

### For the Asking

The best table salt costs no more than the poorest—and can be had for the asking.

## Windsor SALT

is sold in practically every grocery store in Canada—and is the best. Ask for it.

### MAKING YOUR OWN MARMALADE

With the arrival of bitter oranges comes the time for making Marmalade and we have now received the first shipment from Messina.

The oranges are excellent this year—as fine as any we have ever had.

We have slicers to cut the oranges, and a well-tryed old Scotch recipe to guide the making.

**MICHIE & CO.**  
Limited  
7 KING ST. WEST  
TORONTO

### "Not on Morality but on Cookery let us build our Stronghold."—SARTOR RESARTUS.—Carlyle.

If your food is not right your life will not be right.

Dr. Snow, late Senior Surgeon at the Cancer Hospital, London, wrote in a paper on "The Scientific Prevention of Disease"—

"The maintenance of sound nerve equilibrium by scientific tissue nutrition like Bovril, will do more to stay the ravages of any malady than a century of progress in drug treatment."

### THE OPEN DOOR

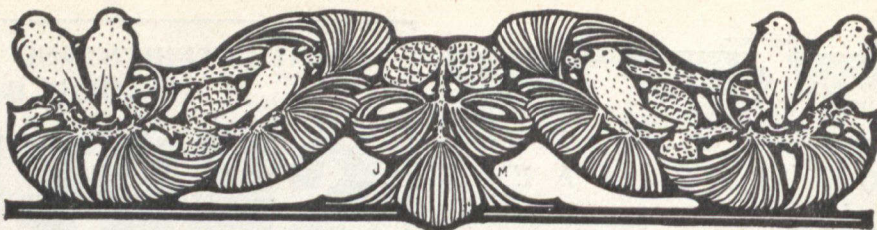
to the welfare of families, the stability of business, and the comforts of old age, is found in life insurance. And therefore

**The Mutual Life Insurance Co. OF CANADA**

invites good lives to join its ever expanding household, to become partners in its growing business, and to share equitably in all its benefits.

A POLICY IN THIS COMPANY PAYS

HEAD OFFICE - WATERLOO, ONT.



## FOR THE CHILDREN

### THE YOUNGEST HIPPOPOTAMUS.

BY GERARD SMITH.

THE youngest Hippopotamus sat frowning on the bank,  
While his sisters and his brothers were sporting in the rushes,  
While his father a refreshing draught of Niger water drank,  
And his mother cooled her forehead, brown with burning summer flushes.

The youngest Hippopotamus at times would tap his brow,  
And then again, at other times, he'd move his lips and mutter;  
He glanced crossly at his brothers, as if worried by their row,  
And 'twas clear that he was thinking, though his thoughts he didn't utter.

The youngest Hippopotamus behaved in such a way  
That his father grew quite anxious—and his fond and careful mother.

"Our poor child has something on his mind—that's evident," they say;  
"Come, now, Hippy dear, out with it, or you certainly will smother!"

The youngest Hippopotamus had ready his reply,  
And he gave it to his parents without hesitating fusses;

"It's a little point of grammar," he responded, with a sigh:

"Oh, which are we—HIPPOPOTAMI, or HIPPOPOTAMUSSES?"  
—Felix Leigh in "Little Folks."

\* \* \*

(With apologies to the memories of Longfellow and Omar and to Kipling and Henry James.)

IN the cupboard Mother Hubbard Kept her store of meat and victuals

And she kept a faithful canine  
And the canine's name was Fido.  
When they felt the pangs of hunger  
She would hie her to the cupboard

There to find the juicy beefsteak.  
Then she'd cook it on the fire  
And she'd give the bone to Fido.  
Happy, happy Mother Hubbard.  
Happy, happy little Fido!

But one day in depth of winter  
When she hied her to the cupboard  
It was absolutely empty!  
Naught there was for Mother Hubbard,

Likewise there was naught for Fido.  
Oh! unhappy Mother Hubbard!  
Oh! unhappy little Fido!

\* \* \*

### UMBRELLAS AND RUBBERS.

UMBRELLAS and rubbers  
You never forget,  
Whenever it's raining  
Or snowy or wet;

But if it should clear up  
While you are away,  
Please bring them back home  
For the next rainy day.

—St. Nicholas.

\* \* \*



Mother—"Good heavens, child, where have you been?"  
Child—"Bobby and I tumbled into the pond."  
Mother—"But where's poor Bobby?"  
Child—"Oh, I expect he's out by now."—Punch.



BYRRH TONIC WINE taken with Soda or Seltzer is the most refreshing of drinks.

Sold at all Cafes and Stores.

### You Want The Best DON'T YOU

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GENERAL MANAGERS.  
Would you care to canvass for us on a liberal commission?

## CANADIAN HOTEL DIRECTORY

### TORONTO HOTELS

#### King Edward Hotel

—Fireproof—  
Accommodation for 750 guests. \$1.50 up.  
American and European Plans.

#### Palmer House

200 Rooms. \$2.00 up.  
American and European.

#### Rossin House

European \$1.00 up.  
American \$2.00 up.

Accommodation for 500 Guests. Fireproof.

### ONTARIO HOTELS

#### Caledonia Springs Hotel (C.P.Ry.)

CALEDONIA SPRINGS, ONT.  
American Plan, \$3.00 up.  
Accommodation for 200 Guests.

#### Hotel Royal

HAMILTON  
Largest, Best and Most Central.  
\$2.50 per day and up. American Plan.

### MONTREAL HOTELS

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American Plan, \$3.50 up.  
Accommodation for 200 Guests.

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American Plan, \$3.00 up.  
Accommodation for 450 Guests.

### MANITOBA HOTELS

#### The Royal Alexandra (C.P.Ry.)

WINNIPEG, MAN.  
European, \$2.00. American, \$4.00.  
Accommodation for 600 Guests.

### BRITISH COLUMBIA HOTELS

#### Glacier House, (C.P.Ry.)

GLACIER, B. C.  
American plan \$3.50 up.  
Accommodation for 200 Guests.

#### Hotel Vancouver (C.P.Ry.)

VANCOUVER, B. C.  
American plan \$3.50 up.  
Accommodation for 400 Guests