

should be taught the duties of parenthood, in our schools and also the duties of citizenship. It is suggested that there should be a test for the franchise, that there should be free representation, and that all members, Judges, municipal officers and others in office should be subject to recall.

The women are also considering the matter of the nationalization of natural resources such as the banking and transportation systems.

#### International Relations

In such a time as this no serious gathering of women could overlook the matter of international relations, and it is receiving the serious thought of the women. The matter of an international council of arbitration composed of men and women to ensure permanent peace among the nations, is the dream of some. Also international navy patrol of the high seas.

It is no time now, when the world is bleeding to death, for women to consider little things and they are not considering little things. They have reached out for the big things, and with a prayer in their hearts, and a song of hope on their lips, they are right lifting it forward, ready to stand or fall, fighting for the good of the world.

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#### MANITOU

May 8th, 1916.

The May meeting of the Manitou H.E.S. was held on Saturday in the Orange Hall, with a good attendance of members and several visitors.

Letters of thanks were received from Ninnette for clothing sent by the society for the use of needy patients, from the Convalescent Soldiers' Home for a crate of eggs, and from the Red Cross Society acknowledging a bale containing 41 pairs of socks, six shirts, rolls of linen and cotton, and one quilt.

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*And the door is large,* as it should be for convenience in firing up. Or if need be, a large chunk of wood will go through this door. The dampers can be operated from the rooms above. This saves you the nuisance of running up and down stairs to shut off the drafts and open up the check damper.

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2. Also forms for filling out, so that your heating engineers can tell me how to order and install a system that will properly heat my home.

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It was decided to send another crate of new-laid eggs to the Convalescent Soldiers' Home. As May is always our patriotic month, the roll call was answered by patriotic quotations.

The Boys' and Girls' Club handled the entertainment part of the programme, giving songs and readings of a patriotic character, and the winners at the last Boys' and Girls' Club Fair read short papers, telling how I made my Prize Bread. How I raised my Prize Chickens, etc. The children gave excellent papers and their entertainment was much appreciated. A dainty tea was then served and the meeting closed with the national anthem.

June 5th, 1916.

The Manitou H.E.S. met in the Orange Hall on Saturday, June the third. In spite of a pouring rain the attendance was very good and a pleasant afternoon was spent. Short papers on "The Use

of Left Overs and on Meat Substitutes," were given, and much discussion and exchanging of recipes followed. Every one has some favorite dish coming under either one of these heads, and many helpful ideas were given.

The secretary for Red Cross work reported 28 pairs of socks and four pairs of towels sent in May. A donation of \$23.50 from Mrs. Swanson as a result of her tea and apron sale will go towards buying wool and other materials for Red Cross work. Ever since the H.E.S. took up Red Cross work the materials have been bought with money raised by the members at teas, sales, etc., and at the regular monthly meeting collections, none of the regular H.E. funds being used for this purpose.

Roll call answered by quotations from Cowper followed by tea served by the month's committee and the singing of the national anthem brought the meeting to a close.

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