

A Timely Help

The face is often the first to betray a decline in strength. When you feel rundown and your face is colorless, the need for

SCOTT'S EMULSION

is plainly evident. Those who have tried Scott's know its power to strengthen the body, enrich the blood and put the color back in the face. Don't be pale-faced—take Scott's Emulsion.



Scott & Bowne, Toronto, Ont. 19-25

KEEP IT SWEET

Keep your stomach sweet today and ward off the indigestion of tomorrow—try **KI-MOIDS** the new aid to digestion. As pleasant and as safe to take as candy.

MADE BY SCOTT & BOWNE, MAKERS OF SCOTT'S EMULSION

Dyed Her Faded Skirt, Also a Coat

"Diamond Dyes" Make Shabby Apparel Just Like New—So Easy!

Don't worry about perfect results. Use "Diamond Dyes," guaranteed to give a new, rich, fadeless color to any fabric, whether wool, silk, linen, cotton or mixed goods—dresses, blouses, stockings, skirts, children's coats, draperies,—everything! A Direction Book is in package. To match any material, have dealer show you "Diamond Dyes" Color Card.

Explanation For The High Price Of Clothing

London, Jan 26—The central profecting committee had an explanation given it of the exorbitant clothing charges. In giving evidence, Mr MacKinder said that the Yorkshire spinners wool profits ranged from four hundred to thirty-two hundred per cent, over the war office profit allowed on yarn. Sydney Webb said that when the report of the committee on worsted yarns was issued and the public got to know that actual facts from the firm's books of the profits made by the worsted spinners and other sections the trade would be executed. What was happening in worsted yarns was happening in cotton and white metals.

ROYAL YEAST CAKES

There is more energy in a pound of good bread made in the home with Royal Yeast Cakes than in a pound of meat. Bread making is a simple operation and requires no previous experience. Full instructions in Royal Yeast Bake Book, mailed free on request.

E. W. GILLETT CO. LTD. TORONTO

More Insurance Paid Than in Year Of The Explosion

Halifax, N. S., Jan. 26—Insurance companies doing business in Halifax have given notice of an advance in rates, basing their demands upon the facts that Halifax is in danger of a conflagration because of unsatisfactory conditions affecting water supply wiring, and buildings. Recommendations of the National Board of Underwriters in 1915 have not been carried out by the civic authorities and six million gallons of water are wasted every day. More striking of all is the statement that the per capita loss in Halifax during 1919 was ten dollars a head as against three dollars per capita in Canada and the amount paid out in insurance losses during the year was \$800,000 greater than the year of the explosion. The present year has been equally disastrous and to date the insurance losses have been \$150,000. The advance will be twenty-five per cent on mercantile risks.

MINARD'S LINIMENT

"KING OF PAIN"

Extract from a letter of a Canadian soldier in France.

To Mrs. R. D. BAMBRICK: The Rectory, Yarmouth, N.S.

Dear Mother:—

I am keeping well, have good food and well protected from the weather, but have some difficulty keeping uninvited guests from visiting me.

Have you any patriotic druggists that would give something for a gift overseas—if so do you know something that is good for everything? I do—Old MINARD'S Liniment.

Your affectionate son, Rob.

Manufactured by the Minard's Liniment Co. Ltd. Yarmouth, N.S.

ROMANTIC OLD EMPIRE

AUSTRIA BROKEN ASUNDER BY PEACE PACT.

History of the Country Was That of the Hapsburg Dynasty and Austria Was Never a Nation in the Modern Sense of That Word—The Rise and Fall of the Holy Roman Empire.

THE handing over of the peace treaty to the Austrian delegates at St. Germain—have marked the end of what was perhaps the proudest and most romantic of modern empires. Unlike modern Germany, the loyalty with which Austria inspired its subjects and partisans did not lean on a superior material grandeur and technical organization but on a sentimental background of historical memories and associations. Austria was the successor of the Holy Roman Empire—that is, the successor of a fiction, the supreme political anachronism in the twentieth century.

Austria has never been a nation. It begins in the ninth century as a military frontier of the Frankish Empire; it became later the family estate, first of the Babenbergs, then of the Hapsburgs. In the first half of the seventeenth century it was the armed camp of counter reformation of militant Catholicism; in the second half the standard bearer of Christian Europe against the Turk; in the first half of the nineteenth century, the spirit behind the Holy Alliance; in the last fifty years the outpost of German militarism on its road to Constantinople. But it has never been a nation, rather, its existence was a negation of the national idea, and it was the victory of the principle of nationality, also called the self-determination of peoples, which sealed its fate.

The history of Austria is the history of the Hapsburgs. The Babenbergs, who in the tenth century received the "Ostmark," or Eastern margravate, of Bavaria as a fief from Emperor Otto the Great, built up, in the struggles of three centuries, the nucleus of the Austrian state merely to prepare the way for the advent of the Hapsburgs. Austrian history begins in 1282 when Rudolf, the first Hapsburg emperor, installed his sons Rudolf and Albert as dukes of Austria and Styria.

From that time Austria was, in times of good fortune, the main base of Hapsburg campaigns for continental supremacy, in periods of adversity their last refuge and stronghold. With the Emperor Frederic III, in the middle of the fifteenth century, Austrian ascendancy in Europe begins. Characteristically, this ruler, who was beaten in all his wars, laid the cornerstone of the glory that was to come. His son, Maximilian, one of the most brilliant rulers in European history, while making the prestige and machinery of the Holy Roman Empire an appendage of Austrian grandeur, also founded Hapsburg world power in the treaties which insured his house the succession to the domains of Burgundy, Spain, Hungary and Bohemia. His grandson, Charles V, German King, Roman Emperor, was also the ruler of Spain, the Netherlands, the larger part of Italy and the Americas. But the consolidation of the future Hapsburg realm was accomplished by Charles' brother, Ferdinand, King of Hungary and Bohemia and Archduke of the Austrias.

The century preceding the Treaty of Westphalia in 1648 received its stamp from two great historic currents, one the Reformation, the other the aspiration of the House of Austria for continental supremacy. In the first decade of the Thirty Years' War, from 1620 to 1630, this aspiration was realized in full. Bohemia was crushed by the imperial armies, Denmark and the North German princes were humiliated, and for a brief time even the Baltic became an Austrian lake. The cause of Roman Catholicism was saved on the verge of catastrophe by the triumph of Austria.

The alliance of Roman Catholic France and Lutheran Sweden, while ending the religious character of the struggle, wrested most of the fruits of this victory from Austria in the peace of Westphalia, which also sealed the disintegration of the Holy Roman Empire. This event also marked the beginning of a more clearly Austrian, as distinguished from German, orientation of the Hapsburgs. Between the years 1653, the battle of St. Gotthard, and 1699, the Peace of Karlovitz, falls what is perhaps the most glorious period of Austrian history, that of the wars of liberation which ended in breaking forever Turkish hegemony in Europe.

With the attack of Frederick the Great on Maria Theresa, in the middle of the eighteenth century, began the struggle for the leadership of Germany between the Houses of Hohenzollern and Hapsburg, which ended in 1866 in the full victory of the former.

The victories of Napoleon crushed the last vestiges of life from the anæmic body of the Holy Roman Empire and prompted Francis I. to abandon the older title and console himself with that of Emperor of Austria.

The expulsion of the Hapsburgs from the German Confederacy in 1866, and the simultaneous loss of the last Italian dependencies, ushers in the last epoch of Austrian history, that of the Austro-Hungarian monarchy. Through this period the German financiers and industrialists of Vienna and the Magyar landholding aristocracy oppressed and exploited the Slav majority of the population. The struggle between Austria and the aims of German imperialism, a combination which challenged the moral sanity of Russia.

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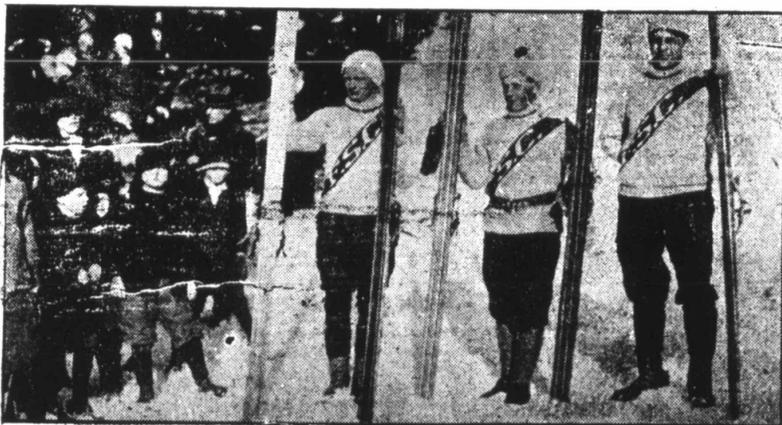
Dr. J. C. Hathorn

In Use For Over Thirty Years

CASTORIA

Exact Copy of Wrapper.

Top of the World Carnival



Banff is to have an elaborate winter carnival this year, and will be on foot from February 2nd to the fourteenth inclusive. Situated as it is in the Canadian Pacific Rockies and surrounded by the grandeur of Tunnel Mountain, Rundle Mountain, and Sulphur Mountain, Banff, the national resort, is fast becoming the centre of winter sport in Canada, as Christiansia in Norway. It is a perfect winter playground with its natural mountain slides and ideal skings. The preparations for the carnival this year are on a larger and broader scale than previous years; the aim being to make Banff attractive in winter as it is in the summer. In one aspect the visitor will find combined summer and winter amusement in the hot sulphur springs, which give one the privilege of swimming out in the open with the thermometer above or even below zero, in not tepid but warm water.

The spirit of the carnival will again have full sway throughout the town, and those who arrive at night will find themselves in a veritable fairyland. Colored lights are to be strung across the streets, down the famous toboggan slide, and on the rinks in thousands giving a great gala effect.

The list of amusements is a long one. There are hockey and curling matches, toboggan races, snowshoe and ski races. The ski jumping this year promises to be one of the big events, for a new jump has been built costing several hundred dollars, and some of the best skiers in Canada will take part in the competitions. The Foxey ski races are on the programme, and will doubtless create much excitement. Snow shoe tramps have been planned and lunch will be served at the game warden's cabin. Those exhilarating tramps are conducted by men who know every inch of the country. The carnival will be just one continued round of safety and anyone who imagines the world in the mountains to be dead in the winter will have a pleasant sur-



prise. Rivers, brooks, cascades and falls are all pursuing their merry course, as in the summer except in a few occasional spots. The animals are not huddled up inside their burrows or seeking shelter away from the world, but roam about as in summer.

The carnival will be opened by the Superintendent of the National Park, and a special programme has been arranged for each day and will conclude with a snowed ball and distribution of prizes. There are three comfortable hotels which remain open throughout the winter.

The carnival and bonspiel at Banff are becoming amongst the most important and widely known events of the Canadian Winter, and will attract thousands to see "The Top of the World" in the winter. Nature is at her best at this time of the year. Instead of being dead Banff will be very much alive.

Come in and See Our Display of

- Steamers,
- Cake Boxes,
- Cake Pans,
- Aluminum Cooking Utensils,
- Covered Roasters, etc.

Everything to enable you to do your Cooking Satisfactorily.

HEATING STOVES

We have a large range of HEATING STOVES which we are selling lower than they can be purchased elsewhere. These are a necessity for the cold weather which is in store for us.

B. F. MALTBY, Newcastle, N. B. Phone : 121

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