

## VINOL CREATES STRENGTH

### Positive—Convincing Proof

It is all very well to make claims, but can they be proven? We publish the formula of Vinol to prove the statements we make about it.

*Is Cod Liver and Bone Phosphorus, Iron and Manganese, Potassium, Iron and Magnesium Chloride, Lactic Acid, Glycine, Phosphoric Acid, Calcium, etc.*

Any doctor will tell you that the ingredients of Vinol as published above, combine the very elements needed to make strength.

All weak, run-down, overworked nervous men and women may prove this at our expense.

There is nothing like Vinol to restore strength and vitality to feeble old people, delicate children and all persons who need more strength.

Try it. If you are not entirely satisfied, we will return your money without question; that proves our fairness and your protection.

A. McG. McDonald, Druggist, Campbellton. Also at the best druggists in all New Brunswick towns.

### INSTITUTE NOTES.

On March 12th, the Society mailed 21 parcels of socks direct to the boys in France and England. The following are knitters who worked to make up this shipment—

Mrs. Geo. Miles	1 pr. socks
Mrs. John M. McLean	1
Mrs. Salmon	1
Mrs. Wm. Andrew	1
Miss Jean Gorman	1
Miss Marion Winton	1
Mrs. Geo. Duncan, Sr.	1
Mrs. Robert Smith	8
Mrs. Robert McKenzie	7
Mrs. James Patterson	8
Mrs. W. Appleton	1
Miss Georgie Appleton	1
Mrs. J. H. Henderson	2
Mrs. H. M. McLennan	2
Mrs. Jas. Haines	4
Mrs. W. A. Trueman	1
Mrs. W. T. Cook	2
Mrs. A. A. Andrew	1
Mrs. Allan Miller	2
Mrs. A. Dewar	2
Mrs. Jas. Morton	1
Mrs. E. O'Keefe	2
Mrs. J. Boucher	2
Miss Ellen Duncan	6
Miss M. E. Gerrard	7
Mrs. David Gerrard	2
Mrs. Mary Wilson	1
Miss Maie Andrew	2
Mrs. J. E. Miller	2
Mrs. Joseph Lewis	1
Miss J. M. Andrew	2
Mrs. John Adams	8
Mrs. Melvin Adams	3
Mrs. Alex. Pinette	6
Mrs. Fred Wiers	6
Mrs. Wm. Currie	1

The Society gratefully acknowledges the sum of \$5.00 from Mrs. Robert Smith, and wishes to thank all those who are helping them in their work.

### SOUR, ACID STOMACHS, GASES OR INDIGESTION

"Pape's Diapysin" neutralizes excess acid in stomach, relieving dyspepsia, heartburn and distress at once.

Time it! In five minutes all stomach distress, due to acidity, will go. No indigestion, heartburn, sourness or belching of gas or eructations of undigested food, no dizziness, bloating, foul breath or headache.

Pape's Diapysin is noted for its speed in regulating upset stomachs. It is the surest, quickest stomach sweetener in the whole world, and besides it is harmless. Put an end to stomach distress at once by getting a large fifty-cent case of Pape's Diapysin from any drug store. You realize in five minutes how needless it is to suffer from indigestion, dyspepsia or any stomach disorder caused by fermentation due to excessive acids in stomach.



**Fit-Reform**

**Always in Line**

**"Fall In" for your new Spring Suit and Overcoat.**

**Fit-Reform—means the best possible in Tailormade Clothes.**

**Fit-Reform**

**McRAE & McRAE**

**CAMPBELLTON**

## MANY DEER REPORTED KILLED

### Favorite Hunting Ground Seems to Be About Hazen Settlement.

Each year during the month of March the Graphic has devoted considerable space to publishing reports of the slaughter of big game, which reports have been given by reputable men who in many cases have seen the depredations caused by pot hunters throughout our splendid big game country.

With the change of government last year we confidently looked for a better enforcement of the big game laws, but we must confess that we have been disappointed. We admit however that in general the law has been better enforced. Less moose have been killed, but with respect to deer there seem to be no improvement.

Reports of the slaughter of these defenceless animals is simply appalling. In many cases the carcasses are so torn by hunting dogs that they are left in the snow to rot.

From another source we have received confirmation of the statement in "Sailors" letter in last week's Graphic. A gentleman who passed Murray's landing states that he counted thirteen dead deer at that place.

At Hazen Warden Lefree is supposed to see that no deer are killed in that section. Recently he visited a lumber camp in his territory and was informed by the boss that seven deer had been killed on a certain hauling road, and if he wanted the evidence he could go out and see the seven heads.

Warden Lefree was so interested that, according to our informant he did not go, but struck off through the woods in an entirely different direction.

In another nearby operation six deer were killed, but no guardian came near to investigate.

We are glad to report that our complaints through the columns of the Graphic and by letters to the department of Lands and Mines have been the means of the issuing of very urgent orders to all wardens to get out and honestly earn their pay or they will be dismissed. We have no hesitation in saying that one good man with a little detective ability would be of more service than the half-dozen or so wardens who have been on duty all winter.

### MONEY IN MAPLE SAP.

Maple sugar and syrup is produced at the time of the year when the farmer is least busy, and it costs him little, if any, more now than before the war.

By tapping 100 trees he can sell 500 pounds of sugar or 100 gallons of syrup, netting from \$100 to \$150 in three weeks.

This is more than the soldiers fighting in France gets in three times the time and he offers in exchange his life.

Will you who have maple trees not offer so short a space of your time to help him, and to put money in pocket as well?

"All men are liars," and it isn't an easy matter to catch them with the goods, either.

Nature hardly ever hides a massive brain behind a pretty face.

## NOBLE STORIES OF THE BRITISH NAVY

### Heroic Tale of How the Destroyer "Mary Rose" Fought Three German Cruisers and Then Went Down With Colors Flying.

(Montreal Herald.)

"Oh, England! While thy sailor host can live and die like these, By thy broad lands or won or lost, Thou'rt Mistress of the Seas!"

British navy traditions, such as those of the Revenge and the Birkenhead, have been added to almost daily since the war began. Within a few weeks there have been noble stories of men who went singing to death in the "Birkenhead drill"—as, for instance, the story of the Aragon in the Mediterranean and of the Tuscania in the Atlantic.

And now we have another epic of the sea—an admiralty tale of heroism hardly surpassed by the episode of the Revenge in the spacious days of Great Elizabeth.

Of the Revenge we have the ballad line in the words of her commander, Sir Richard Grenville:

"Sink me the ship, Master Gunner; sink her; split her in twain!"

In the admiralty report of the end of the Mary Rose in mid-October last, we have the no less heroic, if less poetic, words: "The first lieutenant (Lieut. Bavin), seeing one of the German light cruisers returning towards them, called the gunner (Mr. Hancock), and bade him sink the ship."

"The Mary Rose sank at 7.15 a.m. with colors flying."

### Captain's Daring.

Lieut. Commander Charles Fox, the captain of the Mary Rose, has a cenotaph in admiralty records second to none in the long roll of the great dead in British naval history. His daring was not less than that of Sir Richard Grenville, when, with his little Revenge, he went in to the fight of the one and the fifty-three.

Why Lieut. Commander Fox, with his little destroyer the Mary Rose, faced such odds as three German cruisers will never be known. He took that secret down with him "to be lost evermore in the main." As the admiralty report says:

"Unhappily, there is no record of what was in the mind of the captain of the Mary Rose when he made that single-handed dash in the face of such preposterous odds. The convoy which was in his charge lay ahead of him, and as he apparently supposed, was being attacked by the gunfire of a hostile submarine.

"When on rushing to the rescue, he realized that it was to meet not a submarine, but three of Germany's newest and fastest light cruisers. It is conceivable that the original intention of rescue was not supplanted in his mind by consideration of higher strategy."

"He held on unflinchingly, and he died, leaving to the annals of his service an episode not less glorious than that in which Sir Richard Grenville perished."

Following are the prosaic details of the great adventure.

"H. M. S. Mary Rose left a Norwegian port in charge of a west-bound convoy of merchant ships in the afternoon of Oct. 16th. At dawn next day flashes of gunfire were sighted astern."

"The captain of the Mary Rose, Lieut. Commander Charles Fox, who was on the bridge at the time, remarked that he supposed it was a submarine shelling the convoy and promptly turned his ship to investigate; all hands were called to action stations."

"Mary Rose had increased to full speed, and in a short time three light cruisers were sighted coming towards them at high speed out of the morning mist. Mary Rose promptly challenged, and, receiving no reply, opened fire with every gun that would bear, at a range of about four miles."

"The German light cruisers appeared to have been non-plussed by this determined single-handed onslaught, as they did not return the fire until the range had closed to three miles. Then they opened fire, and the Mary Rose held gallantly on, through a barrage of bursting shells, until only a mile separated her from the enemy."

"We're Not Done Yet."

"Up to this point the German marineship was poor, but as the British destroyer turned to bring her torpedo-tubes to bear, a salvo struck her, bursting in the engine room and leaving her disabled, a log on the water. All guns, with the exception of the after one, were out of action, and their crews killed or wounded; but the after gun continued in action under the directions of Sub-Lieut. Marsh, R. N. V. R. as long as the gun would bear."

"The captain came down from the wrecked bridge, and passed aft, encouraging and cheering his deadened

## BEDRIDDEN WITH RHEUMATISM

Felt That He Would Never Walk Again "FRUIT-A-TIVES" Brought Relief.



MR. LORENZO LEDUC

8 Ottawa St., Hull, P.Q.

"Fruit-a-tives" is certainly a wonder. For a year, I suffered with Rheumatism, being forced to stay in bed for five months. I tried all kinds of medicine but without getting better; and thought I would never be able to walk again.

"One day while lying in bed, I read about 'Fruit-a-tives' the great fruit medicine; and it seemed just what I needed, so I decided to try it.

The first box helped me, and I took the tablets regularly until every trace of the Rheumatism left me.

I have every confidence in 'Fruit-a-tives' and strongly recommend them to every sufferer from Rheumatism."

LORENZO LEDUC

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa, Ont.

men. He stopped beside the wrecked remains of the midship gun and shouted to the survivors of its crew, 'God bless my heart, lads, get her going again; we're not done yet!'

"The enemy were now pouring a concentrated fire into the motionless vessel. One of the boilers, struck by a shell exploded, and through the inferno of escaping steam, smoke and the vapor of bursting shell, came that familiar, cheery voice: 'We're not done yet.'"

"As the German light cruisers speed past, two able seamen (French and Bailey), who alone survived among the torpedo tubes' crew, on their own initiative laid and fired the remaining torpedo. French was killed immediately and Bailey badly wounded."

"Realizing that the enemy had passed ahead and that the 4-inch gun could no longer be brought to bear on them, the captain went below and set about destroying his cyphers. The first lieutenant (Lieut. Bavin), seeing one of the light cruisers returning towards them, called the gunner (Mr. Hancock) and bade him sink the ship."

The captain then came on deck and gave the order 'Abandon ship.' All the boats had been shattered by shell fire at their davits, but the survivors launched a Carley raft and paddled clear of the ship."

"The German light cruiser detailed to administer the coup-de-grace then approached to within 300 yards, and poured a succession of salvos into the already riddled hull."

"The Mary Rose sank at 7.15 a.m. with colors flying."

"The captain, first lieutenant and gunner were lost with the ship, but the handful of survivors, in charge of Sub-Lieut. J. R. D. Freeman, R. N., on the Carley raft, fell in some hours later with a lifeboat belonging to one of the ships of the convoy. Sailing and rowing, they made the Norwegian coast some forty-eight hours later."

### ROAD MAKING.

There are many miles of roads which must be maintained by some means, more or less inexpensively. On the Dominion Experimental Farms the split-log Drag is found to be one of the most useful implements for this purpose. It is now in use in many localities and is increasing mileage of the rural highways of this country is being kept in repair economically by the use of this simple implement.

## APPLY AT-ONCE

Zam-Buk will soon take the pain out of a scald or burn. Mrs. Albert Smart of 375 Harrison Ave., Winnipeg, writes: "I upset a pan of boiling water over my arm and foot. As I was wearing slippers my foot was badly scalded. The pain was intense and almost immediately a huge blister formed, covering the top of my foot."

"My husband got some Zam-Buk and applied it at once. The wonderful relief was instant. Very soon the burning pain was ended and the inflammation drawn out, and continued applications completely healed the scald."

Zam-Buk is also best for sunburn, ulcers, bed sores, blood-poisoning and piles. All dealers, 50c. box.

The captain came down from the wrecked bridge, and passed aft, encouraging and cheering his deadened

### ESSENTIALS FOR SUCCESS.

The essentials for successful production of vegetables in the small home garden are the same as those required in larger or market gardening operations, with the important exception, however, that more particular attention must be given to intensive culture and its arrangement and order of planting of the different crops, so as to obtain the maximum yield from the limited area under cultivation.

SOIL.—Some special crops, such as celery and melons, require particular types of soil for the attainment of their highest development. Most vegetables, however, may be successfully grown on many types of soil. It is fortunate that such is the case, for it makes possible the production of vegetables for home use in almost every locality where there is any soil at all suitable for agricultural purposes. Good results may be obtained on any fairly fertile soil, but sandy and clay loams enriched with manure are ideal. Light sand and plenty of manure will give good results and produce earlier crops. A heavy clay soil is not desirable because if it is worked when too wet it will bake badly and form clods. Lime at the rate of 1/2 to one pound to every ten square feet in the garden will greatly improve such a soil; and also the addition of a heavy dressing of well rotted stable manure to be well mixed through the first foot of soil.

### WATER SUPPLY AND DRAINAGE.

In this province nature has provided sufficient water throughout the growing season to take into solution the plant food of the soil for absorption by the fine roots hair of the plants. The problem is not one of irrigation, (although in hot or dry weather water may be applied with considerable benefit), but one of drainage. Good drainage is essential, and after it is assured the more level the ground is the more convenient for working.

AIR DRAINAGE.—It should be borne in mind that the frost is less likely to injure vegetables growing on high ground than those growing in low places or valleys of cups into with the cold air, which is heavier than warm air, generally settles.

SUNLIGHT.—No amount of fertilizer, watering or cultivation will take the place of sunlight. In planning the garden this factor must be recognized and consideration given to time per day that any part of the garden is shadowed by fences, buildings, trees and shrubs. To be successful most of the garden must receive a daily average of, at least, five hours of sunlight. Foliage crops, such as Lettuce and Spinach, which will stand more shadow, but even these require from two to three hours of sunshine per day. Such plants as the tomato and pepper and those which have fruits to ripen should be placed in the sunniest spots.

With many small home gardens there is little or no opportunity for choosing location and exposure, the exact position of the garden being already determined by the restriction of the buildings, size of lot, etc. In such a case the owner must plan to make the use of its adaptations by studying them in their relation to the requirements of the different crops, and growing only those which offer the best chance of success. Where, however, a certain amount of choice may be exercised, the location and exposure of the garden should be based on the factors dealt with above.

CULTIVATION.—Good cultivation is essential to success, and it will be dealt with in subsequent articles on the preparation of the soil and cultural directions for each crop.

### GOOD SEED OF RIGHT VARIETIES

Seed should be ordered or obtained well in advance of the actual dates for sowing. One is more likely to get good seed by ordering early. Some seeds loose their vitality after a year or two, and old seeds as a rule should not be relied on. Buy seeds put up by a reliable house and see that all packets of seed are stamped 1918, and that the seeds bought in larger quantities are of 1918 production. Do not put your faith in new varieties for which great things are so attractively claimed by some seed firms—but select varieties recommended by local growers because of their proved worth and suitability for local conditions.

The next article in this series will deal with "Planning The Garden."

The two young girls watched the knotty young "Cuthbert" pass along the street.

"Did he apply for exemption?" said May.

"Yes," said Ray, "you might have known he would."

"Oh, what grounds?"

"I don't know," replied Ray, "unless it was upon the ground that if he went to the war his wife's father would have no son-in-law to support."

"Is Higgins a patriot?"

"Yes. But he's the kind that would be more useful in a school of elocution than in a training camp."

Economize By Using

# PURITY FLOUR

(Government Standard)

For all Your Baking

MANUFACTURED BY

Western Canada Flour Mills Co. Limited



**DRESS UP FOR EASTER**

WHEN THE BELLS RING ON EASTER MORN BE DRESSED "SPICK AND SPAN." EASTER IS THE DAY WHEN YOU ARE "EXPECTED." TO WEAR YOUR NEW SPRING OUTFIT. OTHERS WILL. DON'T BE ASHAMED TO JOIN THE PROCESSION.

OUR NEW SPRING SUITS AND OVERCOATS AND 'FURNISINGS' AND HATS WILL TICKLE YOUR EYE. WE FIT YOU. WHEN YOU COME IN TO OUR STORE FOR CLOTHES YOU GO OUT A WELL DRESSED MAN. WE GIVE YOU THE RIGHT STUFF AT THE RIGHT PRICE. SO COME TO US FOR WHAT YOU NEED.

A CONSIGNMENT OF "BORSRLINO" HATS. "20TH CENTURY" CLOTHING AND "REAL" SHOES HAS JUST ARRIVED.

**ANDREW'S CLOTHING STORE.**

# WRIGLEY'S



**Dear Folks at Home:**

Keep your soldier or sailor boy well supplied with

## WRIGLEY'S

It's an outstanding feature of the war. "All the Allied Armies are chewing it."

Relieves thirst and fatigue. Refreshes and sustains.

**The Flavour Lasts**



**WRIGLEY'S DOUBLEMINT CHewing GUM**

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