

PINE AVENUE.—A fine lot 24 x 119 ft., near Oxenden Avenue, good locality, near Street Car line. Low price. (250-B)

PINE AVENUE—A handsome stone front house, on lot 24 by 100 feet, extension kitchen, three baths, six bed-rooms. Daisy furnace, all improvements. Moderate price. (71-B)

PRINCE ARTHUR STREET—A 2½ story solid brick house on stone foundation, in good order. Plumbing is in 2d order; small cottage in rear, with entrance on St. Dominique street. (200-B).

PRINCE ARTHUR STREET—A good stone front house, near University street; fourteen rooms all in good order. Price \$10,000. (214-B).

PRINCE ARTHUR STREET—A first-class stone residence; corner house; none better built in Montreal; containing sixteen rooms; equipped with modern conveniences; handsome drawing-rooms and library; two baths; extra cupboard room; pantries, stone laundry tubs; drainage perfect; first-class stable and coach-house in rear. Terms low to prompt buyers. (223-B)

PRINCE ARTHUR STREET—A comfortable stone front house, with all improvements. Daisy hot water furnace, new plumbing throughout, extension kitchen and dining-room; in good order. Price \$7000. (505-B)

SEYMOUR AVENUE—A handsome stone front cottage with extension kitchen, cemented cellar basement, stationary wash tubs, Daisy furnace. Finished in cottonwood, natural color. Price only \$1250. (80-B).

SEYMOUR AVENUE—Two stone front cottages, extension kitchens, cemented basement. Daisy furnaces, four bed-rooms. Price only \$7,000 each. Would exchange. (71-B)

SHERBROOKE STREET WEST—A handsome corner house, containing all modern improvements, and in perfect order from top to bottom. A splendid position for a doctor, and in every way a comfortable and elegant house. Price only \$16,500. (515-B).

SHERBROOKE STREET—A handsome stone front house, on the best part of the street; extension kitchen, Daisy furnace, basement entrance, laundry, fuel cellar and a.c. in basement; all modern improvements. (793-B).

SHERBROOKE STREET.—A handsome detached villa residence and stables, with grounds containing 43,000 ft.; on the corner of one of the best streets in vicinity of St. Denis. Built by the owner for his own use, only the very best material and workmanship employed and no expense spared to have the house up to date in every respect. (277-B)

SHERBROOKE STREET—A full size stone front residence, on lot 20½ feet by 120 feet, solidly built and in first-class condition throughout. Particulars at office. (40-B)

SHERBROOKE STREET—A new stone house, carefully built under owner's supervision, on lot 25 feet by 139 feet with good stable in rear. Has all improvements, heated by Daisy furnace. Permits to view at office. (218-B)

SHERBROOKE STREET—A very comfortable stone front house, substantially built and in thorough order. Lot 25 feet x 128 feet. Price only \$9,000. (120-B)

similar to that held in New York. During the winter the demand for accommodation is very large, and it is said the Directors have already allotted all the afternoons and evenings to various Hockey Clubs for the whole season, and that they have been obliged to reject a number of applications for the use of the ice.

The structure is amphitheatre in formation, with a seating capacity in winter of 7,000 and standing room besides; in summer the centre part can also be used, thus increasing the seating capacity to 10,000. A large lobby, 60 x 15, will admit the audiences, the entrance to the auditorium being by two large broad staircases to the seats, which have been so arranged as to afford a clear view of the arena. On either side are thirty-six boxes each capable of containing six persons, and amply numerous exits are provided for the largest audience. There are also dressing rooms, with lavatories, shower baths, lockers, &c.; two large refreshment rooms and buffet; check rooms, and every convenience that a liberal management can afford. The formation of THE MONTREAL ARENA COMPANY was commenced on 1st September, 1898, by Mr. Ed. Sheppard, the popular President of the M. A. A. Association, and his brother, Mr. Geo. J. Sheppard, manager of the Windsor Hall, and since that time the charter of the company has been obtained, the stock subscribed, and the building almost completed, a record of energetic work hard to beat.

THE MENTAL CONTROL OF SLEEP.

SLEEP VERSUS TONICS—FOLLY OF REVIEWING THE DAY IN BED—IS INSOMNIA A DISEASE?—NEW TESTAMENT ADVICE.

Body and brain need exercise and repose in rhythmic alternation; sleep is the natural restorative of both. Medical doctors, according to their relative conscientiousness, administer a dozen worthless substitutes for natural sleep—from the stimulant, which they claim will fill the exhausted frame with new vigor and postpone the need for slumber, to the fatal narcotic used to benumb excited nerves and induce a kind of counterfeit repose. When "that tired feeling" comes on, instead of going for a dose of kola one should go to bed. "Taking some-

SHUTER STREET—Two very pretty stone front cottages, close to Sherbrooke street, one having a small conservatory in rear; in good order throughout, heated by hot water furnaces. Will be sold at city valuation. (243-B)

SHUTER STREET—Two double tenements, stone front, in good order and well rented. A first-class investment property; will be sold cheap to close an estate. (244-B)

SUMMERHILL AVENUE—A handsome stone front house, with two story extension; cellar basement unoccupied; hot water furnace and all modern improvements, plenty of closet accommodation. (853-B)

SOUVENIR STREET.—A stone front two story cottage, 24 ft. x 40 ft., heated by hot water furnace, in good state of repair. Price only \$5,500. (890A-B).

SOUVENIR STREET—A handsome stone front cottage built three years ago for owner's occupation, has all conveniences, hot water furnace, etc. (807-B)

ST. ANTOINE STREET—A full size stone front house, in good order, contains fourteen rooms. Lot 21½ ft. by 139 ft. Price \$6,000. (210-B).

ST. ANTOINE STREET.—A stone front corner house, self-contained, and a tenement house adjoining, would be sold at very moderate prices (885-B).

ST. CATHERINE STREET—A comfortable stone front house, near Bleury street, 12 rooms, hot water furnace, in thorough order. Price only \$6000. (705-B)

ST. CATHERINE STREET—That valuable corner property of the First Baptist Church, having a frontage of 80 feet 4 inches on St. Catherine Street and 107 feet 10 inches on City Councilor street. The immediate vicinity of Phillips Square, which is now established as an important business centre, is rapidly coming into demand for business purposes. This property is the first corner east of Morgan's and on the same side of St. Catherine Street. Price and particulars at this office. (575-B)

ST. CATHERINE STREET—A handsome stone front cottage, opposite Douglas Church, 9 rooms, hot water furnace, all improvements, in thorough order; well built and nicely laid out. Price only \$6,500. (150-B)

ST. CATHERINE STREET—A good stone front house, near Fort street, in good order; would be a good investment property. (152-B)

ST. ANTOINE STREET—A substantial solid built house, near Guy st., in good order, heated by Daisy furnace, 10 rooms, moderate price \$8,750. (194-B)

ST. ANTOINE STREET—A substantially built 3½ story solid stone house, 29 feet wide by 40 feet deep with 80 foot extension; the lot is 29 feet by 140 feet, with good stable and coach-house, wide lane in rear. House is very strongly built and suitable for an institution, factory, etc. Price only \$6,500. (120-B)

ST. CATHERINE STREET—A brick block containing 6 dwellings and 3 shops, situated on the eastern part of the street. Rented for \$1,000 per annum. (891-B)