

ANKLE SPRAINS.

Edward H. Ochsner recommends a method of treatment which consists in careful and systematic strapping with rubber adhesive straps. These are cut from half to three quarters of an inch in width, and the proper length, the width depending upon the size of the limb. The foot is held at slightly less than a right angle and a trifle everted. One end of a long strap is applied to the inner surface of the foot near its posterior end, brought under the heel, and up on the outer posterior surface of the leg to within a few inches of the knee. At the lower end this falls into the depression just posterior to the external malleolus. A shorter strap is now applied by placing one end to the inner surface of the heel near the sole of the foot, then bringing it around over the tendo Achillis to the outer surface of the foot, making it cover the first strap at a right angle, and passing along parallel to the under border of the sole of the foot, then over the dorsum of the little toe. Another long one is now applied, anterior to the first, overlapping it about one-third of its width; then a short one, and so on alternately until the outer anterior aspect of the ankle is reached. A hard-rolled bandage is placed over all, and the patient directed to lie still with the foot elevated until the warmth of the body has caused the plaster to adhere firmly. As a rule, the patient can walk with reasonable comfort after a few hours.--*Medicine*.

METHYLENE BLUE IN GONORRHEA.

Methylene blue administered internally will cure gonorrhea in from four to seven days. It is specially fatal to the diplococcus which is the specific cause of the disease. The pyrogenic bacteria that make gonorrhea a mixed infection succumb very rapidly to this germicide. It should be given in one-grain gelatine capsules three times a day, and after the fourth day reduce to twice a day. If it causes an irritation of the neck of the bladder, combine with oil of nutmeg. The following may be used:

R. Methylene blue..... gr. I.
 Oil of nutmeg..... gtt. I.
 Oil of sandalwood..... gtt. II.

M. ft. Caps. No. I.

S. One capsule three times a day.

It should not be continued for more than ten days. During this time instruct the patient to drink plenty of water.
 —J. A. O'Neil in *Medical Record*.