YOUR PLANS for the SUMMER



SHOULD INCLUDE AT LEAST ONE TRIP THROUGH CANADIAN NORTHERN TERRITORY. HERE IS A CHOICE:---

In Ontario—The Muskokas (by Lake Shore Line); the Maganetawan Country; Georgian Bay; the French River; the Superior Divide (Port Arthur to Lake of the Woods).

In Nova Scotia—The Ocean Shore (700 miles, Halifax to Yarmouth; Lake Rossignol; the Annapolis Valley; Cape Breton Island (Gulf of St. Lawrence side).

In Quebec—The Ottawa and St. Lawrence Valleys; Shawinigan Falls; the Laurentians; the Upper St. Maurice; Lake Edward; Lake St. John; the Saguenay.

In the West—The best Farming Country; the rivers, lakes, woods and mountains of Manitoba, and beyond the Saskatchewan, up to Edmonton.

Inquiries about them all of the Information Bureau, Head Office, Toronto



Try the Saline Waters of the "ST. CATHARINES WELL"

For Rheumatism and kindred diseases and for all forms of Nervous Trouble. Hydropathic treatments with massage, diet, rest, supervised

O5 ONE WAY TO

SEATTLE

by Physicians and Nurses.

For those who cannot spare time or expense of a trip South, try instead the tonic influence of "THE ST. CATHARINES WELL"

REACHED BY GRAND TRUNK RAILWAY SYSTEM

Apply THE WELLAND, St. Catharines.

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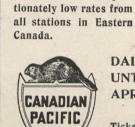
Everybody seems to be drinking "Star" Beer, these days. Everybody may drink it, too, because "Star" Beer contains less than 11/4% of alcohol, and is non-intoxicating.

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"Star" Beer has the delicious flavor and body of the finest lagers, but owing to the special method of brewing, it contains very much less alcohol.

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GIRLS secure this handsome gold laid bracelet for selling 15. It sells easily. We trust you with Jewelry. Write for it to-day to Consolidated Specialty Co., Sta. D., Toronto.



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PAINT AND POWDER WILL NOT DO IT.

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Keeps the face fair and the hands white.

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