

This and That

A SUGGESTIVE FACT.

That celebrated trainer of wild animals and manager of a great show for many years, F. C. Bostock, has written a thrilling book about animal training; and he makes this assertion, that the first requisite of the animal trainer is good personal habits. "In some curious, incomprehensible way," he says, "wild animals know instinctively whether man are addicted to bad habits. It is one of the many problems that are beyond human understanding. For those who are the least inclined to drink, or live a loose life, the wild animal has neither fear nor respect. He despises them with all the contempt of his nature, and recognizes neither their authority nor their superiority. If a man has begun to take just a little, or deviated somewhat from the straight road, the animals will discover it long before his fellow-men."

This is certainly a strange fact. But that it is beyond human understanding is not so sure. Bad habits mean lack of self-control and of strength. The quality in the trainer which dominates the animal nature within him is precisely the quality that dominates the animal he trains. If he yields to the brute within him, no matter how little, his perfect poise and mastery are gone, and the keen instinct of the wild beast recognizes it instantly, before the slower perceptions of man find out his loss of dignity and control, the beast understands his degradation to their level, and his life is in danger every moment he is in their cages.

"Absolute personal integrity" is the first condition necessary for the successful lion tamer. He who rules his own nature, and he only can have dominion over the beasts, as Adam before the fall. Self-mastery is the distinction between man and the brute. Sin is not a gain, a strength; it is degrading weakness, always. It is a pity that while the wild beast recognizes this fact so surely, we sometimes forget it; and this life from the trainer's experience should help to remind us all.—Forward.

CELERY AND RHEUMATISM.

Ho, all ye rheumatics! Celery never was finer than that which you find in the market just now. Chop up the stalks in pieces an inch and a half in length, boil them in water until soft, then drink the water. Or stew them in milk and butter, thicken with a little flour and eat warm with toast or potatoes. Rheumatism is impossible, it is said, if the vegetables be cooked and freely eaten. Besides, there is no greater delicacy than stewed celery. The value of the plant lies in the apoil, or parsley-camphor, it contains. This dilates the blood vessels and has few equals as a diaphoretic and diuretic. Anything that produces a profuse perspiration is good for the rheumatic patient. All the world knows that celery is the best absorbent a drinking man can take, and its action on the kidneys and viscera is most healthful.—New York Press.

IN A GOOD CAUSE.

The measure of charity is the degree of personal sacrifice. A story which has probably been told before comes from a member of the committee of arrangements for a church fair. In her work she had employed a good-natured colored boy who had fetched and carried for her day and night. He had collected all the potted palms in the neighborhood, and taken them to the church without mishap. He had borne messages to every member of the committee. Although he had been paid for the work, his excellent service seemed to demand an additional reward.

To combine two good deeds in one the lady called him after all the patrons had finished supper, and told him to eat as much as he could. He obeyed. Ice-cream freezers were scraped to the bottom. One pretty maid after another brought him the remains of chocolate cake. The strawberry boxes were cleaned down to the smallest pink stains. Still Bob ate and smiled.

Finally, when there was nothing more to eat, the lady came into the room and pre-

pared to pay for Bob's supper. The treasurer made out the check. It amounted to two dollars and twenty-five cents.

Bob's patron looked surprised but said nothing, and opened her purse.

Bob stood beside her, wiping his mouth and shifting from one foot to the other.

"Thank you very much, miss," he said. "I ate all day was. I done de bes' I could for de cause."

HE KNEW HIS LIMITATIONS.

A gentleman went into a restaurant where there were colored waiters and ordered a sandwich and a cup of coffee. It was one of the rules of the place, says the Washington Star, that the waiter should write the order on a little slip of paper and put the price opposite. The check is then paid to the cashier at the desk. The gentleman tells the story:

"When I had finished my meal I picked up the slip, and glancing at it, saw that the waiter had written, 'Pie, five cents. Coffee five cents.'

I called to the waiter, 'Hey, George! I didn't have any pie. I ate a sandwich.'

"Dat's all right, boss," he replied. "Pie an' san'wich is both de same price, an' I aint so good on spelling san'wich."

"You think you're very sharp," said the Cotton, "but you couldn't do much without me."

"Oh! I don't know," replied the Needle. "I notice that whenever you get into a hole I have to pull you out!"—Cassell's Little Folks.

Fair Visitor—"So you have really decided not to sell your house?"

Hostess—Yes, you see we placed the matter in the hands of a real estate agent. After reading his lovely advertisement of our property, mother, John, nor myself could think of parting with such a wonderful and perfect home.

Teacher—"How do you account for the phenomena of dew?" Boy—"Well, you see the earth revolves on its axis every twenty-four hours, and in consequence of this tremendous pace it perspires freely."

J. D. O'Connell leaves Sussex the last of this week for Little Rock, Arkansas, where he is engaged in the business of manufacturing egg yolk and albumen, which is used in the manufacture of gloves. Mr. O'Connell is manufacturing egg yolk and albumen in Sussex now and is shipping it to Montreal, where he has one customer who buys seventy-five thousand dollars worth a year.

FREE TO EVERYONE.

Priceless Book Sent Free for the Asking.

"There be books and books," some edifying, other entertaining, and still others instructive. The average man is so busily engaged in the labor of money making, that he has little time and less inclination for books which instruct; hence, when he feels out of sorts, either he gives no heed to Nature's warning, or he consults a physician, at an expense which a little knowledge would have enabled him to avoid.

There is probably no complaint upon which the public is so little informed, as to hemorrhoids; or piles; this small book tells all about their causes and cure; it treats of the different forms of blind, bleeding, itching and protruding piles; describes their symptoms, and points the way to a cure so simple and inexpensive, that anyone can understand and apply.

All affections of the rectum are treated in simple, plain language, so that all may understand, and learn how the cause may be removed. Many people suffer from piles, because after trying the numerous lotions, ointments and salves that are on the market, without relief they come to the conclusion that a surgical operation is the only thing left to try, and rather than submit to the shock and risk to life of an operation, prefer to suffer on.

This little book tells how this may be avoided, and a cure be effected without pain inconvenience or detention from business. Write your name and address plainly on a postal card, mail to the Pyramid Drug Co., Marshall, Mich., and you will receive the book promptly.

NEW BLACK SUITS

— READY TO WEAR —

These are exceptionally attractive on account of their perfect fitting quality and stylish effect. The collars hug the neck and the shoulders are shapely.

The cloths are serges and cheviots—S. B. and D. B. sacks.

Prices \$12, \$16, \$18.

New lines of House Coats, Fancy and Washable Vests recently opened.

House Coats, \$3 to \$10; Vests, \$1.75 to \$4.50.

A. GILMOUR

68 King Street.
Fine Tailoring and Clothing.

Surprise is yours and pleasure, too, every time you use Surprise Soap



It makes child's play of washday—and every day a happy day. The pure soap just loosens the dirt in a natural way and cleanses easily—without injury. Remember Surprise is a pure, hard Soap

"HEADLIGHT"

Is the Best and most Popular brand of PARLOR MATCHES ASK ANY GROCER FOR THEM.

MADE IN CANADA BY

THE E. B. EDDY CO.
SCHOFIELD BROS., SELLING AGENTS.

MADE IN CANADA FOR CANADIAN STOMACHS.

The Wonder Working D. C. is prepared for the Relief and Cure of all STOMACH TROUBLES. Within 30 Days, on Receipt of 10c., we will mail to any address one large trial bottle. TEST IT.

Rev. P. G. Hedley

667 Huntingdon Avenue, Boston, Mass.—"Of all the preparations for dyspepsia troubles I have known, K. D. C. is the best, and seems to be entirely safe for trial by any one."

Rev. Wilson McCann

Rector of Omssee, Ont.—"I have tested K. D. C. and knowing its value can recommend it to all sufferers."

Rev. J. Leishman

Argus, Ont.—"It gives me much pleasure to testify to the excellency of K. D. C. as a cure for dyspepsia."

Dr. McDonald

St. Agnes de Dundee, P. Q.—"I have never known K. D. C. to fail where fairly tried."

Rev. A. Hurdock, P. A. L. L. D.

Springford, Ont.—"It is only justice to state that in my case your K. D. C. has wrought a perfect and I believe a permanent cure."

Rev. Geo. M. Andrews, D. D.

Auburndale, Mass.—"I recommend K. D. C. very strongly—in my case it has proved singularly efficient."

We hold a host of Testimonials from the best people of America. Testimonial sheets on application. Above are a few extracts.

D. C. COMPANY, Limited, New Glasgow, N.S.

PATERSON & CO.
107 GERMAIN ST. SAINT JOHN N.B.