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 W. C. AYLESWORTH, Publisher.
 T. HARRIS, Editor.

Guide-Advocate
 WATFORD, DECEMBER 5, 1919
NOTE AND COMMENT

Canadians in general are wasteful and extravagant, so much so that the vulgar and stupid notion that economy is meanness is common.

The farmer's grievance is economic. He sees the skyscrapers and the marble palaces which business rears in the cities, and is doubtful whether the cost to the country is not greater than the service. He has been urged to produce, and he wonders whether all the bustling activities of the cities are productive, or whether many are not parasitical, sustained by the labor of others. He thinks there has been an overgrowth of cities at the expense of the rural districts. —Toronto Star.

I failed to make a farmer out of my oldest boy because I went at it wrong," an old farmer told us the other day. "I could do the difficult work of the farm—planting the corn, running the binder, looking after the live-stock and taking care of the business problems—so much better than he could, that I did it and left the less interesting work for him. He was really just a hired man, and he lost interest in the farm and finally left it. I am trying another plan with my other boy. He is only 18, but he does most of the buying and selling. He plans the work, and when there is a job requiring special skill I let him do it. He doesn't do these things as well now as I could, perhaps, but he is developing an interest in farming that he could not get in any other way. I may lose a little by not doing these things myself, but if it helps develop the boy into a good farmer I will be repaid many times over."

One hears a great deal about thrift nowadays, but the spirit of spending goes on and it does not need much observation to conceive that the spirit of spending has got into the children of today. They are more apt to spend their small pieces which they receive from their parents or earn than they were a generation ago, and they do not accumulate the saving as they did then. A contemporary speaking on the subject says:—"The remedy is for the parents to teach their children to be careful of what they spend by giving them payments for work done, wages for tasks satisfactorily accomplished. These payments should not be given too grudgingly with too niggardly a hand for that is to cheapen the dignity of their labor, nor too lavishly, for that leads to extravagance and distorted values, but better too little than too much. "Easy come, easy go," is a lesson that it is better to learn in childhood than in after life. For in youth poverty brings discomfort and hunger and spurs ambition, but in middle age it brings discomfort, disappointment and despair.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Medicine. Hall's Catarrh Medicine has been taken by catarrh sufferers for the past thirty-five years and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Medicine acts through the Blood of the Mucous surfaces, expelling the Poison from the Blood and healing the diseased part as.

After you have taken Hall's Catarrh Medicine for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Medicine at once and get rid of catarrh. Send for testimonials, free.
 F. J. CHENEY & CO., Toledo, Ohio. Sold by all D-ruggists, 75c.

A GREAT EVENT

An event of the greatest importance to every man and woman interested in Agriculture in this Province, is the approaching Convention of the U.F.O. to be held in Toronto on December 16, 17 and 18. This gathering will be of great significance to the farming community. You should keep in touch with every move made. You can do this by reading the farmer's own paper, The Farmers' Sun, which will give most exhaustive reports of every matter discussed at the great Convention.

During 1920 there will be many improvements in The Sun. Every department will be enlarged, re-modeled and strengthened. Although the cost of improvements to be made will be great, and an increase in the subscription price necessary, the price has not been raised yet and \$1.00, if remitted at once, will secure for you, without doubt, the greatest farm newspaper for 1920.

Send in your subscription at once and get your neighbor to take advantage of the present subscription price.

There is no other paper—just like The Sun, and none in the same position to help you. Over 30,000 Ontario farmers subscribed for The Sun. Why not you? Send your order direct to The Farmers' Sun, Toronto, Ontario.

Illiteracy in the United States

In the United States three million adults are deaf to the English tongue and five million and a half blind to the printed word. Of a million and a half men drafted for the American army and examined later as to their literacy it was found that nearly 400,000 were unable to read American newspapers or to write home. They were unable to read signs about their camps, or to understand a written or printed order. If this percentage of illiteracy prevails throughout the nation it would mean that, including the foreign-born, nearly one-quarter of the population is illiterate so far as the English language is concerned. The significance of these figures is that a man who is unable to read or write the language of the land he lives in is dependent for his news and perhaps for his opinions upon his next-door neighbor.

MONEY WELL SPENT

In these days of expensive living the question with most people is to get the best value for one's money. In the case of newspapers or magazines there can be no doubt about The Family Herald and Weekly Star of Montreal giving the greatest value for the money on the continent. The Family Herald and Weekly Star is a wonderful combination of newspaper, magazine, and agricultural paper. It costs only \$1.25 a year and each subscriber receives a handsome souvenir portrait of the Prince of Wales, 18x22 inches. We learn the subscription price will be \$1.50 after December 31st. No better value can be had than a year's trial of 64 pages each week and every page interesting and instructive.

GOOD SENSE

The secret of happiness so long and feverishly sought for by so many people has been discovered by the Toronto Star, which gives the following joy recipe in its question and answers column:—

"The cure of the blues lies with yourself, and being always on the go, is but a temporary remedy. Happiness is not found in places. It comes from within. You can discover happiness in your own home—in your office—in the workshop—just as easily as in Europe or China or at the North Pole—and usually a great deal easier. "Once get this idea firmly fixed in your mind," says Graham Hood, "and you will have solved lots of the problems of life, and some of the most important ones at that. The discovery that happiness is under your own hat, and that it can be found in no other place in the world, is one of the first secrets of success. But how am I to find this happiness? you ask. The answer can be condensed in two words: Keep busy. The only happy life is the busy life. The happiest man in the world is he who has just a little more work to do than it is possible to perform in the hours of an ordinary working day."

Wedding Stationery of the finest quality at The Guide-Advocate.

CURRENT NOTES

There has been some feeble attempts to dispute the fact that the drug evil is spreading over this country like a deadly blight. Under existing circumstances this attitude is extremely silly, for the evidence of it is before one in all our large centres. Some figures that are both instructive and interesting have been compiled from our government "blue books" in respect to the astonishing growth in the importation of these deadly drugs within the past few years. We will take cocaine to begin with. It will be noted that the import for consumption in Canada in 1915, the amount was fifty ounces, while following year it was over five thousand ounces, while for the fiscal year 1919, ending 31st March last, it was over twelve thousand ounces. The traffic in morphine grew from two hundred and fifty-nine ounces in 1915 to thirty thousand ounces in 1919. The amount of opium imported for consumption in Canada was a little over seven thousand pounds in 1915, whereas for the year ending March 31st last it was over thirty-four thousand pounds.

Speaking of the high prices asked and the general unrest of the people an exchange says:—The sooner that we as a people realize that the prices for the necessities of life are going to remain high for the next few years, the sooner will the spirit of unrest subside in the country. Few realize that millions of men have been engaged in the work of destruction for the last five years, and consequently the world's production has fallen off tremendously. The three causes of high prices in this country are lack of production, extravagance and export. Under the first heading come labor trouble troubles. Workmen received higher pay for their services during the war than ever before in history. Naturally they are unwilling to continue at lower scales of wages. Farm hands, who a decade ago received \$15 a month, are now demanding pay by the hour, and they can demand more if they quit the farm and enter the industrial field. Thousands have done just that, and hence the agricultural pursuits are being neglected. As an example of the extravagance that has gripped the nation, it has been pointed out that no one hesitates to pay 10 cents for a shoe shine now, whereas a decade ago most men shined their own shoes. On the question of export many problems arise. Of course, it is our duty to aid as much as we can the starving millions of Europe, and until that service to humanity is rendered we cannot think of curtailing exports. It is in the first two classes that we must begin reforms if the high cost of living is to be reduced."

San Francisco boasts of having the first airplane policeman, which of course it calls its "fly cop." It means something rather exciting for anybody to get "took up" by this officer.

What Prominent Ontario Women Say

Tillsonburg, Ont.—"I found Dr. Pierce's Favorite Prescription very beneficial during my pregnancy. I felt quite poorly, was nauseated and sick, could not eat anything and I was extremely nervous and weak. I took 'Favorite Prescription' and it soon stopped the nausea, my appetite returned, also my strength and I was soon feeling fine and strong. My baby was strong and healthy and I consider 'Favorite Prescription' a great help to the expectant mother and am glad to recommend it."—MRS. AMOS MILLS, Box 238.

A HAMILTON WITNESS

Hamilton, Ont.—"A few months ago I was stricken down and was confined to bed about ten days. My strength all left me. It was my first illness since a child. I lost five pounds and felt awfully weak afterward. I could hardly do my work. I was advised to try Dr. Pierce's Favorite Prescription in tablet form. I tried a couple of bottles and before I knew it, I was well and strong and had gained 9½ pounds. I can recommend Dr. Pierce's Favorite Prescription to build one up."—MRS. E. MARTIN, 597 Dundurn St.

After suffering pain, feeling nervous, dizzy, weak and dragged down by weaknesses of her sex—with eyes sunken, black circles and pale cheeks—such a woman is quickly restored to health by the Favorite Prescription of Dr. Pierce. Changed, too, in looks, for after taking Dr. Pierce's Favorite Prescription the skin becomes clear, the eyes brighter, the cheeks plump. It is purely vegetable, contains no alcohol.

THE STERLING BANK
 OF CANADA
"Ask Our Manager"
 TO BE really successful farmers must keep in touch with outside business which indirectly affects them.
 There is no better method of doing this than by regularly consulting your bank manager.
 The local manager of the Sterling Bank welcomes such discussions at all times. He is thoroughly acquainted with financial matters affecting farmers and can give valuable advice, especially if you are thinking of enlarging your operations.

War Bond Interest Coupons and Cheques Cashed Free.
 The Merchants Bank will cash all War Loan coupons or interest cheques when due, on presentation, without making any charge whatever for the service.
 If you have not a Savings Account, why not use your interest money to open one with This Bank?
THE MERCHANTS BANK
 OF CANADA Established 1864.
 Head Office: Montreal.
 WATFORD BRANCH, F. A. MacLEAN, Manager.
 ALVINSTON BRANCH, G. H. C. NORSWORTHY, Manager.

BUILD IT NOW

If You Need That House BUILD IT NOW
 Your first peace-time work is the building of that new house you had to go without while the war was on.
 Both labor and materials are available once more and a great deal of government building, state work and factory construction already is under way. Measure the amount of satisfaction and service your new home would bring and you'll want to get started at once.
 The sensible thing then is to BUILD NOW and we have all the material to build the sensible way—framing, siding, trim, shingles, doors and Beaver Board—the manufactured lumber, knotless and crackless—for the walls and ceilings. Speak to us about it today.

Geo. Chambers Est.
A Few Specials Below the Market
 Electric Light Bulbs.....35c ; 3 for \$1.00
 Perfection Oil Heaters, large size....\$7.00
 Vacuum Cleaners.....\$3.00—worth more
 Food Choppers.....\$1.90 to \$3.50
 Lanterns.....\$1.25 to \$2.00
 Halters.....\$1.00 to \$2.00
N. B. Howden Estate

Save have who Stea

THE S CO BRO

It acts upon system of Child gives the ston Throat & reliable NO. 263
 DIRECT for every CHILD 5 years & over. PRICE (SH. M. THE 6 S