

RED ROSE TEA 'is good tea'

Next time try the finest grade—
RED ROSE ORANGE PEKOE

Surnames and Their Origin

GUNNING.
Variation—O'Gunning.
Racial Origin—Irish.
Source—A given name.

Here is a family name which in many instances comes from Anglo-Saxon sources. It is, however, often of Irish development, being merely the Anglicized form of the clan name of O'Conaing.

In point of age, this family or clan name shares honors with that of O'Day, or, to use the Gaelic form, "O'Deachaidh," tracing directly back to the period when Brian Boru reigned as High King over Ireland and established by edict the system of clan and family names.

The O'Gunning clan was probably founded a few years after that of O'Day, for its founder, unlike that of the O'Days, was not of the same generation as Brian Boru, being, in fact, his grand-nephew.

The given name, in this case, happens to have the same spelling in the nominative as in the genitive case. It is from this latter that the clan name is formed by the prefixing of the "O," which has the same significance as the Anglo-Saxon ending "son" and the Norman-French prefix "fitz."

MARIS.
Variation—Marris.
Racial Origin—Norman-French and French.
Source—A locality—Also a given name.

Here is a family name which may be accounted for in several ways. The simplest explanation lies in its development from a given name which was fairly popular among the Norman French, that of "Marius."

But while this undoubtedly accounts for the name in a great many instances, it does not suffice for all. It is also traceable to the name of a locality in Normandy, known as "le Marais."

In the first instance the early form of the name is found as Fitzmaris or "Fitzmaris" (which undoubtedly also has developed in some instances into Fitzmorris), the "fitz" being the Norman development of the Latin "filius," meaning "son."

In the latter, the early form is found as "de le Marais." But it is also a matter of record that, in some instances, the family name was brought into England after it had already become a family name in France, in the form of "Mares."

A SPLENDID LAXATIVE FOR THE BABY

Mothers should constantly be on guard to keep baby's bowels working freely and his stomach sweet, for nine-tenths of the ailments from which little ones suffer are caused by derangements of the stomach and bowels. Baby's Own Tablets are a splendid laxative for the baby. They are mild but thorough, contain neither opiates nor narcotics, and are absolutely guaranteed to be safe and efficient for either the newborn babe or the growing child. By their action on the bowels and stomach they drive out constipation and indigestion; break up colds and simple fevers and make the dreaded teething period easy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

A Basque Heart and Soul.

From the little town near the Spanish frontier to the mountain village is not more than thirty kilometers, but the motor diligence that runs between them takes a whole day for the trip—which is not astonishing, if you consider what an accommodating fellow the driver is. To please a passenger, says the London Times, he will pull up at what he thinks is the finest point of view so that a photograph may be taken, and he is flattered when the camera is turned on him and his diligence.

He is a Basque heart and soul and grows eloquent about the scenery, so wild, so solemn on the mountain heights, so smiling and intimate in the valleys. The gardens are full of flowers, fruit and vegetables; the meadows yield three crops of hay in the season. You may learn if you will who lives in the beaming white houses with the brown beams and old stone name plates, for driver and fishwives are

willing to talk. They will tell you that the Basque country is the most beautiful corner of all France; that life is easy for everyone there; that there is no poverty at all, and that the workman lives as comfortably as the man of leisure; that the Basques have large families, and their sons and daughters emigrate, though only to earn money and bring it back to their own village, where they spend it on the land they love. When the people are tired of talking they sing old Basque folk songs with a lively lilt in every air. The mountains are folded in a purple robe; the evening star comes out, and from the shore, as the diligence nears the town, comes the long wail of the Atlantic breakers. The moon appears.

My Wife.
Trusty, dusky, vivid, true,
With eyes of gold and bramble-dew,
Steel-true and blade-straight,
The great artificer
Made my mate.

Honor, anger, valor, fire;
A love that life could never tire,
Death quench or evil stir,
The mighty master
Gave to her.

Teacher, tender, comrade, wife,
A fellow-farer true through life,
Heart-whole and soul-free,
The august father
Gave to me.

—Robert Louis Stevenson.

Large Forests Stand on Ice.
One of the largest forests in the world, between the Ural Mountains and the Okhotsk Sea, in Russia, stands on ice.

"Yesterday is dead—forget it; tomorrow doesn't exist—don't worry; the day is here—use it!"

Waste of wealth is sometimes retrieved, waste of health seldom, waste of time never.

Kissing Placed Under Ban by Tokio Police.

"Kissing is an unclean habit, the introduction and encouragement of which is not desirable by the Japanese," the Chief of the Metropolitan Police of Tokio said to-day in explaining why a bamboo screen was erected around a bronze reproduction of Rodin's "The Kiss." The work was one of several French masterpieces banned from public sight by the police censor. When the art exhibit loaned to Japan by the French Academy of Art opened yesterday those attending were astonished to find Rodin's "The Kiss" covered up.

A representative of the French Embassy called at the Foreign Office to learn the reason for the ban on bronzes and canvases which were the pride of France. He was referred to the police, who gave the above explanation.

A REAL NERVE TONIC

Is a Bountiful Supply of Rich Health-Giving Blood.

Sufferers from what medical men speak of as nervous debility find themselves tired, morose, low-spirited and unable to keep their minds on anything. Any sudden noise hurts like a blow. They are full of groundless fears and cannot sleep at night. Their hands tremble, the legs feel as if they will give away following a walk or any exertion, and the mind is greatly disturbed by the most trivial incidents.

Doctors of the nerves with poisonous sedatives is a terrible mistake. The only real nerve tonic is a good supply of rich, red blood. To secure this new, rich blood use Dr. Williams' Pink Pills which have a direct action on the blood and through it stimulate every nerve and organ in the body. Mrs. Alpheus Merritt, Fenwick, Ont., gives her experience with this medicine as follows: "I had a nervous breakdown and was in the Welland County Hospital for some time. As I was not improving my husband took me out and took me up to my mother's. I doctored there but it did not help me. Then I returned home, and was again under a doctor's care, but with no better results. I would tremble and get numb all over, and the least noise would affect me. I was quite unable to do my housework and was in a terrible condition. Finally I was advised to try Dr. Williams' Pink Pills and am thankful that I did so, as after taking about a dozen boxes I was again a healthy woman. I have used the pills since while nursing my baby, with equally good results, and I strongly advise other ailing women to try them.

You can get these pills through any dealer in medicine, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



Seeing in the Dark.
"How can you see any beauty in that fellow's face?"
"Why—er—his is so awfully dark."
When ordering goods by mail send a Dominion Express Money Order.

A Facer!
Here is a story of the London tube, told in the Tatler. A certain man who had never considered himself as handsome liked to think nevertheless that the lofty expression of his face more than compensated for any deficiency in beauty. Accordingly, going home in the tube one evening, he was much gratified to see a man on the seat opposite him produce a notebook and start sketching his face.

He leaned across to the sketcher and said genially, "I see you are an artist, sir."
The other smiled. "Oh, in a humble sort of way," he replied. "I design these grotesque door knockers."
His Foolish Things.
"Yes," said Boggs unthinkingly, "I can remember events of long ago as if they happened but yesterday. When I think of my boyhood days—of my escapades at school—of many of my youthful and later actions, and how I got married—I can't help smiling and thinking how many foolish things I've done."
And Boggs wondered why his wife treated him coolly after the visitors had gone.

Useful Invention.
A number of men were engaged in a discussion as to who was the greatest inventor. Some said Edison, some said Marconi, and some said Morse. Finally, a small Jew got in a word and said: "Well, gentlemen, dose vase great peoples, but I tell you, de man vot invented interest vas no fool."
"Happiness is great love and much serving."

Minard's Liniment for Sprains.

Ogden's CUT PLUG

The best Tobacco for the pipe

Self-Pity.

Self-Pity how came you inside my door? I've given you the gate oftentimes before! Who left my door ajar and led you in With cringing mind and sycophantic grin? Honest emotions I admit at times And count them rather honored guests than crimes;

But you—fool toadstool in my mushroom bed! Are even worse than all your foes have said. While you are here my virtues count for naught; While you are here useless the good I've wrought; While you are here my striving is in vain.

To raise the courage that can smile through pain; While you are here contempt must be my meed.

Even from friends if they should shrewdly heed Until your loathsome presence I eschew I am in sore disgrace—outside with you!

—Stickland Gillilan in "Success."

GREEN TEA IMPORTS LARGER.

Statistics from Ottawa show that in 1928, 553,977 pounds more Green Tea were brought into Canada than in 1927, and 906,728 pounds more than in 1922. The reason given is that the fine quality Green Tea of India and Ceylon have displaced the inferior Java and China Greens which, due to their low price, were imported heavily some years ago. Salada Tea Company is the largest importer of India and Ceylon Green Teas.

Correct.
"Where do most of our traffic difficulties originate, anyhow?"
"Detroit, I think."

The Star Twinkles.

There is a bit of tragedy as well as comedy in the story that in the Tapestry of Life Mr. Raymond Blathway tells of a young man who after years of poverty and misery finally emerged as a poet of the highest order. A certain literary duchess who had been greatly fascinated by the charm and beauty of his verse gave an afternoon tea in his honor.

Poor fellow, he sat in speechless agony, surrounded by his admirers, well realizing that as the star of the occasion he was expected to twinkle at least once during the afternoon. At last an inspiration came to him. He started to speak, and after silence fell upon the room. This is what he said: "Have you noticed, d-d-uchess, that this year's pawn tickets are all pink?"

Mystery in Chinese Gongs.

The manufacture by the ancient Chinese of gongs and tom-toms, with their perfect tones, still remains a mystery to the outside world, although their chemical composition has been determined.

CORNS

Lift Off—No Pain!

Doesn't hurt one bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the foot calluses, without soreness or irritation.

Even Then a Soldier.

An Italian officer who won distinction in the Great War was in his boyhood the hero of an amusing incident. His chief fault then was that he would interrupt any one if he had anything he wanted to say himself. Our mother, writes Miss Lisi Cipriani in A Tuscan Childhood, repeatedly said to him: "Ritchie, you must never interrupt me when I am talking. Wait till I have finished and then say, 'At your convenience, mama, I have something to tell you.' Take time; learn to be polite."

One day toward the end of the season my mother had taken Ritchie and me to the baths at Leghorn. The baths are built in piers and rotundas into the sea, and bridges connect the piers. Before the autumn storms begin the boards are taken away, so that only two long wooden beams and the railings remain.

I had crossed one of the bridges at a considerable distance from where my mother and some friends were sitting in a group and was watching a man who was fishing. Just as I left him and was about to cross the bridge on the beam he called to me that he had hooked a fish. I waited till the fish was safely landed and then started to cross. But so interested was I that I forgot that the boards had been taken away, and walking on as usual, fell into the sea.

Ritchie, who had been standing by me, rapidly crossed the bridge and ran to my mother. Taking off his cap, he stood politely beside her for some time, waiting till she had finished a rather long story that she was just telling. Then he said: "Mama, at your convenience, I have something to tell you."

"What is it?" inquired my mother approvingly. "Mama, at your convenience, Lisi has fallen into the water."

"What!" cried my mother, jumping up. "Has any one pulled her out?"

"I don't know," Ritchie replied calmly and politely, "but I did not interrupt your story—and she can swim!"

Nasty Nicknames.

"I hope they don't give my little boy any nasty nicknames in school?"
"Yes, mother; they call me Corns."
"How dreadful! And why do they call you that?"
"Cause I'm always at the foot of the class."

When a man's cloak is threadbare it is easy to pick a hole in it.

Genuine BAYER ASPIRIN

Say "Bayer Aspirin"

INSIST! Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin—proved safe by millions and prescribed by physicians for 24 years.

Safe—Accept only a Bayer package

which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocetylacetate of Salicylic Acid.

DISTEMPER

A tablespoon of Minard's in cup of molasses mixed with the bran mash will give quick relief.

MINARD'S "KING OF PAIN" LINIMENT

Thin Folks

If you are weak, thin and nervous, let your druggist supply you with Bitro-Phosphate. It is guaranteed to increase weight and strength and restore energy, vigor and nerve force. Price \$1 per pkg. Arrow Chemical Co., 25 Front St. East, Toronto, Ont.

Someone to Care.

Our daily task bends and fatigues us. There's no passion to do or to dare, Automatically working and working— If there's nobody somewhere to care. And often life's road does seem far-ruled.

We question if Fate has played fair— But the breathe of love clears all our worries. If there's only someone to care.

If there's anyone ready to listen With eyes sympathetic and mild, If there's someone who really needs you—

Though that someone be only a child, —Lorraine Ballantyne.

Minard's Liniment for Distemper.
Biscay Waters for Zoo.
The new aquarium at the London Zoo is supplied with sea water from the Bay of Biscay.

A true friend will multiply your joys and divide your sorrows.

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FIREPROOF PAINT
COSTS LESS THAN ORDINARY paint. For Barns, Garages, Factories, etc. \$3.75 gallon, 5-gallon cans \$15.00. Red, Black, "Roxide" Paint for Barns, Roofs, Iron, Concrete, etc. 5-gallon cans, \$8.00. Charges Prepaid. A. C. Wells & Co., Paint Manufacturers, 231 Carriere St., Montreal.

WANTED—CAR OWNERS TO send for our Big Free Catalogue showing 101 bargains in Auto Supplies. It will save you money. Send for it to-day. Canadian Auto Shops, Box 154, Niagara Falls, Ontario.

MURINE FOR EYES

IRRITATED BY SUN, WIND, DUST & CINDERS

RECOMMENDED & SOLD BY DRUGGISTS & OPTICIANS

Have You Tried The New Cuticura Shaving Stick?

This delicately medicated antiseptic Soap produces a rich creamy lathering, enabling you to shave without the slightest irritation. Indispensable for those who shave twice daily. Properly used, it will prevent ingrowing hairs.

Price 25c. Sold everywhere or mailed postpaid, upon receipt of price, by Canadian Disp. Co., Cuticura, P. O. Box 2616, Montreal.

MOTHER OF TWIN BOYS

Tells How Lydia E. Pinkham's Vegetable Compound Relieved Her of Inflammation and Great Weakness

West St. John, N. B.—"I was in a general run-down condition following the birth of my twin boys. I had a great deal of inflammation, with pains and weakness. Finally my doctor recommended Lydia E. Pinkham's Vegetable Compound. He said that your medicine would be the only thing to build me up. I am sure he is right, for I am feeling much better and am gaining in weight, having gone down to ninety-three pounds. I was in bed for over a month, but am up again now. I have recommended the Vegetable Compound to my friends and give you permission to use my letter."—Mrs. ELMER A. RITCHIE, 82 Rodney St., West St. John, N. B.

There are many women who find their household duties almost unbearable owing to some weakness or derangement. The trouble may be slight, yet cause such annoying symptoms as dragging pains, weakness and a run-down feeling.

Lydia E. Pinkham's Vegetable Compound is a splendid medicine for such conditions. It has in many cases relieved those symptoms by removing the cause of them. Mrs. Ritchie's experience is but one of many.

You might be interested in reading Mrs. Pinkham's Private Text-Book upon the "Ailments of Women." You can get a copy free by writing the Lydia E. Pinkham Medicine Co., Cobourg, Ontario.

Less Pot-washing

SMP Enamelled Ware has the smooth surface and polish of fine crockery—without the breakage. And it is so very easy to clean—just like china, and therefore makes light work of pot washing.

Try this test. Take an SMP Enamelled Ware sauce pan and an all-metal sauce pan of equal size. Into each pour a quart of cold water. Put on the fire at the same time. The SMP sauce pan will be boiling merrily when the water in the other is just beginning to simmer.

SMP Enamelled WARE

"A Face of Porcelain and a Heart of Steel"

Three finishes: Pearl Ware, two coats of pearly grey enamel inside and out. Diamond Ware, three coats, light blue and white outside, white lining. Crystal Ware, three coats, pure white inside and out, with Royal Blue edging.

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