

babies their mothers and nurses thought it such a little thing to wash a baby's eyes that it could not matter much whether it were done or not.

2. Wear clothes that can be washed if you have to do dirty work.
3. Help mother by keeping your own room tidy.
4. Don't read bad books nor look at horrid pictures.
5. Wear clogs instead of cheap leather boots.
6. Carry young babies or allow them to lie flat in the perambulator out of doors.
7. Do not use pushcarts.
8. Eat meat once a day, but don't drink tea with it.
9. Don't bother mother to let you sit up late.
10. Don't carry school-fellows as big as yourself.

There are to be baby shows, and the little ones exhibited this year are to be shown again in other years, so that their development can be noted and contrasted with that of others of their age.

A NOTE ON VIVISECTION.

Dear Rose Rambler,—Have you room in your delightful Circle for a hygienic girl? Thank you, I will try to make my visit short, as I know you do not like long introductory letters. While I am speaking about hygiene I should like to say something about vivisection. There was mention made of it in last Saturday's page. I believe it is perfectly right, for is it not better to experiment on a few animals than to let hundreds of human beings die from pure ignorance of a cure for their diseases? When Doctor Flexner of the Rockefeller Institute operated on one hundred and twenty-five animals for the purpose of finding an antidote to the deadly cerebro-spinal meningitis and succeeded, it was perfectly justifiable—yet a band of women arose and tried to prevent this good work! They thought only of the animals, not of the benefit the future generations will derive from this wonderful discovery. Which do you think was the more cruel, Rose Rambler, the women or the doctor? Are not human beings of more value than many sparrows? Now please don't think me cruel, for I am not—I cannot even kill a poor little fly without pangs of regret.

The foregoing appeared in the *Globe* a couple of weeks ago. It is very much to the point and shows that there are some who can, and do, think properly on this subject. Civilized countries are killing animals, birds and fishes of all kinds constantly for food, dress and ornaments, and no storm is raised because of this. There are a few hysterical persons who raise a lot of noise over the making of proper experiments with the view of saving life.—Ed. LANCET.