

laws should from time to time be enacted for the preservation of the public health.

In almost every other civilized country, such a board exists. It has been long in existence in England, Prussia, France, Austria, Russia, and other European countries, each have their "Imperial Board of Health;" nearly every one of the more important of the United States (some twenty-five of them) now have their "State Board of Health;" and all, we learn, are highly popular with the public, and are doing excellent work.

Such a board would be chiefly "honorary," and only actual expenses would be defrayed by the government or the province. The larger the sum appropriated for its use, of course, the more good it could accomplish in the way of educating the public in hygienic work, &c.

We trust that the thoughtful and intelligent people of this province will not rest satisfied or quietly permit another session of the legislature to pass without providing for some such central organized body to take cognizance of the health and life of the people.

SANITARY WORK.—As a sign of the times we learn that in different parts of Canada physicians are being solicited to give public lectures on health, not only in the cities and towns, but in the villages.

As an example of the efforts made to disseminate hygienic knowledge we observe the following in a report of a meeting of the North Huron "Teachers Association," in the "Clinton New Era." Dr. Campbell of Seaforth next came before the meeting, with a very practical lecture on "Laws of health." He thanked the teachers for the honor conferred upon him. He then proceeded to show the origin, growth, and modern development of hygienic laws and principles, from the dim realms of mythology, to the perfect and well-established modern science and art. The Dr. discussed the subject under the heads of Air, Light, Pure Water, Wholesome Food, Exercise, Bathing Cheerfulness, Rest, and Abstinence, and by his many practical anecdotes, made his remarks unusually interesting, and was frequently applauded."

We are justified in saying that this JOURNAL has been largely, if not solely instrumental in creating interest of this sort in sanitary work; though action in this way is not yet wide spread, we trust it will be so ere very long. The fruit is but just commencing to develope.