

FROM BACKACHE
RHEUMATISM, DROPSY.

Editor—I wish to tell you
experience I had when suf-
backache, weak back, rheu-
matism, and congestion of the
tried a new medicine called
which has recently been dis-
Dr. Pierce, of whose medi-
Institution in Buffalo,
have no doubt heard for
medicine acted upon me
in a most wonderful manner. I never have
medicines so helpful in such
I do wish anyone in need
would give it a trial.
G. H. HERR.

... in town and adjoining
delighted with the results
obtained by using "ANURIC,"
discovery of Dr. Pierce, who
the "INVALIDS' HOTEL" and
institution, in Buffalo, N. Y.
started the day with a back-
ache, arms and muscles, and
head (worn out before the
because they were in and out
a dozen times at night) are
the perfect rest, comfort
strength they obtained from
Anuric Tablets. To prove
a certain uric acid solvent
headache, kidney and
aches and rheumatism, if
or used the "Anuric" cut
I send ten cents to Doctor
large sample package. This
to you that "Anuric" is
times more active than
minating uric acid—and the
kidney and bladder con-
are a sufferer, go to your
and ask for a 50-cent box.
You run no risk for Dr.
name stands behind this
new discovery as it has for
half century for his "Golden
covery" which makes the
his "Favorite Prescription"
men and "Pleasant Pellets".

500,000 BIBLES.

in English Language
Doubled Since War.

... tion with Bible Sunday,
Bible review day, Dec. 10,
compiled show that
been a large increase in
tion and study of the
the war began. The
bles, in whole or in part,
and Foreign Bible
year were 11,059,000
e of the American Bible
7,000,000; those of the
Bible Society of Scotland
Continental Bible socie-
1,000,000. These are
issues of the private Bible
houses there will be a
more than 35,500,000 copies
atures, in whole or im-
bed in the past year,
in million more than the
ted issues in 1913. A
feature is that the cir-
culation in English has
the outbreak of the
ible, or portions of it,
in 600 languages, 18
ages having been added
ar by the British society,
ated number of Bibles
the Roman Catholic and
thes, and the Hebrew
among the Jews, be added
ing totals, the aggregate
will be 40,000,000 copies,
000,000 or 30,000,000 in

Records Improve.

... sh prison commissioners
shaped lately for the year
last shows that the
prisoners received under
s only 64,160, compared
3 in 1914, a decrease of
ce the year 1904, which
rest number of sentenced
97,941—the total per
the population of England
has fallen from 536 to
main causes seem to
to have contributed to
crease in the prison pop-
1) The enlistment of
and petty offenders, (2)
for the employment of
and resulting in ab-
lities. The number of
eived of military age
739 in 1914 to 19,169
ear under review.
of the liquor control
in the metropolis and
Welsh boroughs is
the following convictions:
Weekly average
is in 1914, 2,034; for-
following orders in 1915,
our weeks ended March
10. In ascertaining the
war upon women con-
unkennes, the lady in-
rsonnes inquired respect-
sent to Holloway for
and average convic-
vidual rose from 2.6 for
ty over 5 in 1915. On
nd, the commissary
the decline in the num-
annual drunkards com-
mitment reformatories—95
only nine in 1915.
figures are inconclusive
proof of any increase
in drinking amongst
in present time, they
same proportion holds
ay, not only a consider-
in the total reception
but a decrease of over
in the individuals re-
the convictions.

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been
in use for over 30 years, has borne the signature of
and has been made under his personal supervision since its infancy.
All Counterfeits, Imitations and "Just-as-good" are but
Experiments that trifle with and endanger the health of
Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTRAL COMPANY, NEW YORK CITY.

ROLL OF HONOR

Men From Watford and Vicinity Serving the Empire

27TH REGT.—1ST BATTALION

Thos. L. Swift, reported missing since June 15, 1915, Rich. H. Stapleford, Bury C. Binks, L. Gunn Newell, killed in action, Arthur Owens, F. C. N. Newell, T. Ward, Sid. Welsh, Alf. Woodward, killed in action—M. Cunningham, M. Blondel, W. Blun, R. W. Bailey, A. L. Johnston, R. A. Johnston, G. Mathews, C. Manning, W. G. Nichol, F. Phelps, H. F. Small, E. W. Smith, C. Toop, C. Ward, J. Ward, killed in action, F. Wakelin, D. C. M., killed in action, T. Wakelin, wounded—missing, H. Whitsett, B. Hardy.

PRINCESS PATRICIA'S C.L.I.

Gerald H. Brown

18TH BATTALION

C. W. Barnes, Geo. Ferris, Edmund Watson, G. Shanks, C. Jamieson, J. Burns, F. Burns, C. Blunt, Wm. Aulterson, S. P. Shanks.

2ND DIVISIONAL CAVALRY

Lorne Lucas, Frank Yorks, Chas. Potter.

33RD BATTALION

Percy Mitchell, died from wounds Oct. 14th, 1916; Lloyd Howden, Geo. Fountain, killed in action Sept. 16, 1916; Gordon H. Patterson, died in Victoria Hospital, London, Charles Potter.

34TH BATTALION

E. C. Crohn, S. Newell, Stanley Rogers, Macklin Hagle, missing since Oct. 8, 1916; Henry Holmes, killed in action Sept. 27, 1916, Wm. Manning, Leonard Lees.

70TH BATTALION

Ernest Lawrence, —Emmerson, C. H. Loveday, A. Banks, S. R. Whalton, killed in action Oct. 1916, Thos. Meyers, Jos. M. Wadman, Vern Brown, Sid. Brown, killed in action Sept. 15, 1916, Alf. Bullough.

25TH BATTALION

Thomas Lamb, killed in action.

MOUNTED RIFLES

Fred A. Taylor

29TH BATTERY

Wm. Mitchell, John Howard.

ANTI-AIRCRAFT

Gunner Woolvet

PIONEERS

Wm. McNally, W. F. Goodman.

ENGINEERS

J. Tomlin

ARMY MEDICAL CORPS

T. A. Brandon, M. D., Capt. W. J. McKenzie, M. D., Norman McKenzie, Jerrold W. Snell, Allen W. Edwards.

135TH BATTALION

N. McLachlan.

3RD RESERVE BATTERY, C.F.A

Alfred Levi

116TH BATTALION

Clayton Fuller.

CONSTRUCTION UNIT

Arthur McKersher

196TH BATT.

R. R. Annett.

70TH BATTERY

R. H. Trenouth, Murray M. Forster.

147TH BATTALION

Austin Potter.

GUNNER

Russ. G. Clark.

GRANDPARENTS UNCLE SAM'S WAY

TIME TABLE

Trains leave Watford Station as follows:

GOING WEST

Accommodation, 75 8 44 a.m.

Chicago Express, 3 11 19 a.m.

Accommodation, 83 6 44 p.m.

GOING EAST

Accommodation, 80 7 48 a.m.

New York Express, 6 11 16 a.m.

New York Express, 2 3 05 p.m.

Accommodation, 112 5 16 p.m.

C. Vail, Agent Watford

KENDALL'S SPAVIN CURE

at any druggists at \$1 a bottle, 6 for \$5, and Kendall's will cure. Thousands of farmers and horsemen will say so. Our book "Treatise on the horse" free. 115

Dr. E. J. KENDALL Co., Eneburg Falls, W.

Children Cry FOR FLETCHER'S CASTORIA

GRANDMOTHER'S SHAWL.

How Paisleys Once More Flourish in Today's Fashion.

Once more the little hamlet of Paisley, in Renfrew, Scotland, is on the map, and again the name of Paisley is on the tip of the tongue, as it has not been for some fifty odd years—not since the days when every fashionable woman possessed a Paisley shawl or two in lieu of other cloak or wrap.

All over the land women are getting out old shawls from old dust covered trunks and finding in them a veritable treasure for this winter's wardrobe. There is really a big demand for old Paisleys in the fashionable dress-maker's and milliner's shop, and some women have sold their old shawls instead of having them used for their own costumes. In the meantime strips of Paisley are the most fashionable of the season's trimming, and perhaps because Paisley shawls are not any too plentiful and because imitations are not very satisfactory the vogue will remain good for months to come.

Cashmere trimming is also fashionable, though one would really hesitate at cutting up a genuine antique cashmere even to be in the current of fashion. Always valuable, cashmere shawls are now veritable treasures. One woman owns one for which her grandfather paid \$1,000 when he bought it sixty years ago for her grandmother. And another woman possesses a little shoulder shawl, just a scarf a couple of feet wide and four or five long, with ends of the wonderful cashmere work, and the rest of plain black, which cost \$100 half a century ago.

These lovely old shawls are really too valuable to cut up for finery that will serve for only a year or two. But they can be very effectively used if they are in good condition for covering a divan or low couch.

HER NEW BLOUSE.

A Model as Charming as it is Simply Cut.

Georgette crape in straw color, cut surplice fashion and simply trimmed with a sailor collar of navy satin and



GOOD LINES.

squares of navy embroidery gives this blouse designed to go with a suit of navy serge. Two toned blouses occupy much space in smart shops.

Cost of Baked Chicken Pie Dinner For Six Persons.

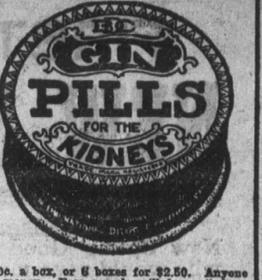
Table listing ingredients and costs for a baked chicken pie dinner for six persons. Items include cranberries, oranges, sugar, rice, parsley, seasonings, celery, chicken, potatoes, crust, seasonings, Parsnips, apples, celery, dressings, plum pudding, coffee, nuts, raisins, and cluster raisins.

Total cost of dinner..... \$1.78

Cost of Roast Goose Dinner For Six Persons.

Table listing ingredients and costs for a roast goose dinner for six persons. Items include grapefruit, clams, olives, butter, cranberries, sugar, seasonings, oysters, parsley, butter, milk, potatoes, butter, milk, onions, butter, milk, seasonings, tomatoes, gelatin, seasonings, lettuce, parsley and seasonings, crackers, mince pie, pineapple, cream, ice and salt, nuts, mint, coffee, and rolls.

You Know This Box—



This box is familiar to thousands upon thousands not only throughout Canada but in the United States as well. There is Mr. Charles Collins, of Staten Island, N.Y., who says he found Gin Pills the best medicine he had ever taken for Kidney and Bladder troubles. His daughter heard of Gin Pills while travelling in Canada and sent him a box. He writes asking where they can be purchased in New York City as he believes in taking them, off and on, to keep him in good condition.

All druggists sell Gin Pills at 50c a box, or 6 boxes for \$2.50. Anyone can try Gin Pills without risking money. Free sample will be mailed on request to

National Drug & Chemical Co. of Canada, Limited Toronto, Ont. U. S. Address—No. 224 Co. Bldg., 202 Main St., Buffalo, N.Y.

Total cost of dinner..... \$4.48

Of course prices will vary in some localities.

Wine sauce poured over slices of fruit cake makes an excellent dessert. The following recipe is quite easy to follow: Two cupsful of powdered sugar, one-half cupful of wine and one cupful of butter. Cream the butter. Gradually add the sugar and when very light add the wine, which has been made hot, a little at a time. Place the dish in a pan of hot water and stir for two minutes. The sauce should be smooth and foamy and may be served hot or cold.

Sleeplessness.—Sleep is the great restorer and to be deprived of it is vital loss. Whatever may be the cause of it, indigestion, nervous derangement or mental worry, try a course of Parrot's Vegetable Pills. By regulating the action of the stomach, where the trouble lies, they will restore normal conditions and healthful sleep will follow. They exert a sedative force upon the nerves and where there is unrest they will bring rest.

The South Sea Islands.

Dr. Inazo Nitobe, the celebrated Japanese scholar, lecturer, and food expert, has recently returned from a trip among the islands of the South Seas, and lectured last month in Tokio before the Asiatic Society of Japan. He paid a high tribute to America's work in the Philippines, which he had visited sixteen years ago, four years ago, and last spring. "Marvellous changes have been made," he said. He praised America for inculcating the idea of independence among the nations, and prophesied that in time there would be either one very large South Sea Island power or a number of small island powers arise as the communities found themselves. He limits the group to the Philippines, Java, Borneo, Sumatra, Celebes, New Guinea, the Malay Peninsula, and thousands of smaller islands.

Speaking of the agricultural possibilities of the islands, Dr. Nitobe said that the soil was quite fertile and that although the tropical heat encouraged the decay of organic matter, with plenty of rain and irrigation three rice crops could be raised in one year. He told of one place where he saw rice that was sprouting, some that had just been planted, and another crop that had been reaped. The crop may be started at any time of the year.

"The great opportunity for development which these islands afford may be seen from the statement that their total land area is 1,250,000 square miles," said Dr. Nitobe. "There are 62,000,000 souls who inhabit these islands. Of these, nearly one-half reside in Java alone, a small fraction of the entire area. The rest of the people—about 35,000,000—are scattered over a million square miles."

Gifted Poet Dead.

The son of Count Plunkett, Joseph Mary Plunkett, by whose death a rebel Ireland has lost one of her first poets, was born in Dublin in 1837. He followed the two years' philosophy course at Stonyhurst College when he was eighteen, and this made a strong impression on him. He kept up the study of scholastic philosophy and was much influenced by mysticism. The writers who were his most constant companions were the great mystics, St. John of the Cross, St. Teresa, St. Francis, and John Taylor. Their mark on his poetry is very plain, and he constantly employed mystical symbolism, though he would have applied the term "mystic" to but a very small part of his own verse.

MEDICAL

JAMES NEWELL, PH. B., M. D.

Coroner County of Lambton, Watford, Ont.

OFFICE—Main St., next door to Merchants Bank. Residence—Front street, one block east of Main street

G. W. SAWERS, M. D.

WATFORD, ONT. FORMERLY OF NAPIER) OFFICE—Main Street, formerly occupied by Dr. Kelly. Phone 13 A. Residence—Ontario Street, opposite Mr. A. McDonnell's. Night calls Phone 13B.

W. G. SIDALL, M. D.

WATFORD, ONTARIO Formerly of Victoria Hospital, London, OFFICE—Main street, in office formerly occupied by Dr. Brandon. Day and night calls phone 26.

DENTAL

GEORGE HICKS

D. D. S., TRINITY UNIVERSITY, L. D. S. Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Porcelain work. The best methods used to preserve the natural teeth. OFFICE—Opposite Taylor & Son's drug store MAIN ST., WATFORD. At Queen's Hotel, Arksna, 1st and 3rd Thurs day, of each month

G. N. HOWDEN

D. D. S., L. D. S. GRADUATE of the Royal College of Dental Surgeons, Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Kelly's Surgery, MAIN ST.—WATFORD

Veterinary Surgeon.

J. McGILLICUDDY

Veterinary Surgeon

HONOR GRADUATE ONTARIO VETERINARY College, Dentistry a Specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main Street, one door north of Dr. Siddall's office.

Dr. R. A. Hume, of Arksna, will be in attendance at Dr. McGillicuddy's office every Tuesday and Friday afternoon during the latter's absence

Auctioneer

J. F. ELLIOT.

Licensed Auctioneer For the County of Lambton.

PROMPT attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office

Fergus A. McNally

LICENSED AUCTIONEER

For the County of Lambton.

All sales will have my prompt attention on shortest notice. Terms reasonable. Phone 24, ring 6. INWOOD, ONT.

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SATISFACTION GUARANTEED

ESTIMATES FURNISHED

RESIDENCE—ST. CLAIR STREET

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One Clydesdale Stallion rising 2 yrs., can also spare a few good Short-horn females.

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ED DeCEx, Proprietor

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