

benefit, I discovered an The use of a long rectal tube is unnecessary. The
The effect of the flush patient should be placed in a genu-pectoral position, the
of all dyspeptic troubles shoulders thus being lower than the hips. The water
and at the end of three will be made to descend while anatomically ascending
psoriasis had almost en the intestines. Patients can be made to receive from one
ne that she was seen a to six pints of water in this position without the slightest
abdomen and forearms trouble. One of the effects of the water is to distend
vention of fecal absorp the colon, and in that way pressing away the walls of
the loculi from the accumulations that fall into the
has had headaches for current of water, and are passed out while the water is
ch to once in four or five leaving the intestine. The patient will oftentimes com-
ing from six to twenty plain of severe tormina; checking the current of water
been constipated, and for a few seconds, and will be followed by complete
ing that ailed her was relief. The presence of such a strange foreign body in
loaded. the intestine as hot water in many cases excites pro-
of three months, with digidious peristaltic activity, thus producing the tormina.
were completely and Plain hot water is all that is necessary to use. The
exion which had always water should be hot; cold water, or tepid water, will not
sending out in bold do. It will produce great suffering. One patient took
decorated her forehead the flushings for a fortnight, returning vowed she never
er chloasmic spots were would use any more because they produced such terrific
se spots are pigmentary cramps. Upon enquiry it was found that she was using
a. It is a physiological tepid water. The subsequent use of hot water by her
n the liver. In a con was never followed by a cramp. Upon many patients
eposit we never see. this large amount of water acts as a vigorous diuretic.
well in some way that When patients suffer as well from renal insufficiency, I
are infinitely more com am in the habit of telling them to use a pint or a pint-
is easy to see that their and-a-half of hot water after the flushing had passed
d them to the filling away, and to lie upon the back with hips elevated for
he colon produces a half an hour. Thus retaining the water, it will act as a
eranges every organ of powerful diuretic. Some patients can administer this
flushing with greatest ease, while others will develop a
It is possible that the most phenomenal awkwardness. I am in the habit of tell-
as, contributes in some ing patients to kneel in the bath tub, who are at all
these chloasmic spots awkward about using these flushings.
the parts of the body