HOUSE RO HOME

CONDUCTED BY HELENE.

True Witness Beauty Patterns



LADIES' SEMI-FITTING COAT. Paris Pattern No. 2623.

All Seams Allowed. This attractive coat for every-day wear, which may be worn with a skirt of similar material or with a skirt or costume of contrasting material, may be developed to advantage in cheviot, tweed er rough serge. The model is 52 inches and is double-breasted, fastening with bone or cloth covered buttons.

Medium-sized patch pockets, trimmed with similar buttons, are placed on each hip, and the shawl collar and turn-back cuffs are simply stitched. The long side-back seams are open for a few inches from the lower edge, and the full-length sleeves are gathered into the armholes. The pattern is in 7 sizes—32 to 44 inches, bust measure. For 36 bust, the coat requires 10½ yards of material 29 inches wide, 6 yards 36 inches wide, 6 yards 36 inches wide, 6 inches wide, 6 yards 36 inches wide, 6 yards 42 inches wide, 6 yards 45 inches wide, 6 yards 56 yard with similar buttons, are placed on each

Price of pattern, 10 cents.

PATTERN COUPON. send the above-mentioned as per directions given

POLITENESS PAYS

Have you ever nad a woman tell you that she would not say "Please" and "Thank you" to servants? They are such short little words that any child can utter them: but, truth to tell, children of the present day are not taught to use them when addressing servants. them when addressing servants. A little politeness goes a long way and helps to lubricate the wheels of dohelps to lubricate the wheels of domestic affairs fully as much as oil applied to machinery. There is frequently as much friction in the one case as in the other. Then why not apply the same method? Politeness and tact should go hand in hand. An order given with a smile and "Please" will, in all probability, be carried out and more quickly executed for the little word, and if a "Thank you" is added when the service is finished what harm can possibly be done? There is certainly nothing to lose by cultivating good nanners—if you have not already. noting to lose by cultivating good manners—if, you have not already. In fact, the gain is on the side of the well bred woman who requires each little service with a "Thank you," "Good manners are a greater factor in success than mental ability" said a sayant It is undoubted. said a savant. It is undoubteda well acknowledged fact that be witching manners go far to secure a person social success. The inference, naturally, is that good manners are an inheritance that the possessor was raised in a refined and cultivated atmosphene in other words, was "to the Lanner born." Beauty is a divine gift and wins tavor readily, but beauty without good breeding soon fails to satisfy, and the person is apt. to be looked upon as one whose birth was not all that it should have been. The old saying. "Beauty is but skin deep," should be a warning to the fortunate possessor who reads solely on its charm. sor who rem's solely on its charm It fades all too soon, and unless there It fades all too soon, and unless there are other s. Ing qualities the disappendament will be great when the inevitable change takes place. Each the liveress some one else. Our manners and sayings are imitated more than we are aware. So it behooves each person to be very careful of word and act, for surely our manners are reflected in those around us.

LONG AGO.

Little mother, long ago Softest music,, sweet and low, Rid the baby breast of care; Made the blackest darkness wear

Guise of brightest day.

Little mother, long ago
Boyhood came to you to know
Reasons for its fancied strife,
Childish problems of its life: You should always say.

Little mother, long ago
God has called on you to go,
Leaving manhood memory fair,
Shedding brightness over care,
Teaching men to pray.

—Arthur Burke, in Everybody's
Magazine.

A CURE FOR FRECKLES.

The woman who freckles easily and reads the summer time is to be

Tan and sunburn are unsightly and Tan and sunburn are unsightly and painful, but after awhile they disappear. But not so with freckles. They will remain through the winter months unless something is done to remove them. This, as all know, from experience, is much easier said than done. They are as stubborn to remove as a wilful child when it is necessary to make him obey.

The following formula is said to be one of the best to remove them:
Lactic acid, four ounces; glycerin, two ounces; rosewater, one ounce.

Apply this lotion to the face several times during the day. Put a small portion in a dish and dip a soft linen rag into it and apply.

small portion in a disk and dip a soft linen rag into it and apply.

All skins will not stand the same treatment, and while some may use this lection or other face lotions with no ill effect, others may suffer from a burning sensation of the skin.

To prevent this burning it will be better to massage the face after use

to massage the face after using the lotion with this elder flower ing the lotion with this elder flower cream: Almond oil, three ounces; white wax, five drams; spermaceti, five drams; lanolin, one ounce; witch hazel, one ounce; elder flower water three ounces; oil of bitter almonds, one dram.

Massage the skin with this every with the one will be well remaid for

Massage the skin with this every night and one will be well repaid for the little trouble. The skin will become soft and supple and a dainty white. If the skin is inclined to be rough and dry, it will be beneficial. This cream is not only good to use after the freckle lotion, but on any dry, ugly skin. It will take away the roughness and give the skin a delicate appearance.

skin a delicate appearance

THE USEFUL ONION.

Half a freshly cut onion briskly rubbed over marked and spotted vel-vet will restore it to beauty if the velvet be directly afterward gently rubbed with a damp soft linen cloth and passed across a hot flatiron

rubbed with a damp soil linen cloth and passed across a hot flatiron standing upright.

For dyeing specked or faded cotton goods a pretty dark ecru or light brown take two red onions and hit benefit her proposed and hold big handful of onion peels and boil them briskly for one hour in a quart of water, then strain and in the co-

of water, then strain and in the Colored water thus obtained boil your goods slowly for three hours. Rinse in several waters. Onion juice makes a strong adhesive for pasting paper, such as labels, etc., on tin or other metals.

The juice of fresh cut onion stems rubbed on insect stings and mosquirubbed on insect stings and mosquitobites will when immediately applied prevent redness and swelling.

Onion juice mixed with good pure vinegar inhaled through the nose will stop nosebleed. Slices of freshicut onion applied to the back of the pack belts along the number of the packs with some control of the packs.

neck help along the cure.

TO MARK YOUR UMBRELLA.

Name plates on the handle dom assist in the recovery of even borrowed, to say nothing of lost, umbrellas. But there is a way by which you may so mark your up umbrellas. But there is a way by which you may so mark your umbrellas that the finders and borrowers thereof will be reminded of you name and address every time they stealthily sally forth with your ambrella over their heads. Make a paste of corpstarch with water paste of cornstarch with water brush over the inner surface of the umbrella where you wish to have umbrella where you wish to have your initials or your name in full, either with or without your street address. When this paste is dry paint your name on the cornstarch, using pure white lead. Let the paint dry thoroughly, rub a stiffish brush over the whitened surface until the countries is mere your these was a surface until the countries with the countries. cornstarch is removed

cornstarch is removed.

You will thereupon find the white letters of your name standing forth immaculately against the black background of your unbrella cover. The cornstarch paste is applied to keep the cile of the paint from panetral. the oils of the paint from penetrat-ing the umbrella cover and showing on the outer side. As it is, no unon the outer side. As it is, no unsightly grease spot comes through. Your name is fixed, and if painted near the tip it will be unobtrusive to you, though a constant reminder to the borrower or finder.—Scientific American.

A NEW TONIC.

For the woman who is tired out there has been prescribed a new kind of stimulant.

This is a mixture of grape juice and olive oil. One tablespoonful of the latter to four of grape juice is taken after each meal. If the taste of oil is too strong for some stomachs two more tablespoonfuls of the grape juice may be added.

It is claimed that both serve as an excellent medicine. The dose becomes very palatable after awhile. It should always be iced. It builds up the appetite, and the oil lubricates the stomach in a most beneficial way.

EASING WHOOPING COUGH

"I also gave them a laxative diet and kept them in the open air as much as possible. Two of the boys who had it in the summer, fairly lived out of doors, and each day I would make them take sun baths and run hareforder." and run barefooted."

A SONNET OF THE MOST HOLY EUCHARIST.

To eye of serse, only a cake wheat!

To eye of sense, only a little wine! To Faith's clear sight, the Majesty divine, God's heart with its eternal human

beat,

And God's own wounded hands and is wounded feet.

And sid's, spear-torn to be for aye the shrine

Where contrite hearts, pierced by contributions and is seen that the shrine is the shrine where contributions are shown in the shrine when the shrine when the shrines has increased in the shrines have been seen that there has beginned in the shrines when the shrines have been seen that the shrines were shown in the shrines when the shrines were shown in the shrines were shrines were shown in the shrines

that love benign, Know that His justice and His mer-

To Thee, O glorious Guest, to Thee whose word
Of charity hath bidden us to be,

Heart, soul and spirit bend with bended knee. Smite thou and slay our hate, our

pride, dear Lord, in our kneeling, with the twoedged sword
Of Thy dread love and dread hu-

mility. Emily Hickey, in the Universe, -Emily I

THE USES OF SALT.

A little strewn on the lid of a saucepan will prevent the contents from becoming smoked.

A little put into the washing up water brightens crystal, and also removes discoloration from water bottles. It should also be used

plentifully in cleansing sinks, baths

bread, three well beaten eggs, one cupful of water, one tablespoonful of salt, one-half teaspoonful of white "When my boys had the whopping cough," said the mother who was not afraid to try simple home remedies, "I greatly relieved their paroxysms of coughing and reduced the number by having the children gargle frequently with lemon and water."

"I also gave them a laxative diet and kept them in the open air as much as possible. Two of the boys much as possible. Two of the boys hot or cold.

BREAD OMELETTE.

If you have ever taken luncheon in one of those quaint old-fashioned res-taurants in New Orleans, you have, of course, eaten a bread omelette. Down in that city of toothsome food this dish is universal. It has been brought North by those who like new and good things to eat, and it is made in the following manlike

ner:
A cupful of stale bread is cut into A cupiul of stale bread is cut into tiny pieces, then fried in fat until it is a good brown. Three eggs are well beaten, seasoned with salt and pepper, mixed with a little minced parsley, then turned over the bread and cooked until the bottom is brown. It is served hot on hot plates.

JENNY LIND CAKE.

Two cuufuls of sugar, one cupful of butter, one cupful of milk, three cupfuls of flour, whites of five eggs, three teaspoonfuls of baking powder. To one-third of this mixture add one-half cupful of stoned and chopped raisins, two tablespoonfuls of molasses, one teaspoonful of cinnamon, one-half teaspoonful of cinnamon, one-half teaspoonful of cloves a lit-

ses, one teaspoonful of cinnamon, one-half teaspoonful of cloves, a litone-half teaspoonful of cloves, a -fit-tle grated nutmeg, yolks of two eggs and enough flour to make an ordina-ry cake batter. Bake in flat layers, putting the dark layers between two white ones with plain icing.

A DASH OF MOLASSES.

Whenever it comes to pies. New England must take the credit. This is natural, where a certain dish becomes a three-times-a-day meal. They ought to make it good when they eat it for breakfast.

Summer boarders along the New and lavatories.

If a chimney catches fire salt England coast have often wondered

Three little things which all agree,



The kettle the teapot & BLUE RIBBON TEA

AN IRISH HEART.

Take Innocence and Candor and love for every right,
And mix them up together with a
goodly share of Fight—
And add a dash of Pathos and of

And add a dash of Pathos and of Sympathy a share,
And equal parts of faith in God and fervor in the Prayer,
And Charity's sweet emblem might be tucked in there to show That Hope is e'er resplendant in

soft, ecstatic glow. soft, eestatic glow,
Then label it with courage and a
sense of Wit and Fun,
Nor be ashamed to claim it nor to
stand by what you've done;
But simply pour in Humor of the
brilliant, wnolesome kind,
And all the loved ingredients
beatthy human mind

healthy, human mind.

And place it on a pedestal of onyx grand and white,
And then call all the people in to witness while you write a thing from Life's every part;

from Life's every part:
"This is, dear friends, a comm
thing—'tis just an Irish heart." -Selected.

+ + + HOW TO KEEP BEETS

Those who like the juicy, natural taste of beets, and dislike the taste of soda and borax, which are too often put into preserved beets, had

best try another method. best try another method.

Dr. Wiley, the famous food specialist, found that the borax and boric acid used affected the kidneys. He considers that a man who continuously eats preserved vegetables which have been put up with either benzonte of sode or boric acid to in danger of Bright's disease.

danger of Bright's disease.

Therefore, the following recipe should be put into every kitchen book in order that the family may not have trouble with the kidneys through the winter.

Place the beets in a saucepan, cover with cold water and cook until tender. They should take about an hour. Depart watch the clock

Do not watch the clock, er, but test the beets. Do not however, however, but test the beets. Do not pierce or bruise them in any way, for they will bleed and not only, loose color, but flavor as well. This is the cause of the anaemic-looking beets that are often served.

When they are quite tender take off the skins, let them cool, then pack in jars and cover with years salt

pack in jars and cover with very salt water that has first been boiled and

water that has his left to cool.
When they are ready, put them in a boiler of cold water, cook for an hour with the lid partly off, then a half hour with it screwed.

MEAT ROLL.

Take one pound each of lean beel, veal and pork. Remove all gristle, put through the food chopper and mix well, adding one cupful and a half of fine crumbs made from stale

thrown up in handfuls will put out why the blackberry and huckleberry pies were better there than anywhere else.
The secret is out—the dash of mo-

HOUSEKEEPING A BUSINESS.

Many women look upon marriage as the end for a girl, writes Mrs, Caroline Harris Lee in the Catholic Union and Times. Once married, that Somehow it trate their brains that the matter of making a home is a business; as much a business as shopkeeping or

much a business as shoemaking.
The other day a man looked over the totals of a sheaf of house bills and made checks for their payment.

The said, helplessly: "It seems to way of me there should be some way me there should be some way of knowing whether we have had all these things or not." The matter of slips from dealers was unknown to him. In fact they were never looked at in that house. A good way is to keep a spindle in the pantry or on a shelf in the kitchen and put every slip on it. At the end of the week, those slips should be compared with the bills rendered and the items on the bills checked. Such a course makes dealers more careful; and an honest dealer prefers such watchful ness to carelessness. A large calen dar, with a pencil attached, should be tacked in every kitchen to use as a memorandum for the milk received One of those insurance calendars with One of those insurance calendars with large squares for the days of the month will admit of an "M" for malk and a "C" for cream; and a careless milkman will not have his own way altogether. A goodsized diary is a convenience for keeping track of household expenses. A min-

track of household expenses. A minute suffices to note the payment of
a bill and the record is there and of
use for other weeks or months; and
besides in case of a dispute will
stand in law as evidence.

Housekeeping is business and one
not at all beneath the constant study and care of a women who engen dy and care of a woman who engages in it. The greenness of the early ges in it. The greenness of the early vegetables may tempt her to undue outlay, but once away from them she will find that a less costly purchase will be as satisfactory. If she goes out to make her purchases, be they never so modest, she will learn to save money and will beable to to save money and will be able take advantage of a trifle in the way of a bargain better than if she gives her order to the dealer calling at her door. In this way she will gain enthusiasm and learn from other shoppers. When she sees a woman far richer than she have recrease. er snoppers. When she sees a woman far richer than she, buy more carefully than she has done, she will learn to save money. Saving money is not all. But when a man's carnings are saved wisely, his strength is saved and his life prolonged. If bis earnings are constantly wasted earnings are constantly waste only thing left for him is to work harder, and sometimes beyond his strength, in order that his family may have suitable provision. That view of the matter is worth serious consideration.

made up in ponge, mohair, soft silk and lightweight French flannel and are so simple that even an amateur may hope to turn out a satisfactory specinien. The narrow piped pleats crossing the shoulders are stitched down flatly and into the small arm size which is also piped, and the long sleeve, with just a suggestion of fulness at the top and close fitting at the wrist, is finished with a narrow turnback cuff. The fronts, ornamented with buttons and corded loops, close invisibly with snap fasteners and the plain standing collar is freshened daily with a narrow embroidered mushin turnover. and are so simple that even an ama-

In the sick room, too, it finds a place. Salt and water make a good gargle for an inflamed or chronic sore throat, and an outward application will strengthen the chest after an attack of bronchitis. it may be used to strengthen a sprained limb, and for those who cannot enjoy seabathing a bath of salt water occasionally is very refreshing.

Used as a tooth powder it cleans the teeth and strengthens the gums

the teeth and strengthens the gums and it is sometimes recommended as a cure for dyspepsia, taken in hot water early in the morning.

For unbroken chilblains rubbing with damp salt is one of the best remedies known. remedies known

DO YOU SIT OR RECLINE ?

(New York Press.)
Nothing is more inclined to cause drowsiness or laziness than leaning in comfort against the back of a chair. Very few people "sit." The vast majority recline. Their bodies touch the chair all the way from the shoulder blades down to the back of the knee, a stretch of about one yard. Many muscles and nerves are benumbed by compression and some 350 square inches of chin are The are benumbed by compression and some 350 square inches of skin are rendered inactive. The spine becomes weakened by artificial support An excellent preventive of this habit of repose was designed by a writer, one who had suffered from instructions. ertia for a number of years. His backbone was almost devoid of energy from the fourth clavicle down to the tip of the coccyx, just from half reclining in the chair in which he worked

worked.

One writer, resolved to rid himself of the habit of leaning on his spine nearly all of his working day, hung on the back of his chair a strip of thick leather a foot wide, through which he stuck a thousand pins, more or less, and the points of these kent him year, nucle and these kept him very much awake and most of the time erect. His health has improved.

TRIFLES WORTH KNOWING.

When cooking with old apples When cooking with old appies at this season of the year, add a little lemon juice to give flavor. Summer apples need nothing but sugar. Bottles that must be air tight should have the corks dipped in parafine until thoroughly

come out easily

A Luxury That Everyone May Enjoy

Maple Buds



Healthful

THE COWAN CO. LIMITED, TORONTO

Sayings.

BUSINESS WOMEN'S BLOUSES

A simple but trim looking new blouse, easily adjusted, and, there-fore, welcomed by the common sense business woman, opens in front and has no box pleat. These are being

SALT IN THE LAUNDRY,

In the laundry a handful of salt put in the rinsing water will pre-vent the colors from "running" in prints and woolken articles; a pinch the starch will prevent it from sticking to the iron; and a rough iron may be smoothed by rutbing it in fine, dry salt. If new prints are soaked in strong salt water before washing, they will keep the color better.

In the sick room, too, it finds a place. Salt and water make a good

coated.

Should cakes stick to the pans put a hot cloth on the bottom for a minute or two. If papers are used sticking is infrequent.

If rolls stick to the pan they can be put back on the top of the stove for a minute or two, when then come out easily.

Cowan's

Absolutely Pure and

BEYOND HIS AID.

A woman who had a telephone in her apartment called up the telephone company and asked that the service be discontinued. The man who took her message tried to be exceedingly polite.

"We are sorry to lose you," he said. "Are you dissatisfied with anything?"

"Are you dissatisfied with anything?"
"I am," said the woman, emphatically.
"I am very sorry," said the man.
"Perhaps we can help you. What is it you do not like?"
"Single blessedness," said the woman. "I am going to be married tomorrow."
"Ah," said the polite clerk, "you are past our aid. Good-by."

First Little Girl—"Your papa and

mamma are not real parents. They

mamma are not real parents. They adopted you."

Second Little Girl—"Well, that makes it all the more satisfactory. My parents picked me out, and yours had to take you just as you came."

"Sorry, sir," telephoned the butcher, "but we are just out of sirioin. Why don't your wife order you a round?" exploded Harker at the other end of the line.

"I say why don't your wife order you a round?" you a round?"

"What's that?" exploded Harker at the other end of the line.
"I say why don't your wife order you a round?"

"Why don't my wife order me around? Great Caesar, man! that is all she does—order me around? from morning until night. If you but the startled butcher hung up the receiver and fled.
"I'm afraid I'm catching cold."

But the startled butcher hung use the receiver and fled.

"I'm afraid I'm catching cold," said Kloseman, trying to get some medical advice free. "Every once in a while I feel an itching in my nose and then I sneeze. What would you do in a case like that, Doctor?" "Well," replied Dr. Sharp, "I guess I'd sneeze, too."

I'd sneeze, too.' Lady (to husband)—My dear, did

Lady (to husband)—My dear, did you think of ordering a ton of coal to-day?

Husband—Yes.
Lady—And my hat?
Husband—Yes. (peering through the window). There is a truck backing up to the door now, but it's too dark to see whether it's the hat or the coal.

A Ready Weapon Against Pain.—
There is nothing to equal Dr. Thomas' Eclectric Oil when well rubbed in. It penetrates the tissues and pain disappears before it. There is no known preparation that will reach the spot quicker than the magic Oil. In consequence it ranks first among liminate was a second of the spot quicker than the magic Oil. In consequence it ranks magic Oil. In consequence it ranks first among liniments now offered to the public, and is accorded first place among all its competitors.

A TRUE PROPHET

Short—Yes, I believe some fortune tellers are on the level. Not long ago one agreed to tell me something about my future for a dollar.

Long—Well?
Short—I gave her the money and she told me she time would govern

she told me she time would come when I would wish I had my dollar back.

THE TWO WOMEN.

An old offender was introduced to a new county justice as John Timmins, alias Jones, alias Smith.
"I'll try the two women first," said the justice. "Bring in Alice Jones."

THE WILES OF WOMEN There are only two possible things that a woman can do if a man proposes to her, but there are more than 2,000,000 she can do if he doesn't.—Golden Penn.

ONE POINT GAINED "Has that girl mext door to you still got her parlor melodeon?"
"No; she has exchanged it for a cornet, I am glad to say."
"But, gracious, if she plays the

cornet, that's worse, isn't it?"
"Not at all. It's only half as bad. She can't sing while she's playing the cornet."

OPTIMISTIC.

"I think your new girl will turn out all right," remarked Mrs. Sub-bubs. "Her name is Aranánta," you know."
"Well?" asked her husband.

"Well, we never had a girl named 'Araminta' before."

EASY ENOUGH. Growells—"I certainly do have the worst luck."
Howells—"Well, you can change all bet."

nat."
Growells—"How?"
Howells—"Make the best of it."

ADVERTISING REPARTEE. In a certain small English village there were two butchers living in the same street. One placarded his sausages at 1s per pound, and the

rival promptly placed 8d on No. 1 then placed a notice in his window saying that sausages under 1s could not be guaranteed. No. 2's response to this was "I have supplied sau-

announcement, "I have supplied sar-sages to the king."

In the opposite window the fol-lowing morning appeared an extra large card bearing the words, "God Save the king."—Tit-Bits.

HAD GIVEN UP ALL HOPE OF LIVING. **Heart Trouble Cured by** MILBURN'S HEART AND NERVE PILLS

The Elect Newfo

The elections in I resulted in a tie, curing 18 seats tives 18. This h time in the history est colony, that t resulted in such manner to either when the Tory go power, a deal was the railway of the graph system, some of the most tend-all worth. some of the most land—all worth sold to contractor one. The deal wand doomed against twenty-four hours, under the plea of the deal was condemboth in Newfoundle it, and able politic it as a colossal bit osell all the value lony for eight per value and without the people was with value and without the people was wit the political histor; in the world. Frithe Tory governme to its fall in Newfortheir first day of de the able statesman mier, Sir Robert Be breaking ranks falli defeated them on dence vote. Some crossed the floor an opposition led by B walked out of the hvote with their pawhen an appeal was

when an appeal was country, the Libera Robert Bond, came members out of a hier Bond had ahead of him, with pleted and the who in chaos. But with ministers of his Calbed order restored had order restored progress commenced After four years of s the Bond Governmen the country again that they lost only returned with 31 or returned with 31 of too large majorities the best either for t country. And this mier Bond's trouble commenced. To fine all his chief follower. some with special many of his supporte some of them all with the opposition ning in the late content of the special many of the supporter of the support of in the Bond governm beral ranks and beca the opposition. The a move has never be clear even by Sir E. self. He was conside of the Liberal Gove

when the brains a there is not much left Many think that Morr leadership of the gove failing to get it he over the traces and his former master at have the leadership Libert Bond. He ad thought, a good pla hands with the leader body of Newfoundland rison, and as joint lea was made to the elec-Robert Bond was not such a move, but after manifesto to the elect manifesto to the elect land, he failed to stu-try like Sir E. P. Moi this error cost the Pr of many seats. Morr into Orange Bonavis Protestant districts, a less than seven or eig sides winning four in winning four in The elections w tricts. The elections were bitter lines, party high, the sectarian cry and only did the election when the Riot Act had

when the Riot Act had St. John's, surpass in Contest of November (Catholics are returned out of eighteen. And it rentical crisis and it reneen if any man can be either side. If so the safe from another app country. It will provor the politician who is to get all he can out of the property talks nowadays. ney talks r has proved himself a str during his eight years' r worked well for Newfou made the colony prospe the electorate did not nowadays. himself a st working majority seems understand after his and successful career.
has yet to prove himse

> W in every Surp A Pur Hard Se Makes white goo

Colored goods See for Y Remember