

Worth Every Cent
of its Cost



"SALADA"

Black, Green
or Mixed....

Sealed Packets Only.
Never Sold in Bulk.

PANIES.

Here's How to Raise Them for Yourself.

If you would have pansies this summer sow the seed at once. These gay, impertinent little blossoms with so much individuality grow and germinate more rapidly at this season than the nights are still cool than later. Many people make the mistake of sowing their seeds in June. To be successful with pansies you must plant them where there is not

TEMPLETON'S
RHEUMATIC CAPSULES

For fifteen years the standard specific for
Rheumatism, Neuritis, Gout
Sciatica, Lumbago, Neuralgia
Many doctors prescribe them.
Write to Templeton, 148 King St. W., Toronto, for
the sample. Sold by reliable druggists every where for
\$1.50 per box.

even the least bit of shade from fence, tree or house. They demand much sun and all the full sweep of the wind.

If planted at this time they will be in full flower by June 30. And if you keep all withered flowers removed you will have a wealth of blooms until late fall.

If you soak the seed for 24 hours in cool water previous to planting you will hasten their season of flowering ten days, which more than pays for a moment's work.

Much of the success of pansy growing depends upon the preparation of containing a proportion of leaf mould enriched with well-rotted cow manure.

WOOD'S PHOSPHODINE.

The Great English Preparation. Tones and invigorates the whole nervous system, makes new blood in old veins. Used for Nervous Debility, Mental and Brain Worry, Dependancy, Loss of Energy, Palpitation of the Heart, Failing Memory. Price \$1 per box, six for \$5. Sold by all druggists, or mailed in plain package on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT.

with a generous dash of sand for drainage, make the finest medium in which to grow the flower. Dig the bed to the depth of one foot, mix the ingredients of the soil most thoroughly and see that it is almost pulverized.



Seal in all the Flavor

IMPERIAL Parowax—seals in all the natural flavors of fresh fruit into your preserves. The safe and sanitary way to preserve fruits, jams, pickles or vegetables. Saves time, labor and money.

The Parowax way is the easy way. Just pour the melted wax over your cooled preserves and it solidifies into a clean, air-tight seal—dust-proof and moisture-proof.

IMPERIAL
Parowax

—a pure refined white wax, odorless, tasteless, colorless, absolutely sanitary—no chemicals or acids. Placed in your wash-boiler, Imperial Parowax loosens the dirt, bleaches the clothes and removes the greasy spots that otherwise require so much rubbing. Rubbed over your iron, and mixed with your starch, it gives that finished lustre to ironing that is so much desired. Imperial Parowax, a household necessity.

For sale by good dealers everywhere.
"MADE IN CANADA"

IMPERIAL OIL LIMITED

SPAGHETTI FOR
ONE-PIECE MEALS

Foundation for Many
Simple Dishes

That Save Time for House-
wives.

There are many dishes using spaghetti as a foundation that can be used for the one-piece meals that are so popular with the busy housewife. These can be made in the morning, put into the ice box and warmed up in the oven in a very short time. With a salad and a simple dessert they form a perfect meal, and can be made on shopping or club day, and it won't matter how late the cook gets home.

The Italians give us this receipt: Take a saute of three tablespoonfuls of butter (butter substitute, three of flour and a cupful and a half of tomatoes juice strained out of a can of tomatoes. The whole tomatoes can be used the next day for a salad or baked tomatoes. Season well with salt and pepper. Add six tablespoonfuls of chopped ham, six mushrooms if you have them, and three cupfuls of cooked spaghetti. Put in a baking



dish, cover with grated cheese and bread crumbs. Bake until the crumbs are brown.

WITH SAUSAGE.

Buy a half pound of chopped beef and a half pound of sausage. Put through the meat chopper, with a small onion. Have three cupfuls of cooked spaghetti ready and put it in a baking dish with the meat, in layers. Pour over it a cupful of tomato juice and cover with buttered crumbs. This is very good with the sausage alone, omitting the beef.

OYSTERS ARE GOOD.

Oysters are very good baked with spaghetti. Cook one-quarter of a box of spaghetti. Buy 25 oysters and scald in their own liquor. Butter a baking dish and put in a layer of the spaghetti and one of the oysters until they

Cook's Cotton Root Compound.

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$3; No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Wiesler.)

are all used. Thicken two cupfuls of milk with two tablespoonfuls of cornstarch and add a tablespoonful of butter. Pour over the oysters, cover with buttered breadcrumbs and brown in a hot oven.

Spaghetti and cheese is a very good supper dish. Put a layer of the cooked spaghetti into a dish, cover with grated cheese and another layer of the spaghetti, and so on till the dish is full. Pour over it enough white sauce to cover, cover with bread crumbs and bake. It will add greatly to the zest of the dish if a half teaspoonful of powdered mustard is added to the white sauce.

QUEEN'S UNIVERSITY
Kingston, Ont.
ARTS
Part of the Arts course may be covered by correspondence
SCHOOL OF COMMERCE
BANKING
MEDICINE EDUCATION
Mining, Chemical, Civil, Mechanical and Electrical
ENGINEERING
SUMMER SCHOOL NAVIGATION SCHOOL
July and August December to April
ALICE KING, Acting Registrar

Bulls.

A correspondent of an English paper recently indulged in this bull: "Last a whisper of the hidden hand be heard—" Was it an English clergyman who said to his congregation, "Brethren, the muddy pool of politics was the rock on which I spit?"

Keep Minard's Liniment in the house.

CAN'T HAVE BOTH.
"Higher wages and shorter hours" are natural and legitimate benefits sought by organized labor. If the world's work can be done in eight hours there is no reason why the toiler should be chained to his job for twelve.

But shorter hours and a decreased output per hour will not speed the day when everybody can enjoy a short working day.

Ask for Minard's and take no other.

It isn't the striking personality that hits a man when he is down.

ROYAL YEAST CAKES
There is more energy in a pound of good bread made in the home with Royal Yeast Cakes than in a pound of meat. Breadmaking is a simple operation and requires no previous experience. Full instructions in Royal Yeast Bake Book, mailed free on request.
E. W. GILLET CO. LTD.
TORONTO

SETTLERS' LETTERS

Winners of the Government Awards.

Ottawa, May 2.—Last November Hon. J. A. Calder, Minister of Immigration and Colonization, authorized a competition in which settlers in Canada were invited to tell their experiences in the form of a letter to the Director of Publicity of the Department. The conditions of the competition emphasized that neither literary style nor correct spelling were essen-

NERVE SKIN BLOOD CORRESPONDENCE INVITED
DOMINION MEDICAL INSTITUTE
138 SHERBOURNE ST COR QUEEN TORONTO. DISEASES

tial to winning a prize, but that letters should be written with a view to interesting new settlers who decide to locate in Canada. Three cash prizes were offered for each province, the first prize being \$75, the second \$50, and the third \$25.

The competition closed in February last and brought 1,076 entries. After nearly three months' careful study of the contributions the judges have announced the following as prize winners, to whom cheques for the amounts of their prizes have been mailed:

British Columbia—Donald Graham, Armstrong; J. A. Edgcombe, Peachland; W. J. L. Hamilton, Beaver Point.
Alberta—W. Spindler, Berrymoor; Mrs. William A. Sargeant, Banff; Joseph H. B. Smith, Westholme, Wolfe Creek.

Saskatchewan—Mary V. Rowland, Hoosier; Ernest Booth, University of Saskatchewan, Saskatoon; Mrs. F. E. Shepherd, Semate.

Manitoba—W. W. Moloney, Kaleida; Sylvester T. Holden, Deloraine; John P. Hamelik, Hodgson.
Ontario—James Grant, R. R. No. 5, Bellwood; John B. Beaton, Bridgen; Bruce M. Jones, Denfield.
Quebec—Mrs. Amy Kirby, Cook-

FARM FOR SALE

OR SALE—ONE OF THE BEST Farms in Leamington Township, Hamilton Co., Ontario. H. G. Cockburn & Son, Guelph, Ont.

HELP WANTED

WANTED

FIRST-CLASS KNITTER, EXPERIENCED on Darning Flat Fashioning Machine. Good wages paid to capable man. Best working conditions in daylight mill. Mercury Mills, Ltd., Hamilton, Ont.

LADIES WANTED TO DO PLAIN and light sewing at home; whole or spare time; good pay; work sent any day; charges paid. Send stamp for particulars. National Manufacturing Company, Montreal, Que.

BUSINESS CHANCES

FOR SALE—GENERAL CASH BUSINESS and most marked in connection; just the right distance from the main thorough steel plant now being erected; splendid store and fixtures; best reason for selling; this is a snap for one or two live men; will sell property. J. C. Whitney, Sandwich, Ont.

FOR SALE

FOR SALE—39 x 7 1/2 GOODYEAR ALL Weather Non-skid Tires \$175, while they last. Bought at the old price, selling at the old price. Model Tire Co., 25 Dundas W., Toronto.

MISCELLANEOUS

DOMINION EXPRESS MONEY ORDERS are on sale in five thousand offices throughout Canada.

shire; Dame Louis Touzin, St. Germain de Grantham; Louis Blais, St. Pierre de Bronghton.

New Brunswick—James T. Clinton, Millstream; George H. Lucas, Sussex; James Dukes, Hoyt Station.

Nova Scotia—Joseph Milligan, Roy's Island, King's Head; Joseph K. Owen,

MURINE A Wholesome, Cleansing, Retreshing and Healing Lotion—Murine for Redness, Soreness, Granulation, Itching and Burning of YOUR EYES of the Eyes or Eyelids; "Drops" After the Movies, Motoring or Golf will win your confidence. Ask Your Druggist for Murine when your Eyes Need Care. Murine Eye Remedy Co., Chicago

Hardwood Hill; William MacOdrum, Mineral Rock.
Prince Edward Island—David Brooks, Abney; Percy O. Frederick, West Devon; Robert Rhyne, Charlottetown.

MURINE A Wholesome, Cleansing, Retreshing and Healing Lotion—Murine for Redness, Soreness, Granulation, Itching and Burning of YOUR EYES of the Eyes or Eyelids; "Drops" After the Movies, Motoring or Golf will win your confidence. Ask Your Druggist for Murine when your Eyes Need Care. Murine Eye Remedy Co., Chicago

AND IT DID.
(Dallas News.)
Bax—"I hear your friend, the naturalist, has met with an accident. What was it?"
Cox—"Someone gave him a tiger cub and said it was so tame it would eat off his hand, and it did."

Minard's Liniment used by Physicians
Muggins—Who started that insane theory that two could live as cheaply as one? Buggins—suppose it was the same fellow who first said it was cheaper to move than to pay rent.

DR. WARD The Specialist

79 NIAGARA SQUARE, BUFFALO, NEW YORK.

Men, Are You In Doubt

As to your trouble? Have you some skin eruption that is stubborn, has resisted treatment? Is there a nervous condition which does not improve in spite of rest, diet and medicine? Are you going down hill steadily? ARE YOU NERVOUS and despondent, weak and debilitated; tired mornings; no ambition—lifeless; memory gone; easily fatigued; excitable and irritable; lack of energy and confidence? Is there falling power, a drain on the system? Consult the old reliable specialists.

SYMPTOMS OF VARIOUS AILMENTS.

Weak and relaxed state of the body, nervousness, despondency, poor memory, lack of will power, timid, irritable disposition, diminished power of application, energy and concentration, fear of impending danger or misfortune, drowsiness and tendency to sleep, unrefreshed sleep, dark rings under eyes, loss of weight, insomnia. Dr. Ward gives you the benefit of 25 years' continuous practice in the treatment of all chronic, nervous, blood and skin diseases. The above symptoms, and many others not mentioned, show plainly that something is wrong with your physical condition and that you need expert attention.

Men, why suffer longer? Let me make you a vigorous man. Let me restore your physical condition to full manhood. Don't be a weakling any longer. Make up your mind to come to me and I will give the best treatment known to science—the one successful treatment based on the 25-year experience of 25 years in treating men and their ailments.

Dr. Ward's Methods Unrivaled, Thorough and Permanent.
Do you realize that you have only one life to live—do you realize that you are missing most of that life by ill health? A life worth living is a healthy life. Neglect of one's health has put many a man in his grave.

I have been telling men these things for many years but still there are thousands of victims who, for various reasons, have not had the good sense to come and get well.

Specialist in the treatment of nervous conditions, nervous exhaustion, stomach, stomach and liver trouble, acne, skin blemishes, lumbago, rheumatism, piles, flatulency and blood conditions, catarrh, asthma, rectal troubles, piles, flatulency and blood conditions.

OFFICE HOURS: 9 a.m. to 5 p.m. Sundays—10 a.m. to 1 p.m.
FREE CONSULTATION EXAMINATION.

Before beginning treatment you must make one visit to my office for a personal physical examination. Railroad fare will be considered as part payment of fee. Canadian money accepted at full value.

79 Niagara Square, Buffalo, N. Y.