

**FROM BACKACHE
RHEUMATISM, DROPSY.**

Editor—I wish to tell you
experience I had when suf-
backache, weak back, rheu-
pey, and congestion of the
tried a new medicine called
which has recently been dis-
Dr. Pierce, of whose medi-
cal institution in Buffalo,
have no doubt heard for
medicine acted upon me
in a most wonderful manner. I never have
medicine so helpful in such
I do wish anyone in need
would give it a trial.
G. H. HERR.

olks in town and adjoining
delighted with the results
tained by using "ANURIC,"
discovery of Dr. Pierce, who
the INVALIDS' HOTEL and
institute, in Buffalo, N. Y.
started the day with a back-
ache, arms and muscles, and
head (worn out before the
because they were in and out
a dozen times at night) are
the perfect rest, comfort
enough they obtained from
Anuric Tablets. To prove
a certain uric acid solvent
in headache, kidney and
cures and rheumatism, if
used the "Anuric" cut
I send ten cents to Doctor
large sample package. This
to you that "Anuric" is
times more active than
minimizing uric acid—and the
kidney and bladder cor-
you are a sufferer, go to your
and ask for a 50-cent box.
You run no risk for Dr.
name stands behind this
new discovery and it has for
it century for his "Golden
covery" which makes the
his "Favorite Prescription"
men and "Pleasant Pellets."

000,000 BIBLES.

in English Language
doubled since war.
tion with Bible Sunday.
Bible review day, Dec. 10,
compiled show that
been a large increase in
tion and study of the
the war began. The
bles, in whole or in part,
and Foreign Bible
year were 11,059,000
e of the American Bible
7,000,000; those of the
Bible Society of Scotland
000,000. If the Bible
issues of the private Bible
houses there will be a
re than 35,500,000 copies
tures, in whole or im-
hed in the past year,
on million more than the
ted issues in 1913. A
feature is that the cir-
e English language has
the outbreak of the
ble, or portions of it, is
ed in 600 languages, 18
ges having been added
ar by the British soci-
ated number of Bibles
he Roman Catholic and
shes, and the Hebrew
mong the Jews, be added
ing totals, the aggregate
will be 40,000,000 copies,
000,000 or 30,000,000 in

Records Improve.

sh prison commissioners"
shed lately for the year
last shows that the
prisoners received under
s only 64,160, compared
3 in 1914, a decrease of
ce the year 1904, which
rest number of sentenced
97,941—the total per
the population of England
has fallen from 536 to
main causes seem to
to have contributed to
crease in the prison pop-
1) The enlistment of
al petty offenders, (2)
ve orders issued by the
l board and those made
es and military authori-
y the great demand for
ring employment easy
ed and resulting in ab-
ines. The number of
eived of military age
739 in 1914 to 1916
ear under review.
of the liquor control
rs in the metropolis and
Welsh boroughs is
e following convictions:
Weekly average
is in 1914, 2,034; for
following orders in 1915,
our weeks ended March
10. In ascertaining the
war upon women con-
unkennes, the lady in-
rsons inquired respect-
sent to Holloway for
and average convic-
vidual rose from 2.6 for
ty over 5 in 1915. On
nd, the commission-
the decline in the num-
ual drunkards commit-
reformatories—95
only nine in 1915.
figures are inconclusive
proof of any increase
in drinking amongst
e present time, they
same proportion holds
ay, not only a consid-
in the total reception
but a decrease of over
in the individuals re-
the convictions.

**Children Cry for Fletcher's
CASTORIA**

The Kind You Have Always Bought, and which has been
in use for over 30 years, has borne the signature of
and has been made under his personal supervision since its infancy.
Allow no one to deceive you in this.
All Counterfeits, Imitations and "Just-as-good" are but
Experiments that trifle with and endanger the health of
Infants and Children—Experience against Experiment.

What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Pare-
goric, Drops and Soothing Syrups. It is pleasant. It
contains neither Opium, Morphine nor other Narcotic
substance. Its age is its guarantee. It destroys Worms
and allays Feverishness. For more than thirty years it
has been in constant use for the relief of Constipation,
Flatulency, Wind Colic, all Teething Troubles and
Diarrhoea. It regulates the Stomach and Bowels,
assimilates the Food, giving healthy and natural sleep.
The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS
Bears the Signature of
Chas. H. Fletcher
In Use For Over 30 Years
The Kind You Have Always Bought
THE CENTAUR COMPANY, NEW YORK CITY.

ROLL OF HONOR

**Men From Watford
and Vicinity Serving
the Empire**

27TH REGT.—1ST BATTALION

Thos. L. Swift, reported missing
since June 15, 1915, Rich. H. Staple-
ford, Bury, C. Binks, L. Gunn Newell,
killed in action, Arthur Owens, F.
C. N. Newell, T. Ward, Sid Welsh
Alf Woodward, killed in action—M.
Cunningham, M. Blondel, W. Blun
R. W. Bailey, A. L. Johnston, R. A.
Johnston, G. Mathews, C. Manning,
W. G. Nichol, F. Phelps, H. F. Small,
E. W. Smith, C. Toop, C. Ward, J.
Ward, killed in action, F. Wakelin,
D. C. M., killed in action, T. Wakelin,
wounded—missing, H. Whitsett, B.
Hardy.

PRINCESS PATRICIA'S C.L.I.

Gerald H. Brown

18TH BATTALION

C. W. Barnes, Geo. Ferris, Edmund
Watson, G. Shanks, C. Jamieson, J.
Burns, F. Burns, C. Blunt, Wm.
Aulterson, S. P. Shanks.

2ND DIVISIONAL CAVALRY

Lorne Lucas, Frank Yorks, Chas.
Potter.

33RD BATTALION

Percy Mitchell, died from wounds
Oct. 14th, 1916; Lloyd Howden,
Geo. Fountain, killed in action Sept.
16, 1916; Gordon H. Patterson, died
in Victoria Hospital, London,
Charles Potter.

34TH BATTALION

E. C. Crohn, S. Newell, Stanley
Rogers, Macklin Hagle, missing since
Oct. 8, 1916; Henry Holmes, killed
in action Sept. 27, 1916, Wm. Man-
ning, Leonard Lees.

70TH BATTALION

Ernest Lawrence, — Emmerson,
C. H. Loveday, A. Banks, S. R. Whal-
ton, killed in action Oct. 1916, Thos.
Meyers, Jos. M. Wardman, Vern
Brown, Sid Brown, killed in action
Sept. 15, 1916, Alf. Bullough.

28TH BATTALION

Thomas Lamb, killed in action.

MOUNTED RIFLES

Fred A. Taylor

29TH BATTERY

Wm. Mitchell, John Howard.

ANTI-AIRCRAFT

Gunner Woolvet

PIONEERS

Wm. McNally, W. F. Goodman.

ENGINEERS

J. Tomlin

ARMY MEDICAL CORPS

T. A. Brandon, M. D., Capt. W. J.
McKenzie, M. D., Norman McKenzie
Jerrold W. Snell, Allen W. Edwards.

135TH BATTALION

N. McLachlan.

3RD RESERVE BATTERY, C.F.A

Alfred Levi

116TH BATTALION

Clayton Fuller.

CONSTRUCTION UNIT

Arthur McKersher

196TH BATT.

R. R. Annett.

70TH BATTERY

R. H. Trenouth, Murray M.
Forster.

147TH BATTALION

Austin Potter.

GUNNER

Russ. G. Clark.

TIME TABLE

Trains leave Watford Station as follows:
GOING WEST
Accommodation, 75 8 44 a.m.
Chicago Express, 3 11 19 a.m.
Accommodation, 83 6 44 p.m.

GOING EAST

Accommodation, 80 7 48 a.m.
New York Express, 6 11 16 a.m.
New York Express, 2 3 05 p.m.
Accommodation, 112 5 16 p.m.
C. Vail, Agent Watford

**KENDALL'S
SPAVIN CURE**

at any druggist at \$1 a bottle, 6 for \$5, and
Kendall's will cure. Thousands of farmers
and horsemen will say so. Our book
"Treatise on the horse" free. 115
Dr. E. J. KENDALL CO., Enebury Falls, N.Y.

**Children Cry
FOR FLETCHER'S
CASTORIA**

GRANDMOTHER'S SHAWL.

How Paisleys Once More
Flourish in Today's Fashion.

Once more the little hamlet of Pais-
ley, in Renfrew, Scotland, is on the
map, and again the name of Paisley is
on the tip of the tongue, as it has not
been for some fifty odd years—not
since the days when every fashionable
woman possessed a Paisley shawl or
two in lieu of other cloak or wrap.

All over the land women are getting
out old shawls from old dust covered
trunks and finding in them a veritable
treasure for this winter's wardrobe.
There is really a big demand for old
Paisleys in the fashionable dress-
maker's and milliner's shop, and some
women have sold their old shawls in-
stead of having them used for their
own costumes. In the meantime strips
of Paisley are the most fashionable of
the season's trimming, and perhaps be-
cause Paisley shawls are not any too
plentiful and because imitations are
not very satisfactory the vogue will
remain good for months to come.

Cashmere trimming is also fash-
ionable, though one would really hesitate
at cutting up a genuine antique cash-
mere even to be in the current of fash-
ion. Always valuable, cashmere shawls
are now veritable treasures. One wo-
man owns one for which her grand-
father paid \$1,000 when he bought it
sixty years ago for her grandmother.
And another woman possesses a little
shoulder shawl, just a scarf a couple of
feet wide and four or five long, with
ends of the wonderful cashmere work,
and the rest of plain black, which cost
\$100 half a century ago.

These lovely old shawls are really too
valuable to cut up for finery that will
serve for only a year or two. But they
can be very effectively used if they are
in good condition for covering a divan
or low couch.

HER NEW BLOUSE.

A Model as Charming as it is Simply
Cut.

Georgette crape in straw color, cut
surplice fashion and simply trimmed
with a sailor collar of navy satin and



GOOD LINES.

squares of navy embroidery gives this
blouse designed to go with a suit of
navy serge. Two toned blouses occupy
much space in smart shops.

**Cost of Baked Chicken Pie Dinner For
Six Persons.**

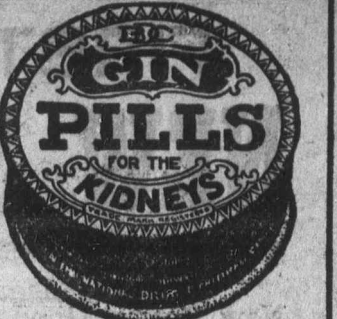
Cocktail—cranberries, 1 cupful sug-
ar, 2½c.; oranges, 4c..... .00½
Soup—rice, 1c.; parsley, 1c.; season-
ing, 1c..... .03
Celery..... .06
¾ lb. chicken, 15c. to 18c.; 50c.;
potatoes, 4c.; crust, 7c.; season-
ing, 1c..... .71
Cranberries, 1 qt. 10c.; sugar, 5c..... .15
Parsnips, 5c.; sauce, 3c..... .08
Salad—apples, 4c.; celery, 3c.; dress-
ing, 3c..... .10
Pump pudding and sauce..... .25
Rolls, 5c.; coffee, 5c..... .12
½ lb. nuts, 10c.; ½ lb. cluster rais-
ins, 12c..... .22

Total cost of dinner..... \$1.78½

**Cost of Roast Goose Dinner For Six
Persons.**

Cocktail—3 grapefruit..... .25
Broth—10 clams @ 2c..... .20
Celery, 10c.; olives, 10c..... .20
1 lb. goose @ 25c. to 30c. this is 30c. 1.50
Filling—Oysters, 20c.; seasoning 1c.;
butter, 5c..... .27
1 qt. cranberries, 10c.; sugar, 5c.; ice
and salt, 5c..... .20
¾ pk. potatoes, 8c.; butter, 3c.; milk, 1c.
1c..... .18
8 onions, 10c.; butter, 3c.; milk, 1c.;
seasoning, 1c..... .26
Salad—tomatoes, 5c.; gelatin, 5c.; sea-
soning, 3c.; lettuce, 3c..... .16
Cheese, 5c.; parsnips and seasoning, 3c.
crackers, 3c..... .12
Mince pie..... .10
Pineapple—mousse—pineapple, 1c.;
cream, 15c.; ice and salt, 3c..... .23
Nuts, 10c.; minty, 10c..... .20
Rolls, 5c.; coffee, 5c..... .12

**You Know
This Box—**



This box is familiar to thou-
sands upon thousands not only
throughout Canada but in the
United States as well. There is
Mr. Charles Collins, of Staten Is-
land, N.Y., who says he found GIN
Pills the best medicine he had
ever taken for Kidney and Bladder
troubles. His daughter heard of
GIN Pills while travelling in Can-
ada and sent him a box. He writes
asking where they can be pur-
chased in New York City as he be-
lieves in taking them, off and on,
to keep him in good condition.

All druggists sell GIN Pills at 50c. a box, or 6 boxes for \$2.50. Anyone
can try GIN Pills without risking money. Free sample will be mailed on
request to
National Drug & Chemical Co. of Canada, Limited
Toronto, Ont.
U. S. Address—Na-Dru-Co. Inc., 202 Main St., Buffalo, N.Y.

Total cost of dinner..... \$4.48

Of course prices will vary in some
localities.

Wine sauce poured over slices of
fruit cake makes an excellent dessert.
The following recipe is quite easy to
follow: Two cupfuls of powdered sug-
ar, one-half cupful of powdered sug-
ar, one-half cupful of wine and one
cupful of butter. Cream the butter.
Gradually add the sugar and when
very light add the wine, which has
been made hot, a little at a time.
Place the dish in a pan of hot water
and stir for two minutes. The sauce
should be smooth and foamy and may
be served hot or cold.

Sleeplessness.—Sleep is the great
store and to be deprived of it is vital
loss. Whatever may be the cause of it,
indigestion, nervous derangement or
mental worry, try a course of Panacea's
Vegetable Pills. By regulating the ac-
tion of the stomach, where the trouble
lies, they will restore normal conditions
and healthful sleep will follow. They
exert a sedative force upon the nerves
and where there is unrest they will bring
rest.

The South Sea Islands.

Dr. Inazo Nitobe, the celebrated
Japanese scholar, lecturer, and food
expert, has recently returned from a
trip among the islands of the South
Seas, and lectured last month in
Tokyo before the Asiatic Society of
Japan. He paid a high tribute to
America's work in the Philippines,
which he had visited sixteen years
ago, four years ago, and last spring.
"Marvellous changes have been
made," he said. He praised America
for inculcating the idea of indepen-
dence among the nations, and pro-
phesied that in time there would be
either one very large South Sea Is-
land power or a number of small is-
land powers arise as the communities
found themselves. He limits the
group to the Philippines, Java, Bor-
neo, Sumatra Celebes, New Guinea,
the Malay Peninsula, and thousands
of smaller islands.

Speaking of the agricultural pos-
sibilities of the islands, Dr. Nitobe
said that the soil was quite fertile
and that although the tropical heat
encouraged the decay of organic mat-
ter, with plenty of rain and irriga-
tion three rice crops could be raised
in one year. He told of one place
where he saw rice that was sprout-
ing, some that had just been planted,
and another crop that had been reap-
ed. The crop may be started at any
time of the year.

"The great opportunity for devel-
opment which these islands afford
may be seen from the statement that
their total land area is 1,250,000
square miles," said Dr. Nitobe.
"There are 62,000,000 souls who in-
habit these islands. Of these, nearly
one-half reside in Java alone, a
small fraction of the entire area.
The rest of the people—about 35-
600,000—are scattered over a mil-
lion square miles."

Gifted Poet Dead.

The son of Count Plunkett, Joseph
Mary Plunkett, by whose death as a
rebel Ireland has lost one of her first
poets, was born in Dublin in 1837.
He followed the two years' philoso-
phy course at Stonyhurst College
when he was eighteen, and this made
a strong impression on him. He kept
up the study of scholastic philosophy
and was much influenced by mystic-
ism. The writers who were his most
constant companions were the great
mystics, St. John of the Cross, St.
Teresa, St. Francis, and John Tauler.
Their mark on his poetry is very
plain, and he constantly employed
mystical symbolism, though he
would have applied the term
"mystic" to but a very small part of
his own verse.

MEDICAL

JAMES NEWELL, PH. B., M. D.

CL. R. C. P. & S., M. B. M. A., England,
Coroner County of Lambton,
Watford, Ont.

OFFICE—Main St., next door to Merchants
Bank. Residence—Front street, one block east
of Main street

G. W. SAWERS, M. D.

WATFORD, ONT.

FORMERLY OF NAPIER) OFFICE—Main
Street, formerly occupied by Dr. Kelly. Phone
134. Residence—Ontario Street, opposite Mr
A. McDonnell's. Night calls Phone 138.

W. G. SIDDALL, M. D.

WATFORD, ONTARIO

Formerly of Victoria Hospital, London,
OFFICE—Main street, in office formerly occupied
by Dr. Brandon. Day and night calls phos
26.

DENTAL

GEORGE HICKS

D. D. S., TRINITY UNIVERSITY, L. D. S.
Royal College of Dental Surgeons, Post graduate
of Bridge and Crown work, Orthodontia and
Porcelain work. The best methods used to
preserve the natural teeth.
OFFICE—Opposite Taylor & Son's drug store
MAIN ST., Watford.
At Queen's Hotel, Arkona, 1st and 3rd Thurs
day, of each month

C. N. HOWDEN

D. D. S., L. D. S.

GRADUATE of the Royal College of Dental
Surgeons, of Ontario, and the University of
Toronto. Only the Latest and Most Approved
Appliances and Methods used. Special attention
to Crown and Bridge work. Office—Over Dr.
Kelly's Surgery, MAIN ST.—WATFORD

Veterinary Surgeon.

J. McILLICUDDY

Veterinary Surgeon

HONOR GRADUATE ONTARIO VETERIN-
ary College, Denbary a Specialty. All
diseases of domestic animals treated on scientific
principles.
Office—Two doors south of the Guide-Advocate
office. Residence—Main Street, one door north
of Dr. Siddall's office.
Dr. R. A. Hume, of Arkona, will be in attend-
ance at Dr. McIllicuddy's office every Tuesday
and Friday afternoon during the latter's
absence

Auctioneer

J. F. ELLIOT.

Licensed Auctioneer
For the County of Lambton.

PROMPT attention to all orders, reasonable
terms. Orders may be left at the Gu-
de-Advocate office

Fergus A. McNally

LICENSED AUCTIONEER
For the County of Lambton.

All sales will have my prompt atten-
tion on shortest notice. Terms reason-
able. Phone 24, ring 6. INWOOD, ONT.
M 35

A. D. HONE

Painter and Decorator

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GOOD WORK

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ESTIMATES FURNISHED

RESIDENCE—ST. CLAIR STREET

CHANTRY FARM

KERWOOD

SPECIAL OFFERING

One Clydesdale Stallion rising 2
yrs., can also spare a few good Short-
horn females.
All correspondence promptly answered

ED DeCEx, Proprietor

Kerwood Ontario