

Consider Mary, now chained as it were to the holy sepulchre, so that it is difficult to remove her from it, as St. Bernard says, "Hear her there sighing forth these sorrowful complaints, Jesus my Son, my Son, Jesus! my good and sweet Jesus! Creator of all, made man for love of men, put to the most shameful death; you, whom the heavens, earth, and sea, cannot contain, you are then shut up in this narrow sepulchre. My son is dead, yes, he is dead, and buried under this stone. My Son! my life! you are there, and I am there with you." Mary herself said to St. Bridget, when my Son was buried, there were two hearts, it might be said, shut up in his sepulchre. No wonder, since "where our treasure is, there must our heart be," Jesus being the treasure of Mary, when he was in the tomb, she must have been in some manner enclosed with him therein.

Where is our heart? In the object of our love. And what is this? Is it Jesus, or some person, who, though now living, must soon be reduced to dust? Or is it money, or honors, or pleasures, Abominable treasures! how many are there not attached to you. O, Lord, have mercy on me. Hitherto my heart pursued false goods; I repent of my blindness, and give my affections to you. May my heart be always yours. Holy Mary obtain for me this grace, through your love for Jesus.

*Flower*—A visit to the Blessed Sacrament, in Mary's spirit at the holy Sepulchre.

*Fruit*—To think often of, and give your heart to Jesus.

### MEDITATION.

August 28.—Gladness of the Sacred Heart of Mary at the Resurrection.

*First Point*.—Consider the joy of the Heart of Mary at the sight of Jesus just risen. To comprehend her delight one should have comprehended her preceding pain, the one being proportioned to the other. St. Ambrose says that the joy of her heart then was the admiration of the angels, and that no human tongue can express it. It surpassed all her other joys. St. Magdalene de Pazzi being in an ecstasy one Easter Monday after Communion, and contemplating this apparition of Jesus to Mary, said to him—As in the sorrowful interview which you had with your Holy Mother before your Passion, Lord, you gave her a perfect knowledge of all your sacred humanity had done, and would yet do for us, and revealed to her all your torments; thus, in this delightful interview, in which her heart swam in joy, you manifested to her all your sacred Divinity had operated and would still operate for us. Who, then, can describe Mary's joy and consolation.

Let us also rejoice with Jesus and Mary, and beseech him to effect in us those designs which he announced to her. O, glorious Son! O, happy Mother! I rejoice in your happiness, and thank you with all my heart for all you have suffered for me. Deign to apply the merit of it to my soul, and to work in me what is most for your glory and my salvation.

*Flower*—Say often the Regina Cœli, &c., the anthem for Easter.

*Fruit*—To co-operate with the grace of Jesus Christ working in us.

### MEDITATION.

August 29.—The Sacred Heart of Mary encouraged, and rapt even to Heaven at the ascension of her Son.