

Fruit Salad - Ambrosia
Maureen Francoeur - DFAIT/MAECI

Ingredients:

- 1 Cup of mandarin oranges, drained
- 1 Cup of coconut
- 1 Cup of miniature marshmallows
- 1 Cup of sour cream
- 1 Cup of crushed pineapples, drained

Instructions:

- Mix all five ingredients together
- Put in serving dish – Makes 5 cups
- Leave overnight in the refrigerator

Fudge - Fantasy
Simone Gobeil - DFAIT/MAECI

Ingredients:

- 3 Cups of sugar
- ¾ Cup of margarine or butter
- 2/3 cup of carnation or 2% milk (small can)
- 1 package of flavoured chips (butterscotch or chocolate)
- 1 Jar of Kraft marshmallows (fluff)
- 1 to 2 – 1 teaspoon vanilla or Baileys
- Nuts (Optional)

Instructions:

- Boil hard for 5 minutes stirring constantly; sugar, margarine or butter, carnation or 2% milk
- Remove from heat
- Add flavoured chips, marshmallows, vanilla or Baileys and nuts (optional)
- Beat until smooth and pour into a 13" x 9" pan
- Let set overnight and serve in small squares