

## THE SECRET OF SAVING

lies in spending to the best advantage—getting the most for your money. That is what you do when you buy Zam-Buk, and that is why Zam-Buk is the choice of the good housekeeper and careful buyer.

When you buy Zam-Buk you get 100% medicine—not 5% medicine and the balance "fill up," as in ordinary ointments. This explains why Zam-Buk goes so much farther than ordinary ointments and why the results are so much better. Zam-Buk is soothing, healing and antiseptic. It ends pain, destroys all germs in a sore or wound—thus preventing any danger of blood-poisoning—and grows new skin. A Zam-Buk cure is permanent because it purifies and heals not only the surface skin, but also the underlying tissues, so that there is no possibility of the disease breaking out again.

Zam-Buk is composed exclusively of vegetable oils and herbal extracts, with absolutely no animal fat or poisonous mineral drugs, which only irritate the parts they are intended to heal. It can, therefore, be used on the most sensitive skin and is the best balm for baby. It is also best for eczema, ringworm, boils, pimples, ulcers, abscesses, blood poisoning and gonorrhea. All dealers or Zam-Buk Co., Toronto. 50c. box, 2 for \$1.25.

# Zam-Buk

## LETTER FROM BELGIAN SOLDIER

To Rev. and Mrs. J. M. Mallory  
Simonds, N.B.

The following is a letter from one of the brave Belgian soldiers that has been in the army since the beginning of this cruel war. He advertised in a Canadian paper for some one to correspond with him, as his family were all lost in battle, including father and mother, except one brother who is in the army.

We answered his ad and sent him some boxes; then he sent us his picture, and we told him as we had no children and no one to go to the war, we would take him for our boy when the war

was over. He seemed delighted and is looking forward to the home coming with joy. His last letter to us reads as follows.

The Front, Nov. 7.  
Dear Papa and Mama: Your kind and welcomed letter received two days ago. Dear papa I was glad to know that you and mother were in perfect health. I am enjoying the same for the present.

There is nearly two long weeks since I have had any word from my dear brother: I believe he is at the front. I would like to know just where he is, that I might transmit to him your kind wishes.

Now dear parents, it is great pleasure that I am sending you a photo of myself. Although it did not prove to be a success, for here at the front we cannot have the best of everything so I am sending you this one waiting for the chance to have a better one which I will send you.

I would like very much to have a photo of yourselves. I would be so glad to possess you in photo while I am waiting in hope to have the happiness to be in your family before long.

I am pleased to know that you have received the stamped leaves I sent you and it is a real pleasure for me to give you some explanation about making these little souvenirs.

Those leaves are taken from the oak or chestnut tree, and it is very easy to stamp the names on them. You take a piece of cardboard and cut out the names you want to stamp on your leaf in a way so the letters hold together at one end of the card-board; then you spread a cloth on the table, and after the leaf or leaves have been pressed in a book for at least two days, place the leaf on the cloth then the card-board with the letters which you took down good with small nails.

Then you stamp down easy, with a brush until there is only the membrane of the leaf left and it is done. This only requires a little patience.

Here the military operations are doing very well. The Huns are in retreat on all the fronts.

We advanced 40 Kilometres since September 23 we are leaving again for an attack. The 14th in the morning. We have taken a formidable position and since we are in open country. Yesterday morning we took the city of C— where we delivered 600 civilians who were martyrs for four years. At present I am on reserve and we are stationed not far from the city. I believe that in the morning we may drive another attack. There is a great forest in front of us and I think the struggle may be heavy, although with good luck and the help of your good prayers I shall get through. Thousand thanks for the box of nice things you sent me and also for the nice letter from my kind mother. Now I will have a rest for a few hours in waiting for our departure and always I think of you. May God bless and protect you.

## ONLY MEDICINE MADE FROM FRUIT

### Extraordinary Success which "Fruit-a-tives" Has Achieved

One reason why "Fruit-a-tives" is so extraordinarily successful in giving relief to those suffering with *Constipation, Torpid Liver, Indigestion, Chronic Headaches, Neuralgia, Kidney and Bladder Troubles, Rheumatism, Pains in the Back, Eczema* and other Skin Affections, is, because it is the only medicine in the world made from fruit juices.

It is composed of the medicinal principles found in apples, oranges, figs and prunes, together with the nerve tonics and antiseptics of proven repute.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

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Your loving son

CHARLES ROKENS  
This boy was 18 years of age when the war was declared on their little country, and it may well be said, that the brave Belgian army held up the Hun hordes and saved the day for France, for England, and in a word, the world.

## Davenport-Kusy

At the rectory Tuesday Nov. 19 Rev. J. R. Belyea united in marriage Miss Eunice Davenport to Joseph Kusy of Fort Fairfield. The best wishes of friends are extended to the young couple.

## PROSPECTS FOR INCREASED SUBSIDY

Ottawa, Nov. 21.—Increased Federal subsidies for the Maritime Provinces are in prospect as a result of yesterday's continued conference of the Federal and provincial ministers.

The governments of the prairie provinces, while insisting on their own special case for the turning over of the Federal domain in the west to them with the retention of all their present subsidies are understood to be ready also to support the claim put forward by Nova Scotia, New Brunswick and Prince Edward Island for considerably increased subsidies.

The westerners, however, are not inclined to support the contention of Ontario and Quebec for pro rata subsidizing increases.

The Maritime Provinces are believed to be the most deserving and needy ones, with limited sources of income, while Ontario and Quebec, with vast crown domains, mineral resources, etc., are now able to make both ends meet without neglecting necessary development measures. It is probable that the Federal government will concur in this view. Thus the west will get the lands now owned by the Dominion and at the same time retain the subsidies originally given in lieu of lands while a million or so increased subsidies will be given to the Maritime Provinces.

The New Brunswick government is pressing for at least \$400,000 additional each year from the Federal treasury, with Nova Scotia asking for a proportionally larger amount.

## Edmundston Notes

Mr. and Mrs. MacFarlane, who were visiting Mrs. MacFarlane's father, Mr. Howlett, returned to their home in Plaster Rock by N.T.R. on Tuesday morning.

Mr. and Mrs. A. J. Scott have moved to their home in the Royal Bank building lately occupied by Mr. and Mrs. A. G. Lookhart.

Miles Burpee has returned to Fredericton to continue his study at U.N.B.

H. F. Ferguson, of New York, is in town.

Miss Hazel P. Gaynes, of Moncton, is visiting in town, guests of her sister Mrs. Butler.

Mr. and Mrs. J. M. Stevens returned by C.P.R. this evening from a short visit to Fort Fairfield and Andover.

Mr. and Mrs. James MacKezic, of St. Stephen, are the guests of their daughter, Mrs. J. M. Stevens, for the winter.

Miss Annie Burns has returned to Moncton after a three month's visit with her brother, S. D. Burns.

Miss Gladys Burns has gone to Truro for a few days.


A special thanksgiving service was held in the Church of England, on Sunday evening. The church was suitably decorated with flags, and special music was rendered by the choir. The service was conducted by A. E. Wilkinson, who preached an eloquent and inspiring sermon, which was listened to with rapt attention.

## Splendid War Album

The War Album issued by The Family Herald and Weekly Star of Montreal is one of the best souvenirs of the War. Future generations will cherish this book. It will be a complete diary of the great struggle and contains a whole mine of information regarding the Allies. We learn the supply is limited. Any home that fails to secure a copy now will regret it, \$1.25 pays a full year's subscription to that great weekly paper and a copy of the War Album. Sample may be seen at this office.

## Lamoreau-Flewelling


A quiet wedding was solemnized by the Rev. J. K. Belyea, at the rectory, Wednesday, Nov. 20, when Miss Avis Jane Lamoreau daughter of James Lamoreau of Bairdville became the bride of Roy Elmer Flewelling of Easton. Only the immediate friends of the contracting parties were present. Many friends extend all good wishes for future happiness and prosperity.



## STIR YOUR TEA


Stir the pot of Tea a minute or so before pouring. This evenly distributes the tea essence that has been drawn from the leaves, but is lying mostly at the bottom of the pot. You will then get the full flavor from your tea. And it is KING COLE Orange Pekoe, note when you stir, the delightful fragrance of the infused leaves. Note also the rich color of the tea when poured—both indications of unusual quality.

**KING COLE Orange Pekoe is different from other Teas.**  
**ASK YOUR GROCER FOR IT BY THE FULL NAME**  
**SOLD IN SEALED PACKAGES ONLY.**



**KING COLE ORANGE PEKOE TEA**  
THE EXTRA CHOICE TEA

## Outdoor Workers




need the warmth and health protection that they get in the fine, big, heavy

# ATLANTIC UNDERWEAR

Farmers, Lumbermen, Fishermen, Sailors, Miners, Teamsters, Steel Workers—know about the warmth, the health protection, the easy comfort, the sturdy service of Atlantic Underwear.

Ask your dealer to show it to you. This Trade Mark is on every garment to guarantee long wear.

**ATLANTIC UNDERWEAR LIMITED**  
MONCTON, N.B.



# WRIGLEYS




Helps teeth, breath, appetite, digestion.

Sealed tight—kept right

"Give it to me, please, Granddaddy."

"Why Bobby, if you wait a bit for it you'll have it to enjoy longer!"

"Poo-poo! That's no argument with WRIGLEY'S 'cause the flavour lasts, anyway!"



Made in Canada

—After every meal



## Growing Old Together

THIS aged couple, mellowed by time and the experiences of life, are happily growing old together.

They are happy because they are healthy. Life is still full of interest to them, and they are wide awake to new ideas.

These are the kind of old people that everybody likes. For, in spite of the years, they are cheerful and optimistic.

It is only natural that the blood should get thin and vitality wane as age advances, but there are ways of keeping up the quality of the blood and maintaining health and vigor.

Very many men and women have found in Dr. Chase's Nerve Food exactly what they need to restore energy and strength and keep them healthy and happy.

As an example Mr. Stephen J. Leard, North Tryon, F.E.I., writes: "At seventy-five years of age my heart gave out and became very irregular and weak in action and would palpitate. My nerves also became weak, and I could do nothing but lie in bed in a languishing condition, losing strength and weight. In that condition I began using Dr. Chase's Nerve Food, and am cured. Had I not obtained this treatment I would now be in the box with the roof over my nose. At eighty-one I have an energy which means go, and I am writing this letter so that old people like myself may prolong their health and strength by using this great medicine."

There can be no doubt that this treatment contained exactly what was required to build up Mr. Leard's system.

We are constantly receiving so many letters of this kind that we can, with the greatest confidence, recommend people of advanced years to put Dr. Chase's Nerve Food on trial, as a means of restoring and maintaining health and vigor.

Here is another interesting letter. This time from a lady:

Mrs. Joseph Lalonde, Hydro Glen, Ont., writes: "I have to thank you very much for what your medicine has done for me, especially the Nerve Food and Kidney-Liver Pills. I was so run down and nervous last summer that I was in bed most of the time, unable to do any work. I have also been troubled with my kidneys for over twenty years, and tried every doctor I knew of without any permanent results, but I can say that Dr. Chase's Nerve Food and Kidney-Liver Pills have made me feel quite different. Since taking this combined treatment I have been able to do my housework, and although I am now 76 years old, I feel better than I have for years."

"I know Mrs. Joseph Lalonde, and believe her statement regarding Dr. Chase's medicines to be true."—W. P. Flannery, Postmaster.

Dr. Chase's Nerve Food, 50 cents a box, 6 for \$2.50, all dealers, or Edmanson, Bates & Co., Ltd., Toronto. Only the genuine bears the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, on every box.