

Breath and Breath-uality Feature

Disclaimer:

Well, here it is: THE BREATH FEATURE! It hasn't been much of a task, but as if you or I really care, anyway. There was some fun involved in the project, but it was definitely not all about fun. It's all about my interest in breathing. Breathing is a very controversial topic. People have many different opinions about breathing and it is a topic that most people feel really strongly about. Some people feel that breathing is something that should be discussed only in the privacy of one's breathing space (yawn), while others have the opinion that is a topic to be openly and freely discussed. (Does anyone truly give a damn what I write here? I doubt it.)

The idea that some of the more sensitive readers of *The Brunswickan* might object to a breath feature wasn't really given too much thought. I mean, I feel like writing this stuff, so who's going to stop me? Just don't read the damn thing if you're offended. Study for your exams or something, you slack-ass.

Anyway, blah blah, I did not intend to favour any one point of view. My hope is that this is a broad range of articles on the topic of breathing. So, since I went to the bother of writing this stuff you might as well read it. Do you really have anything better to do? Again, I doubt it.

Breathing Myths

You won't die if you stop breathing.
— What, are you stupid?

Children don't breathe.
— Sure they do. Or else they wouldn't grow to be adults. Duh.

Women don't need to breathe.
— OH YES THEY DO. Disregarding the fact that only men need to breathe to prolong their lives, women need breath as much as men do.

If a breathing woman paints a house, it will attract termites.
— I have no idea how this applies to anything.

You don't need lungs to breathe.
— Of course you do! Remember that *Star Trek: Voyager* episode in which that guy lost his lungs? He couldn't breathe. 'Nuff said.

You can't get pregnant by breathing.
— Look, if you need to read this answer to be sure, you need more than a newspaper to help you.

We had planned to take lots of photos of people breathing, but this masked man broke into the studio and sabotaged the feature. He prevented our model from inhaling any oxygen, thereby ruining everything. But instead of letting him spoil our fun, we just kept shooting photo after photo after photo... And then we ran out of film. Oh, and our model lapsed into a coma. But that's not our fault.

Breathing Directions

1. Expand your lungs carefully. If you expand too much your chest will explode and that would be bad.
2. Expel the air you just breathed in.*
3. Repeat Step 1.
4. Repeat Step 2.
5. Repeat Step 1... Oh, you get the picture.

* Too much oxygen is a bad thing!
If you forget Step 2 and repeat Step 1, you'll pass out and hit your head on the coffee table, and then you'll have to explain to everyone that you were too stupid to breathe out.

If you forget Step 1, you won't have to worry about Step 2.



"Keep on breathin' in the free world."
— Neil Tongue

"Breathe in, breathe out."
— Bush OX



The Breathing Purity Test

This test rates your breathing purity. The majority of these questions assume that you have breathed at some point in your life. For the purposes of this test, breathing is defined as, well, breathing. Digital breathing doesn't count (whatever that is). Score one point for every "no" answer, then add up your "yes" answers. If you get a lot of "yes" answers, then apparently you're cool or something.

Have you ever ...

1. breathed in three or more positions in one minute?
2. breathed continuously for one hour or more?
3. devoted an entire day to breathing and breathing activity (with breaks for eating, etc.)?
4. been so loud breathing that housemates/neighbours commented or complained? (If so, you'd better get that schnoz of yours checked out.)
5. had your breathing technique/style/skill openly praised by someone?
6. written an explicit story about breathing?
7. breathed while fully dressed?
8. breathed while standing up?
9. breathed on a man?
10. breathed on a woman?
11. woken someone up by breathing on them?
12. used whipped cream, chocolate syrup, etc., for breathing pleasure?
13. purchased a breathing toy?
14. contracted a breathing disease?
15. received money or some favour in exchange for breathing?
16. breathed with someone out of sympathy?
17. forced someone into breathing with you?
18. paid for breath?
19. been in a haleine-a-trois?
20. engaged in group breathing?
21. had two or more regular breathing partners at the same time, without telling any of them about the others?
22. breathed in a public place?
23. breathed outdoors at night?
24. breathed outdoors in direct, unshadowed sunlight?
25. breathed while driving?
26. been blindfolded while breathing?
27. breathed in a place of the dead?
28. seen a live professional breather?
29. been walked in on while breathing?
30. breathed underwater (bathtub, ocean, etc.)?

Photographer's Note

We started taking photos for this last night and the entire process of shooting, developing, printing and scanning took about 90 minutes. This may not sound like much work but we wanted to waste as little time as possible on this stupid project. Breathe long and prosper.
— SOME PHOTO GUY

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