Brand Fox Netting opens out as a 150 foot long wall of perfect protection for your foxes. "Prince Edward" does not sag nor sag and has 10% more mesh than any other brand of fox netting. Write or wire for delivered prices. Holmans Summerside P. E. Island

Special Ontario Agents
W. H. C. Ruthven, J. M. McMillivray
Alliston Priceville

"Train for Business"

While all avenues leading to professions have been becoming overcrowded, the field of business has been constantly expanding and calling for more men and women. To-day young people who are graduates from reliable and thoroughly practical business schools have opportunities to go direct from school to positions that are immediately remunerative and offer excellent possibilities for advancement. For more than 25 years Elliott Business College has been a leading school for business training and during that time has started thousands on the road to success. YOU, too, can be trained for business at Elliott College in less than six months and go straight to a good position. Write to-day for free catalogue.

ELLIOTT Business College
YONGE & ALEXANDER STS. TORONTO 5

Harvest.

The squirrel gloats on his accomplished hoard, The ants have brimmed their garners with ripe grain. And honey bees have stored The sweets of Summer in their luscious cells. —Thomas Hood.

Food in Storage.

It may surprise the average person to learn of the huge amounts of foods it is necessary to hold in storage to meet the normal demands of trade. Fresh meats in storage in Canada amount to about three pounds to every man, woman and child in the country; butter and cheese total about two pounds per capita, while the amount of fish in storage is nearly one and one-third pounds per head.

Romans Raised Oysters. The Romans devised ways of replenishing depleted oyster beds. The height of one's ambition is usually at the top of the ladder.

Canadian Plan Book
In co-operation with Canadian Architects design of moderate priced homes are published in the MacLean Builders' Guide. Detailed information on planning, building, furnishing, decorating and gardening. Profusely illustrated. An ideal reference book. Send 25 cents for a copy. MacLean Builders' Guide 244 Adelaide St. W. Toronto, Ont.

LADIES We pay \$30 a hundred gliding cards. Opportunity for beginners. No selling. Addressed envelope brings particulars. **UNIVERSAL CARD CO.** 168 William St. New York

SIMONDS MACHINE KNIVES
SAWS

FOR **Colds**
BAYER
ASPIRIN
Proved safe by millions and prescribed by physicians for
Colds Headache Neuritis Lumbago
Pain Neuralgia Toothache Rheumatism
DOES NOT AFFECT THE HEART
Safe Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets Also bottles of 24 and 100—Druggists.
Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoacetic acid ester of Salicylic Acid ("A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Classified Advertisements.

GRATIS (LITTLE FRIEND) TO either sex; mailed in plain envelope. Paris Specialty Co., Montreal.

LADIES WANTED TO DO PLAIN and light sewing at home, whole or spare time. Good pay. Work sent any distance, charges paid. Send stamp for particulars. National Manufacturing Co., Montreal.

Phones in Canada.

Next to the United States, Canada leads all other countries in the number of telephones per 100 of population. Canada stands first in the number of miles of telephone and telegraph wires per 100 of population. The latest compilation shows there are 8.4 miles per 100 of the population.

Extra Money This Fall in spare or full time taking orders for "Imperial Art" Xmas Greeting Cards. \$100 easily earned in a month. Liberal commission. Sample book free. **BRITISH CANADIAN** 53 Wellington St. West - Toronto

HUNTERS. Pack a bottle of Minard's in your kit. Best remedy for sprains, bruises, flesh wounds, colds and sore feet.

MINARD'S "KING OF PAIN" LINIMENT

STRATFORD WOMAN

Restored to Health by Lydia E. Pinkham's Vegetable Compound

Stratford, Ontario. — "After my first baby was born I started to work on the tenth day and did a big washing on the twelfth day. Being so young (I was married at 19) I did not know what was the matter, so let it go until I was all run-down, weak and nervous, and had a bad displacement. For nearly two years I could not sleep and I would always complain of having 'not a head-ache, but a brain-ache.' My mother is taking Lydia E. Pinkham's Vegetable Compound during the Change of Life and she recommended it to me. After taking two bottles I began to get a little sleep and to feel better and I have never left off since then, except for about three months. I can safely say I have taken thirty bottles since my second baby was born. I think it makes child-birth easier as I had terrible pains with my first three children and very few with my fourth as I was so much stronger. I am now able to do my work alone, but I am still taking the Vegetable Compound as I am nursing baby." — Mrs. OMER PAUL, 49 Cherry Street, Stratford, Ontario.

If you are suffering from any weakness which causes such symptoms as pains in the side and back and nervous feelings, give Lydia E. Pinkham's Vegetable Compound a trial now.

Cuticura Soap
Is Refreshing After Outdoor Exercise
Warm baths with Cuticura Soap, after outdoor exercise, cleanse, cool and freshen the skin. Assisted by Cuticura Ointment they do much to allay irritation, redness and roughness of the face and hands and keep the skin soft and clear under all conditions of exposure.
Sample each Free by Mail. Address: Canadian Agents: "Shoppers' List," 171 St. James St., Montreal 25 and 50c. Toronto 50c. Cuticura Shaving Stick 25c.