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(St. Thomas Daily Times.)

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### Talk on the Holy Eucharist

(The Catholic Universe.)

in the Old Law by the manna. The inquire of the priest the reason for gences, and concludes by saying: "It manna was food for the body, the Holy Eucharist is food for the soul. When the priest brings the Blessed That fell from Heaven for God's peomanna was food for the body, the sending the boys. St. Philip said: ple only; this came from Heaven for lighted in honor of our Lord. The resolve to bear witness to their rethe members of the Church only. That same honor, it seems to me, is due was sent only in the desert to sustain to one who carries the Blessed Sacra- bers of it. the people on their journey to the ment in his heart. You ought to have Thus the head of the Catholic promised land; this we have only dur- remained in the church to make your Church on earth urges the practice of ing our pilgrimage to our eternal thanksgiving after Communion. We total abstinence from alcoholic drink. home and it will cease in Heaven.

As the destroying angel in Egypt ence, or fail to thank Him for His same virtue. And our prison records spared those who lived in houses wonderful gift to us." marked with the blood of the lamb, so the demon loses power on souls man went to church to make his their health. It has been said that sprinkled with the blood of Christ in thanksgiving. There are some who when adults who have been habituat-Commubion. While the reception of ought to reflect on this lesson and ed to the use of drink take the pledge the Holy Eucharist does not remove take it to heart.

either kind, that is under the form of not. The perfect need it to remain by grace and a good, firm will, and bread or under the form of wine, we perfect, and the imperfect that they by avoiding the occasions of the vice. receive Christ whole and entire. The may become perfect. Our Lord says: But if there is really some difficulglorified body of Christ is invisible. Each host or each part of a host is

cease. We receive in Holy Com- his free time before the altar. St. of any Catholic children's temperance munion not the body and blood only, Francis Xavier when he could took society. Anglicans and Nonconformbut also the soul, because Christ's his repose there at night and St. ists have a vast number of children

body is now a living body. viding of the particles by the priest will refresh you.' does not divide Christ.

The promise of eternal life was ly as well as to those who both eat Lowest prices ever quoted. Fine cata- and drink. We call attention to the

"If any man eat this bread he will live forever." St. John vi., 52. "He that eateth me, the same shall

live by me." St. John v., 158. He that eateth my flesh and drinketh my blood hath everlasting life."

St. John vi., 55. Then St. Paul discloses that he who eats or drinks unworthily is guilty of the body and the blood of Christ. Remark the or and the and. The unworthy communicant does not have ing the text, "Watch ye and pray ed some four times more, proportion-to take under both kinds to be guilty that ye enter not into temptation," ately, than Catholics. This should

of the body and blood of Christ. When priests receive Holy Communion in sickness or in the sanctuary that exist everywhere, and the pre- and I repeat that one means to this when not celebrating Mass, they re-

ceive under one kind only. The receiving under the form of But there are many good reasons for it. There would be great difficulty in pen were Holy Communion given al- miserable.

so under the form of wine. . . to a dead body, and the Holy Eucharist is of no avail to a soul dead in

quires communion to be received fast- to do this you must pray."

of danger of death prepare ourselves for Holy Commun- not necessary to know any special vocated for weeks, possibly lepers who failed to return to thank How can we always pray? We can of the air, and the words were ap-

of Rome, noticed that a person to by keeping ourselves in the state of drink. The Saint immediately sent two altar boys with lighted candles and told them to walk on each side of the man

to me, a sinner.

come temptation.

it clause by clause and applying it

to the natural and supernatural lives

of his hearers. Therrev. father's ad-

dress was a clear explanation of the

duty of prayer, and its importance.

"God has a right to our prayers:

thought impressed. Pray in tempta-

tion and especially on Sundays-not

necessarily the whole day, but more

than on the ordinary day-as it is a

obliges all to hear mass as a mini-

sure cure. If you love your child

why do you let it suffer when a rem-

and innocent recreation.

edy is so near at hand?

mum, but the spirit of the Church is

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Pope Pius X. and Total Abstinence

"Romanus," in Liverpool Times).

It is most consoling to Cathofic total abstainers to see by a recent issue of your excellent paper that his Holiness the Pope has again shown his great interest in temperance work by sending a brief to the bishop-president of the convention of the Catholic Total Abstinence Union of America, held at Providence, R.I. In the course of the brief his Holiness says: "Following the example of our predecessors, and especially the latest among them (Leo XIII.), to whom there seemed to be no greater enemy of the teachings and commands of Christ than the abuse of strong drink, we heartily approve along with lighted tapers. He inquir- the work of the Union. ed the reason and the boys referred firm the privileges accorded the Union by Leo XIII. of happy memory. The Holy Eucharist was prefigured The young man quickly returned to The Pope then grants several indulis our hope that, by conferring such

should not be forgetful of God's pres- Physicians increasingly approve of the show that the sudden total depriva-Recognizing his fault, the young been long addicted to it improves they often relapse. If that is so it There are two classes of people who simply shows the natural tendency to need to communicate frequently; those backslide onto one's old vice or fault In receiving Holy Communion under who are perfect and those who are -a tendency which can be conquered

gard for the Union, and become mem-

ty in inducing adults to become total abstainers, there is no difficulty in Faith and piety impelled St. Mary not part of the body but the entire Magdalen of Pazzi to visit our Lord principles should be far more encourin the Blessed Sacrament many times aged among Catholic children than The hypostatic union can never a day. St. Aloysius spent most of they are apparently. I do not know Francis of Assisi visited the Blessed enrolled in their Bands of Hope and We use an axiom the saying that Sacrament before any undertaking. other total abstinence societies for when one receives the whole of a. The emblem of faith and love is the children. As drunkenness is recognizthing no one else can at the same sanctuary lamp ever burning before ed as one of the serious obstacles to time receive any part of that thing. the tabernacle. There we get courage the conversion of England to the Ca-Yet a thousand hearers receive the and comfort in our spiritual combat. tholic faith, it follows that a Cathowhole of a speech or a sermon, and a There we will especially find verified lie children's temperance society broken mirror will reflect our image the words of Our Lord. "Come to Me should be formed in most af the missions in England. I think the little in each of the score of pieces. The ditheir parents would be pleased to see them do so. Not to help the spread There are a number of varieties of of total abstinence from alcoholic made equally to those that eat on- corns. Halloway's Corn Cure will drink amangst Catholic children in remove any of them. Call on your England appears to be absolutely inexcusable. Our holy religion does not increase by any means so quickly ib England ar one would like to see; but I think if we make our children teetotallers we shall see it increase much more. A professor of Gottin-Holy Angel's church was well filled gen University has recently compiled last night with men. Rev. Father statistics of McPhail said he was pleased to see world, in which he states that (Roso many of them attending the mis- man) Catholics number between 250,sion regularly and faithfully, and he 000,000 and 260,000,000, and Proteswas especially pleased to see the tants, including all their sects numlarge number before him last even- ber 185,000,000. This would appear ing, as his sermon was directed more to show that Protestants, in spite

valence of the gambling habit among end is total abstinence, especially the men. A persistent gambler, he amongst our children. Monsignor Nugent, that splendid said, is always found to be an idler bread is only a matter of discipline. a loafer, and without ambition. What temperance veterar whose death we bread is only a matter of discipline. little judgment a man shows, when he had to lament about a year ago, was works hard all week or all month, interviewed by a correspondent of a and as soon as pay-day comes goes contemporary not very long before giving the cup to hundreds; many can- to the dens and delivers his earnings he died; and, touching on temperance, not bear the taste of wine; in some to the sharks. A gambling man ne the Monsignor said: "The League of countries there is great scarcity of ver moulds for himself a successful the Ctoss was never more needed than wine; then accidents might easily hap- career, and he makes his own life at present; and he regretted the general apathy towards it, especially on counder the form of wine. • "Now, men, be men," continued the part of the priests. No man could carry on such a work single-Communion worthily they must be in bition is higher than to become a handed; but if the priests, as a body, a state of grace. Food is of no avail confirmed gambler. If you have in- would only take it up, and put life dulged in this vice in the past, now into it, the people were ready to fol-May these solemn words of is the time to stop it, but you will low."

avoid the proximate occasion of it, hearts in the future. Then the law of the Church, sanc- You must stop frequenting the places I would like this letter to be a tioned by Apostolic tradition, re- where gambling exists, and in order means of helping the temperance cause amongst Catholics, but I am ing. This law does not bind in case What is prayer? Prayer is simply not very hopeful about it, for I conversing with God, praising or have noticed on more than one oc-Since we are told, "Let a man thanking Him, expressing our love or casion that some good cause-some prove himself," we should diligently asking favors of Him. To pray it is social reform-has been most ably adion. We should be equally diligent in form of prayer; neither is it neces- months, by correspondents in your making thanksgiving after Holy Com- sary to know how to read. It is paper and after the correspondence only necessary to give a humble ex- has closed, I have not seen the least displeased with the ingratitude of the pression of the heart. Christ Him- visible, practical, good fruit result self says we should always pray, from it. It was like a vain beating

do so by offering to God all our parently "writ in water. It is related that St. Philip Neri, thoughts, words, and actions, and Our country spends £150,000,000 in There are many good objects whom he had given Holy Communion grace. It is not necessary to pray, to which we Catholics can contribute left the church almost immediately. in any special place. Of course, the our money besides giving it to the church of God is the house of prayer, publican. Besides, His Holiness the Pope, our own Archbishop of Westbut we can pray on the street, in the workshop, or any place. We minster is also intensely desirous should pray as the poor publican that temperance should increase to his home. We may imagine how did who simply smote upon his amongst English Catholics, and with surprised he was when he saw the breast and said, "Lord, be merciful these great leaders there is every One moment of hope that it will. It is a Catholic, sincere prayer will help us to over- Christian work, for our Lord said, 'Except a man deny himself, and take up his cross daily, he cannot be Father McPhail gave an admirable address on the Lord's Prayer, taking My disciple."

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The Winship Club of Boston, which that the faithful also attend vespers is composed of poets, artists sculpand benediction, which are offices of tors, editors and like folk, entertainprayer and praise; that they abstain ed at a recent meeting, Father Confrom servile works, except those of rardy, the missionary to Chinese lennecessity and mercy, and that they ers. The gay dwellers of Pohemia pass the remainder of the day in rest listened attentively to the story of 6 the heroic priest, who had been the companion of Father Damien, and who Do not delay in getting relief for has given up his life to the ameliorathe little folks. Mother Graves' tion of the wretched condition of the

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