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# SURPRISE SOAP

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## JENNESS-MILLER'S SISTER.

The Famous Lecturer to Women Sets Them  
An Example.



"A beautiful woman is a beautiful gown" is the way they describe her.

"The Rev. Dr. Morgan Dix finds fault with women," says the New York Sun, for thinking more about their personal charms than about their souls, but Miss Mabel Jenness feels it her duty to instruct them as to the best use of those charms in the attainment of a 'correct and elegant carriage,' and by the proper artistic care of the body." In her view the soul expresses itself through the body, and action goes on between the two, with the result that physical grace has a moral value.

As Mrs. Jenness-Miller is known the world over for her ideas on dress reform, so her sister, Miss Mabel Jenness, whose likeness is given above, is celebrated for her crusade for physical culture among the gentler sex.

Her system of physical training is attracting a great deal of attention. "She is herself a society girl, and yet finds time," says the Sun, "to practice her system, and in the midst of her multitudinous duties is never tired, never sick, doesn't know where her nerves are, and is a stranger to headaches." The reason is apparent in a letter written July 10, 1893, from Washington, D. C.:

"I was induced," writes Miss Jenness, "to try Paine's celery compound at a time when I was suffering from over work and the effect of an accident. I began immediately to realize tonic and blood-nourishing effects. I take pleasure in saying that, although opposed to medicine in general, I really consider this an excellent preparation."

"I have not been able to take one day's rest since I returned from my long, hard western trip. I am sure it is not for nothing."

The Effect of a Kind Word.

A Detroit journal states that a man called at its office recently, and inquired for the "criminal reporter." It had no criminals serving as reporters, but the man was introduced to the reporter who attended to the business of the courts, and he proved to be the most sought. On being brought together, the visitor said he had failed to thank the reporter for being the means of his reformation. He said: "I want to talk with you. When I was convicted over in the Recorder's Court in the old City Hall, you wrote about me in the paper like a criminal, but his identification was complete. It is the first offense, and he will regret it for five years at least," I read that the next morning as I was being taken to Jackson, and those words, "Myles doesn't look like a criminal," made a deep impression on me, probably for the reason that I had not heard a kind word for a long time before. I cut those words out and pasted them up in my cell. I have come here today to thank you for writing them. They helped me to become an honest man. Regret it! You never wrote a truer word in your life. How I did suffer in prison! When my time was out I went to Chicago, and from there to St. Louis. I got work in a wholesale grocery store, and I worked hard. Five years ago my master sent me up into Nevada to look after a cattle ranch that he and his brother owned there. That suited me, and I became a herder, and now I am superintendent of the ranch, and get \$300 a month. Good-by! You did me a good turn, and I'll never forget it."

Why People Have Freckles.

It is a well-known fact that red-haired individuals are more liable to become freckled than others, and science explains the phenomenon thus: "It is caused by a superabundance of iron in the blood. This it is that imparts the vigour, the elasticity, the great vitality, the overflowing, thoroughly healthy animal life which runs riot through the veins of the ruddy haired, and renders them more morose in all their emotions than their more languid fellow-creatures. The excess of iron is also the cause of freckles on the peculiarly clear, white skin, which invariably accompanies red hair. The skin being abnormally sensitive, the action of the sun's rays not only brings out the little brown spots in abundance, but also burns like a mustard plaster, producing a queer, creepy sensation, as if the skin were being wrinkled up."

Paine's celery compound, which has a tonic effect, I should not be able to keep up and work hard.

"I recommended Paine's celery compound to a friend who dined with us yesterday, and on leaving here she went and bought a bottle. I shall do all I can for it, for I believe in it."

So the society woman, whose health and grace are famous the country over, and who is in a position to command the best medical advice, finds in Paine's celery compound the same relief from the effects of overwork and illness that the poorer, harder working woman finds.

And this great remedy that makes people well is quickly within the reach of all. It is for sale in every respectable drug store in the country, and it is in greater demand to-day than any remedy in the world. It is the one true specific for diseases arising from a debilitated nervous system, the scientific research of this country has produced. Prof. Edward E. Phelps, M. D., L. L. D. of Dartmouth college, first prescribed what is now known the world over as Paine's celery compound, a positive cure for dyspepsia, biliousness, liver complaint, neuralgia, rheumatism, and kidney troubles. For the latter Paine's celery compound has succeeded again and again where everything else has failed.

Washington correspondents have recently given it a great deal of attention since the cures in that city.

The medical journals of the country have given more space in the last few years to the many remarkable cases where the use of Paine's celery compound has made people well than to any other one subject. Try it and find vigor, health and new life.

Continues Her Confidences.

Single man (to himself)—"I am sure that darling little angel loves me. She takes me into her confidence, and tells me all her troubles."

Same man (some years later)—"Consarn it all! From morning till night, and night till morning, when I'm at home, I hear nothing but tales about the servants, the butcher, the porter, the baker, the candlestick-makers and all the rest of 'em."—New York Weekly.

Carrying out His Wishes.

Mr. Isaacs—"Did you hear already dot old Nickelstein vos dead?"

Mr. Solomon—"Yawl and he left his son Mosky all his monies and five hundred dollars for a stone to his memory."

Mr. Isaacs—"Vill Mosky erect der ston?"

Mr. Solomon—"Veil, n t tegascly; der ston vill be set in a ring and it vill be inscribed to his father's memory."—Judge.

Sleep is death without decay.

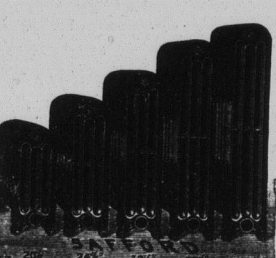
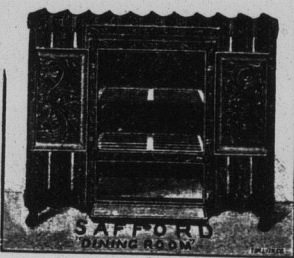
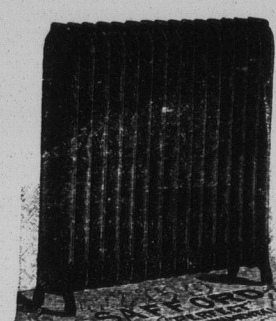
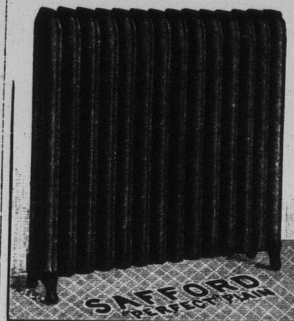
LIFE'S SUNSET ALL AGLOW.

Wife and I were the first settlers in Moro, Aroostook Co., Me., 41 yrs. ago. It was then a vast wilderness. With all its hardships our lives had been filled with happiness until the fall of '91, when we were attacked with dyspepsia, sleeplessness and their attendant evils.

SKODA'S DISCOVERY CURED US, and we are again floating down life's river with all bright and smooth before us."

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