Conducted by HELENE.

walking through the wards of any of our hospitals, one cannot but be struck by the immense amount of unfering within their walls, but at the same time, how much is being ne to alleviate it. A busy hospital ward is a good place to learn the lesson of unselfishness. From -in-charge down to the latest probationer, the supreme thought is to perfect themselves in the knowdge that in its attainment makes of their calling a thing divine, because is there not something beyond the ordinary-something Christ-like in one who can put all thought of self aside in the eagerness to help another. The children's ward is always specially attractive, for the sness of the poor little mites is so appealing. Yet with all the ess that the nurses so ungrudgingly expend there are many little unanswered. Surely many people would be happier if, not being able to give otherwise of their time, they devoted a leisure hour or so to hospital visitation. This would be found very profitable, and, at the same time, help to pass an otherwise lonely hour for those shut in. But a great deal of good judgment exercised in this regard, for if there is anything a person of spirit despises it is being patronized, and instead of the kindly action be | coat for stormy weather which has ing appreciated, it is decidedly re-In the case of the children, are there not numbers of small folks who do not know what to do with superfluous toys? Mothers could not teach a more wholesome lesson than to direct the attention of their little ones to the wants of the tiny sufferers in hospital cots.

+ + +

"High heels and narrow toes ought to be legislated against," said a foot surgeon and masseuse as she rested and rocked and waited, watch in hand, for her next patient. "Tie the feet of a healthy woman into a pair of tight, narrow, thin soled shoes, stilted up on spool shaped heels behind, and the result of their steady wear will be almost any disease that teminine flesh is heir to. Fifty years ago," she continued, "it used to be the fashion to cut a fainting woman's stay-lace, but only last week I discovered that when the twentieth century girl threatens to faint the shortest cut to her restoration is by severing her shoe string. It was during the shopping hours that a pretty creature came staggering in here pale as a ghost and begging a drink of water. She dropped on my couch, and, while I sent my assistant running for water in the back room, I took the case in at a glance. Be-fore the sufferer could protest I had pulled off her tight shoes and her stockings, and, taking her bruised, ice-cold extremities in my lap, I sat on the floor and massaged the blood back into them. The poor child simply sat up and cried with relief. n the faint feeling was over and her spirits in a measure restored, I gave her a generous piece of my mind. I threatened her with nervous collapse, chronic dyspepsia, spinal neuralgia and consumption if she did not cease wearing those abominable little shoes, and I can assure you I was not talking nonsense, for it is my business to know what's good

+ + +

FASHIONS.

For girls who have outgrown their last year's dresses a wise suggestion to lengthen a good skirt is to make a voke of bias bands. To give pro per fulness open the gores and fago yoke on to skirt. A gored skirt that is too tight round the hips may be opened at each gore and braid in serted and allowed to run to within four inches at bottom, when it may be finished off in any desired style.

+ + * BROWN THE COLOR FOR AUTUMN

Brown will be the great autum color, and all sorts of freakish shade will be in vogue. Chocolate brown will be used for street wear, and the golden brown is another favorite Brown with a yellow cast is a brend new shade. Many of the newest brown costumes demand boots and stockings to match and a hat of cor responding hue. The summer brown uits for men were popular. Brown is not the best color to buy for one who has not many clothes. It is shade of which one tires quickly, an it suits the fewest women.

AS TO WINTER FURS.

Mink is to be more used than ever the coming winter, and ermine be used for trimming muffs and evening wraps and for small pieces the neck. Chinchilla is another long standing favorite and will again be largely used.

* * * SOMETHING NEW IN BELTS.

Panne velvet is the latest acquisition to the belt counter. These belts are of the wide sort fastening with broad buckles, and are shown in all colors. Panne velvet has a way of ooking as if it had been tied in knots and abused generally. quantities of it are to be used the oming winter, in hats, wraps and tailored suits. These belts are, therefore, right in line with the modes.

Ever so much prettier are the embroidered kid belts, French ideas worked out in white with lovely decorations in colorings. They match the white kid collar and cuff sets.

+ + +

MILITARY EFFECTS COMING IN. Military effects promise to appear largely in the outdoor garments women this fall. A new English long because she has good common sense. appeared on the market is frankly called the Militaire. It has two wide box pleats in the back falling from the yoke and belted in at the waist. The front is double-breasted, with a high, martial-looking, turn over collar, and it is finished with brass buttons.

+ + +

LATEST IDEAS.

Very unusual and therefore corres pondingly popular is a crushed belt of Turkish embroidery, bordered with leather and completed with leather straps and harness buckles.

Oriental belts are among the newest additions to the fashionable girl's varied supply of waist accessories.

A very unusual tailored dress shows a combination of wonderful olive prown velvet with broadcloth just a shade lighter. The foundation skirt and basque are of the velvet, and are perfectly plain, the basque very tight and the skirt long and of even length.

Scalloped circular capes overlap the basque in the same way, forming sleeve caps, but leaving the lower parts of the sleeves and basque to reveal the velvet. The effect is unusual and very elegant, yet some what simple.

Panama cloth is very popular indeed for the semi-dressy tailor suit. It is beautiful in deep mahogany and is used in one of the latest of the fall costumes, which shows a suggestion of a toga overskirt. The skirt is full and long and graceful, beau tifully lined with lighter mahogany The basque or coat, or combination waist and overskirt, is plain and very tight fitting, and extends below the waist at the front and sides half way to the knees.

+ + + NEW DESIGNS IN JEWELRY.

Most new designs in jewelry are of feminine origin, and though many are copies of the antique, there are beware! pily, while they are exceedingly pretty, and appeal to our love of the beautiful, they are by no means expensive. Long gold hand-wrought chains have sections of pierced work linked together with blister pearl and matrix turquoise, an oval pendant attached in the same open gold work set with the same stones. There is no doubt that the adapts tion of these inexpensive stones personal ornament has done a good leal to instil in women the convic tion that they can have pretty personal ornaments without sinking too

+ + +

much money.

STENCIL DECORATION FOR CUR-

TAINS, ETC A charming effect for borders of curtains, table covers, cushions, etc. may be produced by cutting out pattern from paper, stenciling it in water color (on plain material, such as cottons, satin-finished linen, silk velvet, or any of the foundations sed in embroidery. The design may be applied in two ways. If may cut out of paper and lightly basted on the material, and the spaces bethe tween the pattern colored, or fashion and the design itself colored, me good-by. Holding my hand, she

The great ease and rapidity with and their multiple uses make them a very seductive bit of fancy work. A number of wheels are traced on the linen used for lace work and worked in various designs to suit the fancy is basted firmly to the linen and then filled in with lace stitches of various kinds. It is not necessary to follow any special design. 'The circle must be perfectly round, and the lace sewn in such a way that it will lie perfectly flat. In some cases a very fine edge of the braid, and when the other edge is sewed firmly to the linen the little thread serves to draw the fuller edge into place.

These wheels are used for gowns for lingerie, for fancy table liren for cushions, etc. In black sais some trimming for a black

+ + +

WOMEN OF COMMON SENSE.

A learned man, once giving a toast to a company of younger friends, said: "I wish each one a good wife, but don't marry her just cause she seems pious. Marry her If I had two women to choose from one having common sense and the other only piety, I would take the

Shocking as this may seem some, yet there is more truth than poetry in it. Common sense in a woman includes a certain portion of piety, but piety does not always include common sense. It is much easier to be good than to be good While common is demanded in every walk of life, its exercise is especially necessary in "that beautiful realm called Home." The tact which springs from common ense transfers many a threatening domestic storm into sunny weather. allays strife, and promotes peace. There is an offensively obtrusive form of wifely piety which is more distasteful to the average husband then even unseemly frivolity- the piety that is more remarkable for faith than for works, that, in short, lacks common sense. An excellent illustration of that sort of sham piety is afforded by the woman who spends a whole afternoor attending religious societies while her children are suffering for the society of a religious mother at home. Com mon Sense! Who can define it Elusive in its nature, its modesty shrinks from analysis. Difficult of definition, but how easily we can detect its presence, or its absence, in those about us. The more we weigh the learned man's toast the more we realize that the man himself possess ed, in no small degree, this most practical of all the virtues-Common Sense.-Ex. + + +

FOR FATHER AND MOTHER.

Do not-mother at your housework, father in your study—do not always be "too busy." The little heart wants an outlet, the upraised rosebud wants a kiss, the little hearts grief to bring, a small joy, a game of play expected now and then. Ah ! best trimmers. beware! These requirements will slacken and will cease, if it be too often "Now, run away, dear, father is busy." "Don't be troublesome dear, mother must do her work."

Of course there must be checks sometimes; of course over-indulgence is worst unkindness. But be not, as a rule, repellant, unsympathetic; they will go elsewhere, after a while, with their little confidences, their little wants, their little losses, their little griefs and joys, their little winning ways, with the refreshment of their pure, delightful being. Perhaps you will be sorry then-then, when mischief is done-sorry when the new toy is no longer, as a matter of course, brought first to "father" see, when the toddling feet seek else where than to "mother" for drying of tears, when the patter of the steady feet always passes your door Ah, you will be sorry then that you were so foolish, sorry that you scar ed the birds away.-The Quiver.

+ + +

ON A MOTHER'S HEART "On the morning of the day when was going to the city to be ordain ed and go to my first charge," Rev. J. H. Wilson, of Edinburgh, "my mother came to the door to bid

WHEELS OF RENAISSANCE LACE | said: "You are going to be ed to-day, and you will be told your duty by those who know it far better than I do; but I wish you remember one thing, which, perhaps, they may not tell you. you lay your hand on a child's head you are laying it on its mother's heart." Mr. Wilson has met with marked success in winning boys and girls. .

* * * RECIPES.

Green Tomato Pickle-Cut a thin slice off both top and bottom of to matoes, slice and sprinkle with salt, using one cup of salt to a peck tomatoes. Drain the next morning boil 15 minutes in two quarts of boiling water with one quart of vine-gar, then drain again. Boil for five ninutes two red-pepper pods, (cut into strips) in two quarts of vinegar with half a tablespoonful of white mustard seed and one-half cupful of mixed spices. One pound or one cupful of sugar is added to the boiling vinegar and the tomatoes gently simmered in it for half an hour, ther the spices removed and the pickles sealed in iars

Apple Ice-Pare and core some fin apples, cut in pieces into a preservsufficient water for ing pan with them to float; boil until reduced to a marmalade and strain; to one pint of apple water add one-half pint of syrup, juice of a lemon and a little water; when cold, freeze.

Salmon Novelty-An easily and quickly prepared dish for unexpected company; empty salmon from car and break apart in large pieces; put butter in bottom of chafing dish, then add a layer of salmon, a dash of Tabasco sauce, pepper and salt, then sprinkle powdered cracke crumbs over each layer of salmon and so on alternately till chafing dish is filled; heat fifteen minutes and then turn out in a flat dish and garnish with parsley and slices of cold boiled ggs.

> + + + TIMELY HINTS.

To bake a pie crust without the filling, line with paraffin paper filled with uncooked rice. A nut pick kept on the kitcher

table is the most convenient utensil for removing the paper cover from the milk bottles. A novel pickle is made by combin

ing sweet corn and cabbage, each cooked separately then scalded in sweet spiced vinegar and canned for Use a small clam or thin-edged nussel shell for scraping pots kettles, and the cake turner for

cleaning off the molding board. Clothespins boiled a few minutes and quickly dried once or twice a month become more durable.

If sheets or tablecloths are wrung by putting the selvage through the wringer the edges will not curl up and they will iron much easier.

Potatoes will bake more rapidly if a pan of water is put into the over

A lamp expert recommends cheese cloth for wiping the lamps, and have something to tell you, a little adds: Never use scissors to trim a wick. A visiting card is one of the

To keep ice in a covered vegetable dish little blocks of ice the size of a walnut or ar apple. Cover closely and place tween two feather pillows. The icepick necessary is a large darningneedle and a thimble

Ice cream makes a very bad stain because it has both grease and sugar in its make-up. To remove stains of it from silk sponge the stained places with chloroform or gasoline, placing a pad of absorben cotton or blotting paper under the spots. When dry sponge with tepid water and a good soap, then with a flannel cloth until dry. This work must be done away from fire or artificial light.

Wash out the starch from discarded colored cuffs. Sew a loop on one side and use as kitchen hanging some near the stove, other by the table. Rip open the side o some, put in a layer of cotton, ser up, and you will have a flatiron holder that will hang up. Save th freshest to rip up for quilt pieces Rip out the linen bosoms of white shirts, cut into squares, hem and use for baby's wash cloth. As the skirts of colored shirts are usually good when the upper parts are worn out utilize them for the little folks' aprons. Cut the skirt off at

length, allowing for a hem. Cut se hand to slip under the arms of the child. Put straps across the shoulders, gather the skirt to the band, and as the apron has no front or back it will wear longer.

Take very little or no alcohol which opens the pores of the skin, moderate exercise, moderate clothing and abundant fresh air. These are the essential requisites to prevent colds.

Besides these general rules it will be well if persons very liable to take cold will take care that no ingress is given to the malady. Thus, if a cold usually commences in the teeth these should be attended to, and de cayed or unhealthy stumps removed.

If the eyes are first attacked they

must not be unduly tried, exposed to dust, strong artificial light bad air. If the symptoms usually commence in the throat then a daily gargle with cold water should be had the throat sluiced every morning with cold water, and neither unduly exposed nor muffled up with handker chiefs, mufflers, boas or high fur col-

Should the chest or bronchial tube be chiefly affected, the same precautions as to clothing must be observed, porous and not too heavy flannel or other vests should be worn, and misnamed chest "protectors" thrown aside. With these precautions colds will rarely come and quickly go, and the seasons of autumn, winter and spring bring each its due enjoyment and cease to be the invalid's dreary months of dismal apprehension. Health Hints.

AN INCIDENT.

In his uniform soaking and draggled with the blood in his sleepless

Hungry and dirty and bearded h looks at the morning skies,

He feels for his pipe in the blanket he calls to his chum for a light-When a bugle sounds on the chilling air, and he stands in his boot upright.

There is jingling of chains and the straining of harness, the clashing And the gunner swings off at a gal

lop, as he buckles the spur to his There are whispers, and jestings, and

laughter-then the scream of rushing shell, And the crash of the guns from the

trenches that fling back the gate ways of Hell.

In his uniform soaking and grimy h stands with his gun in his place, While the bullets peck at the river ground and spit up the earth in his face;

He stands as he stood in a scarlet coat with a crowd at the barrack gate, But the colonel knows what his hear

is at, and he whispers: "It's coming. Wait!"

So he glares at the smoke from the trenches, so he chats to his chum on the right, Muddy and thirsty and frozen- but

setting his teeth for the fight. And he stands like a rock through the morning, with the butt of his gun at his toe-

Till the bugles ring and he leaps to the front, with his bayonet-point at the foe.

To the mouth of the spluttering cannon, to the ridge where the rifle flame,

On ! with a shout that is strong as the blow-though he's cortured and spent and lame.

Phrough the line of the reeling foemen, through the hail of the hiss ing lead

He wins to the rocks with his bayo net point and staggers among the

In his uniform soaking and tattered he lies with the mist in his eyes The sun has set and the air is still. but he looks no more on the skies; The lips of the cannon are frothless there is rest in the worn 'rigade

And the only sound on the stricken field is the noise of his comrade' spade.

-Harold Begbie, in New York Mail.

ON SUNDAY DRINK-SELLING.

A priest in one of our Middle Wes es preached a forcible serm on a recent Sunday in which he at ed those men who made a prac tice of Sunday drink-selling. He said 'The man who goes to Mass on Sun day, and afterwards, in violation o the laws of God and of the State admits others to a saloon and dis gives hideous scandal, but strikes at the Church for which Christ died

Catholic Sailors' Club ALL SAILORS WELCOME. Concert Every Wednesday Evening

All Local Talent Invited: the finers in the City, pay us a visit.

MASS at 9.80 a.m. on Sunday.

Open week days from 9 a.m. to 10

ST. PETER and COMMON Ste

The John Murphy Co.,

There's Warmth in Wool

There's also genuine warmth and comfort in the blankets we sell, because they are manufactured from the best of Wool.

We have just placed in Stock a very large consignment of New Blankets received direct from the leading English, Scotch and Cana-The prices, considering the high-grade and reliable quality of the goods, will bear the closest scrutiny by the keenest buyers. We invite com-

New Blankets.

"THE DOMINION" White Wool Blankets, size 50 x 76, made ex pressly for this firm, price \$2.69 unexcelled value. The celebrated "SKELDON"

Blankets, made in Ayrshire, Scotland, unrivalled for softness and warmth, from \$4.75 a pair. Scarlet all-wool Blankets, fast

White Wool Blankets, from 82.00 a pair.

a pair.

TIPJOHN MURPHY COMPANY LA 2341 & 2343 St. Catherine St.

Corner Metcalfe. Terms Cash. Tel. Up 2740

OGILVY'S

Direct Importations No matter what stock you look to, we're constantly showing new styles, many of them not to be duplicated in town. That means we're reaching a higher grade of business, and surprising those who're accustomed to paying fancy prices for hat or dress novelties. Our work, both in Millinery and Costumes, has been exceptional this Fall, and trade has been more than we lared expect.

You owe it to yourself to take a look at

New Wraps and Jackets New Walstsand Skirts
New Tailor-Made Costumes

New Tallor-Made Costumes before the best of them are gone. Ladies' Tailor-Made Suits are the leading interest again this Fall, but each stock is complete with everything likely to be in demand. There's no difficulty in selling our garments, for the demand is peremptory. Somebody has got to supply the needs of Monfreal ladies, and who better than we'? Our collection of goods are now pre-eminentalike for character and quantity, and by doing the business extremely well, by doing the business extremely we money is made to go further here than an

WALKING SKIRTS.

A grand Skirt for the price. made of fine soft cheviot, in black only; new pleated style, with triangle tab strapping inserted between pleats, and button trimmed; five rows of stitching around bottom; tailored in very best style, and fit

UMBRELLA SPECIAL. pecial lot bought direct from an overstocked manufacturer, and comprising a sulendid selection of high-class designs in handles. These Umbrellas are fully guaran-teed and well worth \$1.50. Special

JAS, A. OGILVY & SONS. St. Catherine and Mountain Sts.

Church, on whom the truth of her mission may have dawned, often hesitate to embrace the faith because it eems in part contradicted by some of its children."-Sacred Heart Re-

Sacred Concert on Sunday Even

On Sundays, from 1 p.m. to 10 Tel. Main 2161.

That's why it's on the Sheep's

dye, from \$4.50 a pair.

Grey Wool Blankets, from \$1.50

MAIL ORDERS PROMPTLY FILLED

house I have to amuse the Dear Aunt Becky :-

Dear Aunt Becky :-

I am the youngest of seve only little girl, so I'm let own way a good deal. I h pet rabbits, a bird, a kitt guinea pig. We play mena bring in all the children in and have such fun.

OUR BO

Dear Boys and Girls :

I was so pleased to he anxious to know how yo would like, with the letter

continued story. Let u

children must have. I ho

will remember that to gro

I am a little boy of ter

spent a very pleasant vac portland, Maine. Mamma

little brother Georgie were

me. I am now at school, s

ing hard. Next week I'll

I am a little girl of elev

I am attending school at vent of St. John the E

Point St. Charles, under

tion of the Sisters of the H

I like school very much.

the third class, and study spelling, grammar, Bible

geography, drawing, Catech

ing and French. Good-by

present, will send you anot

I liked the boys and gir

last week. I have just star

and don't like it. Good-by

I saw in one of the letter

tie that she had a collie th

ed her everywhere. I w

one, too, but we had one

the baby, so mamma sent

and will not get us anothe

I have not gone back to

cos we had measles. I'd

to school, 'cos when I'n

+ + +

Dear Aunt Becky :-

Dear Aunt Becky :-

MARY GERA

WI

+ + +

* * *

next week.

ar Aunt Becky :-

+ + +

longer letter.

Mamma told me it

to write you a short

Dear Aunt Becky :-

Write often, little frie

B

FL (What a lucky little girl Flossie. I know you are all to those pets of yours.—Aun

Dear Aunt Becky :-My grandma has got rhe and I'm so sorry 'cos she c me out for a walk. I hope

soon be better. Good-night (Aunt Becky sincerely hope ma will soon be better.) * * *

Dear Aunt Becky :-I go to school every day. bought me a dear little por I drive him every day. H apples out of my hand

biscuits and candy, too. Dear Aunt Becky :-

My papa is way across th Il be glad when he co he'll bring me a doll, and h would bring a gramaphone t My mamma teaches me at he E

Dear Aunt Becky :-I'm a little boy of seven. my first year in school, and

I will like it, but I like rec AR Dear Aunt Becky :-

We have a dear old aunt. loyely golden hair. She wa in Dublin, and is awfully ni children. children. When we're naug says she'll go home. We h uncle Tom. He is away in Kong now, and when I am a I will travel too.

* * * THE HAPPIEST LITTLE

"Guess who was the happi