

very interesting letter, but you forget to say that it is a particular class of girl only that is too gushing and of the giggling kind. Remember there is this class all over the world. Yes, some Western girls are reserved at first; they have had an education this class and know better, which certainly they are to be admired for. Acting natural is one of the best things in a woman. I myself have come in contact with several things "called women," that think it quite a favor for her or rather from her to allow a man to be at all attentive. But happily they are in the minority and are soon put down to what they are worth, and that is nothing. Courtesy is everything in man or woman and most men look for it. A lady will never fool a man or lead him on if love is not there, but the majority of women (of a class) do just for the sake of having a good time as they call it.

I think we have our full quota of bachelors out in this part, Kootenay and Yale-Cariboo districts, and while some are very dirty, shall I say, in their household management, others are just the reverse, taking a pride in having everything clean and methodically done. The former kind deserve not an atom of pity, being entirely their own faults, and will never be any other way unless they do manage to have the good fortune to get a wife, and then it is all left for the poor wife to do. I think this is an excellent way of telling the character of a man, so girls be wise. Some put forward the plea that they haven't the time. This is a poor excuse and counts for nil. I think these sentiments are voiced by every sane thinking man.

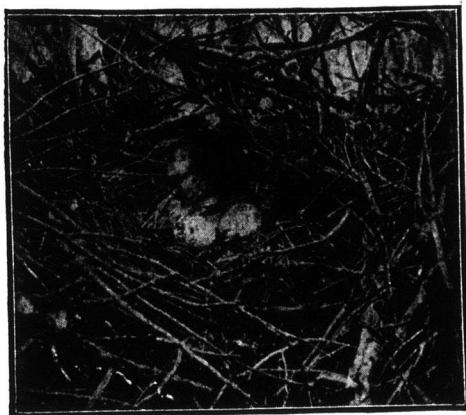
"Valley Flower," you are certainly right, the majority of girls nowadays do marry much too young and in most cases repent bitterly afterwards. But this is much too serious a matter for me to discuss. I may put my foot in it.

"Field Flower," B.C.

The case with which corns and warts can be removed by Holloway's Corn Cure is its strongest recommendation. It seldom fails.

Another Red Cross Worker

Dear Editor,—Although I am not a subscriber to The Western Home Monthly, am a regular reader and look forward to the many interesting articles that appear in each month's issue, especially the topics discussed in the correspondence columns. "A Western Sport" is certainly an energetic worker for the Red Cross, and may say that our city is doing its share



Nest and eggs of the rough-legged hawk

for the same cause, also for the Patriotic Fund. I am a member of a club that make bandages, surgical dressings and pillows, etc., for the Red Cross, and it is very instructive. At present there is a big recruiting campaign on and meeting with good success.

I am not a Western girl, but one of the many employed in offices in an Eastern city. Should anyone care to write me, my address is with the editor, and will try and answer all letters.

An Eastern Girl.

Their First Appearance

Dear Editor,—Just a few lines to let your readers know that there are two more merry maidens whom they have not heard from yet, but who are and always will be interested readers of your correspondence page.

We live on the farm and—like "it." It is such a jolly, carefree place to live, that is when things go smoothly, but then, who expects fine weather or good times always? We are not going to tell you what we look like, for we think a pen picture of anyone (without going into detail) is no guide whatever to one's character. Besides, if you like a person, what does it matter if they are dark or fair, or if their hair is curly or not? Oh, of course curly hair is the cutest, we know. Now don't think we envy it, because one of us has curly hair and the other hasn't. And does not Robert Burns say: "Oh, wa'd some power the giftie gie us, to see ourselves as others see us." So maybe our opinions would exaggerate or belittle us. It is enough to say that we are sisters and the best of chums.

Now "Western Sport," surely you do not mean that the boys and girls should not talk about themselves, but about the country, etc. Why, we think that would turn our lovely social corner into a geography lesson or an information bureau, and we are sure anyone wishing for information can easily obtain it for the asking. Or, if not one of these, then a conversation on the telephone with an absolute stranger. We always like to know something about the writer, for we think it reveals more of the true self than pages and pages on any other subject. We are very glad you did not carry out your suggestion, for if you had we would have had only a hazy idea of what you are like. But there—we are sure you have only an idea of what we are trying to say.

Now "Bill and Jake" seem to have a very clear idea of what "Farmer's Daughter" is like. Needless to say, we cannot picture anyone so clearly, not even our most intimate friends. We could not give you a pen photo of anyone, but we could tell you why we liked them and we think that is quite enough.

Lively Lasses.

A COLD Settled On Her Lungs Causing Great Pain THE CURE WAS DR. WOOD'S Norway Pine Syrup

Miss D. M. Pickering, St. Catharines, Ont., writes: "Having derived great benefit from Dr. Wood's Norway Pine Syrup, I thought I would write and tell you of my experience. When I first came out from England I contracted a severe cold, owing to the change of climate. It settled on my lungs, and caused me a great deal of pain. I tried every remedy I could think of, but got no relief. My father, who had heard a great deal about the good qualities of Dr. Wood's Norway Pine Syrup, advised me to try it. I did so, and I am pleased to say, found immediate relief. I only took one bottle and it cured me completely. My mother had a severe cold also, and Dr. Wood's Norway Pine Syrup cured her, so we never fail to keep a bottle of it in the house."

See that none of those so-called "pine syrups" are handed out to you when you go to your druggist or dealer and ask for "Dr. Wood's." It is put up in a yellow wrapper; three pine trees the trade mark; price, 25c. and 50c.

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

Nerve-Worn and Sleepless

Weak with Long Suffering but soon Cured by Dr. Cassell's Tablets

Few women could have suffered more from shattered nerves and digestive troubles than did Mrs. Baxter, of 14 Avenue Road, Abbey Dale, Sheffield, England, and her splendid cure by Dr. Cassell's Tablets supplies still further proof of the unexampled value of this great medicine. Seen recently by a representative, Mrs. Baxter said:—

"I cannot tell you how much I owe to Dr. Cassell's Tablets. When I first commenced taking them I was simply in a dreadful condition with nerves and dyspepsia. I hardly ate anything; the mere smell of cooking was enough to take away all my appetite. If I did try to eat a little I was sure to suffer afterwards with awful pains in my chest and round my back; and sometimes wind formed in such quantities that really I thought I should suffocate. Often these windy attacks came on in the night, spoiling my rest. Indeed, at all times I got little sleep; I used to lie tossing for hours and hours.

"Another terrible affliction was headaches. Oh, they were violent. I used to think sometimes my head would burst; and they hardly ever ceased. I suffered so much that I became quite run-down and nervous, so much so that I dared not go upstairs at night without a light; I was afraid to open my door after dark when alone. Then to crown my suffering I caught influenza, and that simply prostrated me altogether.

"I was feeling terribly weak and depressed one day when I chanced to read about Dr. Cassell's Tablets, and made up my mind to try them. They did me so much good in the first day or two that I went on taking them, and it was just wonderful how I gained new health and strength. I had hardly been able to drag about before, and here I was getting better and brighter every day. Now I am as well as ever in my life, thanks to Dr. Cassell's Tablets."



Mrs. Baxter

DR. CASSELL'S TABLETS

Dr. Cassell's Tablets are Nutritive, Restorative, Alterative and Anti-Spasmotic, and of Great Therapeutic value in all derangements of the Nerve and Functional Systems in old or young. They are the recognized modern home remedy for:

Nervous Breakdown	St. Vitus' Dance	Dyspepsia	Wasting Diseases
Nerve Paralysis	Anaemia	Stomach Catarrh	Vital Exhaustion
Spinal Paralysis	Sleeplessness	Brain Fog	General Debility
Infantile Paralysis	Kidney Disease	Headache	Loss of Flesh
Rickets	Back Pains	Palpitation	Premature Decay

Specially valuable for Nursing Mothers and during the critical periods of life.

Druggists and Dealers throughout Canada sell Dr. Cassell's Tablets. If not procurable in your city send to the sole agents, Harold F. Ritchie & Co., Ltd., 16 McCaul St., Toronto, who will see you are supplied. One tube 50 cents, 6 tubes for the price of five. War tax 2 cents per tube.

SEND FOR A FREE BOX

A free sample box will be sent you on receipt of 5 cents, for mailing and packing, by the sole agents for Canada, Harold F. Ritchie & Co., Ltd., 10 McCaul street, Toronto, Ont. Dr. Cassell's Tablets are manufactured solely by Dr. Cassell's Co., Ltd., Manchester, England.

